



Flatulence in Dogs

We all love snuggling time with our pets, but we can't help struggling if our pets let out a fart while on our laps, especially if it seems to be on-going. Flatulence is due to an excess amount of gas in the intestinal tract. This gas can be caused by many things. A large amount being due to an accumulation from air that has been swallowed during panting. Over 90% of the gas produced and passed from the tract is odorless, but when it starts having a smell, sometimes it can be unbearable. How do we decrease the stinky smells from our pets? Below are a few tips that can help decrease the flatulence:

- Feed smaller, more frequent meals throughout the day.
- Discourage your pet from eating rapidly. A slow feeder bowl can help with this.
- Avoiding treats/human food that contains milk, cheese or foods that contain lactose.
- Avoiding fresh or dried fruits.
- Change or mix a high digestibility or low residue diet with their normal diets. Some bland diets such as, boiled chicken breast with white rice, can help calm the stomach.
- Walk the dog roughly 30 minutes after a meal to encourage passing gas outside.
- Encourage regular exercise time as it helps to decrease the build up of gas within the tract.

If these tips do not help your dog, please contact us for further evaluation and diagnostics.

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