



The Circuit Rider



Salmon Creek

United Methodist Church

September 2026

The grass withers, the flowers fade,
but the word of our God
remains forever.

- Isaiah 40:8

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Grace and peace to you, friends and family of Salmon Creek United Methodist Church!

Back-to-school season is a time of returning to routines of learning—to school, to church, to bible study. It is also a wonderful season for all of us to recommit our hearts to grow in our knowledge and love of God!

As we complete August and turn the calendar to September, I am excited about all of the great things we have planned and hope you will make it a priority to join us for worship and the special events coming up!

This Sunday, we will be sending our kids, and adults who work in schools in any way, back for the fall with special prayers and backpack tags. As we kick-off a church-wide *Be Kind to Humankind* effort, the backpack tags feature a colorful reminder to *Be Kind* and will be available to anyone who would like to have one.

Our September worship series will celebrate the *Season of Creation* with resources from The United Methodist Creation Justice Movement, *Salt+Soil+Seawater*.

After worship on September 13th, our Council on Ministries will sponsor our annual Rally Day to celebrate the many great ministries we have at Salmon Creek UMC! It will be a fun opportunity to learn about our church as we gather to share a potluck fellowship lunch! As you visit the ministry displays, I encourage you to consider where God may be calling you to serve in the coming year!

A recent medical emergency near the end of worship at Battle Ground Community UMC reminded all of our Clark County UMC churches of the importance of having a medical emergency response plan and accessible AED equipment. We will hold a training and planning session





following worship on Sunday, September 20th for anyone who would like to be part of our Emergency Response Team.

There will also be an opportunity on the afternoon of September 20th to enjoy a special concert here at Salmon Creek UMC as we host the Lutheran Choral Association. For more information about this event, talk with our member Laurie Doering, who sings with this choir.

Fall is also Charge Conference season! While our Charge Conference will take place on November 18th, we are beginning to work on our reports to share with our district superintendent about the ministry we have done over the past year and our plans for 2027. An important piece of work to prepare for Charge Conference is the assembling of our 2027 Lay Leadership Roster. This is a great time to prayerfully consider if God may be calling you to serve in one of our administrative or ministry areas. If you would like to know more about any of the opportunities to serve, please reach out to me or Lila DeBolt and we will be happy to visit with you.

Our Women's Ministry Team has been hard at work planning a wonderful day retreat to be held on Saturday, October 17th at Salmon Creek UMC! All women are invited to attend, and NOW is the time to register! Look for registration forms at the welcome desk.

October also has several great opportunities for fellowship, fun, spiritual growth and service.

Save these dates and plan now to join us!

October 4th— 3 pm, Blessing of the Pets on our patio

October 11th— 9 am – 12 noon, Missions Breakfast Supporting UMCOR

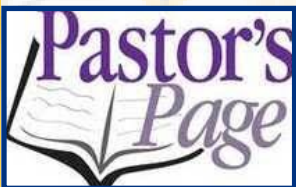
October 17th— 9 am – 1:30 pm, Women's Retreat Day

October 25th—4 – 6 pm, Eek at the Creek

Peace and joy,
Rev. Kim Poer

Jeremiah 24.7

*I will give them a heart to know that I am the Lord;
and they shall be my people and I will be their God, for they
shall return to me with their whole heart.*



2026 Calendar



DATES TO REMEMBER

September

- 1 – AD Board meeting
- 6—Peace Pole Prayers
- 7 – Labor Day—church closed
- 8 – Missions meeting
- 10 - Trustees meeting
- 13 - Rally Day and Potluck in the gym
- 14—Worship Committee meeting
- 17—SPRC, Women’s Ministry meetings
- 20—Emergency Response Team training
- 22 – Finance meeting
- 26—Salmon Creek Lions Shred Event

October

- 4 – Peace Pole Prayers, Blessing of the Pets, Stewardship Campaign begins
- 6 – AD Board meeting
- 8 – Trustees meeting
- 9—Creation Care
- 10 – Set-up for breakfast
- 11 – Mission Breakfast for UMCOR, Pastor Appreciation
- 12—Worship Committee meeting
- 13 – Missions meeting
- 15—SPRC, Women’s Ministry meetings
- 17 – Women’s Retreat
- 25 – Eek at the Creek 4-6 pm
- 27 – Finance meeting
- 31—Halloween

November

- 1 – DST ends, Peace Pole Prayer, All Saint’s Day, Commitment Sunday
- 3 – COM and Ad Board meetings
- 7—Earth Day 2.0 Fall clean up
- 8 – Veteran’s Recognition
- 9—Worship Committee meeting
- 10 – Missions meeting
- 11 – Veteran’s Day -? gathering at the flagpole
- 12 – Trustees meeting
- 13 – Set-up for auction
- 14 – Mission Basket Auction (new date this year)
- 18—CHARGE CONFERENCE
- 19—SPRC, Women’s Ministry meetings
- 22 – Hanging of the Greens
- 24 – Finance meeting
- 26 – Thanksgiving
- 29 – 1st Sunday of Advent

July, 2026 Financial Update

Following is the financial report for the Church for July, 2026.

	Month			Year to Date		
	Actual	Budget	Fav/(Unfav)	Actual	Budget	Fav/(Unfav)
Pledges	35,518	27,500	8,018	244,109	192,500	51,609
Other Income	1,454	2,267	(813)	13,369	15,867	(2,198)
Investments	<u>(2,770)</u>	0	<u>(2,770)</u>	<u>22,897</u>	0	<u>22,897</u>
Total Income	34,202	29,767	4,435	280,675	208,367	72,308
Expenses	39,872	38,543	<u>(1,328)</u>	228,841	231,824	<u>2,983</u>
Operating Income / (Loss)	<u>(5,670)</u>	<u>(8,776)</u>	<u>3,106</u>	<u>51,834</u>	<u>(23,458)</u>	<u>75,291</u>

Our pledge income continued strong for July with a favorable variance of ~ 8,000 and 129 % of budget which is good news in the "dog days of summer". On a YTD basis, we're at 127 % of Plan, ~ 51,000 favorable to Plan. Our expenses were very close to Budget for both July and Year to Date, with variances of (3,106) and 2,983, respectively.

This resulted in a YTD profit for the Church of now ~ 52,000 and ~ 75,000 favorable to our Budget. In a repeat comment, your commitment to our Church and our Community remains steadfast and we appreciate everyone's generosity. Thanks be to God!

Our Preschool program has increased its enrollment recently, but is now closed for the summer, so our YTD losses now amount to ~ (8,700). In a repeat comment, with the increased enrollment and getting closer to breakeven with existing enrollment, the Administrative Board voted to keep the school open through the next school year!

Thank you to everyone for your contributions of time, talent and financial resources as we continue to worship together as disciples of Jesus Christ, united in missions, fellowship and service.

