

congrats!



TO MADAME CHSNAF PRESIDENT
**ELOISA MESINA-
CABANAYAN**

From: Rene Mesina and Family
Pleasant Hill, California

**Prayers and Blessings for the
CHS North America Foundation, Inc. (CHSNAF)
On its successful celebration of your
20th Jubilee Year at the CHSNAF Grand Reunion 2025
From the Mother Josepha Prayer Weavers (MJPW)**

Prayer for Canonization

Holy Triune God, upon the inspiration of the Holy Spirit, accept Blessed Josepha Hendrina Stenmanns into Your community of saints in heaven. Your blessed servant of the Holy Spirit desired nothing more than to be the least of her brethren, and to offer herself as a sacrifice for the missionary work of spreading the faith. Her missionary presence of peace, warmth and joy to every person she encountered infused every word and deed, laying a solid foundation for the beginning of the Mission Congregation of the Servants of the Holy Spirit as its co-foundress.

May you now glorify your faithful servant by granting us the favor we ask for her canonization. Grant us the great joy of seeing Blessed Mother Josepha Hendrina Stenmanns canonized in our lifetime. Teach us by her example to open every heart to God because our hearts are ready.



The Mother Joseph Prayer Weavers (MJPW), a daily-Zoom prayer cenacle, provides a few precious moments to reflect on the Word of God. Composed of alumnae devotees of Blessed Mother Josepha Stenmanns, SSpS, it is a ministry of prayer service to restore the health of our sick fellow alumnae, family members and friends; to implore for the eternal repose of the souls of our departed loved ones; and to ask for safety and protection for those travelling and other intentions.

Meeting ID: 818 3052 7608

Passcode: josepha

Daily prayer service at:

7:00 pm EST U.S. 4:00 pm PST U.S.

7:00 am Manila + 1 day

Greetings

From

Lenore Raquel Santos Lim

Awardee, Outstanding 100 Centennial Alumnae
in Media, Culture & the Arts, 2013



Picket Dreams, 4 ft x 4 ft., Mixed Media, 2019

lenorelim.com | lenorerslim@gmail.com

Best Wishes for a Joyous and Memorable College of the Holy
Spirit North America Foundation Grand Gala Reunion
Oct 25, 2025



In Loving memory of Ana Maria de la Paz de Jesus
(CHS BS. Physics '69), Deceased Sep 25, 2021

Beloved wife of Alfonso De Jesus

Cherished mother of Archie (with Peggy)

