

## By Catherine Wilcox

## Chakras

Every living thing is surrounded by an electromagnetic field. To experience yours, vigorously rub your hands together for three seconds. Then hold your hands two inches apart. Feel that activity? That's your personal "force field". Energy fuels the human body. The obvious source of the body's energy is food. However, there are many other sources of "energetic force" that permeates the body every day in the form of color, sacred geometry, nuclear force of minerals (calcium, potassium and the other 116 known Earth elements), planetary influence, etc. How does any of the body's operating systems (there are 7) process and transform the many forms of bombastic energy of electrons and magnetic force inherent on Earth?

Chakras. Chakras are energy centers that run along the spine that not only receive and transduce all energy forms that humans are exposed to but stores unused energy for future use. Chakra is an ancient word that translates to "light wheel." Each chakra oversees different aspects of life from birth to learning, digestion to spiritual connection. Enhance your knowledge of the mystical with <a href="Chakra Speak">Chakra Speak</a>, the Language of <a href="Chakras">Chakra Speak</a> can take the reader on a journey of deeper understanding of self. Who doesn't want a deeper knowledge of self.

Chakra Speak makes a great holiday gift for those on a deeper journey beyond just the physical and the visible.





Available at Amazon

