

The Posten May 2025

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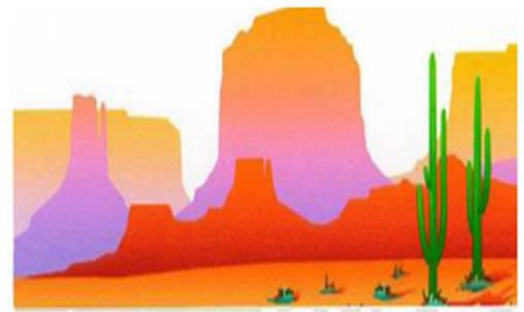
Desert Fjord Lodge 6-133
2531 N Scottsdale Rd
Scottsdale, AZ 85257



SONS OF NORWAY

Desert Fjord Lodge

Established 1984



President's Column

Let us all come together at McCormick-Stillman Railroad Park and celebrate **Constitution Day!!** The Ramada has been reserved for us. The preparations have been made. All that remains is for you to get in your car or catch a ride with someone else and join us. You don't have to be a member of AZ Norseman or of Sons of Norway ... not on **Constitution Day**. Find details on the next page—see you there!



Clear your calendar! Some things are that important. **Constitution Day** is one of those days when there's no excuse for you to stay home. There will be food—plenty of food. There will be a parade. There will be a Speech of the Day. There will be Norwegian flags. There will be games for the children. There will be a chance to meet others of Norwegian descent—make a new friend or two. Fun for everyone! Come on time or you'll miss the parade. Stay late if you like. Coffee will be served. Cold water and soda will be available.

Constitution Day deserves our support. Norwegians are proud of their Constitution, their democracy, their history. That's what we celebrate, so come out and join us. You'll be glad you did. And we will, too!

Gratulerer med Dagen! HIPP HIPP Hurra!

*Velkommen*₁

SYTTENDE MAI 2025

Commemorating the 1814 signing of Norway's Constitution

Saturday, May 17th
9:00 AM – 12 NOON



McCormick-Stillman Railroad Park

7301 E. Indian Bend Rd., Scottsdale, AZ
Stillman Ramada (south of playground)



Admission: FREE

Show your Nordic spirit and join our local Norwegian clubs as we all come together to celebrate *Syttende Mai* or 17th of May! This annual potluck brunch event in honor of Norwegian Constitution Day will be full of food, fun, *bunader*, children's games - and of course the traditional 17th of May parade! Bring your Norwegian flags, your good spirits, and a dish to share.

*The clubs will provide coffee, lemonade, and cups/plates/plastic ware

Program:

- 9:00 Welcome
- 9:30 17th of May Parade with Norwegian music and flag-waving
- 10:00 Food is served
- 10:30 *Tale for Dagen* (Speech of the Day)
Speaker – TBD
- 11:00 Traditional Norwegian children's games – with ice cream rewards!
- 11:30 Explore the park and enjoy table games

Co-hosted by Arizona Norseman & Desert Fjord and Overtro Fjell Sons of Norway Lodges

www.aznorseman.org | www.facebook.com/aznorseman | www.desertfjord.org | www.facebook.com/desertfjord |
www.facebook.com/Sonsofnorwaymesa



Membership Matters by Lois Ripley, Membership Secretary

At our most recent monthly Heritage and Cultural meeting, there were few of us in attendance. This month we'll be celebrating Norwegian **Constitution Day** on Saturday, May 17th, at the McCormick-Stillman Railroad Park.

In Norway everyone—young and old alike—comes out on **Constitution Day** to celebrate. If you have an ounce of Norwegian blood, you need to clear your calendar and come out to join us!

As I always say in this column:

You never know what interesting and delightful people you'll meet when you come to Sons of Norway!

* * *

If your contact information changes, please let me know! Your current phone number and your email address are how we stay connected.

I can be reached at: (480) 521-8693 or my email address: lcripley@gmail.com. (You can also speak with me at one of our lodge meetings.)