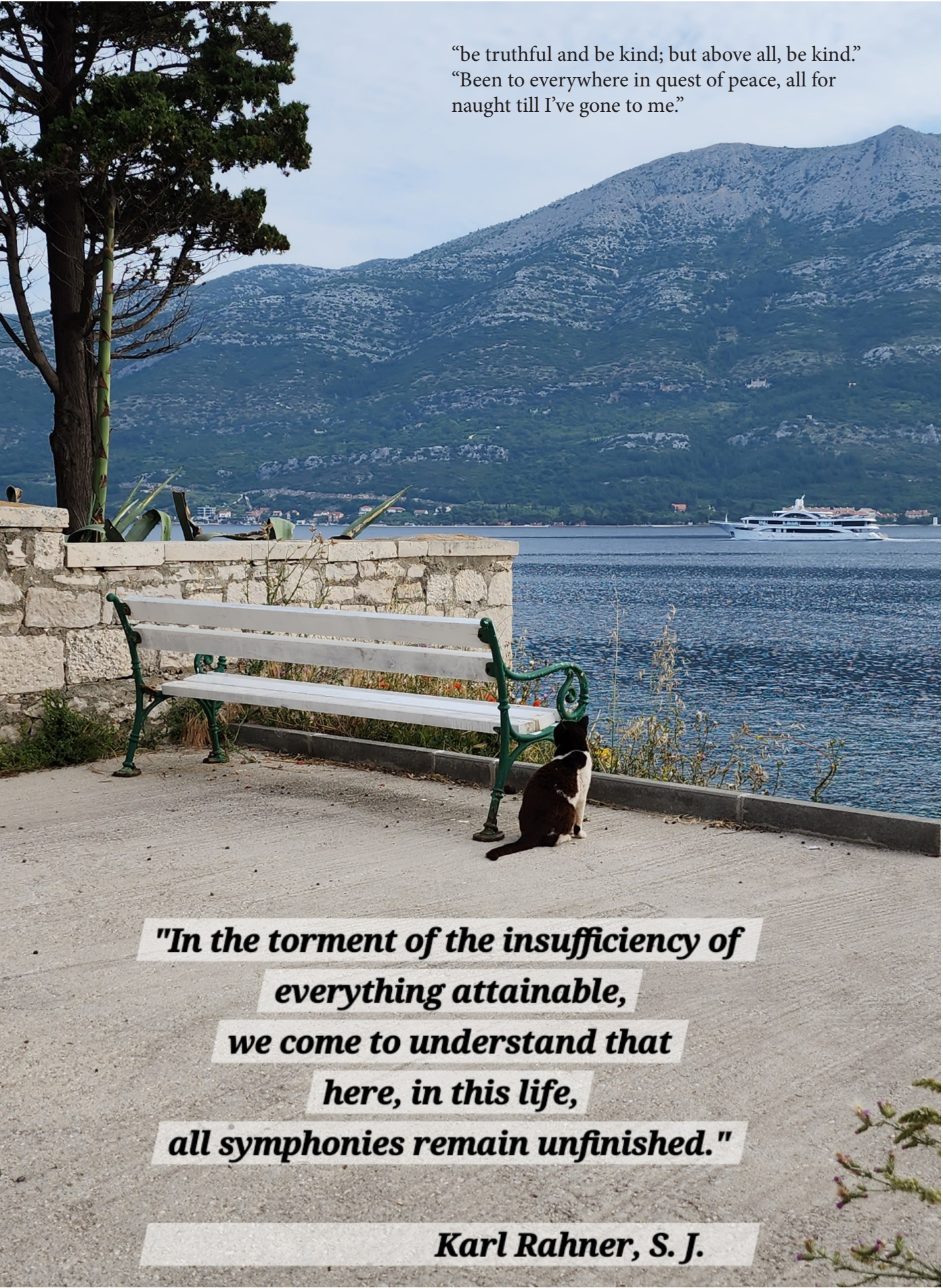
Adored grandmother of Lucia and Aurora

Congratulations to

CHSNAF



**From Drs. Vic and Bambi Lorica
and Family
Potomac, Maryland**



"be truthful and be kind; but above all, be kind."
"Been to everywhere in quest of peace, all for naught till I've gone to me."

***"In the torment of the insufficiency of
everything attainable,
we come to understand that
here, in this life,
all symphonies remain unfinished."***

Karl Rahner, S. J.

Resurface, Renew, Reveal with VENUS VERSA TriBella



Potomac Skin Care

We offer:

- Botox
- Lip Filler
- Venus Bliss Body Contouring
- Cellulite Treatment
- Wrinkle Reduction
- Circumferential Reduction
- Skin Tightening for Neck, Arms, and Body
- PDO Thread Lift



**CONSULT WITH
DR. JOVY EUSEBIO!**

 (301) 765-0990

10000 Falls Rd., Ste 100 Potomac, MD

 www.thepotomacskincare.com

SUMMER SPECIAL!

Bring this ad for a 20% discount on all body and facial treatments. Excludes products and facial creams.





VLAD ASTAFIEV

Ballroom Dance Teacher
Choreographer

Pro Latin US Vice Champion 2018

(860) 944-9484

www.facebook.com/vlad.astafiev

Offering private lessons for individuals or couples
\$120 per session - Call for package pricing

