

# The Posten

March 2018

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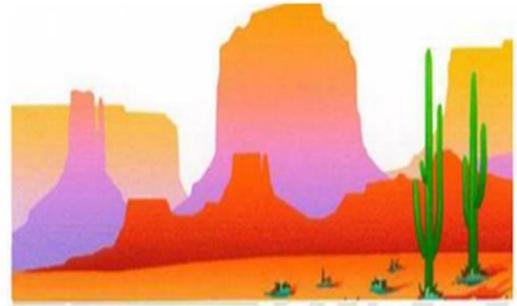
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Desert Fjord Lodge 6-133  
P O Box 1716  
Scottsdale, AZ 85252-1716



## SONS OF NORWAY

### Desert Fjord Lodge



## President's Column

All who attended our monthly meeting in February, you'd surely agree that we came away with a slice of Norwegian culture. Several members volunteered to make a cake for our Norwegian cream cake contest. Five judges then selected a winner. All present got in the action by having a piece for our dessert. Shannon and her crew provided a favorite, Smørrebrød (open-faced



sandwiches). Then Erik Ringnes presented a tremendous program on famous Norwegian polar explorers Nansen and Amundsen ... such daring feats performed just a bit before our time. It was enough to give you a sense of pride in your heritage. I noticed one of our library books is Nansen's diary chronicling his three-year attempt to reach the North Pole. Thank you to Jana and Nina for their work with cake contest and the program! And many thanks to all who came to join us!

Our March meeting promises to be no less enticing for food and program. We'll have our annual Torsk meal – please make your reservations early by Wednesday noon, March 7th (the fish needs to be ordered by then). We look forward to a program brought to us by Lt Col Martin Tesli, who is in charge of the Royal Norwegian Air Force F-35 fighter training program at Luke Air Force Base. *(Please find more details on page 2.)*

It was announced at our February meeting and in the February Posten that a merger vote was being held at the March meeting. The Board decided at the March Business Meeting that a vote for merger will not take place; instead, we are committing to a revitalization campaign to make Desert Fjord more viable as a lodge. *(Page 3 has more details.)*

To those who have not been with us for awhile and to those who have yet to be with us at the monthly meeting, I extend a hearty welcome ... I hope to see you in March! We have great food and wonderful programs.

*Velkommen*

Heritage and Cultural Meeting—March 11th at 2 PM  
Masonic Lodge, 2531 N Scottsdale Rd, Scottsdale, AZ

Program: The Royal Norwegian Air Force F-35 Training Program at Luke AFB  
by Lt Col Martin Tesli



Norway's largest military contingent in the USA is stationed here in Phoenix, at Luke Air Force Base. Oberstløytnant (Lieutenant Colonel) Martin Tesli is the commanding officer of the Norwegian unit and the Senior National Representative for Norway on the F-35 fighter jet at Luke. Lt Col Tesli will present an informative brief, sharing the story of the Royal Norwegian Air Force's F-35 commitment in Norway and in the USA. He will share the story of the buildup of the future fighter aircraft for Norway, the F-35.

Menu:

- Entrees: Baked Fresh Pacific Cod in butter wine sauce  
or Meatballs for non-fish lovers
- Sides: Vegetables and Potatoes
- Tea, Coffee, and Water
- Cookies will also be served



Price: Adults \$16; Children \$8

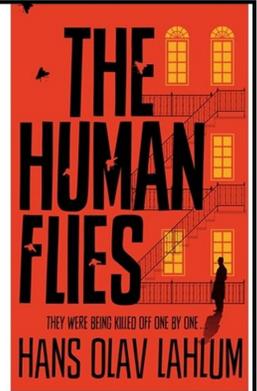
Reservations: *Please make them early!* ... Via the link online (click "online")  
or call Phyllis Bergo *by noon Wednesday March 7th!* (480-812-9762)  
Make your check payable to Sons of Norway & mail to Phyllis Bergo:  
2589 East Erie Ct, Gilbert AZ, 85295

VIKING BOOK

and

WINE CLUB

We will meet at 3:45 after the March 11th  
Heritage Meeting at the lodge.



