

About TVR

Tribal Vocational Rehabilitation (TVR) serves eligible applicants with disabilities in Southeast Alaska. The department strives to empower eligible applicants with disabilities to become self-sufficient and independent through an array of vocational rehabilitation services.

TVR is funded through the United States Department of Education - Rehabilitation Services Administration and is provided in partnership with the State of Alaska, Division of Vocational Rehabilitation (DVR).

Eligibility Requirements

If you meet the eligibility requirements below, please contact TVR. Our counselors are here to help you.

➤ Must be enrolled in a federally recognized tribe, and live in Southeast Alaska.

➤ Must have a disability that interferes with your ability to do work normally performed. A disability is any medical condition (physical or mental) that interferes with a person's everyday life, including employment.

➤ Must be able to work.

Examples of Disabilities

- Alcohol and Drug Addiction
- Amputations
- Blindness or Eye Disorders
- Head Injuries
- Hearing Problems
- Learning Disability
- Mentally Handicapped
- Mental Illness
- Orthopedic Problems
- Seizure Disorders
- Speech Problems
- Spinal Cord Injuries

TVR Services

TVR services are designed to achieve an employment objective consistent with your unique circumstances. You and your counselor will assess your strengths, resources, priorities, abilities, concerns, and capabilities to create a rehabilitation plan just for you! The plan will identify approved service providers, all costs associated with your program, and the time frames and goals that may be necessary for your rehabilitation.

The following services may be utilized:

- An eligibility and vocational needs assessment
- Counseling, guidance and work-related placement services
- Vocational and training services
- Maintenance for additional costs incurred while in training
- Tuition, books/supplies, personal needs allowances, room/board, transportation
- Mental/physical restoration
- Interpreter services for individuals who are deaf
- Occupational licenses, supplies, tools, equipment and initial stocks
- Recruitment services
- Assistive technology services
- Native healing services
- Information and referral services.

TVR Values



➤ **Kindness, Compassion and Patience** – be thoughtful of others, be mindful of what they may be experiencing and allow the time needed.

➤ **Pride in Family, Clan, Traditions** – Introduce yourself culturally, learn about your clan, and exercise those traditions meaningful to you.

➤ **Humor** – Have fun at work and at home...humor is part of our culture and good for your health.

Tribal Vocational Rehabilitation

*It's not about disabilities...
it's about possibilities!*



Contact Us

Central Council Tlingit & Haida Indian Tribes of Alaska
Tribal Vocational Rehabilitation
PO Box 25500 • Juneau, Alaska 99802
1.800.344.1432 • 907.463.7393
www.ccthita-nns.gov • facebook.com/ccthita

Or for the office nearest you, contact:

State of Alaska
Division of Vocational Rehabilitation
9085 Glacier Highway, Suite 102 • Juneau, Alaska 99801
1.800.478.2387 • V/TDD 907.465.8943

*Providing Services for
Over 20 Years*



- **What is TVR?** TVR provides vocational rehabilitation services to eligible applicants. Services include training assistance, agency referral for employment assistance, and counseling.
- **Who is eligible?** If you are enrolled in a federally recognized tribe, live in Southeast Alaska (excluding Metlakatla), and have a disability that is an impediment to employment, you may be eligible for services.
- **What is a disability?** A disability is any medical condition (physical or mental) that interferes with a person's everyday life, including employment.
- **What is an impediment to employment?** An impediment to employment means the disability hinders an individual from preparing for, entering into, engaging in, or retaining employment consistent with the individual's capabilities.
- **How do you prove if a medical condition is an impediment to employment?** It is recommended that you request a letter from your physician certifying your disability. A letter is not required, but does speed up the eligibility process.
- **What is an example of a disability that is an impediment to employment?** A fisherman injures his back while at work. He goes to see his physician who tells him he should discontinue his work to avoid risk of further injury to his back. This is the only profession he knows. We can provide services that will assist him in learning a new profession.
- **I have completed the application process. What's next?** Upon completion of an application for services, TVR will conduct an intake interview to determine eligibility and appropriate services consistent with your strengths and capabilities.

- **I have been determined eligible for services. What's next?** Once eligibility has been determined, an Individualized Plan for Employment (IPE) will be developed with your TVR counselor. Although training may be a component, it is not always necessary. Your work history will be reviewed first to identify if you have any transferable skills.
- **What are transferable skills?** Transferable skills are those skills acquired throughout your employment history that may help you attain employment.
- **It has been determined that I do not have transferable skills. What's next?** If you do not have transferable skills or other experience, a Vocational Evaluation will be conducted. This is done through a series of tests taken over approximately 4-5 days. If you do not live in Juneau, travel arrangements will be made to complete the evaluation.
- **What is the purpose of a Vocational Evaluation?** The Vocational Evaluation determines your strengths, abilities, and interests related to employment. An interest inventory is used to determine what type of training you are interested in and whether or not you have the capacity to complete the training/work.
- **I'm done with the evaluation. What's next?** With this information, you and your counselor will develop an IPE.
- **I've been trained. What's next?** We will provide you services to assist you in attaining employment.
- **I've been hired for a job. What's next?** Your counselor will track your progress on the job for 90 days to make sure everything goes well & provide support if necessary. Move to close your case as a positive outcome.



TLINGIT & HAIDA

TRIBAL VOCATIONAL REHABILITATION

FREQUENTLY ASKED QUESTIONS

CONTACT US:

Tlingit & Haida

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