

The Posten

January 2017

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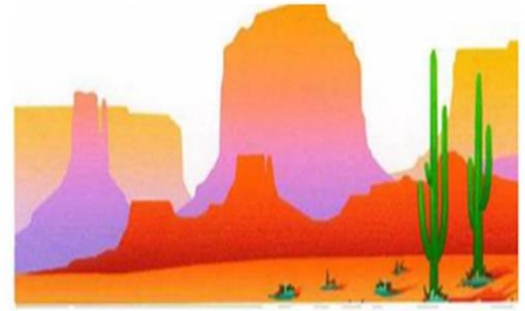
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Desert Fjord Lodge 6-133
P O Box 1716
Scottsdale, AZ 85252-1716



SONS OF NORWAY

Desert Fjord Lodge



President's Column

by Jonathan Walters, President



Godt Nyttår! ~ Happy New Year!!

A great quote for us in the new year: "Be at war with your vices, at peace with your neighbors, and let every new year find you a better person." ~ Benjamin Franklin

Each new year is a new beginning, a fresh start. Whether the year just ending was amazing or terrible, we leave it behind. As we step into the year ahead, we find ourselves perhaps setting a different course but certainly looking for the promise and possibility and accomplishment the future holds. Prexy Joe (President of Concordia College, Moorhead, MN while I attended) often included this phrase when he spoke at Morning Chapel: "Unless your reach exceeds your grasp, what's a heaven for?"

There's always room for improvement. What improvements would you like to see at Desert Fjord Lodge? Dream a little! A dream starts with an idea. An idea grows as it's shared with other people. How do dreams become a reality? People gather around a shared idea and begin taking steps to realize their dream(s). In January we're installing officers at Desert Fjord Lodge, members who have stepped up to take on some responsibility. The positions they assume give them certain leadership roles. Each will come with ideas and dreams how they can better our lodge. We need to support them in whatever ways we can.

Not all of us serve as officers, but each of us can contribute something to our lodge. I urge each of you to find something you can offer, even if it's something so ordinary as looking out for visitors at meetings and helping them feel welcome. Maybe your gift is to invite new people to attend our monthly meeting. And if you have an idea how we can do something even better in Scottsdale, don't keep it to yourself!

Velkommen

BUSINESS MEETING - 1 pm on January 14th
Granite Reef Senior Center, 1700 N Granite Reef, Scottsdale, AZ

HERITAGE AND CULTURAL MEETING

Sunday, January 8th, 2 pm to 4:30 pm

At the Masonic Lodge, 2531 N Scottsdale Rd, Scottsdale, AZ

PROGRAM: Hardinger Fiddle and Violin—Member Celeste Goering has studied violin from the age of nine. During a 2001 trip to Norway she purchased a Hardanger Fiddle in Trondheim. Ever since she has dabbled in Norwegian folk tunes and learned the difference between the two instruments. She'll compare the violin sound to the Hardanger fiddle sound; the audience will hear and see the differences!

Menu: **Lapskaus (beefstew)**
 Cranberry Sauce
 Bread and Butter
 Dessert
 Coffee, Iced Tea

Cost:

 Adults: \$15.00
 Children: \$5.00

Make checks out to Sons of Norway

Mail to: Phyllis Bergo

2589 East Erie Ct, Gilbert, AZ 85295

phyllisbergo@gmail.com

(480) 812-9762

RSVP to Phyllis Bergo by January 5th

If possible, use our online reservation system for the Heritage and Culture meetings.

Control + left click here: [Register](#)

RSVP by January 5th

Viking Book and Wine Club

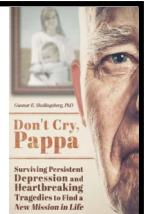
will meet at 3 pm on Saturday, January 14th
at 5848 E Hummingbird Lane, Paradise Valley
- RSVP Jana (480) 326-2927

Over this holiday season we are reading "Don't Cry, Pappa" by Gunnar Skollingsberg.

The youngest child of a Norwegian immigrant family to the United States, Gunnar grew up with feelings of alienation and loneliness. He later developed a persistent, profound depression which was only alleviated upon the birth of his first child. This little baby boy became the joy and purpose of Gunnar's life.

Parents live in perpetual, subconscious fear of losing a child. For this author, this ultimate nightmare has come true not once, but twice; a tragic car accident took the life of his two year-old son, and - many years later - his 15 year-old daughter drowned while on a camping trip.

In his moving memoir, Don't Cry, Pappa, Skollingsberg chronicles his journey from devastating, suicidal depression to tentative, fragile healing. Fortunately, he was able recover the drive to live beyond his children's deaths. He eventually refocused his life's purpose to bring moments of happiness and laughter to other children.



