

TOTS TALK

VOL. 53 April 2026

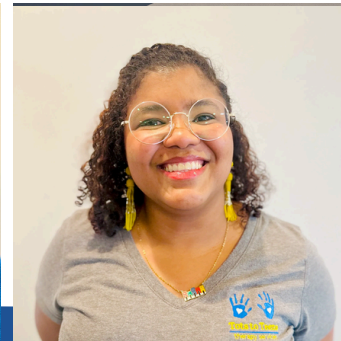
APRIL 2026

THANK YOU TO OUR OTs

UPDATES

- Month of the Military Child
- National Autism Acceptance Month
- Occupational Therapy Month
- Tots to Teens anniversary is on April 1st.

Check out our Facebook and Instagram pages to stay connected.



HELPING KIDS WITH SKILLS FOR LIFE



It's Our Birthday Month

For 18 years, we've learned, grown, adjusted, and celebrated together. Tots To Teens is so happy to have our families along for the ride.

Tots Award Winner

For March, Maxi would like to recognize Crissy for her consistency, organization, and dependability she brings to our team. She is always prepared, follows through on everything she takes on, and creates a sense of steadiness for those around her.

She is consistently willing to help wherever needed and is truly wonderful with her clients – thoughtful, patient, and genuinely invested in their growth. She is such an asset to our office, and we are so grateful for her.



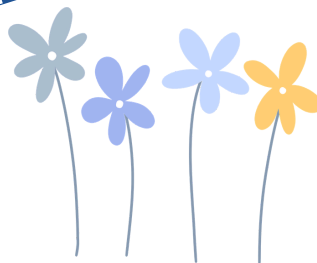
APP TIP

**YOU CAN
RESCHEDULE
APPOINTMENTS
RIGHT IN THE APP !**



Open Ocean Friends App > Appointment tab

Looking for a fun Spring activity



**SPRING SENSORY BINS:
[HTTPS://LITTLEBINSFORLITTLEHANDS.COM/
SPRING-SENSORY-BIN/](https://littlebinsforlittlehands.com/spring-sensory-bin/)**



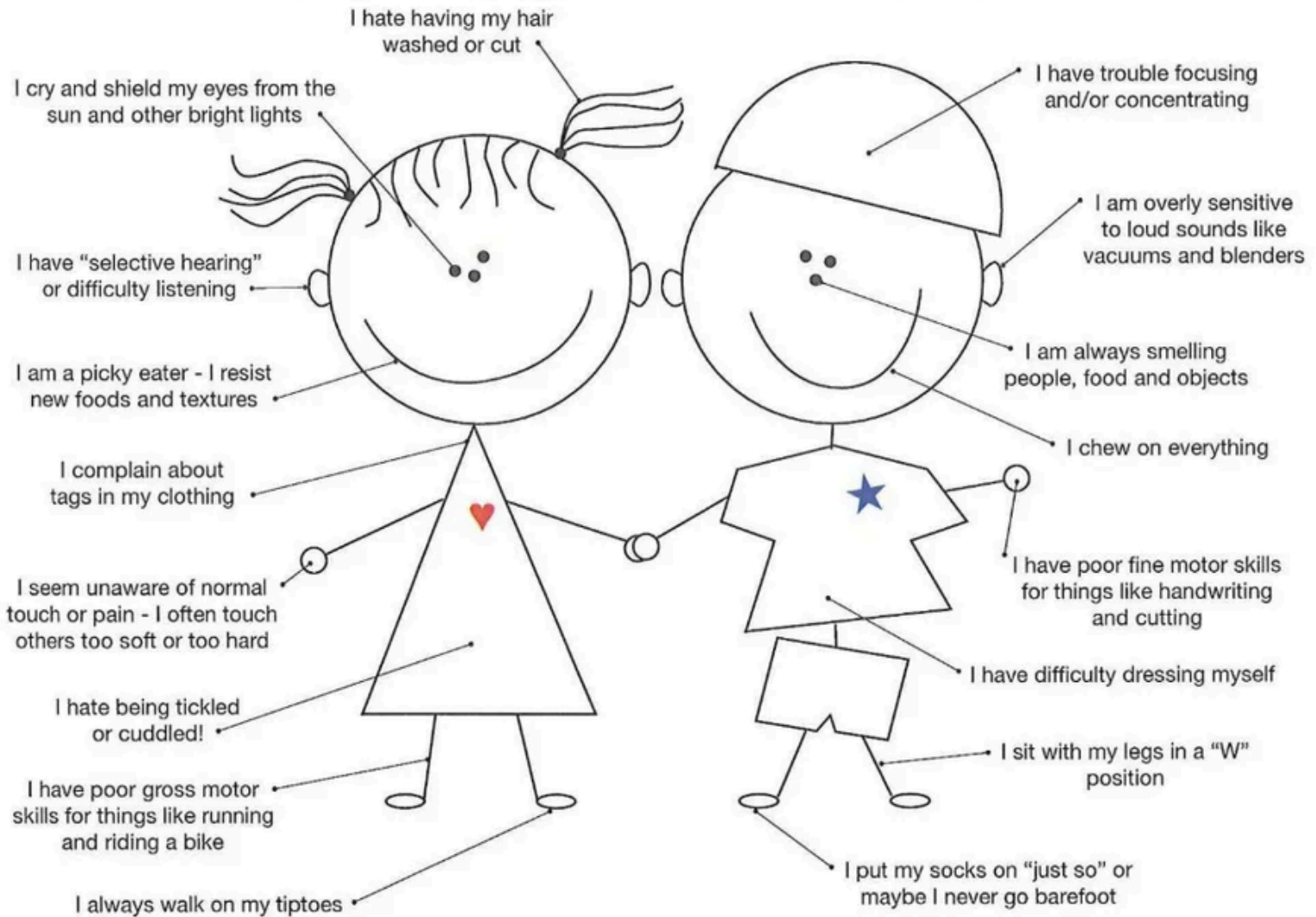
OCCUPATIONAL THERAPY MONTH!

