





**The importance of
Thanksgiving, Praise and
Worship to Yahuah!**

PLEASE NOTE, I USE THE TRUE NAMES OF OUR CREATOR AS THERE IS POWER IN HIS NAME.

- Elohim and LORD are Titles and is NOT His Name, YHVH (pronounced as Yahuah) is Our Heavenly Father.
- Jesus has no meaning, Yahusha means Yah is our Salvation.
- Elohim means Mighty one or Mighty ones
- –The real name of our Heavenly Father is Yahuah in Paleo Hebrew the original Hebrew language and that Bible Translators admit to removing His Name over 7000 times from our Bibles and replaced it with the Title LORD and God, which is being used for every false Elohim (god), or idol.

All Scriptures in this presentation are taken from the Scripture Translation, unless otherwise noted.



Q 1, How should we pray?

A lot people think praying to Yahuah is a shopping list, like Father Christmas, you ask, and Yahuah provides everything you ask for. What believers do not understand is that being thankful, praising and worshiping Yahuah in all things each day is what makes our prayers receptive to Yahuah's ears. **First it starts by living an obedient life to His Torah which includes obeying all the commandments, statutes and judgments.**



Q2, How should we approach Yahuah when we come to Him with our prayer requests?

Yahuah has laid down certain conditions on which we can approach Him if you want a fruitful prayer life. Without thanksgiving and praise we cannot approach the throne of grace.

Three things to approach and relate to Yahuah.

1. By thanksgiving we acknowledge Yahuah's Goodness.
2. By Praise we acknowledge Yahuah's Greatness.
3. By Worship we acknowledge Yahuah's Righteousness.

“Wherefore we receiving a Kingdom which cannot be moved, let us have **grace, whereby we may serve Elohiym acceptably with reverence and in the fear of Elohiym.” Hebrews 12:28 (Cepher)**

In Greek, grace is directly related to thankfulness. An unthankful person is a person out of the grace of Yahuah. Gracia in Italian and Gracias in Spanish connect to thankfulness. Let us be thankful or let us have grace. We cannot have grace without being thankful to Yahuah.



Q3, What does Colossians 3:15 to 17 instruct us to do?

“And let the peace of Elohim rule in your hearts, to which indeed you were called in one Body, and be filled with thanks. 16 Let the Word of Messiah dwell in you richly, teaching and admonishing one another in all wisdom, singing with pleasure in your hearts to the Master in psalms and songs of praise and spiritual songs. 17 And whatever you do in word or deed, do all in the Name of the Master יהושע (Yahusha) giving thanks to Elohim the Father through Him.”



YAHUAH

Whenever
I am afraid,
I will trust
in You.

(Psalms 56:3)



*Because Your lovingkindness is better than life,
My lips shall praise You.
(Psalm 63: 3)*



Q4, What does Ephesians 5:18 to 20 tell us how to be intimate with Yahuah?

“And do not be drunk with wine, in which is loose behaviour, but be filled with the Spirit, 19 speaking to each other in psalms and songs of praise and spiritual songs, singing and striking the strings in your heart to the Master, 20 giving thanks always for all to Elohim the Father, in the Name of our Master יהושע (Yahusha) Messiah.”

When you are full of Yahuah’s Spirit, you will be continually giving thanks to HIM!



Q5, What if I am feeling really depressed and things are not going well, how can I still give thanks to Yahuah?

“Rejoice always, 17 pray without ceasing, 18 in all circumstances give thanks, for this is the desire of Elohim in Messiah יהושע (Yahusha) for you.” 1 Thessalonians 5:16-18

“Do not worry at all, but in every matter, by prayer and petition, with thanksgiving, let your requests be made known to Elohim. 7 And the peace of Elohim, which surpasses all understanding, shall guard your hearts and minds through Messiah יהושע (Yahusha).” Philippians 4:6-7

Do not bring a request to Yahuah, without first giving Him thanks!

Psalm 113:3

*From the rising of the sun
unto the going down
of the same YAHUAH'S
name is to be praised.*

Halal u יהוה
(Praise ye YAHUAH)

**Sing Praises to
Yahweh!**





Q6, How do you approach Yahuah?

“Enter into His gates with thanksgiving, And into His courts with praise. Give thanks to Him; bless His Name (Yahuah – NOT LORD or GOD).” Psalm 100:4

Step one is thanksgiving, in order to get access to His:
His gates,
His courts, and
His Most set-apart place.



Q7, When your life is going wrong, why should you thank Yahuah even when you are suffering?

“For יהוה (YHVH) is good; His loving-commitment is everlasting, And His truth, to all generations.” Psalm 100:5

No matter how you feel, or your circumstances are, you have three permanent unchanging reasons to thank Yahuah.

- 1. Yahuah is good.**
- 2. His kindness is everlasting.**
- 3. Yahuah gives His truth to all generations.**



Q8, What happened when the ten lepers approached Yahusha to heal them of leprosy?

Please read Luke 17. Here we find the ten lepers who met Yahusha were unclean because of leprosy. They lifted up their voice from a distance and Yahusha gave them a very simply reply. Yahusha said, “**go and show yourselves to the priests.**” By faith they had to go to the priests believing they were being healed at that moment. A person who was healed had to be presented to the priest to be given a certificate that they are no longer infectious. **That is faith.**

Sometimes, we need to take the healing and believe it, even if it is not happening immediately. All ten lepers were cleansed of leprosy, but only one, a Samaritan, came back to thank Yahusha. He fell down on his face and thanked Yahusha. Yahusha asked, were there not ten cleansed, where are the nine others? Only one came back to thank Yahusha for the healing. Then Yahusha said “Your faith has saved you, go in peace.” Although all ten were cleansed (healed), only the one who returned to give thanks was saved and received the eternal spiritual healing.

Without thanksgiving we have no access to Yahuah.





Q9, How does thanksgiving unlock the supernatural power of Yahuah?

In John 6, the feeding of the five thousand. The only resources Yahusha had was 5 small loaves and 2 fishes. This is what Yahusha said in verse 11 while telling the five thousand people to sit down.

John 6:11 to 12 “And יהושע (Yahusha) took the loaves and having given thanks He distributed them to the taught ones, and the taught ones to those sitting down. And the same with the fish, as much as they wished. ...