Why You Should Absolutely Take the Time to Document Your Family History Research

Presented by Ross Berg (from Janis Johnson)

It can't be said enough how important it is to document every single thing you add to your official family history. Citing sources is something that should be second nature to any serious family historian. If you are not already doing it, you should start, and make it a habit. You may think it's not important to cite your sources, or that it takes too much time. Those are the reasons most beginners give for not citing. The fact is, there are many good reasons why you need to be doing this. Here are some of the top reasons to always cite your sources.

Documentation Makes It Easy for Others to Follow Your Research

If you are putting a lot of work into your family history research, you may be surprised to know that others may use it for their own research one day. This is especially true if you are going to publish your work (or already have). Even if your own immediate descendants don't seem interested in genealogy, you don't know what generations down the line, or collateral relatives, will be interested in it. Even those who aren't related to you may take an interest in your work, for someone who married into your family, the area your family lived in, or some other historically significant reason.

When you cite your sources, you are providing these people with a map to your work. They can follow what you did, check the sources you used and read the original documents for themselves, find artifacts you discovered in museums and other places and go look at them, and even fact check your work, correcting any mistakes they find. This helps everyone, because it makes a more accurate family history. With citations, future researchers will have more confidence that your work is an authentic piece of historic writing that can be trusted, and they will use it and recommend it to others as a reliable research tool.

Documentation Makes It Easier for You to Follow Your Own Work

If you are doing a lot of research on many different family lines, chances are high that you will work on one line for a while, leave it (sometimes for years) while you work on other lines, and then come back to it again to work on it some more. If you don't document your sources, there is a strong chance you may repeat some of your own research. You won't know where you found pieces of information, and will find yourself looking them up again to make sure the information is correct. Making sure you document your sources means you won't waste valuable research time going over sources you've already used in the past.

It will also show you what sources you have not used yet. Looking at your documentation shows you where you've been, and this gives you a good idea of where you need to go. You will see the gaps in your research, and be able to determine what sources you need to look up to fill them in. In this way, documenting your sources makes you a better, more effective and efficient, researcher.

Documentation is Necessary if You Want to Professionally Publish Your Work

If your aim is to publish your work in a professional genealogical journal or magazine, or publish it as a book with a real publisher (and not just a vanity publisher), you will be required to document your sources. Genealogy is just like any other academic field when it comes to professional publications; sources are expected. No one will even look at your work, much less consider it for publication, if you do not include clearly cited sources.

Even if you just publish your work for your own family, you never know when it may gain attention outside of your circle of relatives. Your work might have significance to your community, or the community where your ancestors lived, and people there may want to read it. No one will be able to take it seriously without sources cited, and it will be an embarrassment to you. Your relatives will even take your work more seriously with cited sources, and look at you as a genealogical scholar, not just an amateur family historian.

(continued on page 4)

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Documentation Keeps You from Losing Things

Documentation isn't just about recording where you found written sources. In today's modern era, it is also about recording where you found electronic sources, and even physical heirlooms. If you document your electronic sources, this documentation will include the website address where it is located. If you ever want to look at it again for additional information, or if a researcher in the future wants to find it, this can easily be done with your source citation. You will never lose track of your electronic sources again when you properly document them.

If you have found some interesting heirlooms associated with your family, your sources will show you where to find them again if you want to visit them, or take others to see them. Nothing is more frustrating than knowing you saw a really amazing family heirloom in a museum, or in someone else's house, and want to see it again or show it to another relative, and not be able to because you don't remember where it's actually located.

If you keep your heirlooms at your house, your documentation will make sure you never lose track of them. Other people who may go through your research years, decades, or even centuries later, will be able to find these heirlooms, and create a paper trail of their own of those heirlooms are moved, so they are never lost to history again. Documentation actually preserves precious heirlooms for future generations.

As you can see, documentation in family history research is incredibly important. It is important in a number of ways. If you haven't started documenting, now is the time to start doing it. Get a guide on how to properly document for genealogy, then make it a habit. You'll be so glad you did.

(Article from *Ancestral Findings*)

January Birthdays

Laura C Kuegemann	1
Gretchen Rennebaum	1
Kathleen A Gabrielson	3
Karen Crofton	6
Deborah Lynn Shaffer	6
Jackson B Loomis	7
James Brown	11
Peter Flanders	13



Robert Slade Killion	15
Floyd L Downs	21
Penelope J Anderson	23
Annika M Clunk	25
Unger Venner	25
Reidun J Daeffler	27
Sharon T Clunk	28

Gratulerer Med Dagen

Mission Statement:

To promote and to preserve the heritage and culture of Norway; to celebrate our relationship with other Nordic Countries; and to provide quality insurance and financial products for our members.

