

Tips for the Perfect Spray Tan

Products to Avoid: Dove, Curel, Bath & Body Works, Victoria's Secret, All Bar Soaps, Acne Products, Retinol or Fruit Acid Products

The week before: Moisturize your skin twice daily with a cream formulation moisturizer. (I recommend Aveeno or Shea Moisture) Exfoliate at least TWICE a week prior to your appointment. For best results, apply exfoliant to dry skin, leave on skin for two minutes, then shower using a washcloth or scrub sponge to remove the product. Schedule any waxing, manicures, or pedicures at least 48 hours prior to appointment.

The day before Your Tan: Exfoliate your entire body with a non-oil exfoliant using Instructions found above. Shave with a brand-new razor, I recommend Venus or Quattro. (avoid shaving products containing alcohol or razors with moisturizing strips) Rub skin briskly with a washcloth or scrub during a shower, paying attention to ankles, knees, and elbows, and towel off briskly after a shower. Moisturize heavily with a cream formulation moisturizer.

The Day of Your Tan: *Do not exfoliate or shave the day of your tan!
Shower at least 2 hours prior to your appointment with an approved body wash. Apply no products to your skin. No lotions, deodorants, or perfumes on your skin. Bring or wear dark, loose-fitting clothing and loose-fitting snow boots or flip-flops. NO clothing with straps, jeans or zip-front pants, socks & pantyhose, or closed-toe shoes as these can affect the outcome of your tan.

For the next 8 hours after your Tan:

DO Wear dark, loose-fitting clothing until your first shower
DO NOT apply any products to your skin. (Powder, lipstick, & mascara are fine!)
DO NOT exercise, swim, or hot-tub. No sweating before the first rinse.
DO shower after eight hours with a Warm Water Rinse Only. Run your hands down your body until the water runs clear. Pat dry. No lotion or cream after the first shower

For the next 48 Hours after Your Tan:

Shower with an approved body wash 4-12 hours after your first rinse.
Avoid vigorous scrubbing or rubbing in the shower or when towel dry (just pat dry)
Moisturize Twice Daily with an approved cream formulation moisturizer
If swimming or hot-tubbing, apply water-resistant sunscreen and rinse with fresh water
If you must shave in the first 48 hours, use a brand-new razor and hair conditioner
If you are getting a manicure or pedicure, polish change only, no exfoliation, or soaking.



COAST BEACH TAN
GET BACK YOUR "OOO" WITH A SUNLESS GLOW