

CONGRATULATIONS CHSNAF FOR A SUCCESSFUL GRAND REUNION IN SAN DIEGO CALIFORNIA!

GREEN LIFE CHIROPRACTOR

2910 INLAND EMPIRE
BLVD STE. 110
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MON-FRI 9:30AM - 6:30PM

VAN NUYS HEALTH & WELLNESS

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MON-FRI 10AM - 7PM

PACIFIC CORE WELLNESS CENTER (GLENDALE)

203 S. VERDUGO ROAD
GLENDALE
818-459-0569
MON-FRI 10AM - 6:30PM

PACIFIC CORE WELLNESS CENTER (LONG BEACH)

3711 LONG BEACH BLVD
STE. 1001 LONG BEACH
562-980-0017
MON-FRI 9:30AM - 6:30PM



Chakie de Guzman



Nanette Sicat



Charito Fajardo



Melanie del Carmen



Jo Sharma

Congratulations to our 2025 Alumna Exemplar Awardees!

Maria Rosario (Chars) Pejoro
Myrna (Ming) Mariano-Almendral

OUR LAUGHS
- *Limitless* -
OUR MEMORIES
- *Countless* -
OUR FRIENDSHIP
♡ *Endless* ♡





For 24 years, MMOM USA has helped over 80,000 people in the Philippines and Guatemala by providing major surgeries, minor surgeries, dental, optometry, adult and pediatric consults. These missions are funded 100% by donations. Won't you help us continue our work? Help us change lives.

UPCOMING MISSIONS

Huehuetenango, Guatemala – September 8–10, 2025

**Major Mission: Feb 2–6, 2026 – Ibaday District Hospital,
Malay, Aklan, Philippines**

**Mini Mission: Feb 9–10, 2026 – San Jose, Romblon,
Philippines**

**LET'S ALL MAKE A DIFFERENCE.
WE ARE ALL HEALERS!**

WWW.MMOMUSA.ORG/DONATE



SCAN TO DONATE

*Congratulations CHSNAF for a Successful
Grand Reunion in San Diego California!*



CONGRATULATIONS

Rica Cho – HS ‘80

Carrie Eustaquio – HS ‘73

Kylie Limjap – HS ‘82

Gene Robes – HS ‘73



**YOUR TRUSTED PARTNER IN
PRACTICE MANAGEMENT**

Ginie Romero-Ho, Founder

Contact Info

2325 W Victory Blvd #1, Burbank, CA 90506, USA

Tel No (818) 848-8891

info@accessmdbilling.com

Congratulations CHSNAF for a Successful Grand Reunion in San Diego California!



VALLEY NEUROLOGY

Pamela L. Alvarez, M.D. - Neurologist

24910 Las Brisas Rd., Suite #115, Murrieta CA 92562

Tel. (951) 698-7366 / Fax (951) 698-7367

valleyneurology@verizon.net

Congratulations to:



Monina Limjap-Alvarez
High School 1957



Kylie Limjap
High School 1982



Congratulations to CHSNAF on your 2025 Grand Reunion

From Manny and Lita Dialino and family



Congratulations CHSNAF



MARIA LINDA B. ZABALA
Grade School
High School 1982
College (BS Biology) 1986



MARIA LOURDES B. ZABALA
Grade School 1978
High School 1982



LOVE FROM
HS BATCH '82



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PRESENTS



BO & GEO
FRIDAY NIGHT

COMEDY / KARAOKE / DANCING

8 PM | NO DOOR FEE



BAMBOO BISTRO
WEEKEND BUFFET
BREAKFAST & LUNCH



KARAOKE COMEDY NIGHT

RIZZY LO & BO CARNATION

SATURDAY NIGHT



8:30
PM

8516 VAN NUYS
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PANORAMA CITY

KAMAYAN

sa Bamboo Bistro



Boodle Fight

PLEASE CHECK-IN and SHARE YOUR EXPERIENCE



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FACEBOOK.COM/BAMBOOBISTRO

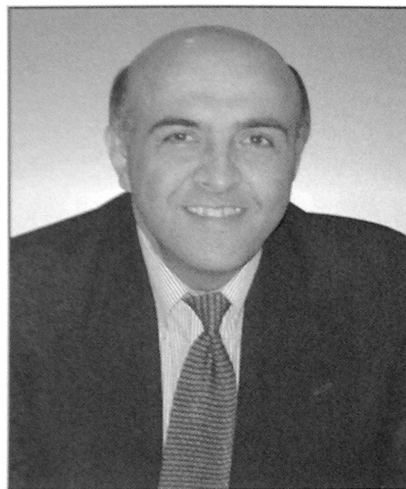
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Congratulations CHSNAF for a Successful Grand Reunion in San Diego California!

