

## APRIL 2025

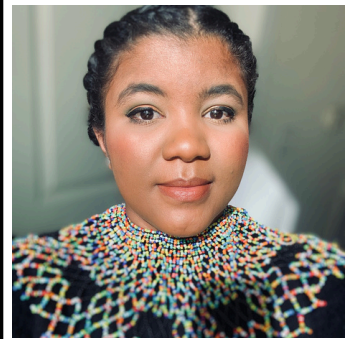
### UPDATES

- Month of the Military Child
- National Autism Acceptance Month
- Occupational Therapy Month
- Tots to Teens anniversary is on April 1st.
- Mark your calendars - Angelman Strong Walk, May 17th

Check out our Facebook and Instagram pages to stay connected.



### CELEBRATING OUR OCCUPATIONAL THERAPISTS



**HELPING KIDS WITH SKILLS FOR LIFE**



**Tots to Teens**  
therapy services

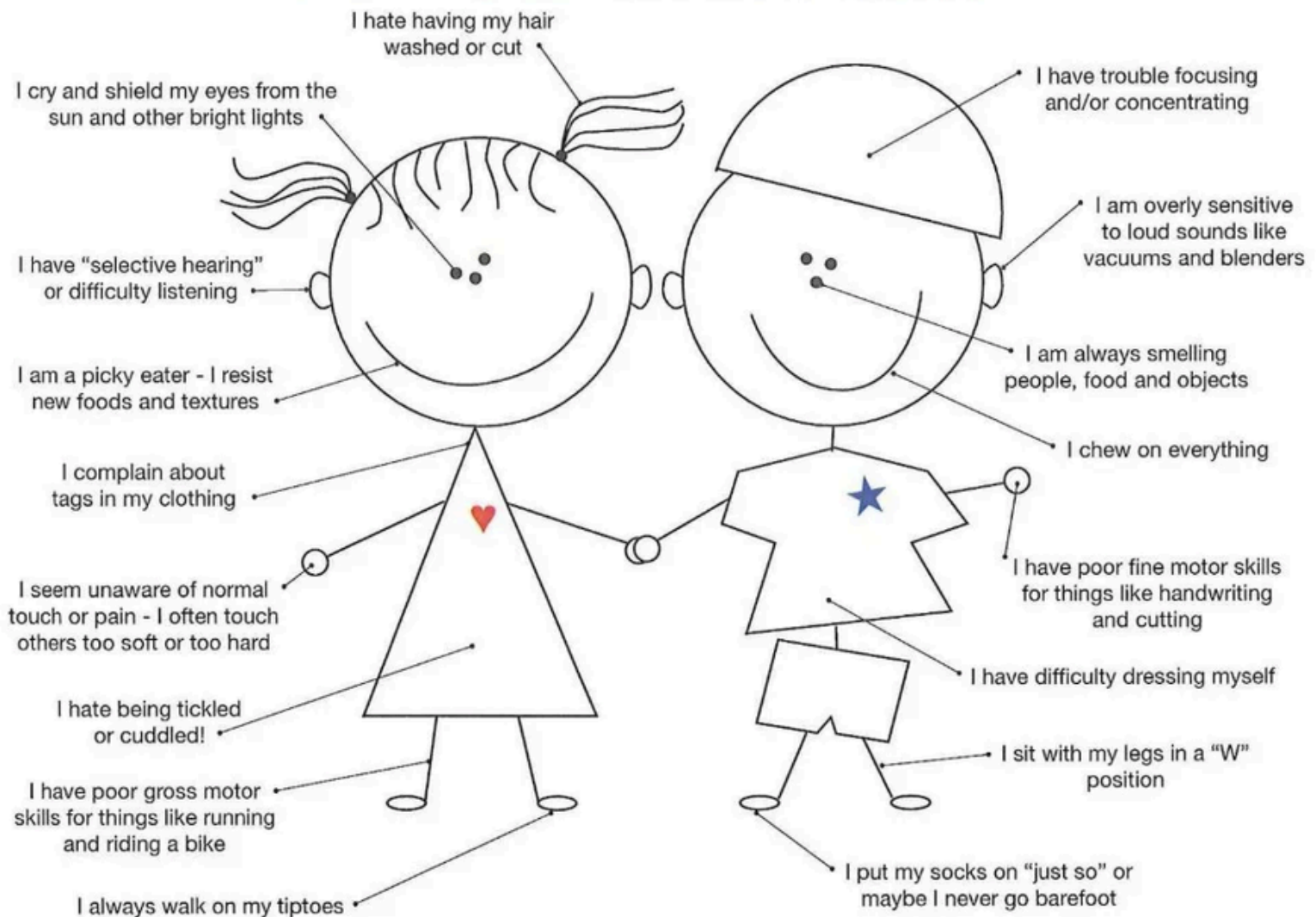
## OCCUPATIONAL THERAPY MONTH!

