

A New Strategic Vision 2026 - 2030



What Balance does

Balance supports adults with learning disabilities and mental health needs to live more independent, happy and healthy lives

We work with people to:

- Live safely in their own homes
- Build skills and confidence
- Have choice and control over their lives



Our plan for the next 4 years

We have created a new plan to make sure we keep improving and supporting more people.

This plan was shaped by:

- Feedback from people we support
- Families and carers
- Staff and volunteers



98%
of people we
support say
our work
improves
their lives



Our Priorities

More Support for Individuals

- Help people live more independently
- Use new tools and technology to support daily life
- Continue to ensure support is always high quality

Supporting Our Staff

- More training and development
- Greater support and wellbeing
- Continuing to listen to staff ideas and feedback

Working with More People and Organisations

- Build new partnerships in more areas
- Support more people in more communities
- Improve access to services

Keeping Services Strong and Sustainable

- Make sure services are financially stable
- Use money carefully so we can continue long-term
- Invest in improvements that benefit the people we support

Growing Our Community

- Increase volunteering opportunities
- Create more activities and events
- Help more people understand what we do

Our Vision

To empower and support people with learning disabilities and enduring mental health needs, as well as their families, to live the lives they choose.



What This Means for You

For people we support and their families, this plan means:

- More opportunities for independence
- More consistent, high-quality support
- New services and opportunities as we grow
- A strong, stable organisation you can rely on



Your Voice Matters

We will continue to:

- Listen to your feedback
- Involve you in decisions
- Improve services based on what you tell us



What We Are Proud Of

Since 2022, we have:

- Supported more people
- Built stronger partnerships
- Improved services and outcomes
- Continued to grow in a sustainable way



Want to Know More?

We'd love to hear from you or to talk more about our plans.

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