

# Cathy J. Berry, M.D.,P.C. & Associates

## Instructions For Patients Having An Obstetrical Sonogram

**LOCATION:** \_\_\_\_\_ 8280 Willett Parkway, Suite 201 \_\_\_\_\_ 101 Pine Street  
Baldwinsville, New York 13027 Syracuse, New York 13210  
Phone: (315) 638-0263 Phone: (315) 422-8105

**APPOINTMENT:** \_\_\_\_\_ **AT:** \_\_\_\_\_

Please plan to arrive a few minutes early.

**DRESS:** A two piece outfit is preferred, such as a loose top with slacks or a skirt. Your abdomen needs to be completely exposed for the examination.

### IMPORTANT

**A FULL BLADDER is necessary for a good Sonogram between 10 and 28 weeks.** Drink a minimum of two (2) 12 oz. glasses of clear liquid 1 hour prior to your appointment. Please try to avoid emptying your bladder after drinking this liquid. You will have the opportunity to empty your bladder **AFTER** your Sonogram.

#### **OTHER PERSONS PRESENT DURING THE SONOGRAM:**

We will allow two (2) other guests, 16 and over, to be present in the exam room during the Sonogram.

**Children are NOT allowed in the sonography room.** Please plan ahead if you have small children. If small children will be staying in the waiting room, they will need to be with a responsible adult while you are having your Sonogram.

Sonogram appointments run on-time. If you are more than 15 minutes late, you will be charged a \$50 fee and may have to be fit back into the Sonographer's schedule or be rescheduled based on current patient load.

**THE ULTRASOUND EXAM:** Please understand that your Sonogram is an important diagnostic medical test performed by highly trained and ARDMS certified Sonographers. During the exam, the Sonographer may point out features about you and your baby. Official results will be available only after review by a physician. The Sonographer will attempt to provide you with 1 or 2 pictures as a keepsake, however these pictures are dependant on fetal position and maternal size.

**This is a medical exam. Please note that camcorders, cameras, Smartphones, etc. are prohibited in the sonography exam room. Cell phone usage and texting on a cellphone is also prohibited. All cell phones must be silenced and stored away.**