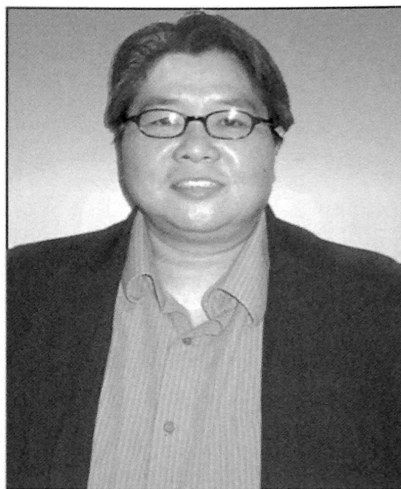
From Carrie Eustaquio, CHS HS '73

The Law Office of Shawn S. Dargahi *Personal Injury Specialist*

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- Wrongful Death
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- Motorcycle Accidents
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- Lemon Law
- Government Claims
- Dog Bites
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Shawn S. Dargahi
Attorney at Law



Carrie Eustaquio
Legal Assistant

"We also serve the Filipino community"
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15760 Ventura Boulevard, Suite 2060
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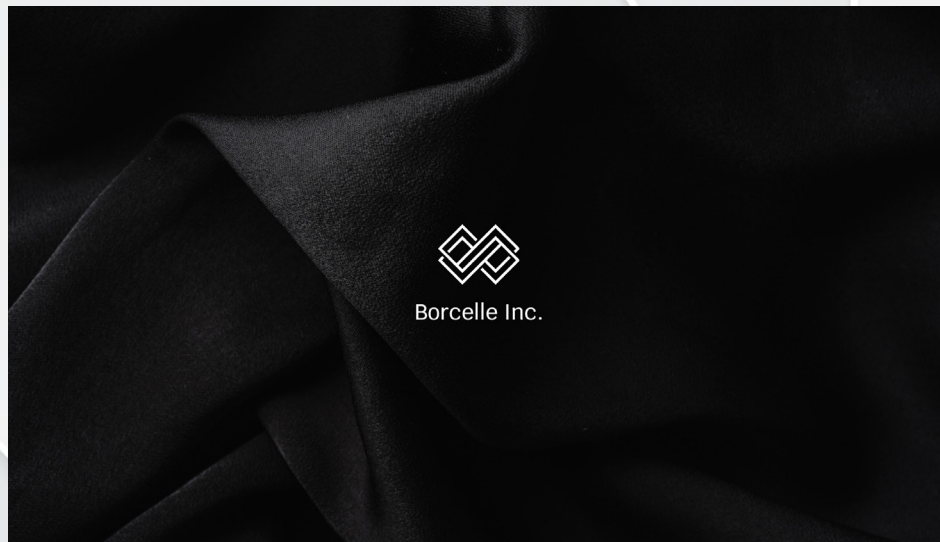


***"For your convenience, we can even meet
you at home or work."***



**Congratulations CHSNAF SO. CAL. from
Carrie Eustaquio & Family**

Congratulations CHSNAF for
a Successful Grand Reunion in
San Diego California!





**Congratulations CHSNAF TEAM! from
Rosalinda Arrieta –Reyes, HS '67, BSC Accounting'71**



Children:

Glenn Edward (Stephanie Cardwell),
Patricia Abigail (James Ketelaar), Karen
Sophia (Eric David) & Mark Anthony

Grandchildren:

Gavin, Ava, Jaden, Ellie, Abby, Olivia,
Alaina, Elijah, Isabella, Celine, Amelia



Congratulations, Ming!



Dave and Ming
Almendral

I applaud and congratulate you Ming, for being a CHSNAF Alumna Exemplar Awardee for 2025! Over the years I have seen you achieve excellence in your career. You have worked very hard to always take what you do to the next level, giving it your best & more, being passionate at what you do. You are always willing to share your knowledge with others. The design teams you've developed found success through you. Your designers and co-workers have held you in high regard and you have achieved a great reputation in the Design industry. You have always shown kindness, integrity, resilience, commitment and dedication. I am **VERY PROUD OF YOU!** Your award is **VERY WELL DESERVED!** With great admiration from your husband.