## **B u s i n e s s M e e t i n g**

March 3rd at 12:30 pm

Scottsdale United Methodist Church

4140 N Miller Rd, Scottsdale, AZ

## **Lodge Renewal and Revitalization Begins**

Based on feedback received after the article in the Posten and the presentation and discussion at the February meeting, further discussions on lodge mergers are un-necessary as there is a renewed interest in maintaining Desert Fjord's strong history and our tradition as the premier lodge in Arizona. We are therefore pleased and excited to announce the following steps are already underway to renew and revitalize Desert Fjord, its members and leaders:

1. We have identified a cadre of dedicated members ready to explore and lead efforts to recruit new members and leaders.
2. We are prepared to close some of the immediate leadership holes with a candidate for Vice President and an individual willing to work with Floyd and transition to the role of Membership Secretary.
3. The new Vice President will lead a task force, comprised of interested lodge members, to develop a plan, budget and lead a campaign to increase membership by 5% by year-end 2018, plus another 10% by year-end 2019.
4. A nominating committee will be formed to identify and gain commitment of members to run for 2018 elected offices.

We welcome members who would be interested in serving on the recruitment task force and/or the nominating committee. Please see Jan Loomis at the March Lodge meeting or email him ([jan@jloomis.com](mailto:jan@jloomis.com)) if you are willing to help. Tusen Takk!

# Norwegian Cream Cake Contest

We have a winner! Congratulations to Berit Miltun!

She has graciously shared her recipe with us as well (*samples can be given to the Posten editor*):

## The cake:

- 5 eggs,
- 2/3 cups sugar
- 2/3 cups flour
- 1/2 cup cornstarch
- 1/2 tsp baking powder

## Fillings:

- Cut cake in 3 layers. Moisten each layer with milk.
- First layer: Vanilla pudding (I use instant)
- 2nd layer: raspberry preserves or frozen raspberries (add some sugar to this) with whipping cream
- 3rd layer: whipping cream

- Whip eggs and sugar for 20 minutes with an electric mixer.
- Fold in flour, cornstarch and baking powder after sifting it.
- Bake in 350 F oven for approx. 30 minutes.
- Cool cake.

I bought marzipan and rolled out for the top, but you can just have whipping cream and decorate with fruit.

I usually put the cake together the evening before it is eaten and just decorate the top the day of. Reason is that it makes it more moist when it sits overnight. (Bløtkake means soft cake)

Good luck!

1) The winning cake. 2) Some of the judges at work. 3) Other contestants' entries.



1



2



3

**Business Meeting Minutes – February 3, 2018**  
**United Methodist Church, 4140 N Miller Rd, Scottsdale, AZ**

1. **MEETING** – Called to order by Jonathan Walters at 1:00 PM.  
**In attendance:** Berit Miltun, Anita Thompson. Ed Bergo, Floyd Downs, Janis Johnson, Jonathan Walters, Roger Espeland, Sissel Liknes, and Ross Berg. A Quorum (4+) was met: Yes
  2. **JANUARY MINUTES:** Floyd made a motion to accept the January 2018 Business Meeting minutes as published in the Feb Posten, Ed Bergo acting secretary. Motion seconded by Roger Espeland and passed
  3. **TREASURER’S REPORT** – Janis Johnson
    - Janis provided the lodge financial statement and the audit report
    - Checking balance is \$2,231.79 as of 12/31/2017
  4. **COMMITTEE REPORTS**
    - **Cultural / Program:** Berit (**NOTE:** The cost of the program includes \$5.00 for hall rental. If you make a reservation and **do not show up**, a hall rental fee is still due)
      - February 18 – we meet on the 3<sup>rd</sup> Sunday: Norwegian Cream Cake contest – five volunteers to judge – details in the Posten; Erik Ringnes will present the program
      - March – Martin Tesli to speak – commander of the Royal Norwegian Air Force at Luke AF Base
      - April – Per Aannestad to present talk on Norway’s Heavy Water production plant
      - June – social event: maybe a Rick Steve’s Norway travel video
    - **Membership** –Additional details in the Posten
      - Floyd distributed Sons of Norway Lodge Membership Activity Report that is received from Minneapolis. There are 130 active members
      - New annual membership dues went into effect January 1, 2018:  
**Individual** - \$60.00; **Golden** \$42 (member for 25+ years); **Family** \$95
      - Discussed the Membership Retention Fund (MRF) – suggested that members make donations at the next meeting. A payment, from the MRF of \$29.50, was sent to Headquarters to pay for Golden member Paul R Wold, age 99
    - **Scholarship** - from Ross Berg – budget of \$1600 available, March 1, 2018 is the deadline for applications; there is a new application form online that needs to be updated
  5. **OLD BUSINESS:**
    - Request for up to four delegates to attend the District 6 convention June 10-14, 2018 in Rohnert Park, CA (north of San Francisco); Jan and Sherry Loomis, Jonathan Walters, Ed and Phyllis Bergo; any member can attend as an alternate - let Jonathan Walters know if you would like to attend
  6. **NEW BUSINESS**
    - The committee actively looking into the merger with Mesa. A vote will be taken in **March** with a simple majority of all those who are present
    - Possible new name and meeting location are being investigated. One suggestion for a name is **DOVRE** (meaning – Forever steadfast until Dovre mountain falls)
    - Three 2017 forms were submitted to Sons of Norway headquarters by Jonathan Walters: American Fraternal Alliance Year End Report, Lodge Achievement Form 2017, and Family Lodge of the Year Rating Form. Lodge financial form is signed and ready to submit to District Six president
    - Viking Book and Wine Club – meeting February 10 at 3 PM – additional information in the Posten
- Motion was made by Ed Bergo and seconded by Beit Miltun to adjourn; meeting adjourned at 2:15.

