



**Which
Nature
Do you
Feed?**



Just for clarification, before I continue: In my studies I use YHVH (Yod, Yay, Vav, Hay in Hebrew, which I pronounce as YaHUaH) instead of LORD, which is a title - not a name. I also use Yahusha instead of Jesus, which is not a translation but a transliteration. The name Jesus really has no meaning, in Hebrew nor in English! YHVH and Yahusha are the actual original Hebrew names that speak of our Savior's true nature and character. For that reason, I prefer to use their Hebrew names.



**Which
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Most people probably don't realize or know that according to the Bible man has two natures, the old man, and the new man. A lost person, an unbeliever, has only the old nature through his or her physical birth. The moment that individual is being born again through water and the Spirit (John 3:5), he becomes a new creation and has a new nature besides the old nature (II Peter 1:4).

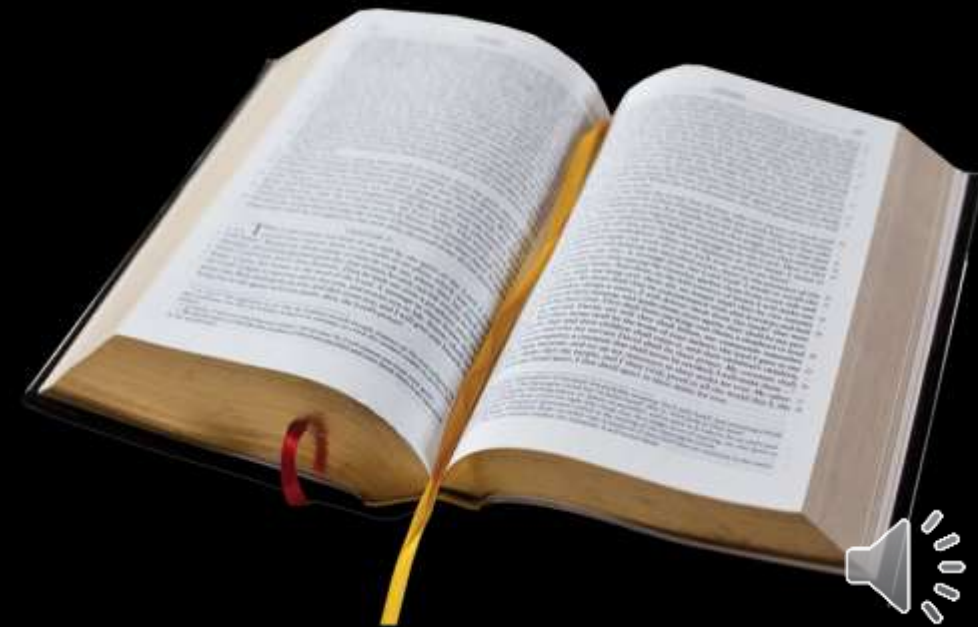
The old nature, controlled by his former way of life, is still there and alive, it doesn't cease to exist, when one is born again.



What does that mean? That means, there always will be through your entire earthly life a continual, sometimes a very aggressive conflict between those two natures, as they have completely different desires, goals and interests.



Therefore Paul states in Galatians 5:17 “... the flesh lusteth against the Spirit, and the Spirit against the flesh: and these are contrary the one to the other: so that ye cannot do the things that ye would.” KJV



