

# Cathy J. Berry, MD and Associates

## Instructions For Patients Having A Pelvic Sonogram

**LOCATION:** \_\_\_\_\_ 8280 Willett Parkway, Suite 201 \_\_\_\_\_ 101 Pine Street  
Baldwinsville, New York 13027 Syracuse, New York 13210  
Phone: (315) 638-0263 Phone: (315) 422-8105

**APPOINTMENT:** \_\_\_\_\_ **AT:** \_\_\_\_\_

Please plan to arrive a few minutes early. **Late arrivals are subject to a \$50 late fee.**

**DRESS:** A two piece outfit is preferred, such as a loose top with slacks or a skirt.

### IMPORTANT

Pelvic organs can be examined with more detail using the **ENDO VAGINAL TRANSDUCER**. The Sonogram is performed by our highly trained and ARDMS certified Sonographer. Before your exam, you will be asked to empty your bladder completely so you are more comfortable during the exam. Your Sonographer will explain the exam to you completely. The endovaginal exam does not hurt and takes only a few minutes. The endovaginal probe is covered with a non-lubricated latex condom and is soaked in an approved disinfectant solution after each exam. Please inform your Sonographer of any latex allergy.

Occasionally we have patients who will require imaging of the pelvis using the **TRANS ABDOMINAL TRANSDUCER**, due to certain circumstances. Your provider will instruct you if they request you have this type of Sonogram. This exam **REQUIRES A FULL BLADDER**. Please drink a minimum of (2) 12 oz. glasses of water one hour prior to your appointment time. Try and avoid emptying your bladder after drinking the water. You will have the opportunity to empty your bladder **AFTER** the Sonogram.

### **OTHER PERSONS PRESENT DURING THE SONOGRAM:**

We will allow one additional person, 16 and older, to be present in the sonography room during the Sonogram.

**NO CHILDREN** are allowed in the sonography room. Please note that small children will need to stay in the waiting room with a responsible adult while you are having your Sonogram. Please plan ahead or you may be asked to reschedule your appointment.

**SONOGRAM RESULTS:** The Sonographer will acquire all necessary images and generate a preliminary summary of your exam. A written report of the Sonogram for your electronic medical chart is generated after the images are reviewed with a physician. Official results will be communicated to you at your next appointment, which will typically fall on the same day as your Sonogram. If no follow-up appointment has been made, abnormal results will be called. You will not be notified of normal results.

**CELL PHONE USAGE AND TEXT MESSAGING IN THE SONOGRAPHY ROOM IS PROHIBITED. ALL CELL PHONES MUST BE SILENCED AND STORED.**