Next business meeting – Saturday March 3, 2018

Respectfully submitted by Anita Thompson – Desert Fjord Secretary on February 5, 2018.

# March Birthdays

Gordon T Troan 1  
 \* Lars VanderBeischel 2  
 Mary Celeste Goering 4  
 Diane L Berger 11  
 Allan D Solheim 11  
 Berit Miltun 13



\* Mary P Westby 17  
 \* Leif G Hollmann 18  
 John Richard Peterson 19  
 Marsi F Johnsen 20  
 Laurie Jean Peterson 26  
 \* Natalie A Clunk 28

*Gratulerer Med Dagen – Happy Birthday !!!*

\* Heritage Member

## District Six President: Mary Beth Ingvaldstad

District Six is made up of the following states:

Arizona, Colorado, Nevada, New Mexico, Utah and Hawaii  
 - Website: [www.sofn6.org](http://www.sofn6.org)

Facebook:

<https://www.facebook.com/groups/377019032437840/>

## Zone Seven Director: Benny Jo Hinchey

Zone Seven is made up of lodges in the following states:

**Arizona:** Scottsdale #133-Desert Fjord; Sun City #134-Sol Byer; Mesa #153-Overtro Fjell; Flagstaff #167-Nordic Pines; and Yuma #168-Sola

**Utah:** Salt Lake City #83-Leif Erikson

## OTHER SONS OF NORWAY LODGES IN ARIZONA

**Nordic Pines 6-167** - 3rd Sunday, Family

Resource Ctr., Flagstaff, AZ

**Overtro Fjell 6-153** - 3rd Saturday

at 11:00 am, Fountain East Clubhouse,

303 S. Recker Rd., Mesa, AZ

**Sola 6-168** - 3rd Tuesday at 7:00 pm,

Faith Lutheran Church,

2215 S. 8th Ave., Yuma, AZ

**Sol Byer 6-134** - 3rd Saturday at

11:00 am, Elks Lodge, 10760 Union

Hills Dr., Sun City, AZ

## LODGES IN OTHER STATES

Go to: <https://members.sofn.com/lodgeDirectory/>

Most post their monthly newsletter

on their lodge website.

## OTHER CONTACTS

Honorary Norwegian Consul:

Alex Boemark



## MEMBERSHIP MATTERS by Floyd Downs, Membership Secretary

In looking through the membership list of our Lodge I made note of members who have been Desert Fjord faithful from those beginning years. Founding our Lodge in 1984: Howard Barikmo, Ella Brovitz (in 1977), Reidun Daeffler (in 1971). Kathleen Gabrielson, her husband Reidar (who has been with SON since 1943 and who is now 93 years old), Knut Haldorsen (in 1970), Heather Kalin and Shirley Kalin (now age 92), Lynn Kolstad, Berit Miltun, Shirley Ouren, Gordon and Janet Peterson, and Paul Wold.

Not to be overlooked are several others who joined in the early years: Ross Berg (in 1994), Sharon Clunk (in 1992), Vernon Dahlke (in 1997), Lynn Eide (in 1997), Judy Elisen (in 1991), Janice Haldorsen (in 1999), Joyce Kranzfelder (in 1986), Clarence Nelson (in 1993), Michael Osland (in 1995), Corinne Parrish (in 1992), Jimmy and Kathleen Rice (in 1995), Barbara Richey (in 1998), Allan Solheim (in 1988), Mary Steinnes (in 1982), Neal Sundeen (in 1987), Gordon Troan (in 1985), and Richard Westby (in 1987). That was indeed a powerful 20<sup>th</sup> century group of Scandinavians!