If you have any questions, please contact me or any member of the Finance Committee.

Respectfully Submitted.

Winston Asai Chair – Finance Committee

CHURCH
FINANCES



Our Dumpsters have been moved to a different area in our parking lot. Here's why

1. The rear parking lot behind the FMC building has deteriorated over the years due mainly to large waste collection trucks routinely using the same entrance and exit access paths to service these dumpsters. The asphalt pavement is severely cracked, worn thin, and breaking apart. Temporary repairs have been made in the worst area to stop further deterioration until a major parking lot paving project materializes in next year's *Pay it Forward* campaign, depending on funds and the priority of other projects. It is imperative to keep those large vehicles out of that area. The pavement where the dumpsters are now is in much better condition to handle those heavy trucks.
2. The squirrels create a mess ravaging the garbage dumpster by dragging food scraps, paper, and plastic out and onto the pavement and grass area. This was a constant mess that had to be cleaned up. They do not like to travel further from their foresty area to where the dumpsters have been moved, so that mess is no longer an issue.
3. When events such as church picnics, youth group activities around the fire ring, or group activities such as the YMCA utilize the grassy area, the smell of garbage is not pleasant. This will no longer be an issue, which previously required moving those dumpsters for those functions each time.

Hope this helps shed light on why these dumpsters have moved.

-Richard Beilsmith



Dumpsters are at the far east area of parking lot

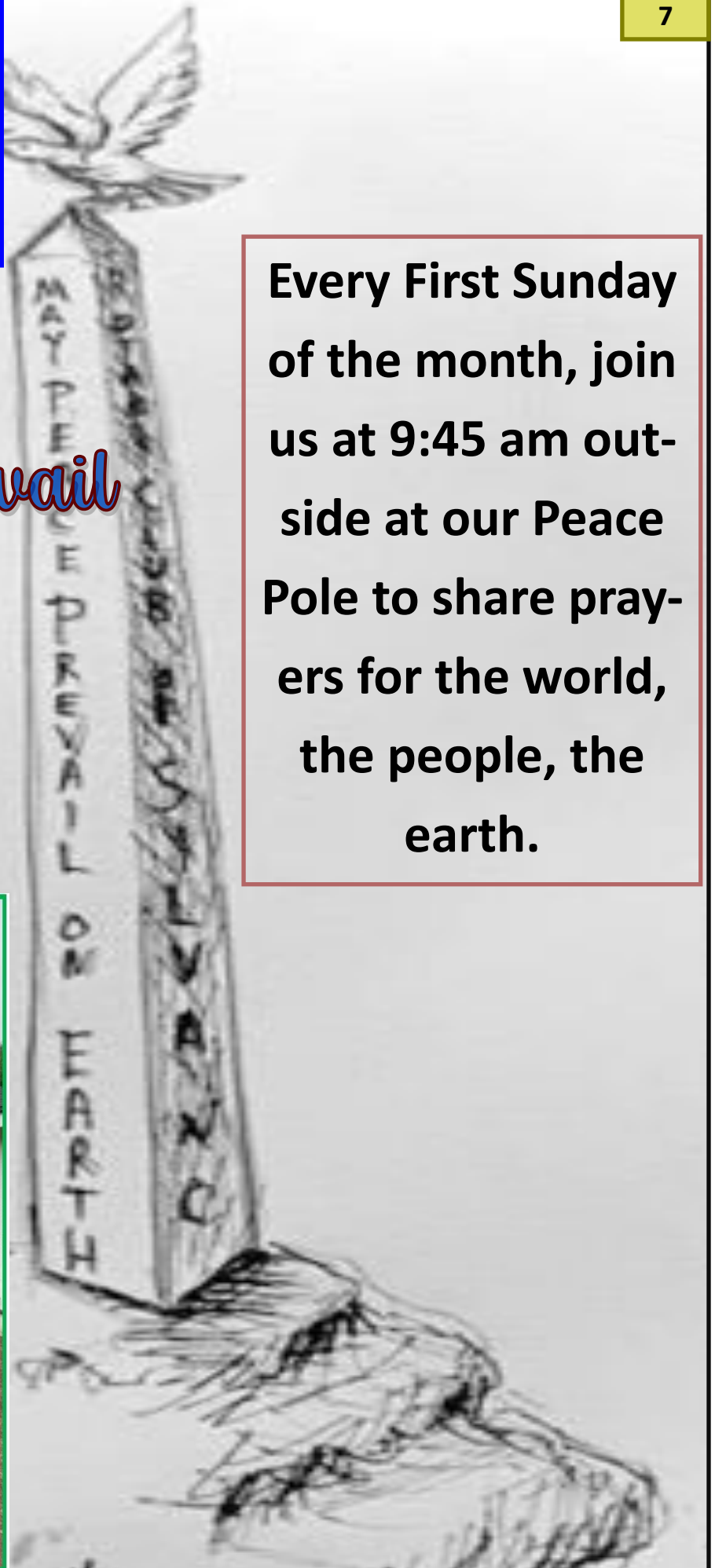


Looking towards the church from the dumpsters

September's gathering
will be on Sunday,
September 6th
at 9:45 am.

*May Peace Prevail
On Earth*

Every First Sunday
of the month, join
us at 9:45 am out-
side at our Peace
Pole to share pray-
ers for the world,
the people, the
earth.





HAPPY
LABOR DAY

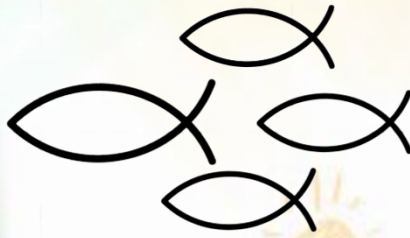


**CHURCH CLOSED
MONDAY,
SEPTEMBER 7**

LABOR DAY



Little Fish



Christian Preschool



LITTLE FISH PRESCHOOL TO BEGIN NEW YEAR

September 8th will be the first day of the new year in our Little Fish Preschool! Our director, Angela Parrish and teacher Lynetta Anthony, are preparing the rooms and curriculum for another exciting, fun-filled year of activities and Christian learning. There will be 6 students here to start the new year, with several vacant spots remaining. It's not too late to enroll if you know a child or family that would benefit from our morning preschool. Please contact Angela or the church office for more information.

Angela and Lynetta will be in our church service on Sunday, September 6th. There will be special blessing for them and for the success of the new school year. They will also be available in Coffee Fellowship for questions and information. Be sure to attend that day to wish them well as they start this new year. Keep them in your prayers for continued success, creativity, patience, love and pleasure as they dedicate themselves to these children who are here in our presence to learn about Jesus Christ and his teachings.