Happiness is



CHS HS'82

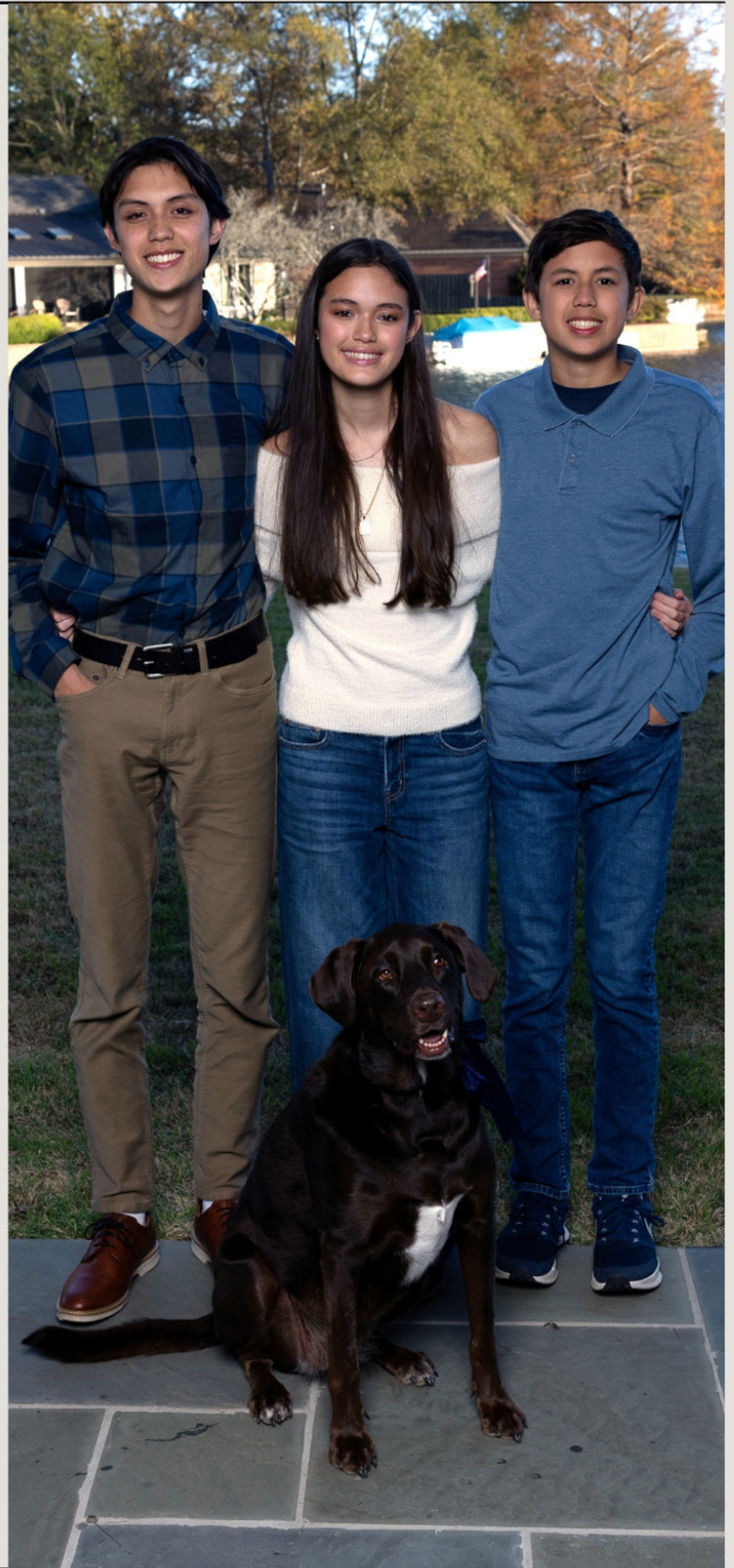
CONGRATS, YUYA!!

*We are so proud of you
and all you've
accomplished during
your successful term as
President of CHSNAF!
Your dedication to your
school, your
leadership, and your
tireless commitment
have inspired us all.*

We love you very much!

XOXO

*Nicolas, Ellie, Liam,
and Sadie*





From CHS HS'82 and HS'73 our
best wishes to CHSNAF and all
the AXA Awardees!

**CONGRATULATIONS CHSNAF FOR A SUCCESSFUL
GRAND REUNION IN SAN DIEGO CALIFORNIA!**



**BELEN BERNARDO MUNDO
HS'73**

Congratulations to:
Chars Pejoro and Ming Mariano-Almendral,
our Class '67 Alumna Exemplar awardees for
2025!