OCCUPATIONAL THERAPY (OT) HELPS INDIVIDUALS WHO HAVE SENSORY, SELF REGULATION, SELF HELP, COGNITIVE, OR MOTOR DIFFICULTIES.

OCCUPATIONAL THERAPY CAN HELP KIDS DEVELOP THE FOLLOWING:

- FINE MOTOR SKILLS
- COGNITIVE SKILLS
- SENSORY-PROCESSING
- VISUAL-PERCEPTUAL SKILLS
- FEEDING SKILLS
- SELF HELP SKILLS

DO YOU KNOW ME?



How to raise awareness about autism

April serves as an opportunity to promote the inclusion of autistic individuals in all aspects of society. By encouraging the understanding and acceptance of autism, we can work towards creating a more inclusive world for autistic people.

One way to support Autism Awareness Month is by participating in events and activities that promote understanding and acceptance.

Autism Awareness Month also recognizes the important role of caregivers in the lives of autistic people. Caregivers face unique challenges and often go unrecognized for their unwavering dedication and love. This month is an opportunity to show appreciation for caregivers and the vital role they play.

In addition, Autism Awareness Month highlights the need for continued research into the causes and treatments of Autism Spectrum Disorder. and families.

APRIL IS AUTISM
AWARENESS
MONTH

LISTEN,
UNDERSTAND,
SUPPORT

Clinic Holiday Closures - Please mark your Calendars

- **MEMORIAL DAY -MONDAY, MAY 25**
- **INDEPENDENCE DAY - FRIDAY, JULY 3**
- **LABOR DAY- MONDAY SEPTEMBER 7**
- **THANKSGIVING HOLIDAYS-THURSDAY, NOVEMBER 26 AND FRIDAY, NOVEMBER 27**
- **WINTER HOLIDAY- THURSDAY, DECEMBER 24 AND FRIDAY, DECEMBER 25**



Tots to Teens
therapy services



Month of the Military Child is observed each April to honor and celebrate military children and youth for their service, commitment, and sacrifice in support of the Army's mission. The observance reiterates the Army's commitment to provide quality care and positive youth development for a bright future. The April 2026 Month of the Military Child theme is "Celebrating Military Children and Youth: Building Stronger Character and Relationships." Military children show bravery, fearlessness, and resiliency by adapting and meeting adversity head on in an ever-changing environment.

Kayla's Korner

- .As a reminder, please use ocean friends to cancel and reschedule sessions as needed.

Check your Insurance Benefit Coverage

- Notify billing asap of any change in insurance, policy carrier etc
- Remember new year means most plans deductible reset, oftentimes co pays may go up
- Always read your policy, or call your carrier to confirm coverage