



## Career Coaching Workshops

Group coaching and workshops provide an effective and cost-efficient service, allowing any company, regardless of size, to further leadership capabilities within their organization. All our workshops and group coaching engagements are custom designed, and can be co-created with senior leadership or the Human Resources Department, to meet your company's specific needs. We believe that open dialogue and experiential learning in a group setting around topics of professional development is highly effective and enhances relationships, positively impacting an organization's culture and effectiveness. Despite tranistioing workshops to a remote platform, we have been able to modify presentations to keep process highly interactive.

## Workshops

- · Managing Stress in Workplace
- · Creating Boundaries for Successful Working Relationships
- · Successful Customer Engagement
- · The Working Parent-Creating a Realistic Work/Life Balance
- · Leadership and Productive Language-Understanding the Power of Every Word You Speak · Developing Team Culture
- · Team Building Skills for Managers and Leaders
- · Fundamentals of Leadership & How to Build a Successful Team
- · Coaching Team Members and Navigating Challenging Situations
- · Motivating and Engaging Teams



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