Books in Our Desert Fjord Library

By Arlys Medicott

Has anyone read **Kristin Lavransdatter** by Sigrid Undset? She wrote a series of three books:

- ◇ **The Bridal Wreath.** She is a teenager who has a relationship but marries someone else to please her family.
- ◇ **The Mistress of Husaby.** She is a new bride, her husband is Erland. He has a large neglected estate which she improves while having seven children.
- ◇ **The Cross.** The marriage is turbulent. She chooses to join the abbey during the period of the black plague in Europe.

There are books in Norwegian that have been donated to the library. Since there is little activity in this type of book they are available. Please check at the next meeting to see if you might be interested.

Items Missing from Desert Fjord Library (in 2016)

None of the books listed as missing have been returned. Please check to see if anyone you know might have one or two.

(some of these are quite valuable – please help us bring back all our missing items)

Beginning Woodcarving (Complete How to Guide DVD) by Everett Ellenwood

The Book of Wood Carving (Advanced) by Bostz

Chip Carving (Techniques for Beginners) by Hunter

Norwegian Rose Painting (Intermediate) by Nils Ellingsgard

Viking Designs (historic woodcarving on Stave churches) by Smith

An American Saga (Sons of Norway Across America) by SON

Bergstaden Roros, Norway by Harald Kallestad

Cod, a Biography of the Fish that Changed the World by Mark Kurlansky

In Cod We Trust by Heather Atwood

Norwegians in America, Records – Emigration by Langeland

Norwegian Touches: History, Recipes, Folk Arts by Joan Bourret and Louise Roalson

Off the Beaten Track – travel guide

Popular Tales from the Norse – pre-1923 history by George Webbe Dasent

Puc, Gray Dog of Norway – Sami family culture by Nina P Ross

Scandinavia: Common Heritage – 5 countries; history

The Norwegian Heritage: Volume II – history

Valdres – Diversity & Enchantment ... Valdres area, Norway

Ways of Norway: Rambling through past and present by Susan Tyrrell



MEMBERSHIP MATTERS

by Floyd Downs, Membership Secretary

Happy New Year to Everyone!

To start the new year off I am pleased to announce that Laura Kuegermann, our hard working, youthful and most capable editor of the Posten is now officially a new member of Sons of Norway and our Desert Fjord Lodge. Not only that, but she has a birthday on January 1st!

Let's have three (or more) cheers for Laura!!!!
(Editor's note: I did not tell him to write that but am flattered)

As I write this near the end of December 2016 I have just counted the number of members in our lodge to be 158. While not a bad showing at all, nevertheless it would be great to increase that number to 160, or even 170 in the coming year.

In November we had to announce that due to a delay Milestone Pins would be awarded at the January lodge meeting. We hope that, as much as possible, recipients will be present to receive their pin, but for the record the list reads:

5 YEARS: Hiro Cummings, Kristin Hanson, Roger Haugen, Emily Mc-Laughlin, Jonathan Walters.

10 YEARS: Mary Gordon, Karl Haldorsen, Myrtle Knutson, Jonathan Loomis, Chloe Medder, Carl Mil-tun, Jana Peterson.

15 YEARS: Cindy Casler, Dawn Walter, Roger Westland.

25 YEARS: Judy Elisen, Dorothy Williams.

45 YEARS: Reidun Daffler

Please keep spreading the news of the benefits of Sons of Norway via Desert Fjord membership to all those of Scandinavian heritage. Yes, we accept the Swedes, the Finns, and any other friendly folk who wish to join with us.

As I've noted previously, keeping our own databases current is an ongoing challenge, especially when members do not report changes directly to us or if some of their incoming e-mail messages may be deleted or allocated to spam. This includes telephone number changes. I've heard that some phone numbers as currently listed in the SON membership roster are no longer valid. A similar reminder pertains to postal addresses. Please let us know of any changes so that we can maintain effective communication with you.

I can be contacted in person during a Desert Fjord meeting, by phone at (480) 816-3875 or by e-mail at lenci.downs@cox.net.



Welcoming the New Year

By Ann Krause, FBC in North Dakota

“And now we welcome the new year, full of things that have never been.” — Rainer Maria Rilke

This will be a personally meaningful year for me as it is the 100th year of my mother’s birth and I have a granddaughter due to be born this year. The Circle of life rolls on.

How can I mark this year as a legacy moving forward? My mother handed me a life insurance certificate when I was a new bride. She said that she and dad had started this for me years earlier and now it was mine. Honestly, I hadn’t given life insurance any thought at this point. What she passed on to me was the sense of responsibility. My life was changing, marriage, a new home and another person to care about.