**OCCUPATIONAL THERAPY (OT) HELPS INDIVIDUALS WHO HAVE SENSORY, SELF REGULATION, SELF HELP, COGNITIVE, OR MOTOR DIFFICULTIES.**

**OCCUPATIONAL THERAPY CAN HELP KIDS DEVELOP THE FOLLOWING:**

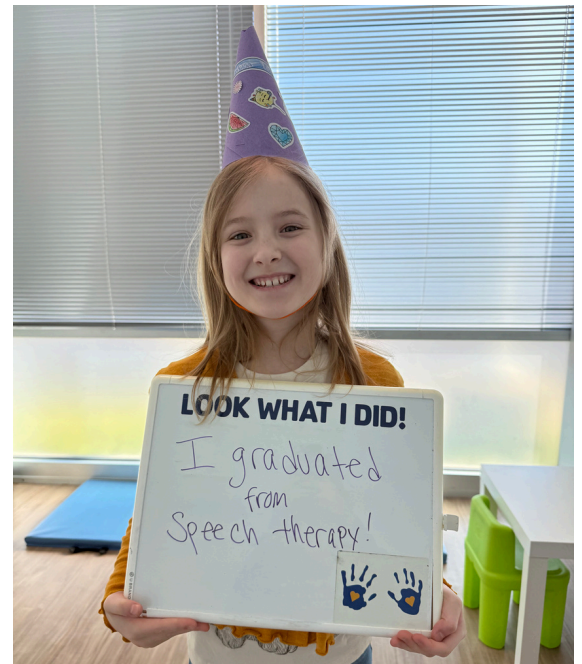
- FINE MOTOR SKILLS
- COGNITIVE SKILLS
- SENSORY-PROCESSING
- VISUAL-PERCEPTUAL SKILLS
- FEEDING SKILLS
- SELF HELP SKILLS

### DO YOU KNOW ME?





**Congrats  
Evalyn !!!**



**GOODBYES**



**Ms Sarah will be leaving us this Month.**

Goodbye to Sarah K. We have enjoyed having her as a part of our Tots family and will miss her.  
Her last day will be April 11th.



**Month of the Military Child** is observed each April to honor and celebrate military children and youth for their service, commitment, and sacrifice in support of the Army's mission. The observance reiterates the Army's commitment to provide quality care and positive youth development for a bright future. The April 2025 Month of the Military Child theme is "Celebrating Military Children and Youth: Building Stronger Character and Relationships." Military children show bravery, fearlessness, and resiliency by adapting and meeting adversity head on in an ever-changing environment.



# How to raise awareness about autism

April serves as an opportunity to promote the inclusion of autistic individuals in all aspects of society. By encouraging the understanding and acceptance of autism, we can work towards creating a more inclusive world for autistic people.

One way to support Autism Awareness Month is by participating in events and activities that promote understanding and acceptance.

Autism Awareness Month also recognizes the important role of caregivers in the lives of autistic people.