... And when they were filled, He said to His taught ones, “**Gather the broken pieces that are left over, so that none gets wasted.**”

Notice, Yahusha did not ask Yahuah to do anything. All He did was thank His Father. **In verse 23 John said the miracle was released not by some long prayer but by the miracle of giving thanks.**



Q10, What happened in John 11 when Yahusha found that Lazarus had been dead for four days?

Yahusha was standing before the tomb of Lazarus who was dead for four days. Yahusha simply said **“Father I thank you that you hear my prayer.”** **No long prayer.** The most powerful prayer in the Scriptures are very short. When Moses prayed for Miriam, he simply said, **“Yahuah heal her.”** That is all Moses said. **If** we mixed **more thanksgiving** with our petitions, **our petitions would be shorter.**

The Father knows what we need **before** we ask Him! (Matt 6:8)

*Let everything
that has breath
praise Yahuah*

Psalm 150:6





Q11, What does the Scriptures say about Unthankfulness?

Romans 1:21, “**because, although they knew Elohim, they did not esteem (value or respect) Him as Elohim, nor gave thanks, but became vain in their reasonings, and their undiscerning heart was darkened.**”

First two downwards steps of humanity.

1. They did not glorify or acknowledge Yahuah.
2. They were not Thankful.

A downward slippery path to destruction.



Q12, What will people be like in the last days? 2 Timothy 3:1 to 4

“But know this, that in the last days hard times shall come. 2 For men shall be lovers of self, lovers of silver, a boasters, proud, blasphemers, disobedient to parents, **thankless**, wrong-doers, (Footnote: Implying money). 3 **unloving, unforgiving**, slanderers, without self-control, fierce, haters of good, 4 betrayers, reckless, puffed up, lovers of pleasure rather than lovers of Elohim.

Can you see how important it is to be thankful to Yahuah all the time?



Q13, What happens when you are not thankful to Yahuah?

You start murmuring, grumbling and complaining.

1 Corinthians 10:10, “neither grumble, as some of them also grumbled, and were destroyed by the destroyer.”

Numbers 21:6, “And יהוה (YHVH) sent fiery serpents among the people, and they bit the people. And many of the people of Yisra’el died.”

Murmuring and Unthankfulness causes decline of faith and not walking in power of Yahuah’s Spirit.



Q14, What happens when we praise Yahuah?

When we praise Yahuah, our problems become smaller as Yahuah becomes greater.

Psalm 48:1, “**Great** is יהוה (YHVH) and greatly to be **praised in the city of our Elohim, His set-apart mountain.**”

Our praise should be **measureless** according to Yahuah’s greatness. Both thanksgiving and praise have a great psychological affect and its easier it is to believe. He is able to do the impossible.

PSALM 100:4-5 STATES:

“ENTER INTO HIS GATES WITH
THANKSGIVING, AND INTO HIS COURTS WITH
PRAISE. GIVE THANKS TO HIM; BLESS HIS
NAME. 5 FOR יהוה (YHVH – NOT GOD
OR LORD) IS GOOD; HIS LOVING-
COMMITMENT IS EVERLASTING, AND HIS
TRUTH, TO ALL GENERATIONS.”

ISAIAH 60:18, "VIOLENCE SHALL NO LONGER BE HEARD IN YOUR LAND, NEITHER WASTING NOR RUIN WITHIN YOUR BORDERS. AND YOU SHALL CALL YOUR WALLS DELIVERANCE, AND YOUR GATES PRAISE."



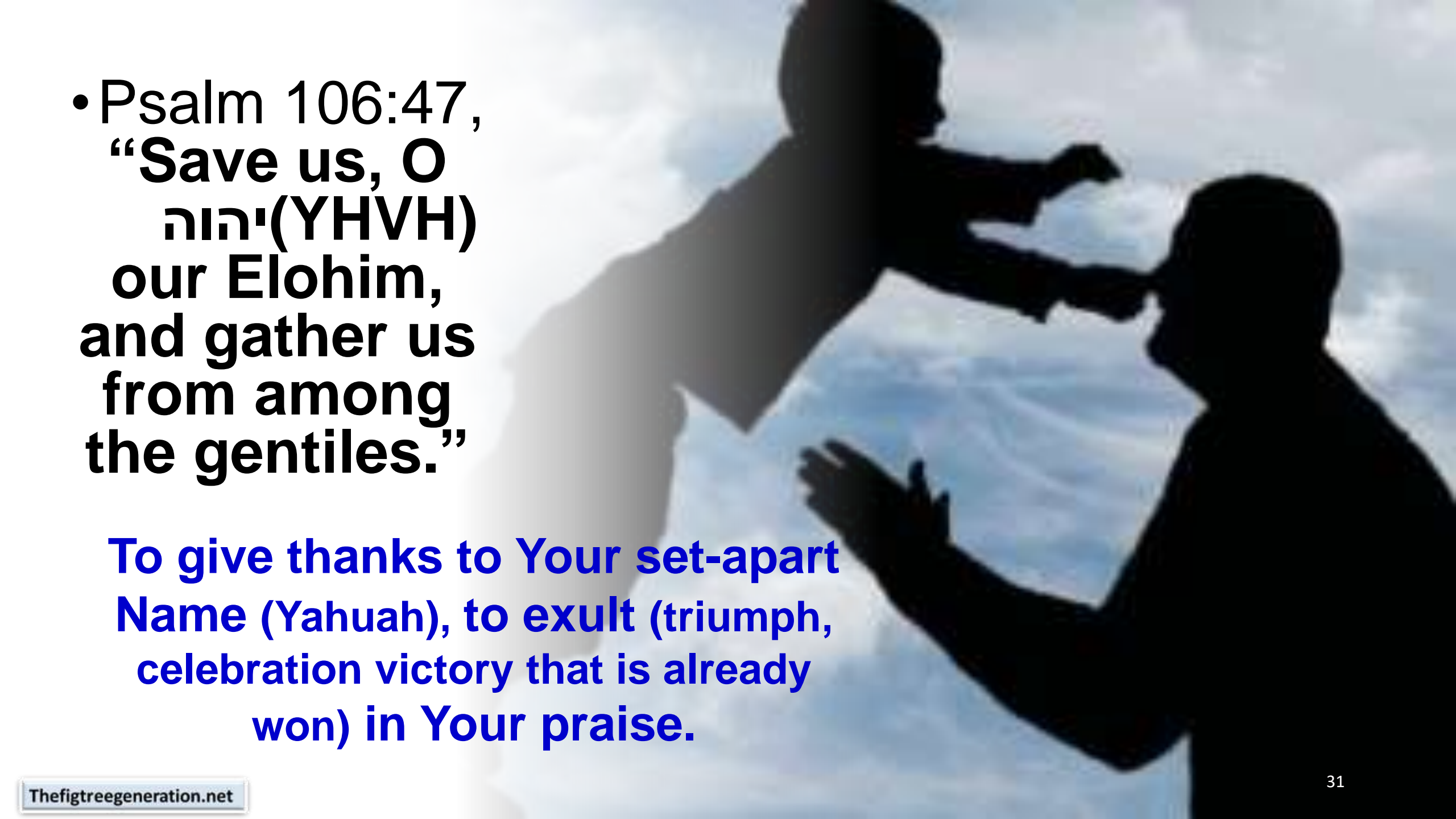
• **The key** is to praise Him. **No praise, no access.** It is the only way to the immediate presence of Yahuah.