I will start a life insurance certificate on my new granddaughter when she is born. Her life is just beginning. One day I have expectations to hand it to her as a young adult and hope that she understands the legacy.

Contact your Sons of Norway Financial Benefits Counselor and welcome things that have never been!

Jonathan Walters, *Licensed Insurance Agent*
Financial Benefits Counselor

Term Life | Whole Life | Universal Life | Annuities | Viking Voyager

Serving Arizona: Flagstaff, Mesa, Scottsdale, Sun City and Yuma
P 480.788.7623

jwalters.sofn@gmail.com ■ www.sonsofnorway.com



Make Wise Decisions!





NORDMANNNS-FORBUNDET EVENT:

FENALÅR DINNER (CURED LEG OF LAMB)

Saturday, January 21, 2017 | 4:00 PM
Shepherd of the Valley Lutheran Church
1500 W Maryland Ave, Phoenix, AZ 85015
Admission: \$16 adults, \$8 children (ages 5-12), FREE for children under 5

Go to www.aznorseman.org for details



District Six President: Mary Beth Ingvoldstad

District Six is made up of the following states:

Arizona, Colorado, Nevada, New Mexico, Utah and Hawaii - Website: www.sofn6.org

Facebook:

<https://www.facebook.com/groups/377019032437840/>

Zone Seven Director: Benny Jo Hinchey

Zone Seven is made up of lodges in the following states:

Arizona: Scottsdale #133-Desert Fjord; Sun City #134- Sol Byer; Mesa #153-Overtro Fjell; Flagstaff #167- Nordic Pines; and Yuma #168-Sola

Utah: Salt Lake City #83-Leif Erikson

OTHER SONS OF NORWAY LODGES IN ARIZONA

Nordic Pines 6-167 - 3rd Sunday, Family Resource Ctr., Flagstaff

Overtro Fjell 6-153 - 3rd Saturday, at 11:00 a.m., Fountain East Clubhouse, 303 S. Recker Rd., Mesa

Sola 6-168 - 3rd. Tuesday at 7:00 p.m., Faith Lutheran Church, 2215 S. 8th Ave., Yuma

Sol Byer 6-134 - 3rd. Saturday, at 11:00 a.m., Elks Lodge, 10760 Union Hills Dr., Phoenix

LODGES IN OTHER STATES

Go to: <https://members.sofn.com/lodgeDirectory/>

Most post their monthly newsletter on their lodge website.

OTHER CONTACTS

Honorary Norwegian Consul:

Alex Boemark

(480) 788-7479

Officers of Desert Fjord Lodge

President: Jonathan Walters

Vice-President:

Secretary: Anita Thompson

Treasurer: Janis Johnson

Auditors: Dirk Walter and Floyd Downs

Box Tops for Education: Sharon Clunk

Counselor: Ed Bergo

Cultural Directors: Jana Peterson; Nina Poe; Laurie Peterson

Database and Reference Manual: Roger Espeland

Desert Fjord Boutique: Ali Berg-Anderson

Distribution: Tyler Soine

Education and Scholarships: Elizabeth Lenci-Downs, Martha and Dave Frampton,

Foundation Director:

Greeters: Floyd Downs and Ross Berg

Historian: Roger Espeland

Librarians: S Clunk, P Flanders and A Medicott

Marshals: Knut Haldorsen and Peter Flanders

Membership/Financial Secretary: Floyd Downs

Posten Editor: Laura Kuegemann

Publicity Director/Public Relations: Janis Johnson

Reservations: Phyllis Bergo

Social Directors: Berit Miltun and Nellie Lokken

Sports: Tyler Soine

Sunshine: Dawn Walter

Trustees: (1yr) Knut Haldorsen; (2yr) Floyd Downs; (3yr) Norm Jensen

Tubfrim: Lois Ripley and Lois Saakas

Webmaster: Jan Loomis

The New Year means that you get to start something new in your life with an entire year in which to pursue it. Be it making a resolution for better finances or health, may the odds be in your favor!

My New Year's resolution is to spread a little bit more light by showing my loved ones how much they mean to me. Since New Year's is also my birthday, it's a day I choose to give instead of get!

This year I'm taking a friend for an outdoor lunch at the Salt River where he has never been. I hope the weather works with me!

Wish me luck!

Happy New Year everyone!

Laura Kuegemann



“Like” us on Facebook to receive interesting Desert Fjord Lodge and Sons of Norway, District Six newsfeeds.

Control+ Left Click on this link:

<https://www.facebook.com/Desert-Fjord-Lodge-6-133-Sons-of-Norway-563052183744742/>



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