

Congratulations CHSNAF for a Successful Grand Reunion in San Diego California!

You want to be smart enough to understand the basic stuff that's important.

BUT...Are you so smart that you are bored by the basics?

Wealth Management and Retirement planning are important "Stuff" for smart individuals like you! Let's go back to the basics.

- Do you have to have the intellectual stimulation of a complex financial model, way beyond what it needed to be?
- Do you save for savings sake?
- Do you want the "oxygen of independence"?
- Many know the annual return on their investments. But are you missing out on the hidden returns?

Let's start a conversation and talk about all these basics and not so basic retirement and wealth management "stuff".

Roger J. Chang, CPFA, CRPS®
LPL Investment Advisor representative

Tel: 626 608 9989
Roger.Chang@LPL.com

LPL - A Fortune 400 company
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Roger Chang is a registered representative with, and securities and advisory services offered through LPL Financial, a registered investment advisor, Member FINRA/SIPC.

LITA SUAREZ CONSOLACION

Mukilteo, Washington— retired music school owner; church choir music director; private piano instructor; mother of 2

GS62 (CHS); HS66 (CHS); BM70 (CHS); MM74 (Roosevelt U Chicago); PhD Courses 76 (U of Michigan)

LINA SUAREZ UMALI

Houston, Texas — Actuary/ Owner of RTU Actuarial Consulting Firm ; Chairman of the Board of People Helping People ; mother of 2; Lola of 1

GS64 (CHS); HS68 (CHS); BSMath 72 (UP); MS Actuarial Math 76 (U of Michigan)

LISA SUAREZ

The Woodlands, Texas— Owner/ Executive Director for Sarah Care Adult Day Care Centers

GS70 (CHS); HS73 (UST); BSPre-Med 77 (UST); Doctor of Medicine 82 (FEU); Rehab Medicine 88 (Philippine Orthopedic Center)



We are the Suarez Sisters

We may have taken different paths in life, but we're proud of each other all the same.

We've seen the world, collected memories, and shared stories—and we couldn't be happier for one another.

Even though we've lived our own lives, one thing never changes: sisters just get each other. We know each other's hopes, cheer for each other's dreams, and laugh at each other's jokes (even the corny ones!).

Over the years, many friends have come and gone, but my sisters have always been there—and that makes them the best friends of all.

And as for dressing alike whenever we're together? Let's just say... some things never get old. Here's to more adventures, more laughs, and yes—more matching outfits!



Condratulations
To All
On the success
Of CHS Reunion
Oct 2025



HS68
Cookie



HS69
Penny

MARTINEZ
SISTERS



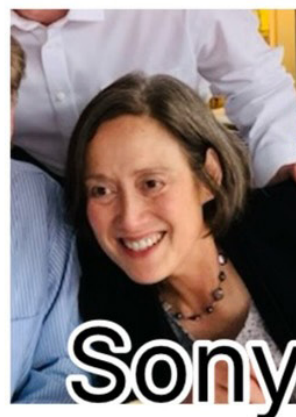
HS74
Edith Abreu
Cousin



Ludy



PINKY



Sony



HS 76
Menchu

They studied in CHS
But left n graduated
High School in USA

CHSNAF Grand Reunion_October 2025 – San Diego



CHS_HS67 Reunion_Feb2007



Circa1967 – Hair Style of the Day

GREETINGS from Adel Luzuriaga_CHS HS67



Greetings



L-R: Lourdes Contreras (HS'61, BS Chem'66), Maria Victoria Anonuevo (HS'67) & Milagros Syme (HS'61)

There Are No Better Friends Than Sisters

The Seven Simon Sisters

Panek- a caring nurse – nurturing and dependable, with a hilarious streak and oh, so wickedly funny ...



Fe- the oldest of all, a poetic dreamer and soul sister with a creative mind and a thoughtful spirit ...



Martha- our "go-to girl"; with a sharp mind, a keeper of tales, with stories to regale and laughter to share ...



Bet- our precious and beloved angel in heaven, gone too soon, left our hearts with gaping holes...



Charito- got the deep dimples and a loving heart, with feet on the ground, does all the legwork for us all ...



Di- the youngest one, smart and fun-loving, wildly spoilt, youthful and beautiful...



Cora- the math whiz with the biggest heart that keeps on adding and multiplying, always giving and forgiving...



*We may be living
poles apart in this planet,
We may be different
in manner and temperament,
We may not talk, walk,
look or act alike,
Our statures may be different,
our ideas may conflict,
But ...*

*We are all kindred spirits
and our hearts beat as one
Sharing a uniqueness
and deep love
that forever bind us ...
Because ...
We Are Simon Sisters
Together ...
We Are One!*



TOMORROW'S MEDICINE TODAY!

2023 ... Chicago
2024 ... Seattle
2025 ... Vegas
2026 ... **SAN FRANCISCO!**

Magkita tayo sa **SAN FRANCISCO**
Kahit na Hulyo malamig pa rin dito
Let's get together sa **Grand Hyatt Embarcadero**
Ituloy ang good times. Enjoy tayo.