Q15, What does Psalm 22:3 tell us?

Psalm 22:3, **“Yet You are set-apart, Enthroned (sit on) the praises of Yisra’ĕl.”**

When we praise Yahuah, we are building a throne for Yahuah to come and take His place amongst us.

The background of the slide features a soft-focus image of a man and a child. The man is on the right, and the child is on the left, both shown in silhouette against a bright, cloudy sky. The man's arms are raised, and the child is reaching towards him, suggesting a moment of prayer or praise.

• Psalm 106:47,
“Save us, O
יהוה (YHVH)
our Elohim,
and gather us
from among
the gentiles.”

To give thanks to Your set-apart
Name (Yahuah), to exult (triumph,
celebration victory that is already
won) in Your praise.

A silhouette of a person with their arms raised in a gesture of praise or victory, set against a vibrant sunset sky with orange and yellow clouds. The word "VICTORY" is written in large, white, distressed capital letters across the top right of the image.

VICTORY

- I repeat, our praise should be [measureless](#) according to Yahuah's greatness. Both thanksgiving and praise have a great psychological affect and its easier to believe. He **is able** to do the impossible.

what are other
words for
measureless?



immeasurable, limitless,
boundless, illimitable,
unlimited, infinite, unbounded,
immense, endless, vast



 Thesaurus.plus



Q16, How do we overcome sin and temptation?

2 Corinthians 2:14, “But thanks be to Elohim who always leads us on, to overcome in Messiah, and manifests through us the fragrance of His knowledge in every place.”

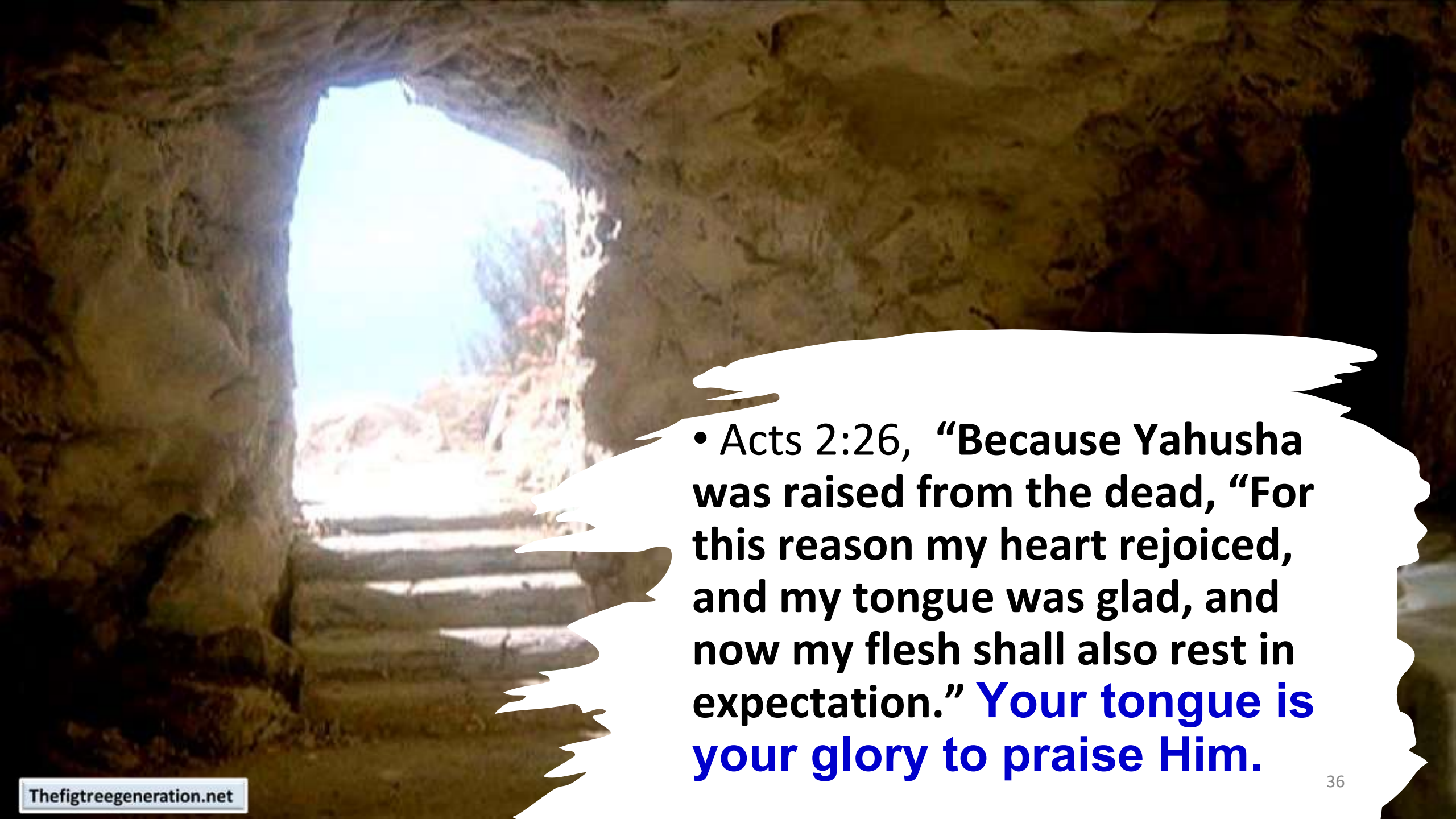


Q17, How do we get rid of sadness and depression?