At the February Lodge meeting I again asked for donations to the MRF (Membership Retention Fund). I am happy to report that \$74 was received, along with two \$50 donations from other individuals.

I remind you that this fund is not part of the Lodge budget, although it is managed by our Lodge treasurer.



The most recent MRF beneficiary is Desert Fjord member Barbara McLaughlin who assists in the kitchen preparing our meals at social meetings, in appreciation for her diligence and excellence.

Please keep spreading the news of the benefits of Sons of Norway via Desert Fjord membership to all those of Scandinavian heritage. Yes, we accept the Swedes, the Finns, and any other friendly folk who wish to join with us.

As I've noted previously, keeping our own databases current is an ongoing challenge, especially when members do not report changes directly to us or if some of their incoming e-mail messages may be deleted or allocated to spam. This includes telephone number changes. I've heard that some phone numbers as currently listed in the SON membership roster are no longer valid. A similar reminder pertains to postal addresses. Please let us know of any changes so that we can maintain effective communication with you.

I can be contacted in person during a Desert Fjord meeting, by e-mail at [lenci.downs@cox.net](mailto:lenci.downs@cox.net) or by phone at (480) 816-3875.

### Officers of Desert Fjord Lodge

**President:** Jonathan Walters— (347) 801-3345

**Vice-President:**

**Secretary:** Anita Thompson— (480) 717-4103

**Treasurer:** Janis Johnson— janisjoan41@gmail.com

**Auditors:** Dirk Walter and Floyd Downs

**Box Tops for Education:** Sharon Clunk

**Counselor:** Ed Bergo

**Cultural Directors:** Jana Peterson, Nina Poe, Laurie Peterson

**Desert Fjord Boutique:** Ali Berg-Anderson

**Distribution:** Janis Johnson

**Education and Scholarships:** Elizabeth Lenci-Downs, Ross Berg, Nina Poe

**Foundation Directors:** Gordon Peterson, Paul Lindbloom

**Greeters:** Floyd Downs and Ross Berg

**Historian:** Roger Espeland

**Librarians:** A Medlicott— (602) 284-8523, Elizabeth Lenci-Downs

**Marshals:** Knut Haldorsen and Peter Flanders

**Membership/Financial Sec'y:** Floyd Downs— (480) 816-3875

**Posten Editor:** Laura K. Ontiveros— (602) 694-0532

**Publicity Director/Public Relations:** Janis Johnson

**Reservations:** Phyllis Bergo

**Social Directors:** Berit Miltun— (480) 966-2009, Nellie Lokken

**Sports:**

**Sunshine:** Dawn Walter— (480) 860-9192

**Trustees:** (1yr) K Haldorsen; (2yr) P Flanders; (3yr) Norm Jenson

**Tubfrim:** Lois Ripley and Lois Saakas

**Webmaster:** Jan Loomis

Hello everyone! (Or at least those that read page nine)

Happy March! For a Heinz 57 like myself, March is the time of year I embrace the Irish part of my genetic makeup. Not everyone is a full-blooded Norwegian or Scandinavian but I haven't heard of any Irish heritage groups having half of the success or enduring support as our own Sons of Norway.

It is remarkable to have so much culture in one place and I urge you to celebrate it with your families, all of the parts. Unless you're 100% Norwegian and you get bragging rights.

Be safe, celebrate the coming of spring, and remember - enjoy each day you're given!

Love always,

Editor Laura



"Like" us on Facebook to receive interesting Desert Fjord Lodge and Sons of Norway, District Six newsfeeds.

Control+ Left Click on this link:

<https://www.facebook.com/Desert-Fjord-Lodge-6-133-Sons-of-Norway-563052183744742/>

### Mission Statement:

To promote and to preserve the heritage and culture of Norway; to celebrate our relationship with other Nordic Countries; and to provide quality insurance and financial products for our members.

FROM:

Desert Fjord Lodge, Sons of Norway

P.O. Box 1716

Scottsdale AZ 85252-1716

STAMP

TO:

Please return to sender

If not deliverable

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Sons of Norway International Headquarters Website:

<https://www.sofn.com/>