

The Posten

September 2017

In this Issue:

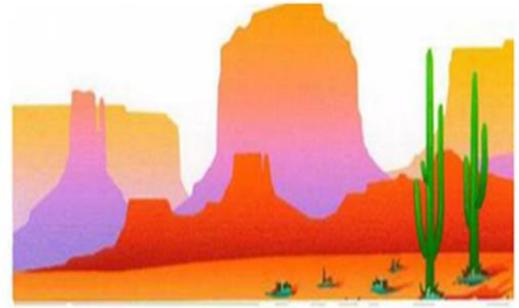
- 2 Upcoming Meetings
- 3 Beautiful Bunads
- 4 History of Bunads
- 5 Viking Book & Wine Club; Library Corner
- 6 Picnic in the Pines 2017
- 7 Norwegian Open House; September Birthdays
- 8 May Business Meeting Minutes
- 9 FBC Article; Sons of Norway District Six and AZ Lodges Information
- 10 Desert Fjord Information

Desert Fjord Lodge 6-133
P O Box 1716
Scottsdale, AZ 85252-1716



SONS OF NORWAY

Desert Fjord Lodge



President's Column

What have you been doing all summer long? I hope you had an opportunity to venture out and explore, whether between the covers of a book, here in AZ or somewhere else. Venturing out serves to broaden one's horizons.

Years ago a teacher friend of mine in New York City told me that people who come to the city explore for the first five years. By that time they've developed their comfortable routine, the stores and restaurants they frequent ... and they cease going outside this zone. In other words the typical time of discovery for a new-comer is only five years. I'm inclined to think this might describe a new-comer anywhere. What a shame!



Sons of Norway helps to counter this "new-comer stagnation" we're susceptible to by setting us on a course of discovery—discovery of ancestors, discovery of cultural traditions (music, food, dress, dance, etc.) and discovery of the contributions to the world our particular tribe brings. Before long we realize there are unfathomable riches for us to appreciate and enjoy. Others who bring programs at our meetings prompt us to explore further on our own. It's never too late to begin a quest that brings benefit to you. And whatever path of discovery you take, there's a good chance you'll find someone else to share your enthusiasm with. Pride in one's cultural heritage is downright contagious!

As a youngster I attended Concordia College in Moorhead, MN. Quite often I attended daily Chapel there. On occasion the president, Joseph Knutson "Prexy Joe", would bring the homily. I remember well a recurring phrase in Prexy Joe's homilies: "Unless your reach exceeds your grasp, what's a heaven for?"

As a lodge and as individuals, I hope this year we can venture out and explore—embark on new paths of discovery. I invite you to attend our Cultural and Heritage meetings held almost every month. I invite you to join our Viking Book and Wine Club. I invite you to visit our Library and check out a book ... and read it. I invite you to serve the lodge in some way; there are some officer vacancies we're trying to fill. (the pay is low but the rewards are huge) There are many chances for you to venture out and explore as a member of Desert Fjord Lodge!

Velkommen

Heritage and Cultural Meeting—September 10th at 2 PM

Masonic Lodge, 2531 N Scottsdale Rd, Scottsdale

Program: BEAUTIFUL BUNADS (see page 3 & page 4)

Please join two of our Camp Norge BUNAD WORKSHOP enthusiasts, Laurie and Jana Peterson, as they describe their camp experience and show their hand-made bunads in progress.

PS—Wear your bunad if you are lucky to have one!

Menu:

- Rømmegrøt (sour cream porridge) with sugar and cinnamon
- Assorted cold cuts (salami, prosciutto, etc) and flat bread
- Cranberry raspberry juice
- Coffee and Dessert



Price: Adults \$13.00; Children—\$6.50

Reservations: Via the link [online](#) (click "online")

or call Phyllis Bergo by September 8th! (480-812-9762)

Make your check payable to Sons of Norway & mail to Phyllis Bergo:
2589 East Erie Ct, Gilbert AZ, 85295

Business Meeting

September 9th at 1:00 pm

Scottsdale United Methodist Church

4140 N Miller Rd, Scottsdale, AZ

Genealogy

There is no Genealogy Meeting scheduled at the present time. Please note that any meeting will be given notice by email and/or in future newsletters. If you wish to be added to the email list, contact—
Ross Berg: 1aznorski@cox.net.

SEPTEMBER 10TH HERITAGE MEETING, 2-4:00 pm:

BEAUTIFUL BUNADS



(Princess Mette Marit of Norway, Prince Haakon, Prince Sverre magnus, and Princess Ingrid Alexandra during a children's parade.)

Bunad: A [Norwegian](#) term encompassing, in its broadest sense, a range of both traditional rural [clothes](#) (mostly dating to the 19th and 18th centuries) as well as modern 20th-century [folk costumes](#). In its narrow sense the word *bunad* refers only to clothes designed in the early 20th century that are loosely based on traditional costumes. The word *bunad* in itself is a 20th-century invention.