Psalms 30:11,12, “You have turned my mourning into dancing for me; You have torn off my sackcloth and girded me with gladness, so that esteem might praise You and not be silent. O יהוה (YHVH) my Elohim, I thank You forever.”

When Yahuah delivers us from our mourning that our glory give praise to Him.

Psalm 16:9 “Therefore my heart was glad, and my esteem rejoices; My flesh also dwells in safety.”



- Acts 2:26, “Because Yahusha was raised from the dead, “For this reason my heart rejoiced, and my tongue was glad, and now my flesh shall also rest in expectation.” **Your tongue is your glory to praise Him.**



- Isaiah 61:2,3, “to comfort all who mourn and provide for those who grieve in Zion, to bestow on them a crown of beauty instead of ashes, the oil of joy instead of mourning and a garment of praise instead of a spirit of despair. (depression, sadness). And they shall be called trees of righteousness, a planting of יהוה (YHVH), to be adorned.”

- Depression leaves when we are thankful and **when we continually praise Yahuah.**

- “For praise from the upright is beautiful.” Psalm 33:1



Q 18, What does Jeremiah 33:11 say?

Jeremiah 33:11, “the voice of joy and the voice of gladness, the voice of the bridegroom and the voice of the bride, the voice of those who are saying, “Praise יהוה (YHVH) of hosts, for יהוה (YHVH) is good, for His kindness is forever,” of those who are bringing the offering (sacrifice) of praise into the House of יהוה (YHVH). For I shall turn back the captivity of the land, as at the first,’ declares יהוה (YHVH).”

Do not let your feelings dictate to you.



Q19, What does it mean to give a sacrifice of praise (Hebrews 13:15)?

Hebrews 13:15 says, "Through Yahusha, therefore, let us continually offer to Yahuah a sacrifice of praise, the fruit of lips **that openly profess His name.** (People cannot profess His name, if they don't know His name, therefore it must be emphasized over and over, what the Creator's name is, so people will know the Father's name and can **praise that Name**). I am trying to do that in my presentations. We are told in Revelation 14:1, the 144,000 **will have the Father's name written in their foreheads.**

To emphasize means to make something very important, or if you want to stress a point, to give extra weight to an issue, like when you were little, and your parents would always emphasize the importance of looking both ways before crossing the street. They told you again and again and again. And again. For believers, there is nothing more important to know the name of our Creator and Life-giver, so we can call upon HIS NAME. Paul states in 1 Corinthians 8:5 “**there are gods many and lords many!**” In order to know to whom we pray and call upon we need **the name**, not to a title that applies to many false gods or idols. Isaiah 52:6 says plainly “**My people shall know my name!**” So much for the name!

The Sacrifice of PRAISE

- **Coming back to the sacrifice of praise. The terms sacrifice and praise might seem to be opposites. We think of sacrifice as offering something at great cost to ourselves.**

There are those times when Yahuah did not come through the way we thought He would. The medical test comes back positive. The spouse wants a divorce. A child is rebellious. The mortgage company calls in the loan. Yahuah seems very far away, and praise is the last thing to bubble up from our hearts. We can't see His goodness, and circumstances scream that He has forgotten us.

To praise Yahuah in those times, requires personal sacrifice. When we bring a "sacrifice of praise," we choose to believe that, even though life is not going as we think it should, Yahuah is still good and can be trusted. (Nahum 1:7) says **“יהוה (YHVH) is good, as a stronghold in the day of distress. And He knows those who take refuge in Him.”**



Q20, What happens when we choose to praise Yahuah despite the storms that we are struggling with and facing?

Yahuah is honored, and our faith grows deeper (Malachi 3:13-17). Yahuah has a special promise for us, **“Then shall those who fear יהוה (YHVH) speak to one another, and יהוה (YHVH) listen and hear, and a book of remembrance be written before Him, of those who fear יהוה (YHVH) and those who think upon His Name. And they shall be Mine, said יהוה (YHVH) of hosts, on the day that I prepare a treasured possession. And I shall spare them as a man spares his own son who serves him.”**



Q21, What does Job13:15 tell us about Job's attitude when everything went wrong in his life?

Job did not lose faith in Yahuah and was even prepared to die. He said **“Though, He does slay me, I wait! But I show my ways to be right before Him.”**

Job endured terrible suffering lost his entire family, friends and possessions, yet not once was he angry with Yahuah he endured suffering and still trusted in Yahuah.



Q22, How is love for Yahuah connected to praising Him even when everything is going wrong in our lives and it seems like Yahuah has turned His back on us?

Our praise to Yahuah is not to be based on our opinion of His answering our prayers the way we want. Praise cannot be treated as a "reward" we give Yahuah for His obvious blessings. Isaiah 29:13 says, **"These people come near to me with their mouth and honor me with their lips, but their hearts are far from me."** **Real praise continues regardless of circumstances.** It flows continually from a worshiping heart in good times and bad. (Acts 16:23-25). **When we praise Yahuah, we take the focus off ourselves and self pity.**



Q23, Can we praise Yahuah if we are not humble?

The answer is **NO**. The "sacrifice of praise" comes from a humble heart that has been purified by fire. (meaning through trials and tribulations.) It rises from a spirit that has chosen to honor Yahuah in spite of the pain that life is causing. Psalm 51:16-17 expresses this idea when it says, "**You do not delight in sacrifice, or I would bring it; you do not take pleasure in burnt offerings. My sacrifice, O Yahuah, is a broken spirit; a broken and contrite (repentant) heart you, Yahuah, will not despise.**"



Q24, Why does Hebrews 13:15,16 speak about a slaughter offering?

Through Him then, let us continually offer up a slaughter offering of praise to Elohim, that is, the fruit of our lips, giving thanks to His Name. We no longer do animal sacrifices, but we become the sacrifice when we are suffering and still choose to praise Yahuah even to the point of death. Hebrews 13:16, **“And do not forget to do good and to share, for with such slaughter offerings Elohim is well pleased.”** Never stop praising and thanksgiving. When everything in the situation seems to be against us this is when we need to praise and thank Yahuah even more.