AGC 2026

Sa Golden Gate tumawid at magpa-photo
'Wag naman sanang fog ang maabutan n'yo
Sa Fisherman's Wharf masarap ang alimango
Para sa shopping sa Union Square tayo

Sa mga duktor na nagsipagtapos sa Unibersidad ng Pilipinas
Malugod namin kayong inaanyayahan
Sa F'risco ang susunod na grand reunion.
Classes ending in 6 and 1
Time to celebrate; bring everyone
Pero kahit anong number pa ang where you belong
Welcome ka rin. Let's sing a song.

SAVE THE DATE

S'yempre naman may CME
Para lumawak ang mental capacity
We'll talk about **TOMORROW'S MEDICINE TODAY**
In this beautiful city with a world-renowned bay.

July 3-6, 2026

**Venue: Hyatt
Embarcadero San
Francisco**

**Hosted by the Northern
California Chapter and
UPCM Class 2001**

**AGC 2026 Chair: Marcial
"Jhunji" Salvador
Email: Jhunji@gmail.com
Tel: 347-495-3772**

Mabuti na ring may certification
To help us pay for this mini vacation
Sa mga employees, sagot ng company
Sa hindi naman - this is all tax free

Higit sa lahat we just want to see
Na magsama tayo ulit as a family
Walang katapusan na pagchicikahan
Bonggang song and dance sa Pabidahan

Sa mga nag-iisip na 'di dumalo
Taga n'yo sa bato pag-uusapan kayo
Kaya reserve n'yo na: **July 3 to 6**
Sa year of the Lord **2026**

Magkita tayo sa **SAN FRANCISCO**
Kahit na Hulyo malamig pa rin dito
Let's get together sa **Grand Hyatt Embarcadero**
Ituloy ang good times. Enjoy tayo.

By: UPCM Dosmil Uno Class Member



CONGRATULATIONS!
Gina Gueco, Chars Pejoro, Mimi Samson
2025 Alumna Exemplar Awardees

CHS Rosary Brigade

Every day at 8pm ET via Zoom
Meeting ID: 936 500 2390
Passcode: 474770

Congratulations

2025 ALUMNA EXEMPLAR AWARDEE
VICTORIA "VICKY" RODRIGUEZ-TEMPONGKO



WITH LOVE AND PRAYERS FROM YOUR AMIGAS

* Agnes

* Mabel

* Rina

* Charl

* Marissa-V

* Tellie

* Fe

* Titus

* Judy

* Me-An

* Yollie

Congratulations, CHSNAF!



Francisca M. Tayag
Licensed Real Estate Broker
New York & New Jersey

Local Markets, Global Clients

FMT International Properties, LLC

535 Fifth Avenue, 4th Flr.
New York, NY 10017-8020
(917)498-3428 Direct
(212)243-5776 Fax

FMT Properties Philippines, Inc.

Paseo Parkview Suites
142 Valero T2-29i
Salcedo Village
Makati City,
Philippines 1200





STEVENSON VAN DERODAN

International Marketing Associate
646 270-1087
derodan.steve@ayalaland-intl.com



FRANCISCA M TAYAG

Accredited Broker
+63 995 419 0094
francisca@fmt-ip.com

FMT
FMT International Properties, LLC

Francisca M. Tayag
Licensed Real Estate Broker
New York & New Jersey

Local Markets, Global Clients

**FMT International
Properties, LLC**

535 Fifth Avenue, 4th Flr.
New York, NY 10017-8020
(917)498-3428 Direct
(212)243-5776 Fax

**FMT Properties
Philippines, Inc.**

Paseo Parkview Suites
142 Valero T2-29i
Salcedo Village
Makati City,
Philippines 1200

GREETINGS!

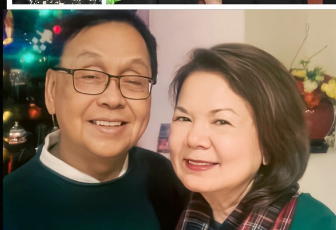
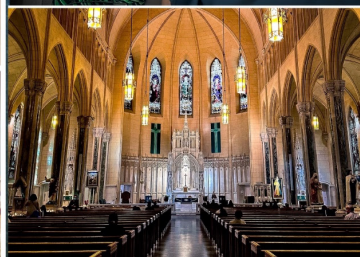
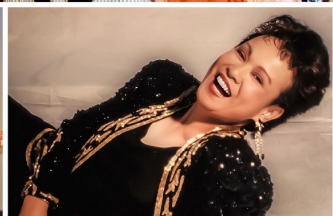
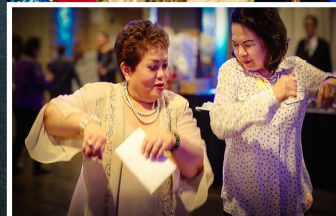
OHSNAF SAN DIEGO GRAND
REUNION 2025

Northern California
College of the Holy Spirit
CHSM-HS-Class 1967

FRIENDS — you know they are there



...in the
good times,



↑...in the
bad, sad
times,

↑...and in everything
in between.

LAYOUT DESIGN & PHOTO PROCESSING BY:
GERES ALMENDRAL-JACINTO, CHSM HS '67