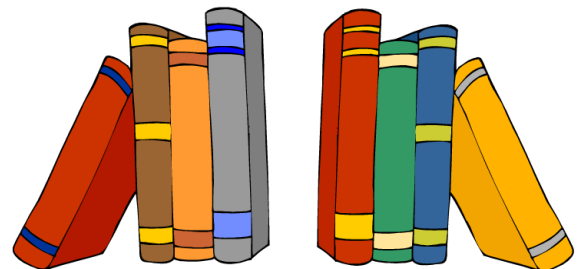
LIBRARY CORNER

A Book Review by Janis Johnson

(taken from Amazon)

Cold Comfort

By Quentin Bates



Officer Gunnhildur, recently promoted from her post in rural Iceland to Reykjavík's Serious Crime Unit, is tasked with hunting down escaped convict Long Omni, who has embarked on a spree of violent score-settling in and around the city. Meanwhile, she's also investigating the murder of a fitness guru in her own city-center apartment. As Gunna delves into the cases, she unearths some unwelcome secrets and influential friends shared by both guru and convict. Set in an Iceland plagued by an ongoing financial crisis, Gunna has to take stock of the whirlwind changes that have swept through the country—and the fact that at the highest levels of power, the system's endemic corruption still leads, inevitably, to murder.

* * *

Quentin Bates escaped English suburbia as a teenager, jumping at the chance of a gap year working in Iceland. For a variety of reasons, the gap year stretched to become a gap decade, during which time he went native in the north of Iceland, acquiring a new language, a new profession and a family...

He is the author of a series of crime novels set in present-day Iceland – and as a translator he has worked with some of Iceland's coolest writers, including Lilja Sigurðardóttir, Sólveig Pálsdóttir, Stella Blómkvist, Einar Kára-son, Ragnar Jónasson, Jónína Leósdóttir, Óskar Guðmundsson and more.

District Six President: Lis Barca

District Six is made up of the following states:

Arizona, California, Colorado, Nevada, New Mexico, Utah and Hawaii - Website: **www.sofn6.org**

Facebook:

<https://www.facebook.com/groups/377019032437840/>

Zone Seven Director: Jonathan Walters

Zone Seven is made up of lodges in the following states:

Arizona: Scottsdale #133-Desert Fjord; Sun City #134-Sol Byer; Mesa #153-Overtro Fjell; Flagstaff #167- Nordic Pines; and Yuma #168-Sola

Utah: Salt Lake City #83-Leif Erikson

OTHER SONS OF NORWAY LODGES IN ARIZONA

Overtro Fjell 6-153 - 3rd Saturday at 11:00 am

Our Savior's Lutheran Church

625 S Ellsworth, Mesa, AZ

Sol Byer 6-134 - 3rd Saturday at 11:00 am

Sun City West Foundation

14465 R.H. Johnson Blvd, Sun City West, AZ

LODGES IN OTHER STATES

Go to: **<https://members.sofn.com/lodgeDirectory/>**

Most post their monthly newsletter on their lodge website.

OTHER CONTACTS

Honorary Norwegian Consul:

Alex Boemark



"Like" us on Facebook to receive interesting Desert Fjord Lodge and Sons of Norway, District Six news-feeds.

Control+ Left Click on this link:

<https://www.facebook.com/Desert-Fjord-Lodge-6-133-Sons-of-Norway-563052183744742/>

May Birthdays

Kathleen G Rice	3rd
Winston Reed	5th
Roxane McLaughlin	7th
Laura J Riddle	13th
Janis Stevenson Johnson	23rd
Emily McLaughlin	17th



Eleanor Reed	17th
Knut Haldorsen	20th
Jonathan Walters	20th
Janice E Haldorsen	25th
Susan W McClinton	27th
Jimmy D Rice	29th

*** Heritage Member**

Gratulerer Med Dagen – Happy Birthday !!

April Program

The Scandinavian Folk Dancers of Phoenix came and performed at our April meeting. A couple of the dancers belong to Desert Fjord. The dances were varied—one dance was performed by a single couple. Another by a man and two women trying to get his favor. Still another was a dance of two men—a Swedish university hazing ritual. A couple dances were for audience participation. A good time was had by all ... it was great to have them with us again!



Annuities (cont'd)



The last two articles I have talked about what an annuity is. Now I will list the kinds of annuities that Sons of Norway offers:

- Flexible Premium Deferred Annuity
- Single Premium Deferred Annuity
- Single Premium Immediate Annuity
- Bonus Annuity
- Single Premium Deferred Annuity with Multi-year Options 3, 5 or 7 years

All of these Annuities work differently. To find out how they do work, please contact me so I can answer any questions. I will say that both the Flexible and Single Premium Deferred Annuity offer a 4% interest rate with a 1% bonus, totally 5% in the first year. The Bonus Annuity has a Guarantee One Year interest rate of 4% with options of 4% to 8% bonus rate on top of the 4%..

I look forward to visiting with you about these Annuity products!

