

## Endocrine System, Chakras, Related Planetary Influence, Light Spectrum, and Chakral Influence

| Gland     | Chakra                                                                                | Planet                                                                                       | Light Spectrum | Essence of Influence               |
|-----------|---------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|----------------|------------------------------------|
| Gonads    | 1    | Saturn     | Red            | Survival                           |
| Ovaries   | 1    | Moon       | Red            | Creation                           |
| Leydig    | 2    | Neptune    | Orange         | Mysticism                          |
| Adrenals  | 2    | Mars       | Orange         | Anger/Joy                          |
| Pancreas  | 3    | Pluto      | Yellow         | Subconscious                       |
| Thymus    | 4   | Venus     | Green          | Love                               |
| Thyroid   | 5  | Uranus   | Blue           | Independence                       |
| Pituitary | 6  | Jupiter  | Indigo         | Strength                           |
| Pineal    | 7  | Mercury  | Violet         | Moves Material Mind to Spirit Mind |