Congratulations, Ming, on being one of the 7 Alumna Exemplar Awardees for 2025! We have witnessed your relentless pursuit for excellence, particularly in your passion for the Arts, from your pre-teenage years under the private tutelage of art experts through high school and college, all at CHS, culminating in your unparalleled career accomplishments in Commercial and Education Interior Design & Design Management in the US.

You make us all SO INCREDIBLY PROUD!

Amid all your successes, your unsurpassed creativity and passion, we likewise admire the humility, grace and kindness you have consistently extended to others.

You are a true inspiration to all of us, your siblings!



Les



Beth



Jeannie



Allan



Donna

Pacific Northwest Chapter - PNW 2023-2025



President
Eleanor Martinez,
MD



Secretary
Edda Policar



Treasurer
Xenette Bioc

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PIC•COLLAGE



MEMBERS

Angie Cui Bess Torres Rocas
Darlene Troy Milo Edda Policar
Eleanor (Cookie) Martinez MD
Grace Rebullida Jean Flor
Josie Garcia Marie Bito
 Marissa Monzo Cruz
Medy Belo Villar Mennie Bello
 Myrna Saangelista
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Xena Pringle Xenette Bioc
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PXW supports these charities:

**One Tree Planted
has a positive impact in the
reforestation in the Philippines.
They help the environment in
restoring some forest caused by
illegal logging. It reported that
about 30,000 trees
have been planted.*

**SSpS Missions
The congregation has outreach
program to help and support the
indigenous people of Capas Tarlac
and the Mangyan of Roxas
Mindoro Oriental. They teach
christian values as well as providing
meals and creating a healthy
environment.*



In loving memory of



Rosalia “Manang Rose” Fabre-Lapeña

April 5, 1934 - January 22, 2025

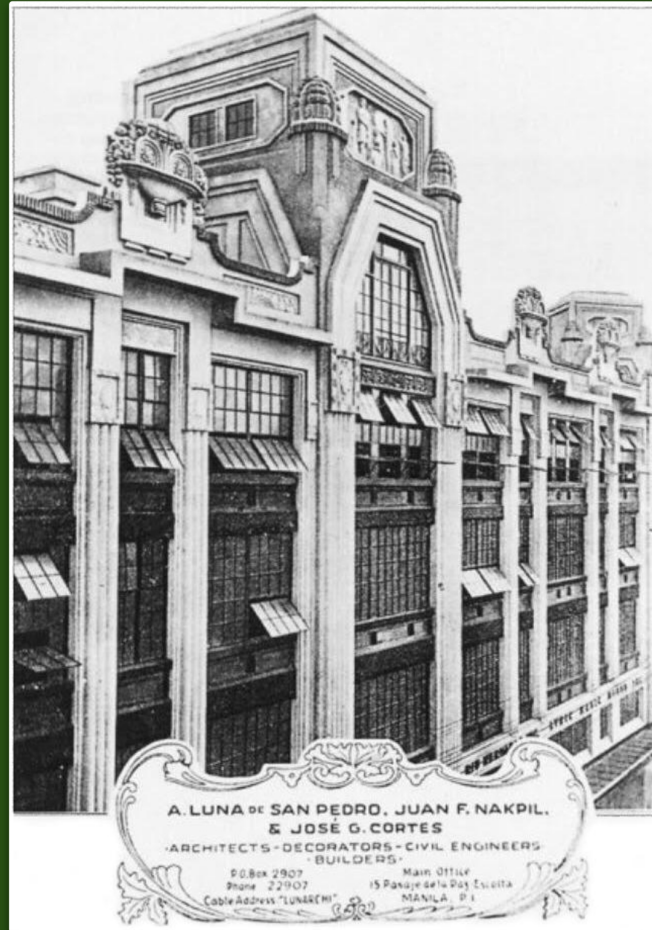
"Honor her for all that her hands have done, and let her
works bring her praise at the city gate."

Proverbs: 31:31



Christina del Rosario, Lenore Lim, Olivia Bugge
Deanna Go Bio, Lily Ledesma, Tita Dizon from
CHSNAF NorthEast Chapter





First United Building

The First United Building in Escolta, Manila, in the Philippines is a declared heritage structure and an iconic building known for its historical significance and architectural charm.

Originally built in the early 20th century, it was designed by Andres Luna de San Pedro, son of national artist Juan Luna, and national artist Juan Nakpil. It has played an important role in Manila's rich cultural and commercial history.

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