

Relationship Happiness Scale

Please select the answer that best describes your current level of happiness in your marriage. The scale below describes the degree of happiness, everything considered, of your present marriage. The middle point *happy* represents the degree of happiness which most people get from marriage. The scale gradually ranges on one side to those few who are very unhappy in marriage to the other, those few who experience extreme joy or felicity in marriage.

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Very unhappy		Happy			Perfectly Happy

State the approximate extent of agreement or disagreement between you and your partner on the following items. Please look over each column.

	Always Agree	Almost Always Agree	Occasionally Disagree	Frequently Disagree	Almost Always Disagree	Always Disagree
Handling						
Family						
Finances						
Matter of						
Recreation						
Demonstrations						
of Affection						
Friends						
Sex Relations						
Conventionality (Right, Good, or Proper Conduct)						
Philosophy of Life						
Ways of Dealing with In-laws						

Choose a letter in each statement:

When disagreements arise, they usually result in:

- a. Husband giving in
- b. Wife giving in
- c. Agreement by mutual give and take
- d. None of the above

Do you and your partner engage in outside interests together?

- a. All of them
- b. Some of them
- c. Very few of them
- d. None of them

In leisure time, do you generally prefer:

- a. To be on the go
- b. To stay at home

Does your partner generally prefer:

- a. To be on the go
- b. To stay at home

Do you ever wish you had not married?

- a. Frequently
- b. Occasionally
- c. Rarely
- d. Never

If you had your life to live again, do you think you would:

- a. Marry the same person
- b. Marry a different person
- c. Not marry at all

Do you ever confide in your partner?

- a. Almost never
- b. Rarely
- c. In most things
- d. In everything