Len Carlson FIC CLU

(651) 253-1943

or by email at:

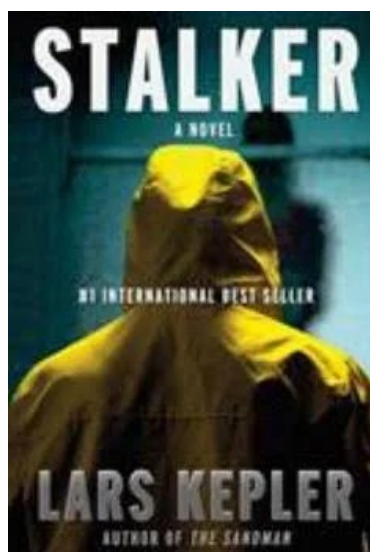
len.carlson253@gmail.com

Norway has the World's Longest Undersea Road Tunnel

The Ryfylke Tunnel in Norway is the world's longest and deepest undersea road tunnel, stretching 14.4 km and reaching a depth of 292 meters below sea level.



- It is part of the Ryfast tunnel system, connecting Stavanger with Ryfylke, significantly reducing travel time and eliminating the need for ferries.
- Construction began in 2013, and the tunnel officially opened on December 30, 2019, as a key infrastructure improvement for the region.



Desert Fjord's Scandinavian Noir

(aka Viking Book and Wine Club)

June 7th at 4 pm

Jana Peterson's Home:

**5901 E Hummingbird Lane, Paradise Valley,
AZ**

RSVP (480) 326-2927

Work continues on our Sons of Norway Literature Cultural Skills pins. Also, we're discussing *Stalker* by Lars Kepler. Please come and join us!



Bringing snacks is optional

Desert Fjord Resources

- *Looking for information on future meetings, events and Posters?*
Desert Fjord website: <https://desertfjord.org/>
- *If you are looking for some wonderful Scandinavian recipes, check out:*
Sons of Norway website: <https://www.sofn.com>
- *As members, we have access to a free, in-depth genealogy club that meets monthly via zoom –* **Genealogy Club (District 6):**

Anthony G (Tony) Hjelmstad, Slektforskningklubb / Genealogy Club



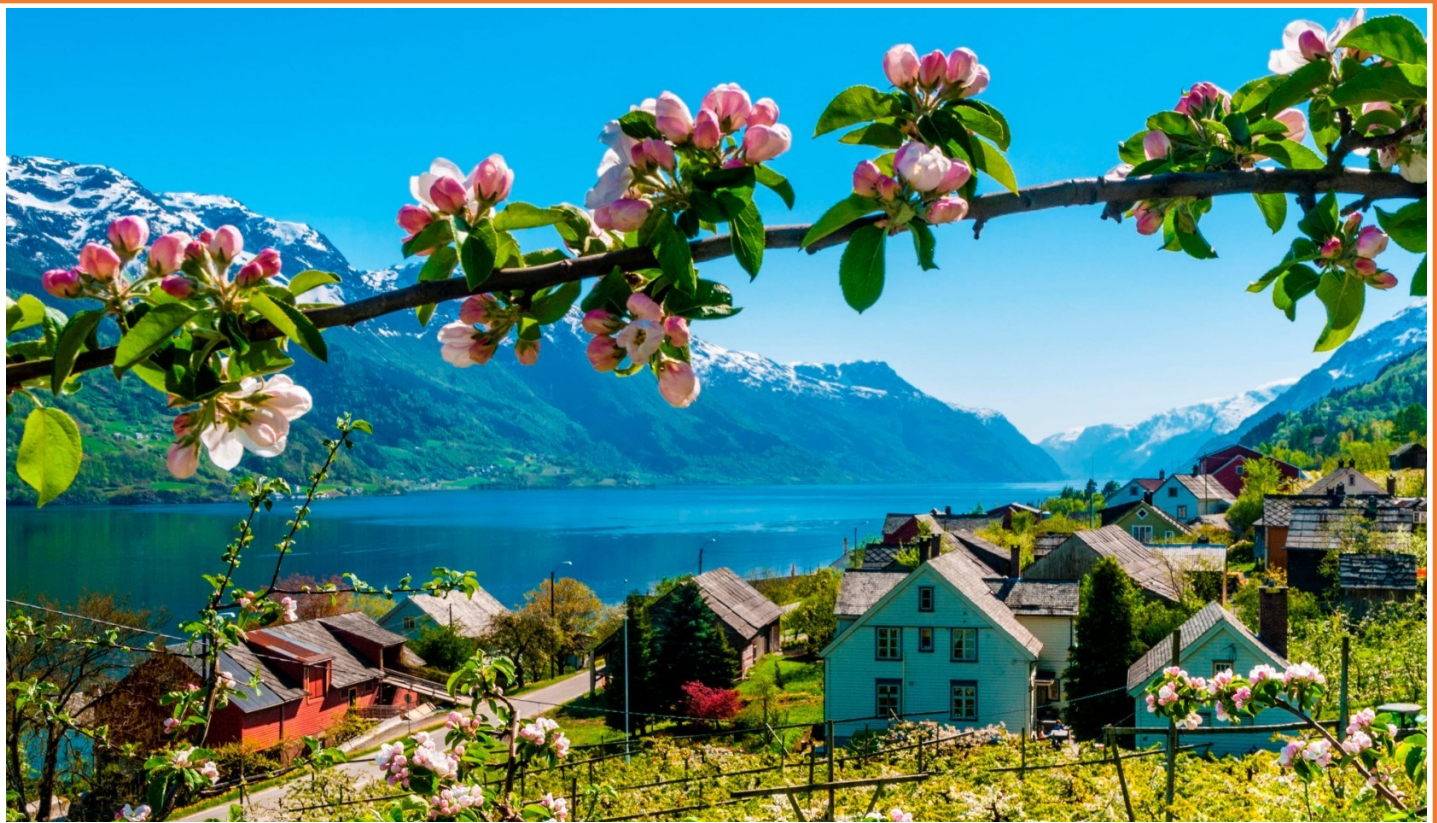
Fjelldalen Lodge #6-162
9078 Greenspointe Ct.
Highlands Ranch, CO 80130
303-324-5381 (c)



