



**Tots to Teens**  
therapy services

# TOTS TALK

VOL. 44 July 2025

## JULY 2025

### Visual Recipes

**Looking for a fun activity for the summer?**  
**Cooking is a great way to work on communication skills**  
**such as requesting, sequencing, vocabulary, fine motor**  
**skills and more.**



### Ants on a Log

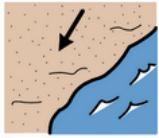
- |   |  |  |  |  |  |
|---|--|--|--|--|--|
| 1 | get celery<br>  | peanut butter<br> | raisins<br> | and a knife<br> |  |
| 2 | wash<br>        | celery.<br>       |             |  |  |
| 3 | cut<br>         | celery<br>        |  |  |  |
| 4 | spread<br>      | peanut butter<br> |  |  | on celery<br> |
| 5 | put raisins<br> | on celery<br>     |  |  |  |
| 6 | eat & enjoy<br> |  |  |  |  |



### CALENDAR UPDATES

- Disability Awareness Day: . Observed on July 14th, it is a day to promote understanding and awareness of disability issues.
- Americans with Disabilities Act (ADA) Anniversary: The ADA was signed into law on July 26, 1990, marking a significant milestone in the fight for disability right
- Exciting things are happening at Tots to Teens. Check us out on Facebook and Instagram to stay connected





# Sand Dessert Recipe



1

get vanilla  
pudding



wafer cookies



gummy fish



and a baggie



2

put 2

**2**

wafer cookies



in a baggie



3

crumble



wafer cookies



4

pour cookies



into pudding



and stir



5

add gummy



fish



6

eat & enjoy





# Dirt Cups Recipe

1

get chocolate  
pudding



oreos



gummy worms



and a baggie



2

put 2

2

oreos



in a baggie



3

crumble



the cookies



4

pour cookies



into pudding



and stir



5

add gummy



worms



6

eat & enjoy





# Tots to Teens is Growing

## Welcome Devin and Congratulations Kayla



**Devin (OT)** – Devin is joining our team in July. She is a dedicated occupational therapist with five years of experience specializing in pediatrics. She has worked closely with children and their families to support developmental milestones, improve daily living skills, and promote independence through play. Outside of work, she enjoys drinking coffee, taking care of her dog, Winston, and spending quality time with her family and friends.

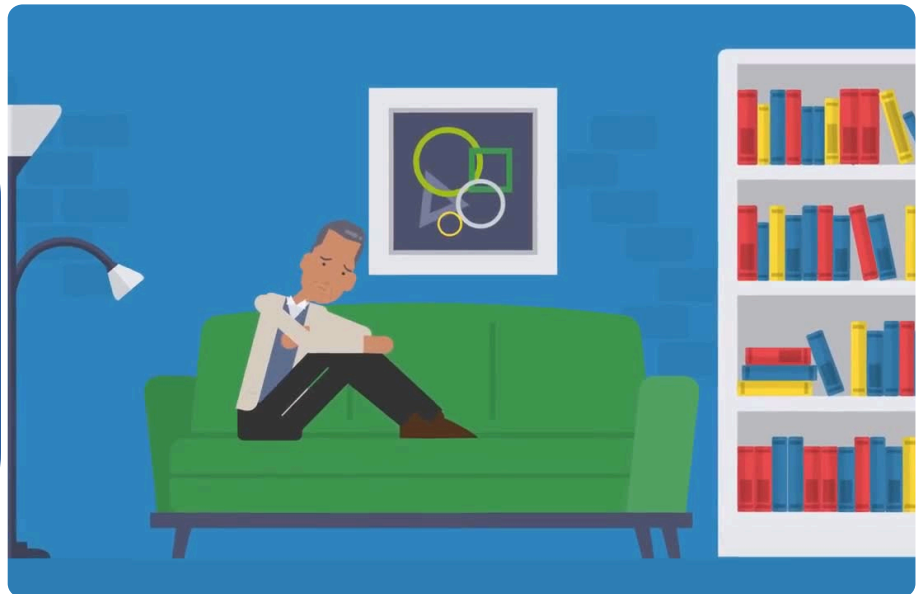


### **Kayla ( New Client Services Manager) –**

Kayla, our front desk superstar at Dumfries, has been promoted to Client Services Manager! She'll still be based at Dumfries but will be taking on additional responsibilities in her new role. This is a wonderful fit for her within Tots to Teens, and we are all so happy to have her in this new capacity.

**We are excited to announce that Tots staff will be receiving training in trauma-informed crisis management to better support our clients and their families.**

**Watch this brief video to learn more!**



**Free  
Screening  
Coupons !!**

**15 minute screenings for speech, physical, or occupational therapy.**

**If you know anyone that would like to come in for a free screening please contact the front desk.**

---

# Parent Survey

As your therapeutic partner, our goal is to provide the best possible support for you and your family. To help us understand how we can be most helpful, we would appreciate it if you could take a moment **to complete this brief survey.**

Your feedback is important to us as we plan our wrap-around care services, presentations, and fun family events.

Thank you for your time and valuable input.

---

## Kayla's Korner

Reminder:

- Need to change your child's schedule for the new school year?  
Now is the perfect time to contact email **frontdesk@totstoteenstherapy.com**
- If your child has a day off from school and you need to cancel, switch to a virtual visit, or would like to see if an earlier time is available for that day, please email **cancel@totstoteenstherapy.com**
- All session payments and copayments are now due at the time of service. Prepayment can be made using the link on our website or you can pay at the front desk.
- Please remember to let Katie W, **authorizations@totstoteenstherapy.com** know if your insurance has changed. Failure to notify us of these changes can result in unexpected charges.