Q25, What is the best spiritual weapon to defeat Satan?

Praising Yahuah is the best spiritual weapon we have to defeat Satan and bring us closer to Yahuah even in our suffering. **Praising Yahuah gives us the strength to go on and have hope that Yahuah will help us.**

Psalm 8:2, **“Out of the mouth of babes and infants You have founded strength, Because of Your adversaries, To put an end to enemy and avenger.”** Yahuah has enemies especially Satan.

There is a way to silence Satan. **Yahuah imposes silence on Satan when we praise Yahuah.** Satan is the accuser.

Matthew 21:15,16 (quoted from Psalm 8:2), “**But when the chief priests and scribes saw the wonders which He did, and the children crying out in the Set-apart Place and saying, Hoshiana to the Son of Dawid!**” They were greatly displeased, and said to Him, Do You hear what these say?” And יְהוֹשֻׁעַ (Yahusha) said to them, Yea, have you never read, ‘Out of the mouth of babes and nurslings You have perfected praise?’”

The strength of Yahuah’s people is praise.



**PRAISE PREPARES THE WAY FOR
Yahuah'S SUPERNATURAL
INTERVENTION**



“Whoever offers praise esteems Me; And to him who prepares a way, I show the deliverance of Elohim.”



Q26, What did King Yehosophat do when they were surrounded by their enemies in battle?

2 Chronicles 20:18,21-22, “And Yehoshaphat bowed his head with his face to the ground, and all Yehudāh and the inhabitants of Yerushalayim fell down before יהוה (YHVH) bow themselves before יהוה (YHVH) 21 And after consulting with the people, he appointed those who should sing to יהוה (YHVH) and who should praise the splendor of set-apartness, as they went out before the army and were saying, “Give thanks to יהוה (YHVH) for His kindness is everlasting. 22 And when they began singing and praising, יהוה (YHVH) set ambushes against the children of Ammon, Mo’ab, and Mount Sē’ir, who had come against Yehudāh, and they were smitten.” (defeated).

- Through the weapon of praise, their enemies turned against each other and killed one another. **This is how praising Yahuah really is.**





Q27, What happened to Jonah when he was in the belly of a fish?

Jonah 2:2 And he said, “I called to יהוה (YHVH) because of my distress, and He answered me. From the stomach of the grave I cried, and You heard my voice. He goes on praying for 7 verses and nothing happens but when Jonah praised Yahuah in verse 9 But I offer to You with the voice of thanksgiving, I pay what I have vowed. Deliverance is of יהוה (YHVH) v10 **Then יהוה (YHVH) spoke to the fish, and it vomited Yonah on the dry land.”**



Q28, What happened to Paul and Silas when they were in jail?

In the book of Acts, Paul and Silas were put into jail with chains because they cast out the demon of the fortune telling woman. And at midnight Paul and Silas **were praying and singing** songs to Elohim, and the prisoners were listening to them. **V26, “And suddenly a great earthquake took place, so that the foundations of the prison were shaken, and immediately all the doors were opened, and all the chains came loose.” Praise caused a supernatural earthquake that released them out of prison. Praising Yahuah always brings deliverance.**



Q29, How often should we praise Yahuah?

We should praise Yahuah **continually** throughout the day, all day and every day.

“IT is a good thing to give thanks unto Yahuah, and to sing praises unto your name, O El Elyon: 2 To show forth your lovingkindness in the morning, and your faithfulness every night.” Psalm 92:1-2 (Cepher)



Q30, How do we sincerely praise Yahuah?

With our **whole heart, with expectation, with lifted hands.** Worship involves our bodies as well as our hearts and minds. Our posture tells a story. It makes a statement to Yahuah and to others about the state of our souls and the affections and passions of our heart. We lift our hands when we pray and praise because it shows that we are not ashamed to praise our Creator. Notice at sports stadiums, pop star concerts how the people praise and worship their idols with lifted hands, jumping, shouting and dancing. So why are we so ashamed to give Yahuah all our praise and not be afraid what people think of us?



Q31, Where can we find some verses to memorize on praising Yahuah?

“So, I will bless you as long as I live; in your name I will lift up my hands.” (Psalm 63:4).

“To you, O Yahuah, I call; my Rock, be not deaf to me, lest, if you be silent to me, I become like those who go down to the pit. Hear the voice of my pleas for mercy, when I cry to you for help, when I lift up my hands toward your most set-apart sanctuary.” (Psalm 28:1).

“Every day I call upon you, O Yahuah; I spread out my hands to you” (Psalm 88:9).

“I desire then that in every place the men should pray, **lifting righteous hands without anger or quarreling” (1 Timothy 2:8).**

“I love You, O יהוה (YHVH) My strength. יהוה (YHVH) is my rock and my stronghold and my deliverer; My Ėl is my rock, I take refuge in Him; My shield and the horn of my deliverance, my high tower. I call upon יהוה (YHVH) the One to be praised, And I am saved from my enemies. The cords of the grave were all around me; The snares of death were before me. In my distress I called upon יהוה (YHVH) And to my Elohim I cried; He heard my voice from His Hěkal (heaven), And my cry went before Him, into His ears.” Psalm 18:1 to 6.

”Great is יהוה (YHVH) and greatly to be praised. In the city of our Elohim, His set-apart mountain.” Psalm 148:1

- When we lift our hands to Yahuah in petition, prayer or praise, we are showing Him honor and reaching out to connect with Him.”