If you would like to give your financial support to the Preschool, you can become a "Friend of the Preschool" by giving a monetary donation. This will help to offset some of the monthly expenses – such as snacks and craft supplies – that will be encountered. You may give your check in the offering plate on Sunday mornings, mail it to the church or give it in person to the

Office Administrator. Please write “preschool donation” on the memo line. Your support is greatly appreciated and will contribute to the on-going success of the Preschool.

If you would like for information regarding the Preschool, please do not hesitate to reach out to Angela, Pastor Kim, or Lila DeBolt.

“Children are not a distraction from more important work. They are the most important work.”

— C. S. Lewis





Little Fish



Christian Preschool



As always, we are collecting school supply donations for our Preschool and for Gaiser Middle school. The list of needs is posted on the following pages, and also on the bins in the narthex, which will be labeled

**“Little Fish Preschool”
and “Gaiser Middle School”.**

**Than you so much for you generosity
and help supporting all of our children!**



Little Fish



Christian Preschool

PRESCHOOL MINISTRY



For Little Fish

- AA & AAA batteries
- Water colors
- Paper towels
- Kleenex
- Paper plates
- Plastic spoons
- Washable markers
- Washable crayons
- Flour
- Printer paper



For Gaiser

Composition notebooks

Pencils

Pencil sharpeners

Tape

5 color packs of hi-lighters



United
Women
in Faith

UWF presents "Choosing Joy"
Finding God's Presence, Purpose, and Peace
in Every Season

Join us

September 12, 2026

9:30am-3:00pm Includes lunch

Battle Ground UMC
10300 NE 199th St. Battleground WA

More information and registration form
on the following pages ...



Choosing Joy

*Finding God's Presence, Purpose, and
Peace in Every Season*

Join us
September 12, 2026
9:30am-3:00pm Includes lunch

Battleground UMC
10300 NE 199th St. Battleground WA

Take a moment
to slow down and take time
to find joy in your
mind, body, and spirit

*Our retreat leader, Rev. Carol Davies, retired Elder pastored
Fern Prairie, St. Paul's, Stevenson, Lyle and Orchards UMCs
and is a strong supporter of United Women in Faith*

*Cost \$15 (no charge for children) payable to United Women
in Faith Crest to Coast District*

Childcare available if registered by September 1

Registration deadline September 1

*Sponsored by United Women in Faith, Crest to Coast District
Open to all Women*

Questions, email rivers.slc@comcast.net or call at 801-557-4319



Choosing Joy Registration Form September 12, 2026

Battleground UMC
10300 NE 199th St. Battleground WA

REGISTRATION DEADLINE: SEPTEMBER 1, 2026

Name _____

Address _____

City _____

Phone _____

Email _____

Church (optional) _____

List all Food Allergies and Dietary Restrictions:

If Childcare needed, please list names and ages:

Please send registration and payment to:

**Teresa Rivera
5006 NW 137th Way
Vancouver, WA 98685**

Questions, email rivera.slc@comcast.net or call at 801-557-4319

Rally Day

What *is* Rally Day you ask? **September 13, 2026**

- It is a day for exploring the different groups and ministries at Salmon Creek United Methodist Church.
- It is a day that you can learn how you may be more involved with Salmon Creek UMC.
- It is a way that you can share about YOUR ministry or group at Salmon Creek UMC.
- It is a day that you could share about a ministry you would like to start and see if anyone else is interested. After all you don't need to wait to be asked, *just do it!*

This year we are doing it a little differently, we are doing potluck. It will be immediately after worship on Sunday September 13th in the Family Ministry Center.

So, whip up your favorite dish: salad, dessert, main dish, side dish..... And bring it to worship. We will gather your item at the door and take it over to the gym. Be sure to put your name on your container. If your dish has nuts or other possible allergens, please make a tag say identifying it.

Anyone who leads a ministry or a group, please be prepared to have a simple table with information about your group. After everyone has been served and is sitting, we will be passing the microphone around for you to give a 2-minute (or less) *teaser* about your group.

If you have any questions, please contact Karen Beilsmith kjbeilsmith0@gmail.com. Can't wait to taste your dish! See you there.





White Oak Village
Memory Care Community

Experience Extraordinary



A PROGRAM OF CDM CAREGIVING SERVICES

Dementia 101

UNDERSTAND. CONNECT. SUPPORT.

Dementia 101 is an education designed for the **caregiving, son, daughter, spouse, community caregiver**, and those **supporting caregivers** through the dementia journey.



DATE

WEDNESDAY

SEPTEMBER 16, 2026



TIME

2:30 PM – 3:30 PM



LOCATION

White Oak Village
Memory Care Community
14715 NE 20th Ave
Vancouver, WA 98686

IN THIS SESSION, WE WILL:



Dive into the different stages of dementia



Explore areas of the brain that can be affected



Understand behavior changes associated with that change



KNOWLEDGE BRINGS EMPOWERMENT.

When you understand dementia, you can better connect, support, and make a meaningful difference.



PLEASE RSVP

by calling

(360) 360-0687



14715 NE 20th Ave
Vancouver, WA 98686



(360) 360-0687



Open 24 hours



Are you a Caregiver for a loved one with Dementia, or do you know someone who is? As our church family continues to age, we will see this situation coming up more and more.

HOPE is a wonderful resource for all sorts of helpful connections, information, support groups, and so much more, and it is right here in Vancouver.

HOPE Dementia Support offers hope for the care partner and the individual living with dementia

Our mission is to provide Support, Education, and Advocacy for the care partner and the individual living with dementia. (PLWD)

HOPE Dementia Support



Be part of our
**EMERGENCY
RESPONSE
TEAM**

EMERGENCY PREPAREDNESS TEAM



September 20th

Emergency Response Training

St. Paul Room

11:00 am—12:30 pm

We need people willing to step up when/if we have any kind of emergency situation. We are forming a team of people.

Are you that person??

EMERGENCY RESPONSE TEAM

Be part of our

EMERGENCY RESPONSE INSERVICE

Imagine this situation: It's Sunday morning and the sanctuary is filled. Someone sitting in the middle of the 6th row isn't feeling well and just passed out. What do you do? OR CONSIDER THIS - The congregation is gathered in the FMC for the mission auction dinner. A gentleman is having trouble breathing, feels light-headed and falls to the ground. He isn't moving. Now what do you do?

In both of these situations, immediate action is required. Yes, someone – hopefully - calls 911. But what can you do while waiting for EMS to arrive?

The answers to these questions will be shared at an inservice on Sunday, September 20, immediately following church service. You may grab your coffee and head into the St. Paul room for a refresher and interactive presentation on SCUMC's Emergency Response Plan. A Vancouver First-Responder and a Clark College Nursing student will be present to demonstrate proper CPR techniques, as well as give first-aid tips that can be started while waiting for EMS. You will have an opportunity to practice CPR on demonstration dummies to assess your effectiveness. Note – this is NOT a certification course, only a hands-on demonstration. If you are interested in practicing CPR techniques, please sign up at the Welcome Center. This will insure having enough dummies present.

