



About Catherine

Having a passion to show others how to live a more light-filled, healthier, stress and worry-free life has driven **Catherine Wilcox** to write, teach, coach, and blog. Through sharing her own life experiences, challenges, and healing, Catherine has become the guru for conscious change. Catherine's books and blogs are a combination of scientific evidence and spiritual truth. Visit her website or YouTube channel and you, along with her thousands of followers, will become more light-filled.

In the Media

- Catherine has a growing social media presence where she provides consistent motivational affirmations to thousands of followers.
- Catherine's three blogs have attracted subscribers from a wide demographic. Men and women, young and mature, are inspired by her messages.
- Catherine's YouTube channel, Soul Sequencing, is rapidly gaining subscribers as she continues to personally share knowledge.
- Catherine has also created tools for healers available on her website healersstore.com, Etsy, and Amazon.

Signature Topics

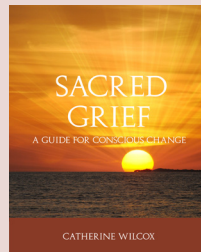
- Conscious Change
- Personal Growth and Healing
- Crystal Knowledge
- Her Books, Guides, and Products
- Spirituality

Available For

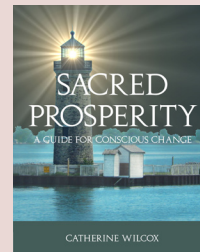
- Podcasts
- One-on-One Coaching
- Interviews
- Social Media Collaboration

Contact

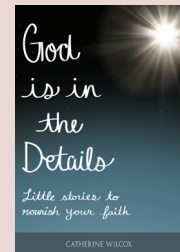
All media queries:
contact.us@soulsequencing.com



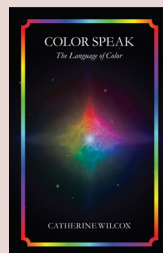
A Conscious Guide for Healing—*“Guided me out of grief and into peace.”*



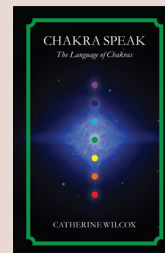
A Conscious Guide for Growth—*“I was pushing prosperity away. Now, I am now attracting it.”*



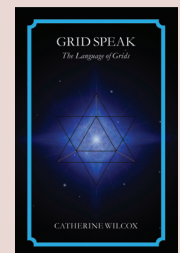
A Soon to be Best Seller—*“An inspirational must read!”*



Color for Renewal—*“Color can enhance the mind-bodies on so many levels.”*



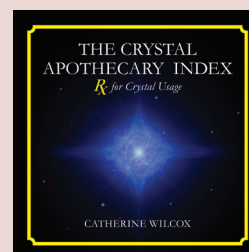
Concise and Thorough—*“I have gained a deeper understanding of chakral flow.”*



Sacred Geometry Made Simple—*“The perfect introduction to crystal grid building.”*



The New Healing Modality—*“All the hows and whys of crystals. Amazingly thorough.”*



For Unique Crystal Prescriptions—*“The perfect resource for treating with crystals.”*

soulsequencing.com

northstarmanuals.com

healersstore.com