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Date: _____
Name: _____ D.O.B: _____ Age: _____

Allergies and reaction: _____

Current medications/Vitamins/Supplements (with dose): _____

First day of Last Period: _____ Do you Perform Self Breast Exams? Yes, No, Sometimes

Current Method of Birth Control: _____

Previous Methods of Birth Control: _____

Age at first menses: _____ Days between Menses: _____ Regular?: Yes or No

Duration of menses: _____ Problems with Menses? _____

Year or age at Menopause: _____ History of HRT? _____

Date of Last pap: _____ Location: _____

Date of Last mammo: _____ Location: _____

Date of Last Bone Density: _____ Location: _____

Age at First Intercourse: _____ # Partners in a Lifetime: _____ Preference?: Men, Women, Both

History of Sexually Transmitted Diseases: _____

Pregnancies: Total: _____ Vaginal: _____ C-Section: _____ Abortion: _____

Miscarriage: _____ Ectopic: _____ Premature: _____ VBAC: _____ Living: _____

Pregnancy Complications: _____

List pregnancies in order of occurrence with outcome: (Please Complete only if *Under Age 50*)

History of Childhood Illness (i.e. Chickenpox, mumps, measles, asthma, etc): _____

History of Serious Accidents or Injury: _____

Do You Have a History of Abnormal Paps? _____

History of Gynecological Procedures (Colposcopy, LEEP, conization, etc.): _____

Past Medical Diagnosis' (i.e. Cancer, heart issue, diabetes, thyroid disorder, Bleeding disorder, etc..)

Surgical History (including wisdom teeth and tonsillectomy): _____

Any Anesthesia Complications: _____

Family Medical history (i.e. cancer, heart issue, diabetes, thyroid disease, kidney disease, GI disorder, bleeding disorder)

Mother: Living: Y or N _____

Father: Living: Y or N _____

Pat. G.mother Living: Y or N _____

Pat. G.father Living: Y or N _____

Mat. G.mother Living: Y or N _____

Mat. G.father Living: Y or N _____

Siblings: _____

Marital Status: _____ Highest Level of Education: _____

Live With?: _____ Current Employment: _____

Diet (circle one) Excellent, Good, Fair, Poor _____ Pets?: _____ History of Drug Use: _____

Caffeine #/Day: Soda: _____ Coffee: _____ Tea: _____ Energy Drinks: _____

Are you/Have You Ever Been a Smoker/Vaped? _____ Packs/Day _____ Years Smoked/Vaped _____

Alcohol? Never Daily Weekly Rarely