From: **Emilia Cosgayon-Arriola and Socorro
de Castro Landsberg**
(Let us also celebrate these 2 highly accomplished CHSians)



Emilia (Baby) Cosgayon -Arriola

Emilia (Baby) Cosgayon-Arriola worked for the World Bank and played a big role in setting up the first World Bank office in Kiev, Ukraine. She was the Office Manager of the Regional office in Ukraine. This was at the time when the Soviet Union was disbanded, and Ukraine gained independence.

She notes. "The most challenging role was recruiting & training local staff that were used to the Soviet mentality"

Her task was to help the World Bank office to successfully adapt to the new culture. Her role also touched on the role of women and their families in this very important and complex assignment.

"I thank the Holy Spirit for the wisdom, guidance and strength".



Socorro (Kit) de Castro-Landsberg

Kit is a graduate of Berklee College of Music in Boston, MA. She is a multi-keyboard awardee who won First prize in the 1974 NATONAL YAMAHA ELECTONE ORGAN FESTIVAL.in Houston, TX, then captured the Grand Prize in the INTERNATIONAL YAMAHA ELECTONE GRAND PRIX CONCOURSE in Japan representing the USA.

Along with her husband Norman before his passing, ran Landsberg Music Productions which provided composition, songwriting, arranging, album productions, musical direction, live performances as well as scoring for commercials and films. Projects include work both in the USA and with top artists in the Philippines, like APO Hiking Society, Ogie Alcasid, Regine Velazquez and more.



WHERE HOPES &
DREAMS BEGIN



*To uplift the spirit and well-being of the poorest of the poor,
the abused and the desolate.*

FtH PROGRAMS

Gift-Giving

Distributing essentials during holidays and special occasions

Feeding and Nutrition

Providing meals to undernourished children and families

Education Support

Scholarships and book donations for students in need

Livelihood

Training and tools for sustainable income generation

Infrastructure

Building classrooms, libraries, and community facilities

Calamity Relief

Emergency assistance and rehabilitation for disaster victims

Special Projects

Custom initiatives based on urgent or unique community needs

To join FtH in its implementation programs as volunteer, donor, supporter or in whatever capacity you wish, please visit our website at www.feedthehungryphil.org or send an email to : fth252017@gmail.com.

Congratulations
CHSNAF team on a
successful
CHSNAF in San Diego
Grand Reunion 2025 !

**With great
appreciation
from the
Mariano Sisters**



Elizabeth Mariano
HS'63
Niles, IL



Myrna (Ming) Almendral
HS'67, BFA '71
San Bruno, CA



Virginia (Jeannie) Jans
HS '71, BSC '75
Dallas, TX



Donna Jamieson
HS'76
New Berlin, WI



*"Celebrating Filipino Tradition
Through Timeless Bread"*

Panorama City

8231 Woodman Ave, Ste
C Panorama City, CA,
91402
818-989-9061

North Hills

16130 Nordhoff St,
North Hills, CA, 91343
818-893-4533

 @valeriosbakerypcnh

 Valerio's Bakery- Panorama City & North Hills

BEAUTY BALANCE

by Nurse K



Karen Valerio, FNP-BC • Aesthetic Nurse Practitioner

Offering personalized aesthetic and wellness services:

- Neurotoxin
- Filler
- Microneedling
- Chemical Peel
- Weight Loss
- ... and more!

MENTION THIS AD BY JANUARY 31, 2026 TO
REDEEM 15% OFF YOUR FIRST TREATMENT!



747-366-0370



@beautybalancemedspa



Deausen Realty / DL Homes LLC



SALES, LEASES, PROPERTY
MANAGEMENT, BUSINESS
BROKERAGE



MARLON PANLILIO DEAUSEN

Real Estate / Business Broker Top
1% Nationwide Chairman Club,
Diamond Club Hall of Fame, Life
Achievement
(301) 704- 5474



- *Honesty*
- *Integrity*
- *Expertise*
- *Professionalism*
- *Outstanding Service*

DEAUSEN
ENTERPRISES INC
Property Management

Victor Nicmic
Sonia Deausen
Dani Afable

CURRENTLY MANAGING
OVER 70 RESIDENTIAL AND
COMMERCIAL PROPERTIES

Congratulations, Best
wishes to CHSNAF-
MWDC. We applaud
you for your excellent
community service.