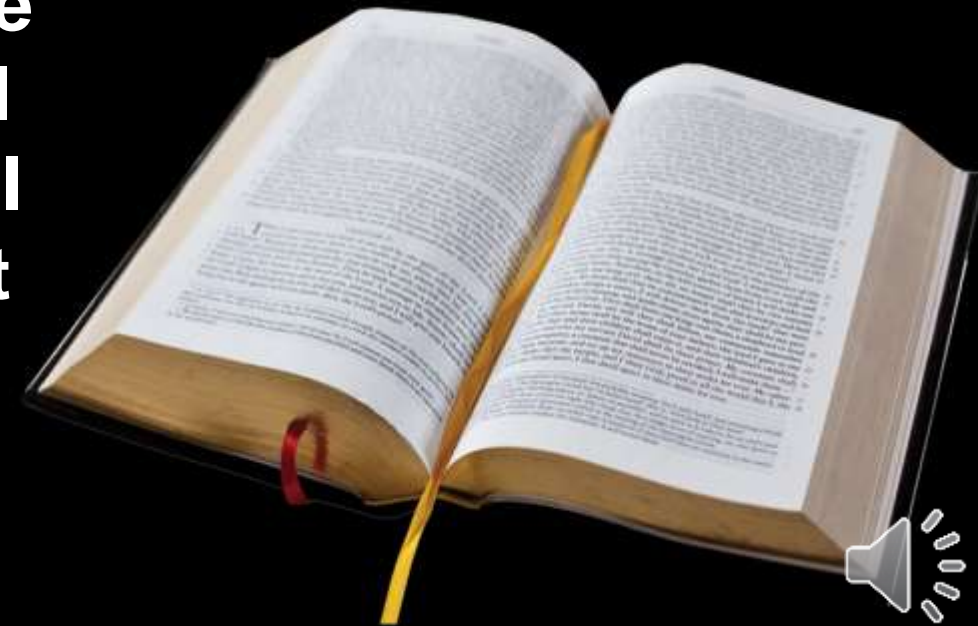
The New Nature is called: The Spirit, the inward man and the new man.

The Old Nature is called: The flesh, the outward man, the old man.



In Romans 7:18-25 Paul talks about the battle that rages between the two opposite natures, within every believer in Yahusha:

“For I know that in me (that is, in my flesh,) dwelleth no good thing: for to will is present with me; but how to perform that which is good I find not. 19 For the good that I would I do not: but the evil which I would not, that I do. 20 Now if I do that I would not, it is no more I that do it, but sin that dwelleth in me. ...



21 I find then a law, that, when I would do good, evil is present with me. 22 **For I delight in the law of God after the inward man:** 23 **But I see another law in my members, warring against the law of my mind, and bringing me into captivity to the law of sin which is in my members.** 24 O wretched man that I am! Who shall deliver me from the body of this death? 25 I thank God through Yahusha Ha Mashiach our Master. So then with the mind I myself serve the law of God; but with the flesh the law of sin.” KJV

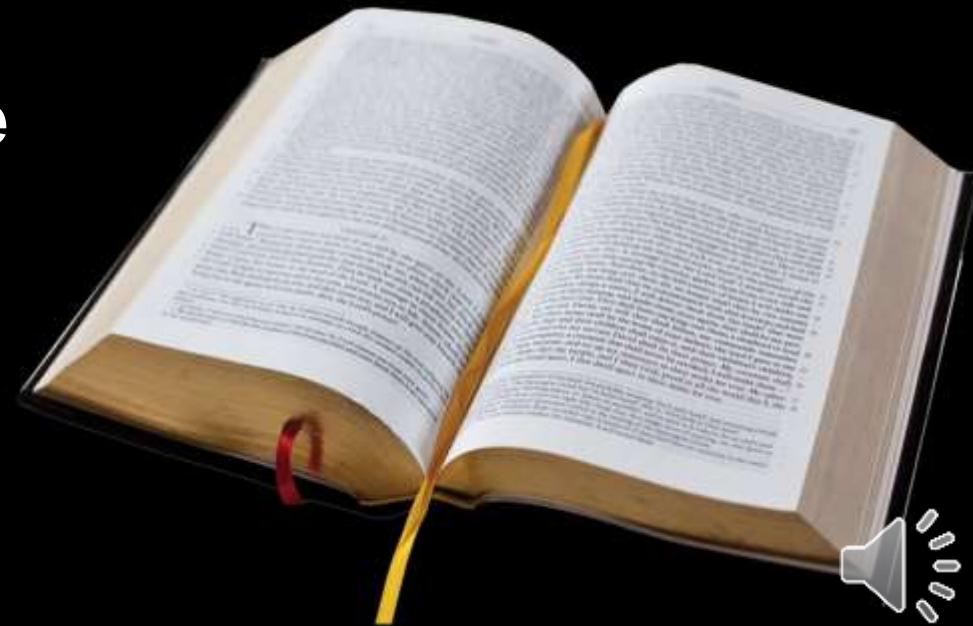


So we see that the believer, the individual that has been born again has the capacity for godliness, because the Spirit of Yahuah lives within him or her. He or she still has the capacity for sin as well, but they now have the ability through the power of Yahusha to resist sin and, more importantly, the desire to resist and to live godly.