The bunad movement has its root in 19th-century [national romanticism](#), which included an interest for traditional folk costumes in [Norway](#). Most present-day Norwegians wear bunads for important events.

History



Traditional folk clothing of eastern Telemark, 1880's.

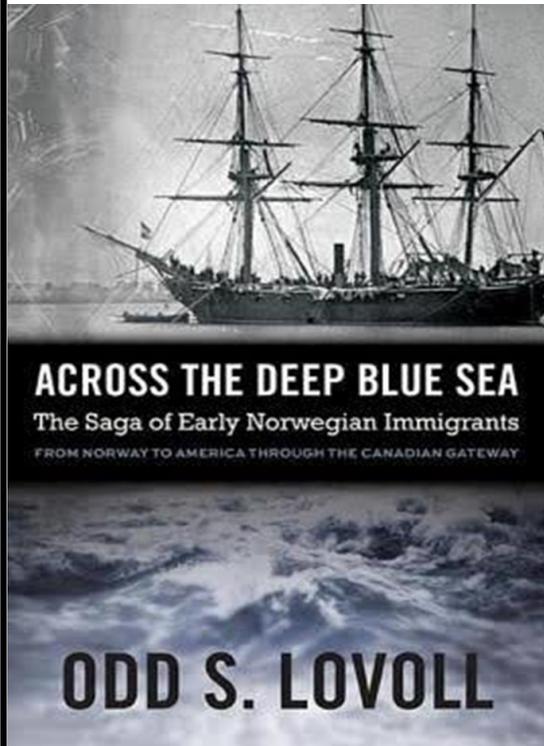
The bunad movement has been carried forward by enthusiasts all over the country and new bunad variations are frequently created and proposed for approval. Designers such as [Lise Skiåk Bræk](#) have developed entire lines of costumes based on the bunad tradition. In the field of folk costumes it is common to differentiate between *bunad* and *folk costume*, the latter being the local dress in previous times with all its variations and use. Modern interpretations of these costumes have often modified or done away with completely parts of the traditional dresses in order to align them with a more conventional idea of beauty and fashion. For example, few Norwegians still use the headdresses and headpieces that were a part of the traditional costumes, preferring instead to show their hair, in accord with modern, western fashions. Ironically, these headdresses, like the one in the photo at the top of this article, would often have been seen as the most important part of the costume for native practitioners of the customs as the headdress often indicated an individual's social or marital status.

There is a continuing debate about the extent to which bunads must conform to the standards, or whether it is acceptable to vary or improvise based on general themes. Some groups (sometimes derisively referred to as the *bunad police*) argue that bunads must be sewn and worn according to strict standards; others advocate a more creative, lenient approach.

Bunads are nowadays often viewed as a status symbol, ranging in price from \$2,000–10,000, depending on the desired design, material, embroidery, gold, silver and accessories. The price also depends on whether the customer buys from a well-established company like Husfliden, from local sewers or decides to sew or do part of the embroidery themselves. It usually takes up to a year to finish making the bunad, and it has become a tradition for parents to give their children a bunad as a confirmation gift, which they will wear on their confirmation day.

VIKING BOOK AND WINE CLUB

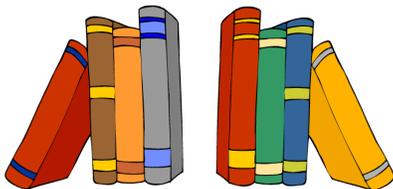
WILL MEET SEPT. 9TH AT: 2:30 PM TO DISCUSS:



AND OUR **NEXT** BOOK!!!

RSVP: jana for directions...480-326-2927

Bring Viking fare.



LIBRARY CORNER

By Arlys Medicott

Librarian

I read all the books about Norway and the involvement in World War II both in the Desert Fjord and Overro Fjell libraries. Doing so provided a better understanding about the book "From Day to Day", the concentration camp diary of Odd Nansen. Even though it's lengthy and slow reading, I recommend this book.

In addition, I read six books by Jo Nesbø—hopefully in chronological order.

Please provide any suggestions for new books. I checked on one book mentioned in the last Viking magazine: "Once in a Blue Moon Lodge" by Lorna Landvik. Many interesting books in the library—ask questions at the meetings and I'll try to help.