Best regards,
Deausen Realty, DL Homes, LLC,
Deausen Enterprises, Inc.

Serving MD & VA

10460 Democracy Blvd.
Potomac, MD 20854
Tel: 301-299-4074
Fax: 301-299-4076

1934 Old Gallows Rd. Ste. 350
Vienna, VA 22182
Tel: 703-752-6235
Fax: 703-995-0589

REDOXGold™

Massage + Soothing Gel



REDOXGold Massage + Soothing Gel is produced in our FDA registered, NSF-certified facility and is certified by an independent third-party lab to contain active redox signaling molecules.

Ingredients

Water, Sodium Magnesium Fluorosilicate, Sodium Phosphate, Sodium Chloride, Gold.

Directions

Squeeze onto fingertips or directly onto specific areas. Rub into the skin using a circular motion until it is fully absorbed. Apply as much and as often as needed.

Caution

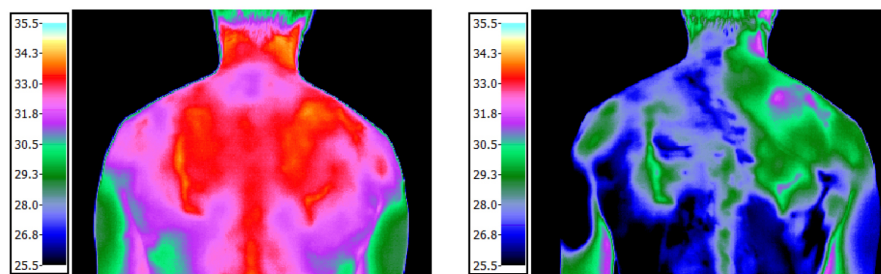
For external use only. Avoid contact with eyes. If skin irritation occurs, discontinue use.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease. This material is intended for a US audience only.

Experience fast-acting results

Experts observed the effects of REDOXGold in real time. 100% of users' thermographic images before and after application reveal a decrease in temperature in the area where the product was applied.

This is the next generation of redox technology—precise benefits exactly where you need them.



Before

After

"From joints to muscles, people are getting dramatic results within minutes with REDOXGold. This is a revolutionary product!"

-Dr. David Silverman
Retired Board Certified Podiatrist and Foot Surgeon

Pure and simple ingredients



Redox signaling molecules

Stimulate cellular activity to kickstart vital cellular functions like recovery and detoxification.



Elemental gold

All-natural, elemental gold works as a catalyst for the redox signaling molecules, enhancing and focusing the benefits.



Natural and pure

Free from chemicals, dyes, additives, and strong scents.

Safe and effective



Fragrance -free



Residue-free



Safe for sensitive skin

For more information, contact

IRENE B. REYES
Cellular Health Coach
Phone: 202-297-0385

In Loving Memory

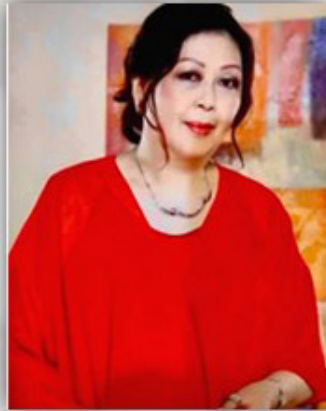
YOUR PRESENCE WE MISS,
YOUR MEMORY WE TREASURE.

LOVING YOU ALWAYS,
Forgetting you never.

HS Class '67
Friends who joined the Lord in 2025



**Josefina (Jojo)
Nera-Dimaano**



**Eugenia (Baby)
Guidote Puyat**



**Stella Capinpin-
Pfeiffer**

We will cherish you always.

In your honor
Blanche Bennett-Griffiths
Nanette Prodigalidad-Flynn

Congratulations CHSNAF for a Successful Grand Reunion in San Diego California!



STUNNING SMILES GUARANTEED

Congratulations Gene Robes HS' 73
CHSNAF 2025 AXA AWARDEE



Contact Us
+661-387-2553

23369 LYONS AVENUE
VALENCIA, CA 91355

www.woolarddental.com