We would also like to gather an Emergency Response Team – folks who will be in charge of certain tasks when an emergency occurs, such as “Who will call 911? Who will clear the room? Who will assess the airway? Is there a pulse? Who will re-position the patient if needed?” Performing these tasks will assist the first responders upon their arrival. Persons with a medical background are certainly wanted, but everyone can help in some manner. If you are willing to serve on an ERT, please sign-up for that opportunity as well. We will need several persons in each capacity to be ready to respond. There will be many options where your help will be valuable. (List to follow at the end of this article.)

EMERGENCY RESPONSE TEAM

Be part of our

Other topics for discussion will be a review of where the fire extinguishers are and how to operate them, as well as other emergency situations such a bomb threat, active shooter, who to contact, and location of the first-aid kits – ALL important information to have in mind.

Plan now to attend the inservice and remind yourself or learn for the first time what to do if a situation occurs here on our campus. This will be a low-key discussion with opportunities for questions and practice. Being prepared for anything that could occur is always a necessity.

See Lila DeBolt for more information.

Preliminary First Response Steps

(not in any particular order)

Call 911.

Is the patient conscious?

Is the patient's airway open?

Clear the room.

Provide privacy.

Wait outside to direct first responders to patient.

Move the patient to the floor IF no apparent injury is visible.

Is the patient choking?

Notify family members, if necessary.

Retrieve first-aid kit.



LUTHERAN CHORAL ASSOCIATION

SINGING SINCE 1938

JOIN US for a concert hosted by our own choir
as we welcome:

Lutheran Choral Association
September 20th

4:00 pm

Here in our sanctuary

No charge for performance, but donations
are very welcome!

[Upcoming Events | Lutheran Choral Association](#)

The Salmon Creek Lions shred event is coming up September 26th. The event will take place in the front parking lot of Salmon Creek United Methodist Church from 10 AM to 1 PM. For this event, the cash donations our club receives will be donated to the Gales Creek Camp for Children with Type 1 Diabetes. The Salmon Creek Lions Club has been actively helping this organization for many years. It's a great organization and they are so very helpful with these diabetic kids. Flyer on the next page.



SALMON CREEK LIONS CLUB



We Serve

SHRED EVENT!

SHRED IT. PROTECT IT. SUPPORT A GREAT CAUSE!

SAFE.
SECURE.
CONFIDENTIAL.



This shred event will be

benefiting

Gales Creek Camp
for Children with
Type 1 Diabetes



**DONATIONS
WELCOME!**

100% of proceeds
will support
Gales Creek Camp
for Children with
Type 1 Diabetes.



SATURDAY
SEPTEMBER 26, 2026
10:00 AM – 1:00 PM

**SALMON CREEK
UNITED METHODIST CHURCH**
Parking Lot
12221 NE Highway 99
Vancouver, WA 98686



BRING YOUR SENSITIVE
DOCUMENTS AND
WE'LL DO THE
SHREDDING!



**COLLECTING
FOOD
FOR THE
FOOD BANK**



**COLLECTING
USED
GLASSES**

Your donations
help support
local families and
those in need! ❤️

THANK YOU TO OUR GENEROUS SPONSORS!



Dr. Gloria Arroyo
of
**Tristar Family
Chiropractic**



Lori Wick
of
Columbia Bank



Neil Worland
of
Altech Insurance

Edward Jones

Vicki Fitzsimmons of Edward Jones



Travis Glendenning
of FBR Realty



**Sun Country
HOMES**
Dexter Kalliainen of Sun Country Homes



Thank you for supporting local kids and making a difference!



Welcome to our new Congregational Care Ministry.

We exist to provide prayer and support to our congregation through compassionate care and Christ's love.



PRAYERS

We faithfully pray for our church family, lifting up joys, concerns, illnesses, and special needs.



MEALS

We can provide a meal to individuals or families during times of celebration, transition or crisis.



CONNECTIONS

We help foster relationships and ensure no one in our congregational family feels alone.



If you need support or would like to serve on the care team, please contact

Ann Jovet
(650) 591-1391
ajovet@aol.com

Teresa Rivera
(801) 557-4319
rivera.slc@comcast.net

Dana Biles
(503) 449-4540
dana@formanalysis.com



CONGREGATIONAL CARE TEAM

CHURCH LEADERSHIP NEEDS PEOPLE WITH A SERVANT HEART

LOVE Boldly
SERVE Joyfully
LEAD Courageously

Get Involved!

Be a leader!

2027 RECRUITMENT HAS STARTED!!

It's that time of the year again when we start to look at the church leadership and ministry teams that will be on board for next year. 2026 has been very successful so far because of the many, many volunteers who take time to make the operation of our church a top priority. It *takes a village* to plan, implement, govern, care for, improve, grow and maintain our church and facilities. I am so very grateful for everyone who has taken a position on 1 or more of the many teams we have on the Leadership Roster. Key positions will look differently next year as several top positions will become vacant. Many servants have filled positions for multiple years and it will be time to pass the baton on to others to continue the progressive growth and stability of our church.

Each and every congregant has a unique gift to give in service so that the future here at SCUMC will be assured. Your gift may be huge, it may be small, but no matter the size, it is vitally important and needed. Everyone has ideas, everyone has a story to share that will enhance our operation, and everyone must assume a portion of the responsibility required to make the magic happen here on our campus.

Join a team!



LOVE Boldly
SERVE Joyfully
LEAD Courageously

There is a song that was shared at the Annual Conference that certainly should speak to everyone: (paraphrased)

*"I'm going to work so the Lord can use me.
 I'm going to pray so the Lord can use me.
 I'm going to love so the Lord can use me.
 Anywhere, Lord, anytime."*

Is this the time for you to step up to volunteer to be on a team that does amazing work to support our church and community? Is the Lord calling you to get out of your pew to put hands and feet to good use? Do you have a willingness to do the work that is required to operate, grow, sustain, promote and value our Christian beliefs? If the answer is YES – then, *Praise be to God!!*

You are needed to fill vacant positions so that no mission or team goes without success. Please, search your heart and soul. Our church needs you, your ideas, your work, your prayers and your willingness to serve. It is time to pick up the baton that will be passed on. Keep the Leadership Relay going.

If you are interested in knowing how you can serve, or what positions will be open for you to serve in, please contact Lila DeBolt or Pastor Kim for more information. Recruiting with gusto will start in September. We need all the positions filled before this year's Charge Conference on November 18.

I would sincerely invite everyone to look at the gifts that God has given you. Look at the gifts that this church has given you. What gift can you give back? One of service? Please, Lord, **YES YES YES!**

LOVE Boldly
SERVE Joyfully
LEAD Courageously

Lila DeBolt

- Chair, Administrative Board 2026
- Chair, Nominations and Development Committee 2026



A CHURCH IS A TEAM, NOT A ONE-MAN SHOW.