**SONS of
NORWAY**

Genealogy@Fjelldalen.com <https://www.fjelldalen.com/>

- *Our Desert Fjord Lodge (**Scandinavian Noir Book Club ...** previously known as **Viking Book and Wine Club**) hosts a monthly Book Club meeting in Jana Peterson's home. Members gather to read and review Scandinavian books with an emphasis on murder mysteries. For more information call Jana Peterson at 480-326-2927.*
- *As members of Sons of Norway, we are invited to join the free, national book club that meets monthly via Zoom:*
Sons of Norway Book Club:
Bill Browning
Sons of Norway Book Club Coordinator
SonsofNorwayBookClub@gmail.com
[404-953-2525](tel:404-953-2525)
- *As members of Sons of Norway, District 6, we have access to Camp Norge in California. Check out the camp information:*
Camp Norge: <https://www.campnorge.org/site/>



S p r i n g t i m e I n N o r w a y

Officers of Desert Fjord Lodge

President: Open (Jonathan Walters)—(347) 801-3345

Vice President: Phyllis Bergo (Acting VP)

Secretary: Ed Bergo (Acting Secretary)

Treasurer: Janis Johnson—janisjoann41@gmail.com

Membership Secretary: Lois Ripley (480) 521-8693

Member at Large: Norman Jenson

Auditor: Open

Counselor: Ed Bergo

Co-Cultural Directors: Jana Peterson, Nina Poe

Desert Fjord Boutique: Ali Berg-Anderson

Distribution: Janis Johnson

Education Committee (Scholarships & Grants): Nina Poe,
Gordon Peterson

Foundation Directors: Gordon Peterson

Greeters: Georgiann Crouse, Norman Jenson, Jr

Librarian: Janis Johnson

Marshals: Knut Haldorsen and Peter Flanders

Posten Editor: Open (Jonathan Walters)

Publicity Director/Public Relations: Janis Johnson

Reservations: Janet Peterson (480) 659-7328

Social Director: Berit Miltun— (480) 966-2009

Sunshine: Open

Trustees: (1yr) K Haldorsen; (2yr) P Flanders; (3yr) Norm Jenson

Webmaster: Jonathan Walters

Mission Statement:

The mission of Sons of Norway is to provide quality insurance and financial products to our members, promote and preserve the heritage and culture of Norway, and to celebrate our relationship with other Scandinavian countries.

FROM:

Desert Fjord Lodge, Sons of Norway
2531 N Scottsdale Rd
Scottsdale AZ 85257

STAMP

TO:

Please return to sender

If not deliverable

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Sons of Norway International Headquarters Website:

<https://www.sofn.com/>



<http://www.boxtops4education.com/participating-products>