When we accept Yahusha by public confession and baptism, the old man was crucified with Him, resulting in that the Believer is no longer being a slave to sin according to Romans 6:6-7:

“Knowing this, that our old man is crucified with him, that the body of sin might be destroyed, that henceforth we should not serve sin. 7 For he that is dead is freed from sin.” KJV



This is instantaneous and is called **justification**. This is the work of Yahuah in laying the glory of man in the dust and doing for man, which is not possible for him to do for himself.



At that time we have been
set free from sin and have
become slaves to
righteousness according to
Romans 6:18 **“Being then
made free from sin, ye
became the servants of
righteousness.”** KJV



This is called **sanctification**, which is the process by which Yahuah develops our new nature, enabling us to grow into holiness through time. This is a continuous process with victories and defeats as the new nature battles with the old nature, the sinful flesh.



One author puts it this way, **“Sanctification is to give oneself wholly and without reserve, soul body and spirit – to Yahuah; to deal justly, to love mercy, and to walk humbly with Elohim; to know and to do the will of Yahuah without regard to self or self-interest; to be heavenly-minded, pure, unselfish, and holy and without spot or stain.”**



**After we have been
justified by the blood of
the lamb, perfect
conformity to His will, will
be the high aim that is
constantly before us.**



Now the question is, which nature do you, do I feed mostly? Do you feed the carnal or the spiritual nature? The goal for a believer is to feed the spiritual nature and to starve the carnal nature!

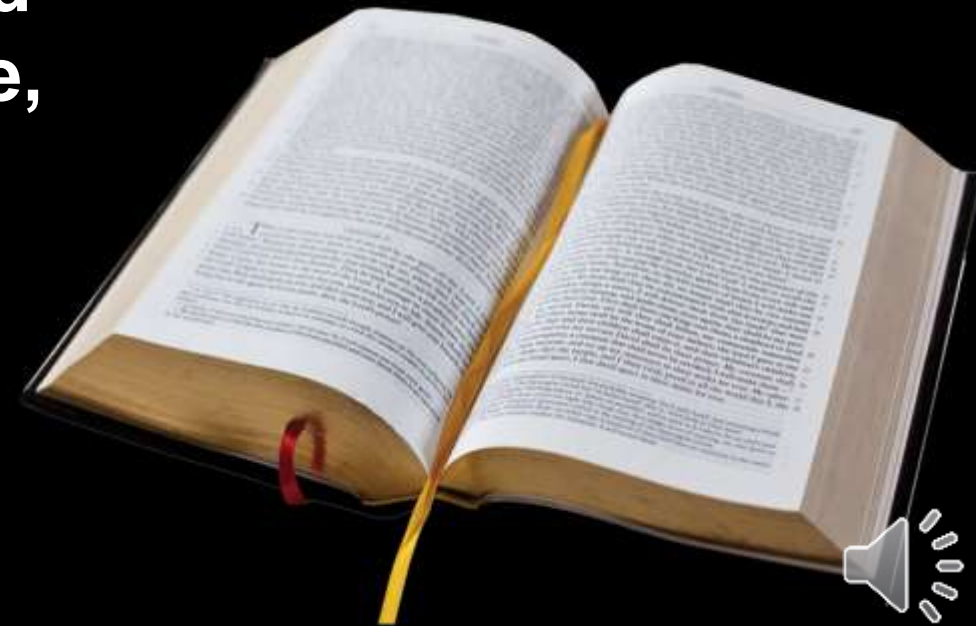


We have the choice,
we can choose, whom
we serve! The works of
the flesh, the desires
of the carnal man, are
obvious as we read in
Galatians 5:19-21:



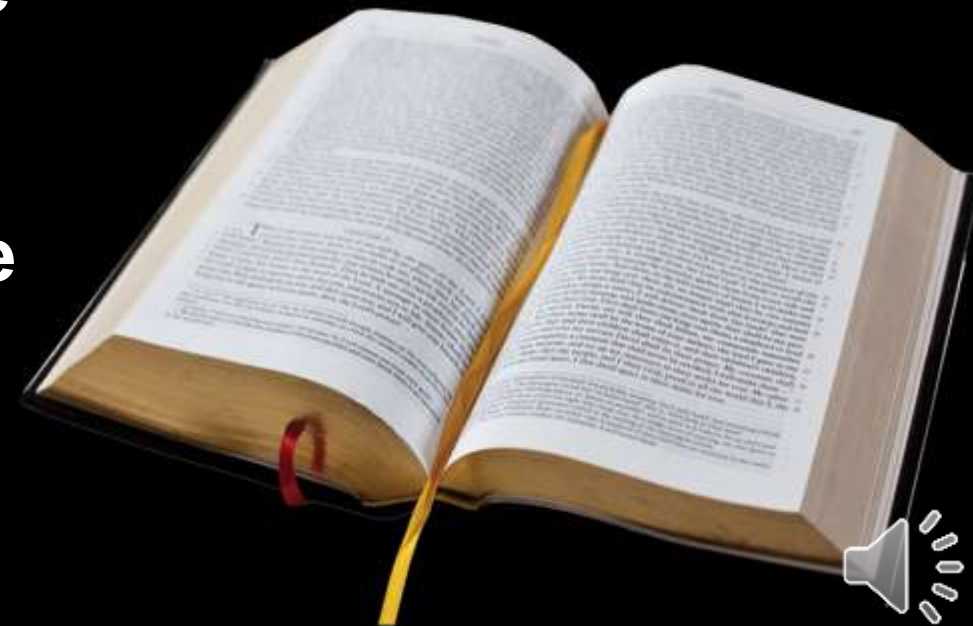
“Now the works of the flesh are manifest, which are [these]; Adultery, fornication, uncleanness, lasciviousness, 20 Idolatry, witchcraft, hatred, variance, emulations, wrath, strife, seditions, heresies, 21 Envyings, murders, drunkenness, revellings, and such like: of the which I tell you before, as I have also told [you] in time past, that they which do such things shall not inherit the kingdom of Yahuah.”

KJV



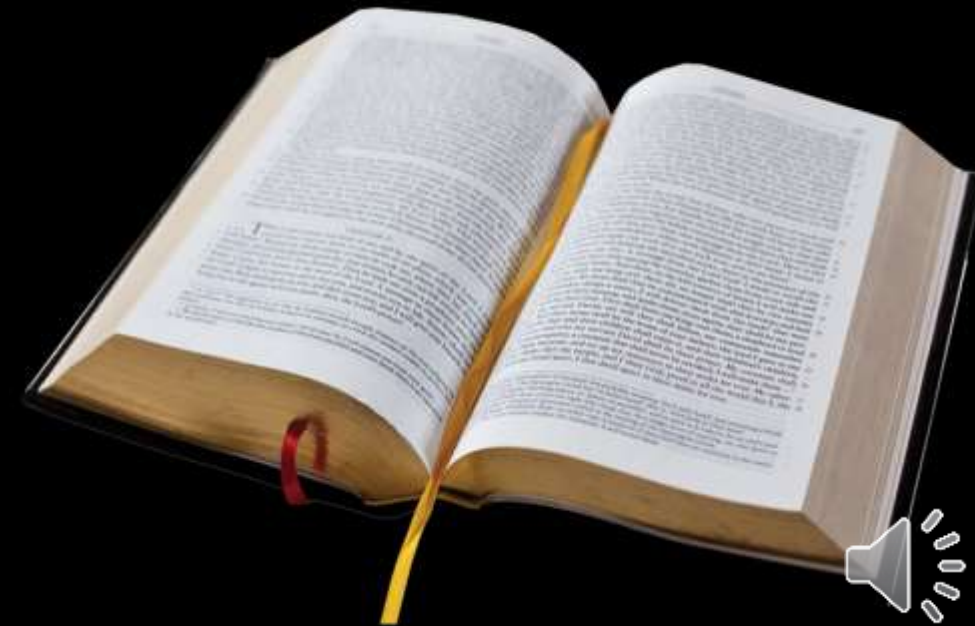
Then Romans 8:5 “For they that are after the flesh do mind the things of the flesh; but they that are after the Spirit the things of the Spirit.” KJV

