

Wrinkle Relaxer Injections



Preparation for your injection

- Do not drink alcoholic beverages prior to treatment
- If you are on a medically indicated blood thinner stay on it, but consult with your provider ahead of time.
- Avoid blood-thinning medications for a couple of days prior such as Ibuprofen, Aleve, and supplements including St. John's Wort, Gingko Biloba, primrose oil, garlic, ginseng, and Vitamin E.
- Arrive with a clean face. Please wash your face prior to your appointment.
- If you have previously suffered from facial cold sores, there is a risk that the needle punctures could contribute to another eruption of cold sores. Please start your anti-viral medication 3 days prior to your injection and let your provider know if you are prone.

Post injection care

- Do not lie down for 4 hours following your treatment.
- Avoid any massage or pressure to treatment areas, as this may alter the placement of the drug.
- Would avoid makeup application around the area of injection sites immediately post treatment.
- Do not wear a hat or visor for 4 hours post-treatment if the forehead was treated.
- Refrain from flushing/sweating and heavy exercise for 24 hours.
- Avoid saunas and hot tubs for 24 hours.
- Contract and release the treated muscles every few minutes over the next hour.

Please call if you have any of the following:

- Have severe or increasing pain, fever and/or chills, or areas of redness and/or warm.
- Have discolored blotches in areas not injected.
- Have blanching of injected areas or scabbing in the area.