WHAT IS A CHURCH?

A church is a community of people who gather around faith in God, to worship, learn, and support one another spiritually and practically.

IT'S NOT JUST A BUILDING
OR A LEADER—IT'S

a body of people.



⇒ **EVERY PART MATTERS. EVERYONE HAS A ROLE.** ⇐



LEADERSHIP

Guides with vision and serves with humility.



SERVERS

Use their gifts to meet needs and build others up.



TEACHERS

Share God's Word and help others grow in faith.



ENCOURAGERS

Support, uplift, and pray for one another.



EVERY MEMBER

Brings unique gifts that make the body strong and whole.



"For just as the body is one and has many members, and all the members of the body, though many, are one body, so it is with Christ."

1 CORINTHIANS 12:12-27

*Together,
we are the
Church.*

The Kitchen Stoves at Salmon Creek UMC

Did you know that our stoves are over 40 years old. They were 'used' when we installed them and no one knows how used they were.

First a little history, ... the WHY -

When Richard and I first started attending SCUMC, I would always smell gas when I walked into the FMC. When I raised a concern back then, I was told that it was because we have gas appliances. I grew up with gas and never had that issue, but being new, I let it go. When Steve Enyeart became Chair of Trustees, he discovered that the pilot lights under the griddle wouldn't stay lit, and that was why we could smell gas. Steve turned off the gas to the stove, but provided instructions on how to turn on the gas and light if you needed to use the stove. We never cooked our meals for Family Promise host week on that stove, because it was too dangerous for us to try to light all pilot lights. Last month, I walked into the FMC kitchen and found a very young YMCA leader trying to light a burner. She was leading a "cooking camp" for the week and wanted to use the stove instead of the electric appliances she was provided. When I asked if she intended to light all the pilot lights, she gave me the *deer in the headlights* look. These stoves are over 40 years old and don't have the modern electric pilot lights we have today. Thus, most people don't realize that gas flows from all of the pilot lights regardless of whether or not you are using the burner.

The stove in the
FMC kitchen



We have the same issues with the Fellowship Kitchen. That stove is also over 40 years old. We have been told not to use it for similar reasons. Three or four years ago, the Day School staff opened the front doors and were greeted with the smell of gas. Someone on Sunday morning turned a burner on but never lit it. It pumped gas into the building all night.



Because pilot lights aren't lit, we have been told not to use the stove. That means that when we have luncheons and celebrations of life, we have no stove to keep anything warm. I have been approached by members of the church, who help with events, asking, "When are we going to get some safe stoves that can be used to keep a casserole or a pot of soup warm for an event?"

The Ad Board has discussed updating the stoves, but this keeps getting put on the back burner because we need to fix the roof, replace an HVAC roof or some other project that is more of a priority. We are trying to be good stewards of the church's budget. In our June meeting, we decided to begin exploring options.



1—How do we get rid of the existing stoves?

2—With what do we replace them?

3—How do we pay for the new stoves?

The stove in the Fellowship Hall kitchen

1-I have found a company that will remove the stoves for free and give a small donation to the church.

2-We will replace the Fellowship Hall with a gas household stove. Steve and Gay Enyeart and I will decide what will work for the needs of the mission dinners and breakfasts. We won't be replacing the FMC stove with an industrial size stove. We are hoping to keep it between \$2-5,000.

3-Funding for the new stoves is the next challenge. We are asking Women's Ministries to help with the stove for the Fellowship Hall Kitchen. For the FMC, we are considering the Memorial fund. Stoves were not on the list of projects for the *Pay It Forward* Fund. We will also accept donations if you are interested.

In summary, the current stoves aren't safe to be used by the average church member. We have avoided a few near misses. Hopefully we can complete this project in the next few months and we will have safe, functional kitchens that any member of the church can feel safe using.

Thank you, Karen Beilsmith



"Quit griping! You said you wanted a light to see why the gas stove wasn't working. Well, a match is a light, isn't it?"

CREATION CARE

The Creation Care Task Force needs your help on their team. If you have an interest in our environment and how we can protect it for generations that follow us, then you have a calling to be on this team. The team's purpose is to promote and educate safe and sound recycling, reusing and reducing practices that will preserve our ecological balance. Our audience is not only the congregation, but also the community. Planning activities such as Earth Day clean-ups and monitoring our campus for better usage, reduction and elimination of wastes are just a couple of the key functions of this task force. Meetings for 2027 will be held quarterly. If you are interested in becoming a part of this team, please contact Aileen Maddox, Teresa Rivera or Lila DeBolt. Take action now to assist in protecting our environment. Be a Do-er and help to save the planet!

Creation Care Task Force:
Next meeting:
October 9, 2026 at 9:00 am



Creation Care

At Salmon Creek United
Methodist church



Yes, One Person Can Make a Difference!

Creation Care Tips to Consider,
from *The UM Creation Justice Movement*

<https://umcreationjustice.org/>

Have you ever thought of the “R’s” as a spiritual practice? Reduce is a spiritual practice. (Do I need this? Is it harmful in any way?) Reuse also challenges us spiritually. (God is a creator. How can I avoid being a “waster”?) Recycle is important too. (What creative ways can I find to give something a second life?) Reduce, reuse, recycle—John Wesley would be proud of you.

1. Conserve water. Set up a rain barrel, plant tea bags with your flowers and veggies to hold moisture longer, use leftover pet water on the plants. Inside, fix leaks, add a low-flush toilet, install a fine-spray shower head, take shorter showers, run the dishwasher only when full. Presoak silverware and dishes in a container rather than rinsing with running water.

2. Climate justice. Do you know someone with Asthma or COPD? (“*Lord, when did we see thee...?*”) The air pollution that affects our climate also harms the health of people. Jesus challenged us to care for the “least” among us, including children and older adults whose lungs are vulnerable. People in poverty and people of color especially suffer from compromised health due to air pollution. Climate action is also action for justice.



YOUR DAILY DOSE OF CLIMATE HOPE

Could you use a Daily Dose of Climate Hope? Do you want to learn about the many positive actions that are part of a larger worldwide eco-friendly revitalization?

Then become a free subscriber to the Your Daily Dose of Climate Hope publication on Substack's online platform. This includes climate news, actions, and hope about the trends, innovations, and people creating a better world! Here's how to subscribe:

On your smartphone:

- A. Use your search engine to find *Daily Dose of Climate Hope*.
- B. Choose the result that shows the Climate Action Now logo (shown above).
- C. Enter your email address in the text field provided.
- D. Click the Subscribe button.
- E. Choose the free plan option if prompted with paid upgrade tiers.
- f. Confirm your subscription via the welcome email sent to your inbox.