The Easy to Read Version expresses it even plainer in modern English “People who live following their sinful selves think only about what they want. But those who live following the Spirit are thinking about what the Spirit wants them to do.”



Paul wrote in Romans 8:6-8 that "... **to be carnally minded is death**; ... 7 **Because the carnal mind is enmity against Elohim (GOD): for it is not subject to the law** (G3551 = Nomos = Torah) **of Elohim, neither indeed can be. 8 So then they that are in the flesh cannot please Elohim.**" KJV

After all YHVH is the life-giver and sustainer, without Him there is NO life.



“...the fruit of the Spirit is love, joy, peace, longsuffering, gentleness, goodness, faith, 23 Meekness, temperance: against such there is no law. 24 And they that are Messiah’s have crucified the flesh with the affections and lusts.” KJV

People who live according to the Spirit of Yahuah, people that are spiritually minded, reveal the fruit of the spirit, which we find listed in Galatians 5:22-24:



**The good news
is in Romans 8:6b
“... to be spiritually
minded is life
and peace.”**



If we are spiritually minded and live in the spirit, we will, according to Galatians 5:25 “... **also walk in the Spirit.**” KJV



When we walk in the Spirit, we will naturally reveal its fruit as recorded in Galatians 5, because we are allowing the living Torah Yahusha to live out His life within us. Our hearts will be united with His heart, our wills will be merged in His will, our minds become one with His mind, our thoughts are brought into captivity to Him; we live His life.



Walking in the Spirit will directly and completely affect a great change in all areas of the life of the Believer. He will **not fulfill the lust or the desire of the flesh, he will not feed the carnal nature. The Contemporary English version brings that point across real well in Romans 13:14: “**Let the Master Yahusha Ha Mashiach be as near to you as the clothes you wear. Then you won't try to satisfy your selfish desires.**”**



It is to our personal advantage, who are true believers in the God of Abraham, Isaac and Jacob to continually "feed the Spirit and to starve the Flesh."

The question, which nature will be stronger?



That depends on which one you feed the most. If you are always feeding the sinful nature by exposing yourself to sinful actions, engaging in sin, only surround yourself with sinful influences like reading questionable books, watching questionable videos, and associate closely with unbelievers, may they be unbelieving family members, friends or co-workers, and neglect communicating with your life-giver, your sinful nature will grow strong and take over.



On the other hand, if you want to walk in the Spirit, surround yourself with spiritual books, especially with the Bible, watch wholesome and godly videos, have a close friendship with bible believing people, and focus on your Heavenly Father Yahuah, the Savior Yahusha and on your future heavenly home, your new spiritual nature will grow strong and take control of your mind and your life.



People who want to change their physical bodies must often change their physical diet to get the desired results. The same applies to our spiritual nature, if we want that nature to be growing, we have to change our spiritual diet. In the computer world it is being said: “Garbage in, garbage out.” Your mind is exactly like that – if you put garbage in, you’ll get garbage out.




We reap what we sow according to Galatians 6:7. You can put the Word of Yahuah into your mind and reap the blessings in this life and the world to come.



Make an effort to sow what you want to reap! Heed the advice given in Philippians 4:8 **“Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things.” KJV**





Yahusha said to His
disciples in John 14:27:
**“Peace I leave with you
– My peace I give to
you. I do not give to
you as the world gives.
Do not let your heart be
troubled, neither let it
be afraid.”**

The Scriptures

SHALOM



**Supreme Provider
Yahusha Ha
Mashiach**

**Prepared and recorded
By Walter Tschoepe**



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