

Thinking About Education to Strengthen Your Marriage?

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1.	What books have you read to try and strengthen your marriage?
2.	What websites have you visited to try and strengthen your marriage? How helpful were they?
3.	Have you ever taken a marriage-strengthening class together? (Including a marriage preparation education class)? If so, what do you remember about that experience? What did you learn? How did you feel about the experience? Do you think it was helpful?

4.	Do you think you would benefit from taking a marriage-strengthening?class, either by yourself or with your spouse, to help you resolve problems, communicate more effectively, and increase your satisfaction with your marriage? Why or why not? As you answer this question, consider whether you would feel comfortable or awkward in class with other couples working on improving their marriages. Your thoughts here:
5.	Are you aware of some marriage-strengthening classes in your area? Does your church or another religious group offer marriage-strengthening?classes? Do a little investigation of local resources and write down a few?possibilities that you might be interested in here: