



About Catherine

In the Media

- Catherine has a growing social media presence where she provides consistent motivational affirmations to thousands of followers.
- Catherine's three blogs have attracted subscribers from a wide demographic. Men and women, young and mature, are inspired by her messages.
- Catherine's YouTube channel, Soul Sequencing, is rapidly gaining subscribers as she continues to personally share knowledge.
- Catherine has also created tools for healers available on her website healersstore.com, Etsy, and Amazon.

Contact

All media queries:

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soulsequencing.com

Websites

www.soulsequencing.com
www.healersstore.com
www.northstarmanuals.com

Catherine Wilcox is a self-taught Spirit Advisor, Emotional Intuitive, and Conscious Change Coach in the experience of opening pathways of communication from Soul to the ego, a 21st-century art. She has personally counseled hundreds of people along the path of healing through the process of forgiveness of self and others from our past experiences that play over again in our lives. It is her belief and experience that until you take the time to interact (guided or otherwise) with the issues that have blocked your peace and happiness, you will be trapped in unproductive and unhappy life experiences.

A successful Soul-guided writer, Catherine Wilcox has published seven amazing books. Her number one bestseller, ***God is in the Details***, *Little stories to nourish your faith*, has been favored as an inspirational must-read. Two of her Sacred Series, ***Sacred Prosperity*** and ***Sacred Grief***, both *Guides for Conscious Change*, have impacted the lives of everyone who has read them.

Wilcox's strong belief that "the healing power of Crystals will become the healing modality of the 21st century" inspired her to share her knowledge and years of research in ***The New Stone Age***, ***Crystal Data for the 21st Century*** and ***The Crystal Apothecary Index, Rx for Crystal Usage***. The very first books of their kind that explain the hows and why's of crystals.

Ms. Wilcox has also published her first two books in her Speak Series, ***Chakra Speak***, *The Language of Chakras* and ***Color Speak***, *The Language of Color*; both are must-haves for every holistic healer as well as anyone looking to have a deeper understanding of how our bodies work and are interested in self-healing.

Signature Topics

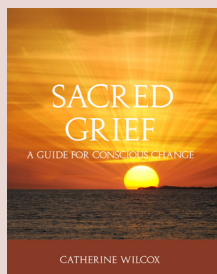
- Conscious Change
- Personal Growth and Healing
- Crystal Knowledge
- Her Books, Guides, and Products
- Spirituality

Available For

- Podcasts
- One-on-One Coaching
- Interviews
- Social Media Collaboration

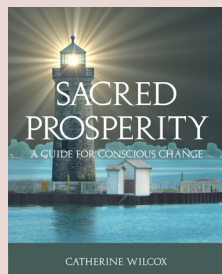
Books

Conscious Change and Inspiration



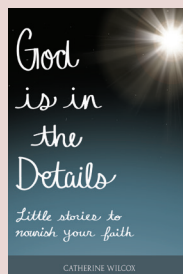
Released 12/2020

This manual is designed to both inform and assist one through the grieving process. Catherine wrote this book after having her own experiences with grief, elaborating on what lessons she's learned along the way and how to "lean into grief."



Released 12/2020

This manual is designed to help change one's "lack-minded consciousness" to a mindset with a prosperous flow. Included are detailed exercises to help one learn how to recognize unprosperous patterns and evolve for the better.



Released 11/2020

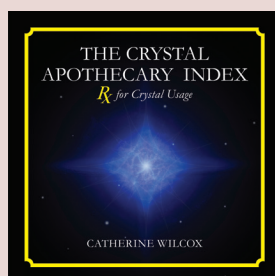
This book features a collection of stories Catherine has gathered that show an amazing mystical force is seeing to the little details in all of our lives in all kinds of ways. The more you acknowledge God, the more God details you experience.

Crystal and Metaphysical Knowledge



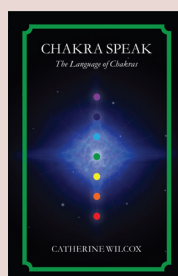
Released 04/2022

Crystals are emerging as the newest healing modality on our planet. Written from information researched and collected over the last 30 years, *The New Stone Age* brings you the how and why of crystals in one place, in easy to grasp language.



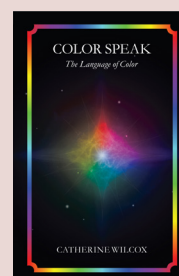
Released 11/2022

Provides charts, graphs and definitions to help guide the user to properly select the best possible crystal for thousands of physical, emotional, mental and spiritual disconnects that are most often the root of dis-ease.



Released 09/2022

Chakra Speak contains concise information on each chakra and their archetypal qualities, including a list of specific crystals that can ignite, sedate, or balance each chakra. A must have read to help fully understand chakras.



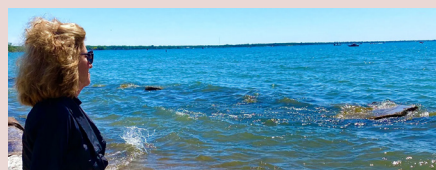
Released 01/2023

Everything you need to diagnose and treat for color dysfunction is contained in *Color Speak*. Learn to recolonize, balance, energize, and help release an over or under abundance of too much or too little of one's color energy frequency.



Catherine Wilcox

Media Kit 2023



Soul Sequencing



Healer's Store