On your computer:

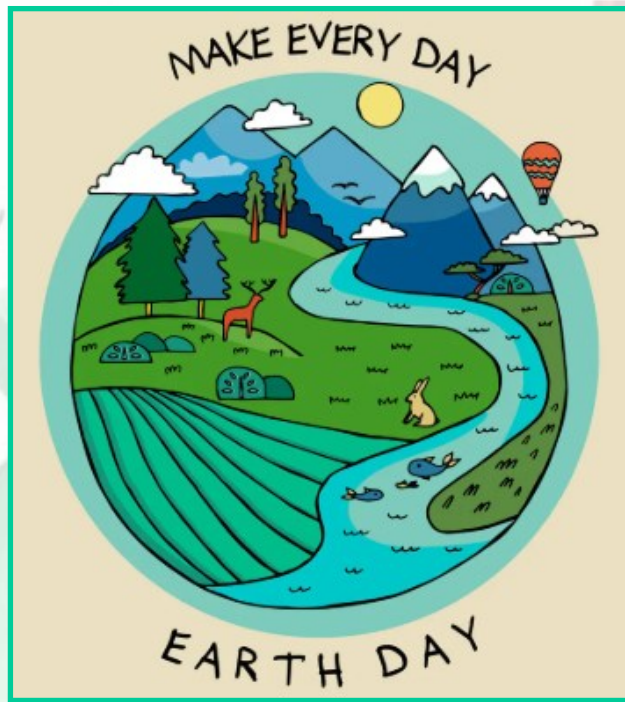
Go to <https://climateactapp.substack.com/>

Follow steps C. through F. above.

In addition, you may want to see how the *Climate Action Now* app helps people take meaningful climate action: (1) messaging elected officials about specific climate policies with pre-written emails, (2) earning points that contribute toward planting real trees, and (3) combating climate change <https://www.climateactionnow.com/>. Consider downloading the *Climate Action Now* app for iOS or Android because ...

Climate action is action for justice.

Climate action and our prayers are antidotes to despair.



EARTH DAY 2.0

Mark your calendars now for our Fall Clean-up Day! On Saturday, November 7, 2026, we will be meeting to spruce up our campus for the winter season. There will be raking, trimming, and pruning.

Plan now to attend. More information and sign-up sheets to come later! Put the date on your calendars!





We Compost Tips to Reduce Odors and Pests

- Drop off frequently.
- Wash pail to reduce residue and odors.
- Store scraps in fridge or freezer.
- Keep pail outside in garage or on porch, out of direct sun.
- Sprinkle baking soda over scraps to reduce odors.



SCUMC We Compost Statistics (March 1-May 31, 2026)

- Food scraps diverted: 2,171 lbs.
- Greenhouse gas emission savings equivalent: 1,808 miles driven by an average gasoline-powered passenger vehicle.

CREATION CARE CORNER

Summer Produce Recipes



Our Creation Care Task Force is happy to share these recipes making use of produce from God's Garden donations and your own gardening sources. They can also be found on our website, click below to view (be sure to scroll to the bottom of the page):

This issue of the Circuit Rider will feature the last of the summer produce recipes. Stay tuned for more ideas from our CC Task Force!

[CREATION CARE](#)



ROASTED ROMA TOMATOES

40

Yield: 15 to 20 slices

Supplies: 13"x18" half sheet pan; 11-1/2"x16-1/2" silicon baking sheet; pastry brush; serrated paring knife; 6-ounce glass custard cup; We Compost pail for food waste

5 large Roma tomatoes (OR equivalent amount of smaller Roma tomatoes; Roma works best)

extra virgin olive oil (EVOO)

balsamic vinegar

granulated sugar

salt to taste

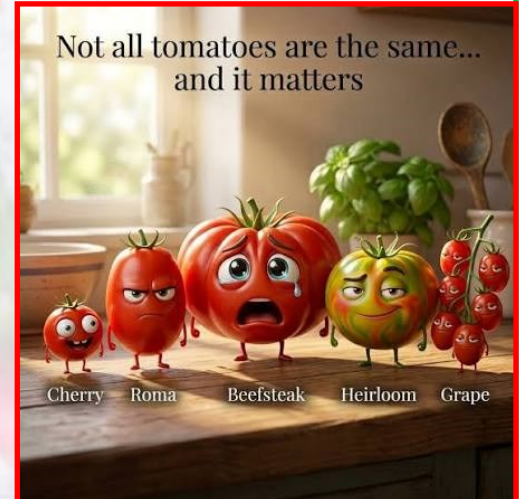
black pepper to taste

dried oregano

dried basil

dried marjoram

1. Line a rimmed half sheet pan with a silicon baking sheet or parchment paper to prevent sticking and provide easier cleanup.
2. To prepare the washed Roma tomatoes, carefully use a serrated paring knife to cut around the green stem of the tomato and the base tip for removal, keeping your fingers away from the cutting blade. Use the paring knife to cut the tomatoes into 3/4-inch slices (about 3 to 4 slices out of each tomato depending on size of tomatoes). Cut the slices as even as possible, so each slice sits level on the baking sheet.
3. Preheat the oven to 450° on convection bake (or regular bake), with the oven rack on position 2 from the bottom.
4. Meanwhile place the slices on the prepared baking sheet in a single layer, with the top and bottom slices skin side *DOWN*. Into a 6-ounce glass custard cup, pour a small amount of EVOO. Brush the tops of the tomato slices with the EVOO, replenishing the oil in the custard cup as needed. Into the empty custard cup, pour a small amount of balsamic vinegar. Brush the tops of the tomato slices with the balsamic vinegar, replenishing the vinegar in the custard cup as needed. Sprinkle the tomato slices *lightly* with sugar, salt, and black pepper. Then sprinkle the tomato slices with the dried herbs.
5. Put the tomatoes in the hot oven on the oven rack position 2 from the bottom. Then reduce the oven temperature to 435°. Cook the tomatoes for 25 to 30 minutes, rotating the pan halfway through baking. Cook until the tomatoes are soft, dark, and caramelized (but not burned).
6. Serve hot or at room temperature. To freeze, put the cooled tomatoes that are on the baking sheet in the freezer, making sure the tomato slices remain in a single layer on the pan. Once frozen, keep the slices in a single layer and wrap them in parchment paper before putting them in a freezer bag. Recipe easily doubles.



QUICK MU SHU TURKEY

Yield: 4 servings

1 lb. 93% ground turkey
1 Tblsp. dry sherry*
1 Tblsp. low-sodium soy sauce
2 garlic cloves, crushed**
1/4 tsp. crushed red pepper***
two 8 oz. cans sliced water chestnuts, drained and chopped
1 bag (14 oz.) coleslaw mix****
onion powder to taste*****
2 Tblsp. water or broth
black pepper to taste
1 tsp. sugar*****
1 Tblsp. low-sodium soy sauce
2 Tblsp. hoisin sauce



In a cold 12" skillet, spread out turkey. Drizzle dry sherry and 1 tablespoon soy sauce over turkey. Cook turkey mixture on medium heat until turkey is brown and just until liquid has evaporated. Transfer turkey to a plate.