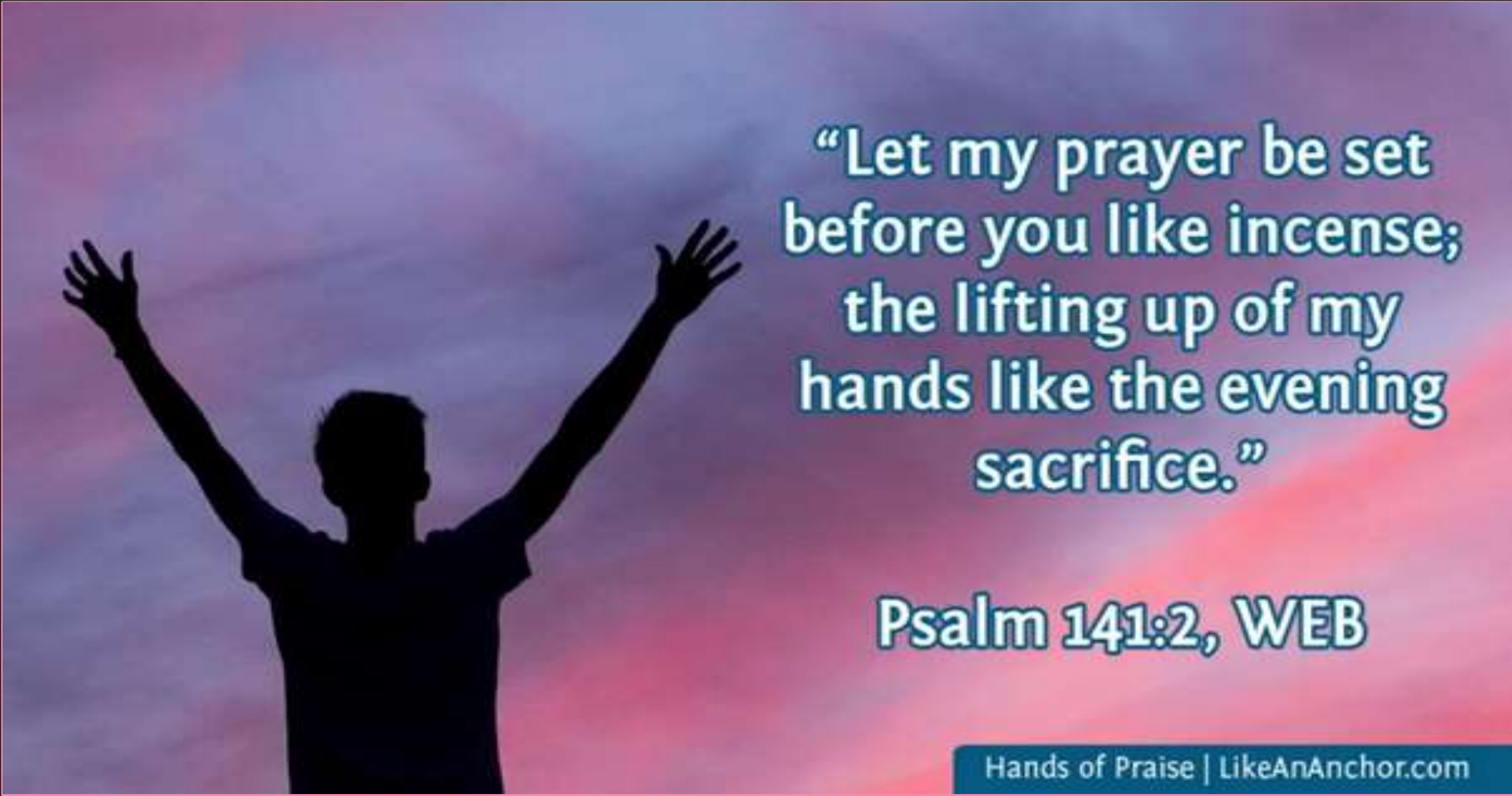
“Therefore, I want the men in every place to pray, lifting up hands that are set-apart, without wrath and dissension (arguments).” 1 Timothy 2:8.



**“So, it came about
when Moses held
his hand up, that
Israel prevailed,
and when he let his
hand down,
Amalek prevailed.”**

Exodus 17:11.



A silhouette of a person with their arms raised in a gesture of praise or prayer, set against a vibrant sunset sky with shades of purple, pink, and orange. The person is positioned on the left side of the frame, facing right.

**“Let my prayer be set
before you like incense;
the lifting up of my
hands like the evening
sacrifice.”**

Psalm 141:2, WEB

Hands of Praise | LikeAnAnchor.com

UPPER PART
OF THE BODY
STRETCHING
OUT OF THE
HANDS PALMS
UPWARDS

- **“Then Solomon stood before the altar of Yahuah in the presence of all the assembly of Israel and **spread out his hands toward heaven.**” 1 Kings 8:22.**
- **“So, I will bless You as long as I live; **I will lift up my hands in Your name**” Psalm 63:4.**
- **“May my prayer be counted as incense before You; **The lifting up of my hands** as the evening offering.” Psalm 14:2.**



Q32, Should we be holding hands, or clasping our hands when we worship and pray to Yahuah? GOOD QUESTION!



THE ANSWER IS **NO!** THE CLASPING OF THE PRAYER HANDS ARE FROM SUN WORSHIP, PAGANISM AND NOT FROM HOLY SCRIPTURE! NOWHERE IN THE ENTIRE BIBLE DOES IT EVER MENTION ANYONE CLOSING THEIR EYES, BOWING THEIR HEADS, CLASPING THEIR HANDS TO PRAY, SO WHERE DID WE GET THE IDEA THAT WE AS TRUE BELIEVERS SHOULD CLASP OUR HANDS. **WE ARE TO OPEN OUR EYES AND LOOK TO HEAVEN WHERE OUR HELP COMES FROM.**

WE DO NOT FIND HELP LOOKING DOWNWARDS TOWARDS THE PIT. THE MAJOR PAGAN RELIGIONS, CLASP THEIR HANDS. SOME JEWS CLASP THEIR HANDS IN PRAYER WHICH IS NOT FOUND IN THE TORAH, THEY HAVE LEARNED THIS FROM THE BABYLONIANS **WHILE THEY WERE IN CAPTIVITY DURING THE TIME OF DANIEL.** MUSLIMS AND HINDUS ALL CLASP THEIR HANDS, CLOSE THEIR EYES AND LOOK DOWN. NOWHERE IN SCRIPTURE ARE WE TOLD TO DO THIS, AND YAHUAH IS NOT PLEASED WHEN WE CONTINUE TO DO THIS. **NOW THAT WE KNOW THE TRUTH. WE ARE NOT TO COPY THE WAY OF THE PAGANS.** (WORSHIPPER OF IDOLS).

I found only two Scriptures regarding “joining hands,” but they were not associated with prayer but with judgment of their evil soon to come. They were:

Proverbs 11:21, “Though hand join in hand, the wicked shall not be unpunished: but the seed of the righteous shall be delivered.”

