



Tots to Teens
therapy services

VOL. 1 APRIL 2021

TOTS TALK

**NEW UPDATES AND
CURRENT EVENTS**

**OT Month -April
Field Day -May 15th**

COVID restrictions are still in place limiting the number of people we are able to have inside our clinics meaning that our waiting room continues to be closed in Stafford.

We are also continuing to take daily temperatures, ask our COVID screening questions and are implementing extra cleaning measures. Thank you for your cooperation!

WELCOME TO OUR NEWSLETTER

We are excited to share our upcoming news and events with you!

Welcome to our newest addition: A newsletter! We hope that you have been following us on our Instagram and Facebook pages where we have been sharing lots of great developmental information and fun ideas. Our favorite day is Success Sunday where we have the chance to highlight (with your written permission) the accomplishments of your kiddos! They continue to amaze and impress us with their hard work and perseverance! We hope that you will find this newsletter both helpful and informative. Please let us know if you have any questions or suggestions...we LOVE hearing from YOU!





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OT MONTH CONTEST

Join in the fun to win a \$20 gift card to Amazon!

April is Occupational Therapy Month and we are celebrating with a contest for you! Each week of April, there will be an OT related theme. Check out our Facebook and Instagram accounts to participate by posting and/or tagging us in a picture related to the OT theme. Each post counts for 1 entry so keep posting to get more entries!

Week 1: Sensory (Swings, Sensory Bins, Climbing, Squeezing, Pulling, Carrying etc)

Week 2: Visual Perception (Puzzles, Blocks, Hidden Pictures, Books, Seek and Find etc)

Week 3: Fine Motor/Visual Motor (Grasping, Handwriting, Eye-Hand Coordination etc)

Week 4: Self Help (Dressing, Self-Feeding, Shoe Tying)

We can't wait to see what you post!

www.facebook.com/totstoteenstherapy

www.instagram.com/totstoteenstherapy

HAPPY OT MONTH!

Help us celebrate and enter to win a \$20 Amazon gift card!

You can enter each week by tagging or posting a picture based on the theme of the week

Week 1: Sensory Activities



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Week 2: Visual Perceptual Activities



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TOTS TO TEENS FIELD DAY

Mark your calendars for May 15, 2021

2:00-3:30pm (Activities 2-3pm)

\$20 per family

Check your email for location information!

Register by e-mailing

totstoteens.caressa@gmail.com

- **Bobby G Reptiles will join us to offer a hands-on interactive reptile show**
- **Field Day Activities with Mighty Sprinters and Tots To Teens Therapists**
- **Refreshments Provided**

***COVID-19 precautions will be in place. Guests can also attend the event virtually via Zoom.**

Presented by

Tots To Teens Therapy Services, INC

Mighty Sprinters, LLC

***A portion of the proceeds will go to The Arc of Greater Prince William/Insight, Inc**



Mighty Sprinters
Building confidence in stride.



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**BOBBY G.
PETS**
REPTILE ENTERTAINMENT