To same skillet, add crushed garlic cloves and crushed red pepper and cook for 10 to 15 seconds. Add water chestnuts, coleslaw, onion powder, and water. Cook 2 to 4 minutes or until vegetables are just tender crisp, stirring occasionally.

Stir in black pepper, sugar, reserved turkey, 1 tablespoon soy sauce, and hoisin sauce. Heat through.

Substitutions/Notes:

* 3/4 tsp. apple cider vinegar.

** Granulated garlic—add with water or broth because liquid reactivates the enzymes responsible for its signature flavor.

*** 1/2 tsp. paprika, if less spicy is preferred—add with water chestnuts and coleslaw mix.

**** 12 oz. cabbage (~5.5 c.) shredded; and 2 oz. carrots (~3/4 c.) shredded.

***** Caramelized onion to taste.

***** 3/4 tsp. agave (low-glycemic substitute for honey and sugar).

MICROWAVE CORN ON THE COB

Yield: 4 servings

Try this fast, energy-saving, healthful, and flavorful method of cooking corn on the cob. Here's why: (1) **Time Savings**—the cornsilk comes off the cob much more easily. (2) **Energy Savings**—it cooks quickly in the microwave. (3) **Superior Nutrient Retention**—fragile vitamins and antioxidants stay inside the vegetable. (4) **Concentrated Nutrients**—natural flavors and sugars remain concentrated, reducing the need to add excess salt. (5) **Better Flavor and Texture**—retains its vibrant color and crunchy kernels rather than becoming waterlogged or mushy.

CLEAN UP TIP—add *ALL* corn food waste to your We Compost bucket (i.e., stem ends, husks, cobs, and cornsilk).

4* large corn cobs in their husk
salted butter**

1. Break off the outside brown corn silk and any elongated dark green leaf husk tips. Cut the stem end of the cobs to fit your microwave using its inner revolving plate as your guide. Do *NOT* peel off the husks. If your corn cobs do not have a husk and are already trimmed, just go to step 2.
2. Place each cob under running water to remove dirt and soak through. Wrap each in paper towels and place on a microwave-safe plate in a *single* layer. Place the cobs in the microwave and cook on high for 16 minutes or *4 minutes per cob*.
3. The cobs are done when the kernels' color has deepened and become glossy. Allow the cobs to cool until you can hold them without burning yourself. Remove the paper towel and cut off the stem end of the cobs.
4. Peel the husks off from the top down to the stem end. Clean off any stray strands of corn silk. Top with salted butter.

Substitutions/Notes:

* Can include 1 to 4 ears of corn in the microwave at a time. Cooking more than 4 ears can overcrowd the microwave and cause uneven cooking, so it is best to prepare large amounts in batches.

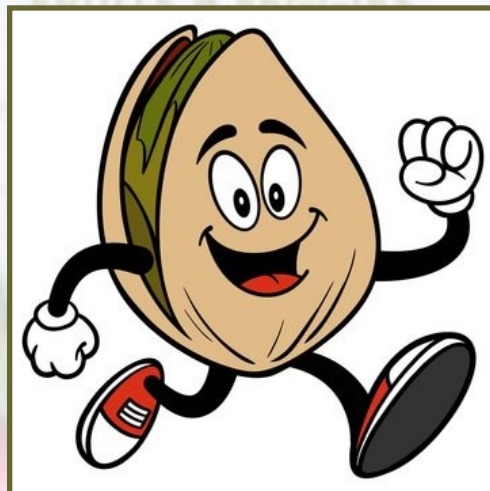
** Can also use shucked corn cobs and frozen corn cobs. For frozen cobs add an extra minute of cooking time per cob.



HAM AND ZUCCHINI PASTA WITH PESTO AND PISTACHIOS

Yield: 4 servings

6 oz. farfalle pasta*
1 c. pasta cooking water
50 roasted and salted pistachios, shelled and chopped
2 medium zucchini (7"-8"), quartered and sliced into 1/4" chunks
1 c. ham, chopped
6 Tbsp. pesto
dried basil, to taste
3 Tbsp. Parmigiano Reggiano cheese, grated**



Bring large pot of water to boil. Add pasta to boiling water and let cook according to package directions until al dente. Drain pasta, reserving 1 cup of cooking water.

Meanwhile, shell and chop pistachios.

Slice zucchini lengthwise into quarters and then into chunks.

Heat a large 12" nonstick skillet to medium temperature. Add ham and pesto. Stir in 1/3 to 1/2 cup reserved cooking water to thin pesto so it is creamier. Add additional cooking water during cooking process if sauce becomes too dry.

Stir in reserved cooked pasta. Add zucchini chunks. Sprinkle dried basil over top and lightly stir. Cook mixture until zucchini chunks are just tender crisp, stirring occasionally. Lightly stir in reserved pistachios. Sprinkle a thin layer of cheese over top. Add lid over skillet and turn off heat. Let sit for about 5 minutes to melt the cheese before serving.

Substitutions/Notes:

* Spaghetti pasta.

** Parmigiano Reggiano cheese that you grate yourself creates a richer, more vibrant flavor and texture than pre-grated store versions, which lack flavor, contain additives, and melt poorly.

Accessible and Welcoming to All

Join our team!

Equipping Churches to See Individuals



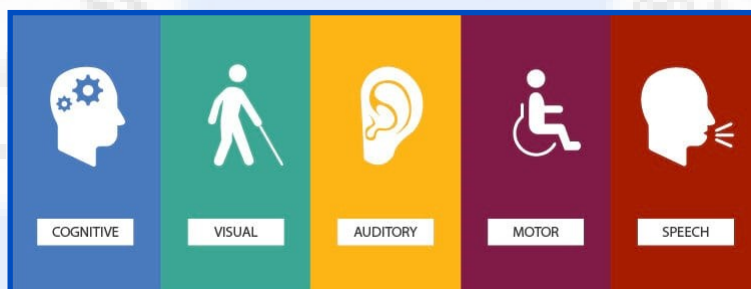
Equipping Individuals to Find
Their Place in God's Family

Accessibility Task Force:

Next meeting:

(TBD after August 23rd meeting)

in the FMC Library



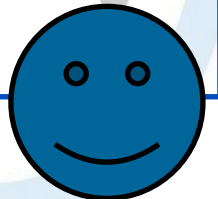
Perspective from a Wheelchair User

I was at the Dallas-Fort Worth airport to catch a flight home after visiting my awesome cousin, Ralf, who lives there. An airport worker at the gate came up to us, looked at me, then at Ralf and asked Ralf, “Does she need an aisle chair to board?” Ralf, surprised that he was supposed to know this, blurted, “How am I supposed to know? Ask her!” I love my cousin’s honesty and directness.

