



The characteristics of children under stress in general, who are vulnerable to the negative aspects of stress develop characteristics such as:

- 1. Overly sensitive and shy**
- 2. Moody, irritable**
- 3. Lonely, not available to make friends easily**
- 4. Easily angered**
- 5. Constantly complaining**

Children who are extremely vulnerable to stress display these characteristics:

- 1. Withdrawn and preoccupied**
- 2. Frequently sick without organic cause**
- 3. Secretive, non-communicative**
- 4. Belligerent**
- 5. Prone to frequent nightmares**

James Anthony describes the characteristics of children who have high levels of invulnerability to stress. These behaviors include:

- 1. Children who know how to attract and use the support of adults.**
- 2. Children who actively try to master their own environment and have sense of their own power; often they volunteer to help others.**
- 3. Children who develop a high degree of autonomy early in life.**
- 4. Children who get involved in various activities or projects and do well in most things they do.**
- 5. Children who are socially at ease and who make others feel comfortable around them.**