

# White Label Wellbeing

From the team at



We provide exclusive meditation, mindfulness and wellbeing content for brands,

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Content might include:

- ★ Videos
- ★ Audio recordings
- ★ Written content
- ★ Social Media campaigns
- ★ PR opportunities

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Meditation Rocks



[@meditationrocksofficial](https://www.instagram.com/meditationrocksofficial)

The conversation around mental health and wellbeing has never been so topical in recent times. Founder of Meditation Rocks, Lucy Stone is an ex-BBC Radio Presenter and former PR Director, so she is used to providing high quality content as part of campaigns.