

# Balance Support's Plan for the future from 2026 to 2030



Balance Support provides support and services for adults with learning disabilities and mental health needs. We help you to do the things you want, make your own choices and feel safe and happy.



We have made a new plan for the next 4 years. This plan has 5 aims and will help us to support more people, improve what we do already and plan for things that might happen in the future.



We made this plan by listening to people like you, their families and carers, and staff at Balance Support.



## **Aim 1. We will try to help even more people.**

- We will work with new people from different parts of London.
- We will aim to support people in more places.
- We will build strong community links in the areas we already work.



## **Aim 2. We will use technology, such as computers and devices to help you.**

- We may use simple technology to help you in daily life.
- We will support you to try new technology.
- We will help our staff to improve how they use technology so they can support you better.



## **Aim 3. We will help Balance Support Staff to provide the best possible support.**

- We will give staff more training.
- We will support their wellbeing.
- We will listen to their ideas.



## **Aim 4. We will keep your services going**

- We will manage the charity's money carefully.
- We will make sure your services continue.
- We will plan ahead for the future.



## **Aim 5. We will make more people aware of what we do.**

- We will welcome more volunteers.
- We will run events and activities.
- We will help more people learn about Balance Support.



## What this plan means for you

- We will make improvements to your support.
- There will be more activities and events for you to take part in.
- We will have new ways to help you to be more independent.
- Balance Support will continue to be a strong and reliable charity.

## Do you want to talk to us?

You can email us at:

[info@balancesupport.org.uk](mailto:info@balancesupport.org.uk)

or you can talk to a member of staff.