Proverbs 16:5, “Every one that is proud in heart is an abomination to Yahuah: though hand join in hand, he shall not be unpunished.”

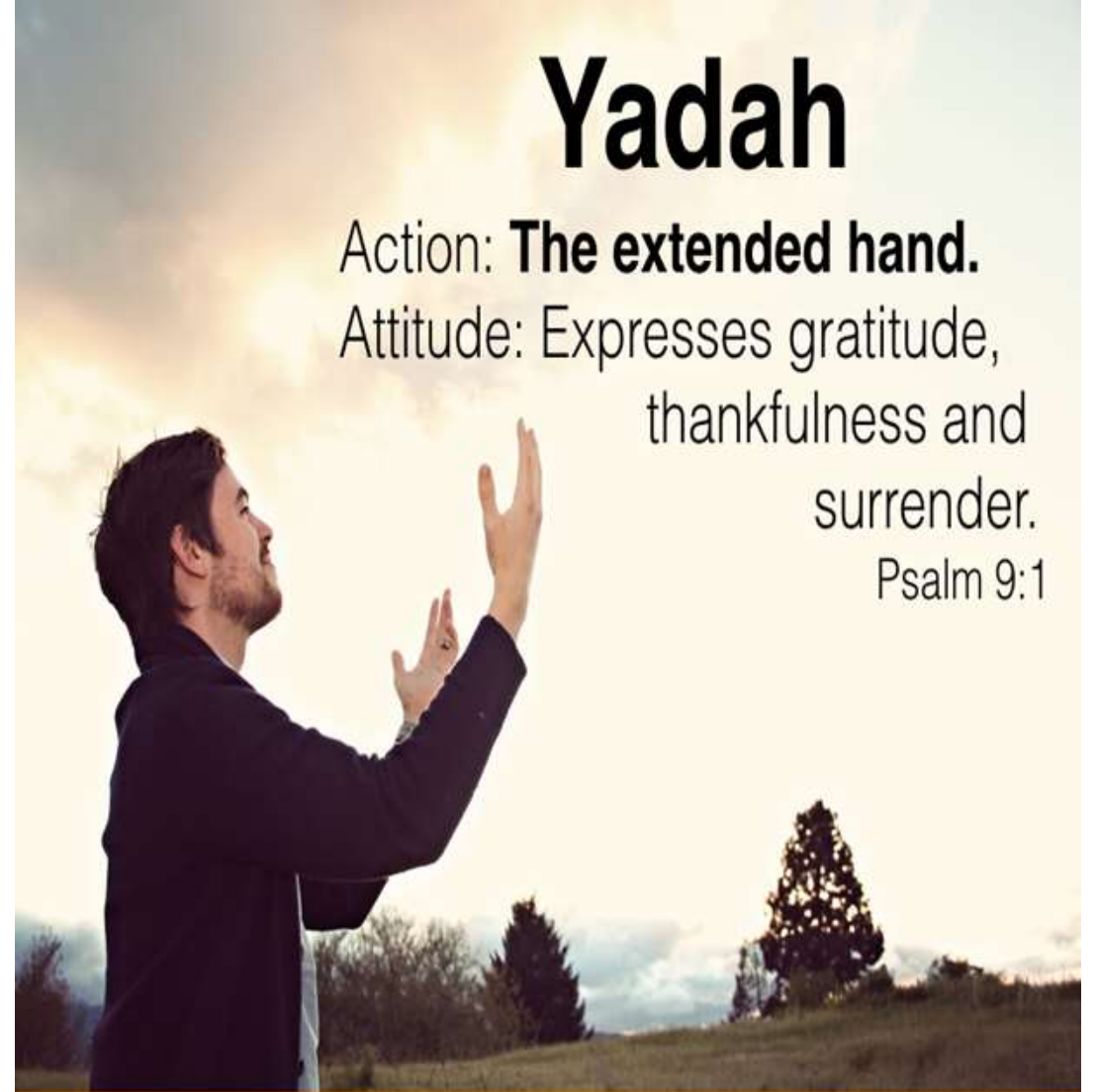


Yadah

Action: **The extended hand.**

Attitude: Expresses gratitude,
thankfulness and
surrender.

Psalm 9:1



HEBREW WORDS FOR PRAISE & WORSHIP

6

KNEELING DOWN

Is a very distinctive attitude of worship.

- Psalm 95:6, “Come, let us worship and bow down, **Let us kneel before “Yahuah our Maker.”**

2 Chronicles 7:3, “All the sons of Israel, seeing the fire come down and the glory of Yahuah upon the house, **bowed down on the pavement with their faces to the ground**, and they worshiped and gave praise to Yahuah, saying, “Truly He is good, truly His lovingkindness is everlasting.”

Isaiah 45:23, “I have sworn by Myself, the word has gone forth from My mouth in righteousness and will not turn back, that to Me, **every knee will bow**, every tongue will confess that Yahusha is the Messiah.”

Exodus 33:10, “When all the people saw the pillar of cloud standing at the doorway of the tent, all of them would get up and **prostrate themselves in worship**, each one at the doorway of his tent.”



PRAYER is **MUCH MORE** than just a quick prayer in the morning, or night - or at meals - or when we need a breakthrough, or miracle!

It's a **LIFESTYLE**
of **CONSTANT**
FELLOWSHIP
with The **FATHER**
through His **SON**
by their **SPIRIT**

Matt 26:41

“**[Watch]** and **[pray]**, lest you enter into trial. The spirit indeed is eager, but the flesh is weak.”



**WORSHIP IS
ALSO FALLING
PROSTRATE
ON YOUR FACE**



Deuteronomy 9:18, “Moses fasted to intercede for the people after they worshipped the golden calf and Yahuah wanted to kill them. **“And then I lay prostrate (before) Yahuah,** as earlier, forty days and forty nights; I did not eat food and I did not drink water because of all your sins that you committed, by doing evil in the eyes of Yahuah and so, provoking him.”



Revelation 7:11, “And all the angels were standing around the throne and the twenty-four elders and the four living creatures; and **they fell to their faces** before the throne and worshiped Yahuah”

This is the ultimate act of worship. We acknowledge to Yahuah that we are totally dependent on Him. We have no strength, we have no wisdom, we have no knowledge or power, unless it comes from Yahuah.



