

MAY 2025

Celebrating our Speech Language Pathologists

Let them know how much they are appreciated.

CURRENT EVENTS AND UPDATES

- May is Speech and Hearing month
- Exciting things are happening at Tots to Teens! Check us out on Facebook and Instagram to stay connected.





SIGNS YOUR CHILD MAY NEED

SPEECH THERAPY

LIMITED
VOCABULARY

DIFFICULTY WITH
PRONUNCIATION

DIFFICULTY FORMING
SOUNDS

TROUBLE WITH
GRAMMAR

STUTTERING

DIFFICULTY
UNDERSTANDING
LANGUAGE



SIGNS YOUR CHILD MAY NEED

FEEDING THERAPY

DIFFICULTY IN
BREASTFEEDING OR
BOTTLE FEEDING

PICKING EATING OR
REFUSING TO TRY
NEW FOODS

GAGGING OR
CHOKING DURING
MEALS

DIFFICULTY IN
CHEWING OR
SWALLOWING

ONLY 4-6 FOODS

ONLY EATS ONE TYPE
OF TEXTURE

Accessibility and Inclusion in Parks

Individuals of all backgrounds and ages should have the opportunity to enjoy the many benefits that parks and recreation facilities provide. Achieving inclusivity in parks and recreation facilities is a prerequisite to providing attractions, services, and programming that make these places a welcoming space serving all visitors. But along with being inclusive, parks and recreation facilities must also be accessible. This is especially important in accommodating people with varying physical capabilities. Many individuals say that the concepts of inclusion and accessibility go hand in hand when it comes to parks and recreation spaces.

Adapted Programs are specifically designed to meet the needs of children and adults with disabilities. These programs are usually run by qualified instructors who have experience working with people of all abilities to include Special Education Teachers, Behavior Therapists, and Recreation Therapists. Some of these programs are co-developed with a Recreation Specialist and a CTRS. All of these programs are open to everyone.

Prince William County parks and recreation inclusion program

www.pwcva.gov/departments/parks-recreation/inclusion-based-programs

Prince Willam County Parks Inclusion guide

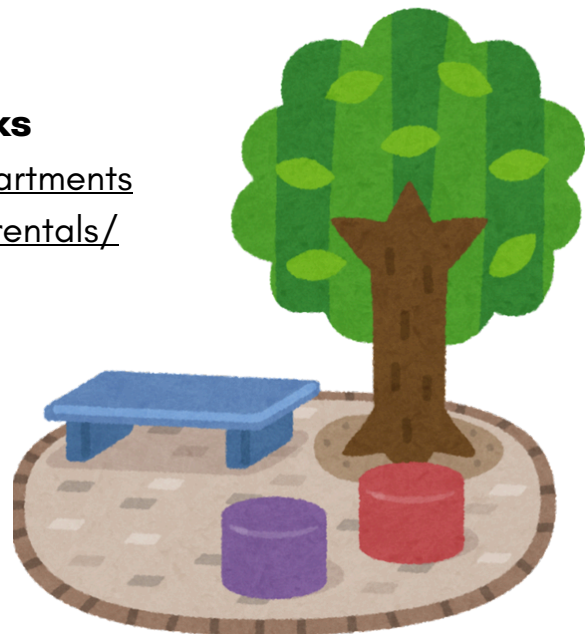
<https://www.pwcva.gov/assets/2024-01/Inclusion%20Programming%20Guide%202024%20v2.pdf>

Stafford County Parks and Recreation Inclusion based program

staffordcountyva.gov/government/departments_p-z/parks_and_recreation/get_involved/therapeutic_recreation_adaptive_and_inclusive

List of Stafford County parks

staffordcountyva.gov/government/departments_p-z/parks_and_recreation/facilities_rentals/park_directory.php



Free Screening Coupons !!

**15 minute screenings for speech, physical,
or occupational therapy.**

**If you know anyone that would like to come
in for a free screening please contact the
front desk.**

Christina's Corner

Reminder:

- If your child has a day off from school and you need to cancel, switch to a virtual visit, or would like to see if an earlier time is available for that day, please email **cancel@totstoteenstherapy.com**
- All session payments and copayments are now due at the time of service. Prepayment can be made using the link on our website or you can pay at the front desk.
- Please remember to let Katie W, **authorizations@totstoteenstherapy.com** know if your insurance has changed. Failure to notify us of these changes can result in unexpected charges.



**KAISER
PERMANENTE®**

**Tots to Teens Therapy
Services has added
Kaiser Permanente to
our list of insurance
providers.**

**If you are currently private pay
and have Kaiser Permanente
as your insurance, please let
your front desk person know.**