I can’t tell you the number of times over the past 24 years that I have been with a sibling, a friend or a coworker, and because I am in a wheelchair, it is as if I’m not there, or it is assumed that I’m not cognizant enough to speak for myself. It is maddening! Every adult I know wants to speak on their own behalf. Wheelchair users are no different.

Please include us. Treat us like anybody else. We don’t bite—not usually!

— Lilly Longshore





T-SHIRTS ARE STILL AVAILABLE!

If you missed your chance to get a t-shirt with the UMC vision statement on it, you're in luck! I still have a few on hand to sell, but in limited sizes. I have:

1 – XL and 4 – small

If you need a different size, I am happy to send in another order! Just let me know what size you want. Priced at \$10 each, it's a steal!! Let's all have a shirt to show our pride and belief in our UMC mission. Please contact Lila DeBolt for information.

360-600-8521 LJSDEB6@aol.com



If you would like to help UMCOR relief efforts for the Washington Wildfires and/or the earthquake recovery in Venezuela, Columbia, Malaysia, below are the advance numbers.

You can click below to donate:



Washington Wildfires

UMCOR ADVANCE # 901670

[Fundraising Campaign: UMCOR US
Disaster Response and Recovery
\(USDR\)](#)

Earthquakes

UMCOR ADVANCE # 982450

[Fundraising Campaign: UMCOR
International Disaster Response
and Recovery \(IDR\)](#)



Love Boldly
Serve Joyfully
Lead Courageously



COMING = OCTOBER

48

OCTOBER
*Pastor
Appreciation*
MONTH



BLESSING OF THE PETS
October 4

**MISSION
BREAKFAST**

**MISSION BREAKFAST
FOR UMCOR
PASTOR APPRECIATION DAY
October 11**



Pastor
**APPRECIATION
DAY**

*Women's
Retreat*

**SALMON CREEK WOMEN'S RETREAT
OCTOBER 17**

**EEK AT THE CREEK
Trunk or Treat
October 25**

**TRUNK
OR
TREAT**



Church Office

Volunteers Needed



Nancy will be out on surgical leave from October 5th through October 25th. We need volunteers to cover Mondays through Thursdays during that time. You will only be asked to answer phones and unlock the church doors when people come and go. Please talk to Pastor Kim, Lila DeBolt or Dan Kingsley if you can help out one or more days. We would really appreciate it.



VOLUNTEER TO HELP

Soul Care

SATURDAY

— WOMEN'S RETREAT —

Saturday, October 17, 2026 9:00am - 1:30pm

Reconnect. Renew. Refresh.



Guest Speaker
Poppy Smith

Author, Speaker, and Spiritual Coach

FLOURISH AS A WOMAN

"My longing is to see women flourish at every age and stage of life. I believe this is God's desire and that He wants us to grow spiritually, emotionally, and personally."



Registration opens August 16 and closes October 4. The cost is \$20 per person, which includes a delicious Panera lunch. Registration forms will include lunch selections.



You can register in the Narthex or contact Laurie Doering (360) 606-7494 lauriejdo503@comcast.net

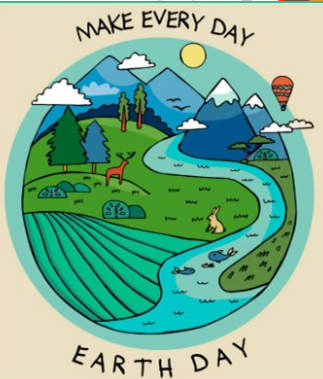


Mark your calendars, invite a friend, and plan to join us for this uplifting day of growth, connection, and encouragement.



For women of every age and stage of life!

NOVEMBER EVENTS



EARTH DAY 2.0
November 7

**VETERAN'S
SUNDAY**



BASKET AUCTION



BASKET AUCTION
November 14

CHARGE CONFERENCE
November 18



HANGING OF THE GREENS
November 22



DECEMBER EVENTS



LESSONS & CAROLS December 13

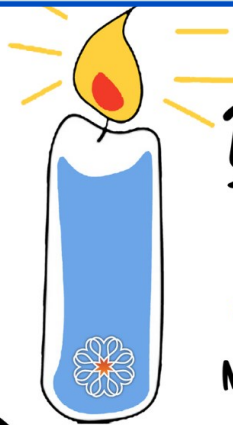
NIGHT OF HOPE December 14



CHRISTMAS EVE December 24 5PM, 8PM, 11PM

CHRISTMASTIDE HYMN SING December 27

CHRISTMASTIDE HYMN SING



Be the
Light

MATTHEW 5:14

ACOLYTES



Our little Zara Ortiz made her first debut as a proud Acolyte on Sunday, August 9th. She did a great job and was very serious about her role. Big sister Mila did a great job leading her and making sure she got through the mission!

We love our acolytes!



A BIG Thank You to the crew who served lunch at Sarah J Anderson elementary this summer!

We had 19 volunteers, who rotated with each other, that team put in a total of 70 hours, and distributed approximately 700 lunches!!!

**Lynne Kingsley, Andy Clayton, Ann Wear, Jeanne Eten, Ann & Saul Jovet,
Winston Asai, Laurie Doering, Karen Beilsmith, Lola Vaughn,
Lynne Nieda, Saryn Nash, Maggie Mikalatos, Bob Cooke, Kathy Hardy,
Laurie Schmidt, Teresa Rivera, Jim & Betty Selby
GO SALMON CREEK UMC!!**

Lola Vaughn & Teresa Rivera

Jim & Betty Selby





SEPTEMBER

Birthday Wishes



Elizabeth Taylor—September 2

Randy Maddox—September 3

Kay Cooke—September 5

Debbie Pratt—September 7

Andy Clayton—September 21

Kathy Scott—September 21

Matthew Compton—September 23

Pam Lehrman—September 24

Don't see your birthday?

Let us know when it is
and we'll
update records!



www.salmoncreek.church

[https://www.facebook.com/
profile.php?](https://www.facebook.com/profile.php?)



Join us live on Sunday mornings for worship, or view our past recordings:

You **Tube**

[https://www.youtube.com/
@salmoncreekchurch8931](https://www.youtube.com/@salmoncreekchurch8931)

Formed for More

LOVING BOLDLY.

SERVING JOYFULLY.

LEADING COURAGEOUSLY.

*We are a welcoming United Methodist
Church congregation
that worships together as disciples of Jesus Christ,
uniting in fellowship, missions and service.*

The Circuit Rider is a publication of Salmon Creek United Methodist Church.

Submissions should be sent to admin@salmoncreek.church

and are due by the 15th of the prior month.

Thank you for reading our magazine.

Compiled and edited by Nancy Volgamore, church Office Administrator and Member