HEAVENLY WORSHIP!

When we acknowledge our sinfulness and utter dependance on Yahuah to help us overcome our rebellious nature and surrender our life to Him totally, things begin to change in your life and you will grow intimately closer to Yahuah. Isaiah 6:5, **“Woe to me, for I am undone! Because I am a man of unclean lips, and I dwell in the midst of a people of unclean lips – for my eyes have seen the Sovereign, יהוה (YHVH) of hosts.”**

Worship should never be about spiritual self-indulgence (never about focus on self or focus on your problems) it is useless. When we praise and worship Yahuah and focus on His greatness and loving kindness miracles happen. Daily, we are to meditate and study the Scriptures using praise, thankfulness and worship as our main part before we even begin to ask Yahuah for our prayer requests. An intimate relationship with Yahuah requires daily time set aside just for Him.



■ The more you spend your time in His Word, the more you get to know Him and the more you begin to love Him and so you become thankful and joyful, knowing that Yahuah is faithful and able to save and protect you even in the most difficult times. if we obey His Torah which brings blessings in our lives.

One more important point to consider:
The Hebrew of the Old Testament reveals to us that the Scriptural Hebrew word (which means so be it, or verily or surely) is **“Amein”**,
NOT Amen!



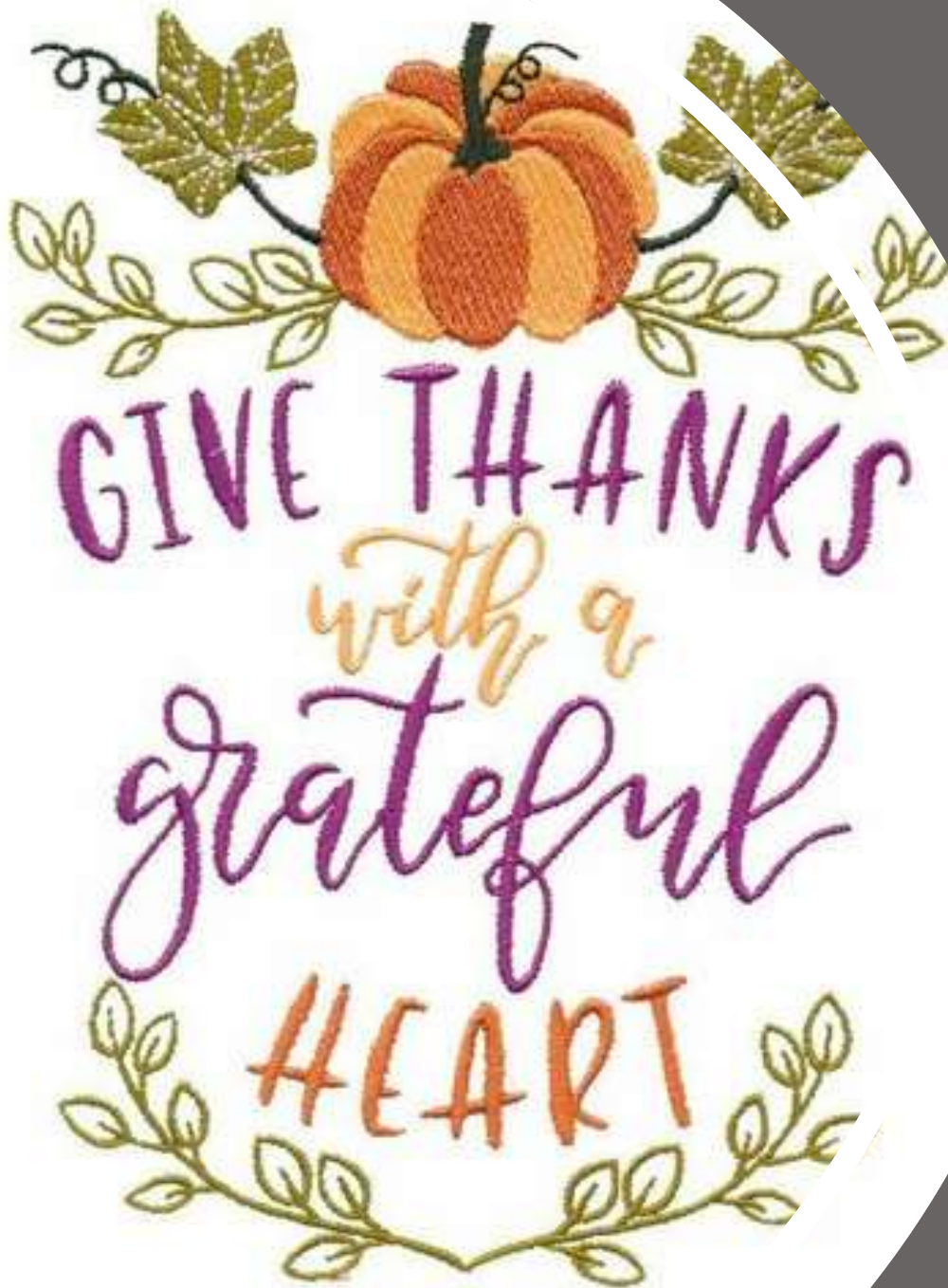
“AMEN”

The Egyptian
Creator god.

Meaning -
“the hidden”

Smith's Bible Dictionary expresses AMEN as, “an Egyptian divinity ... He was worshipped ... as “**Amen-Ra, or ‘Amen the Sun.’**” *Herodotos* recorded for us how the Greeks identified their Zeus with Amen-Ra. Our Savior Yahusha calls himself “**the AMEIN**” in Revelation 3:14. Substituting a title or name of our Savior with the name of the great hidden Sky-deity or the great Sun-deity of the Egyptians, Amen, is inconceivable! The difference is subtle, but it is there. By ending our prayers with “Amen” instead of “AMEIN”, one could very well ask: **Have we been misled to invoke the name of the Egyptian Sun-deity at the end of our prayers?**

From the Book “Come out of Her My People” by C.J.Koster



■ **“It is good to give thanks to YHVH and to sing praises to Your Name, O Most High.”**
Psalm 92:1

שָׁלוֹם

Shalom



**The ultimate provider is
Yahusha Ha Mashiach**
**This message was created by
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The importance of Thanksgiving, Praise and Worship to Yahuah!

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