Caregivers face unique challenges and often go unrecognized for their unwavering dedication and love.

This month is an opportunity to show appreciation for caregivers and the vital role they play.

In addition, Autism Awareness Month highlights the need for continued research into the causes and treatments of Autism Spectrum Disorder. and families.

APRIL IS AUTISM  
AWARENESS  
MONTH



LISTEN,  
UNDERSTAND,  
SUPPORT

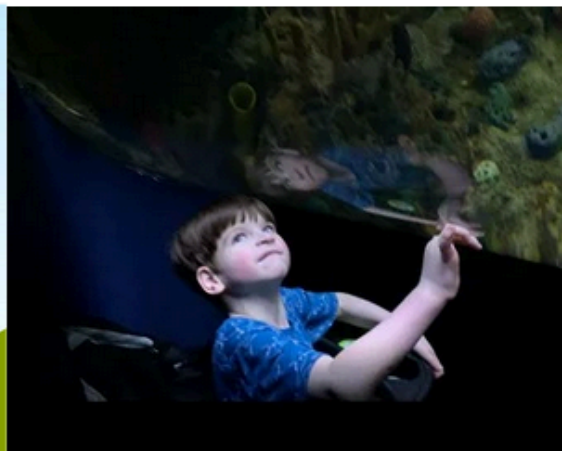
## Clinic Holiday Closures - Please mark your Calendars

- **MEMORIAL DAY -MONDAY, MAY 26**
- **4TH OF JULY -FRIDAY, JULY 4**
- **LABOR DAY- MONDAY SEPTEMBER 1**
- **THANKSGIVING HOLIDAYS-THURSDAY, NOVEMBER 27 AND FRIDAY, NOVEMBER 28**
- **WINTER HOLIDAY- TBD**



*Check-In: 10AM  
Walk Begins: 11AM  
Lunch: 12PM  
Raffles: 1PM  
Ending: 2PM  
Coordinators:*

*Erica and Dan Hannigan  
EricaHannigan@yahoo.com*



# ANGELMAN STRONG WALK

## Saturday, May 17, 2025

Widewater State Park  
101 Widewater State Park Road  
Stafford, VA 22554

### Join Us For The Angelman Strong Event

Join us in making an impact for individuals and families in the Angelman community. By signing up for an Angelman Strong event, formally the ASF Walk, you're not just raising money – you're raising awareness and creating opportunities that bring hope to those living with Angelman syndrome.

Angelman syndrome represents incredible strength and perseverance. Participating in an Angelman Strong event is a chance to celebrate these qualities while showing your support. Whether you walk, run, volunteer, or cheer from the sidelines, your involvement helps spread awareness.

By participating, you're supporting the Angelman Syndrome Foundation's mission to provide essential resources, fund groundbreaking research, and offer support to families.

Together, we are **Angelman Strong!**

### REGISTER NOW!



Register by March 21 to be guaranteed an Angelman Strong event t-shirt!



# **Free Screening Coupons !!**

**Contact the front desk for more information.**

**Screening Coupons attached to Newsletter Email.**

## **Christina's Corner**

### **Reminder:**

- If your child has a day off from school and you need to cancel, switch to a virtual visit, or would like to see if an earlier time is available for that day, please email **[cancel@totstoteenstherapy.com](mailto:cancel@totstoteenstherapy.com)**
- All session payments and copayments are now due at the time of service. Prepayment can be made using the link on our website or you can pay at the front desk.
- Please remember to let Katie W, **[authorizations@totstoteenstherapy.com](mailto:authorizations@totstoteenstherapy.com)** know if your insurance has changed. Failure to notify us of these changes can result in unexpected charges.



**KAISER  
PERMANENTE®**

**Tots to Teens Therapy  
Services has added  
Kaiser Permanente to  
our list of insurance  
providers.**

If you are currently private pay and have Kaiser Permanente as your insurance, please let your front desk person know.