Desert Fjord Lodge's trip to Payson, AZ: "Picnic in the Pines" — August 2017



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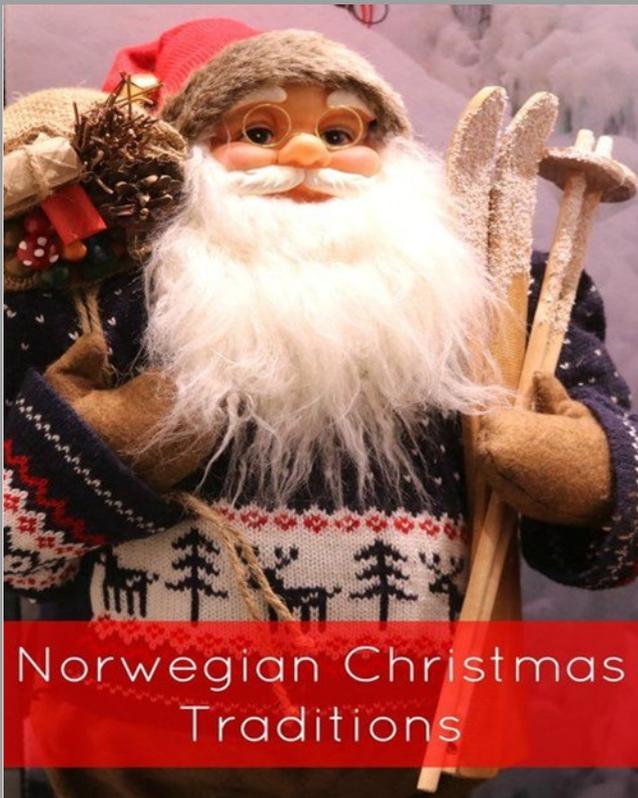
- (1) Jan Loomis grills the brats and burgers to perfection.
- (2) Dirk and Joe Walter duke it out playing bean bag toss.
- (3) Phyllis & Ed Bergo and Sherrie & Jan Loomis get ready to enjoy the picnic lunch.
- (4) Dawn & Dirk Walter and Bergos in line for the first helping.
(Scandinavians like to eat)



1



2



CALLING ALL Desert Fjord ARTISANS!

Please bring your wares to sell at our NORWEGIAN OPEN HOUSE, OCT. 8TH! DO YOUR
CHRISTMAS SHOPPING EARLY.

Call to reserve a table. 480-326-2927



September Birthdays

- *Joseph Vincent Walter 7
- *Liv VanderBeischel 7
- Taruno Steffensen 7
- Shirley E Kalin 12
- Jan B Loomis 17
- Ali Berg Anderson 18



- Cortland L Brovitz 20
- Janice L Lindbloom 22
- Jennifer M Loomis 23
- Bethany Susan Tso 24
- Richard L Westby 30

* Heritage Member

Gratulerer Med Dagen – Happy Birthday !!



Desert Fjord Lodge 6-133



Business Meeting Minutes – May 6, 2017 Granite Reef Senior Center, Scottsdale, AZ

Meeting called to order by Jonathan Walters at 1:00 PM.

- In attendance: Ali-Berg-Anderson, Berit Miltun, Anita Thompson, Arlys Medicott, Ed Bergo, Floyd Downs, Jonathan Walters, and Ross Berg
- Was the Quorum (4+) met? Yes

1. PRIOR MONTH'S MINUTES: Floyd Downs made a motion to accept the April 2017 Business Meeting minutes as published in the May Posten. Motion seconded by Ed Bergo; motion passed.

2. TREASURER'S REPORT – Ed Bergo reported that the checking account balance as 4/19/2017 was \$1,633.63.

3. COMMITTEE REPORTS

Cultural/Program

- **May 13 (Sat)** – Syttende Mai celebration at *McCormick-Stillman RR Park in Scottsdale*
- **June 11** – Ice cream social & movie

Genealogy Meeting

- **May 25** – 10:30-12:30 Thursday: Methodist Church 4140 N Miller Rd, Scottsdale with guest speaker Kristian Ekenes, the architect of the www.Norwayparishes.com website

Library – Arlys M Medicott, our librarian, will continue to have a library minute during the monthly cultural meetings to talk about an available book; refer to Posten for information

Membership – Refer to details in the Posten on membership activity from Floyd Downs. During March and April there were 134 active members. Floyd Downs will pass out pins at our next meeting to members who have recruited new members.

Scholarships & Grants – Alexander Gokan to receive a \$1,000 scholarship, who will be a sophomore at Purdue University; Jana Peterson to receive a \$300 grant

Publicity – Janis Johnson mailed out 13 Postens; there will be a Posten in June and then September

4. OLD BUSINESS

- Recruiting of Lodge officers – VP position is open
- Searching for alternate venue for business meetings; June board meeting will be at Denny's in Scottsdale
- Syttende Mai 2017 celebration will be on May 13 from 9-12; a potluck lunch at McCormick-Stillman Railroad Park, 7301 E Indian Bend Rd, Scottsdale; Norwegian Air Force, stationed at Luke Air Force base, will attend
- Boutique 2017 budget is \$450, inventory of \$700; board voted to increase the budget to \$750 per the request of Ali-Berg-Anderson; Ross Berg made a motion to increase the budget and seconded by Ed Bergo; motion passed

5. NEW BUSINESS

- Discussion to include phone number and/or email address of officers in Posten; still under discussion
- Lodge summer events: Ice cream social in June, NO meeting in July, possible event in August

Motion made by Floyd Downs and seconded by Ed Bergo to adjourn; meeting adjourned at 2:00.

June 3 - Next business meeting; location Denny's in Scottsdale

Respectfully submitted by Anita Thompson – Desert Fjord Secretary on 5/26/2017.

A Lifetime in a Day

The week started out like any other Monday. Then the call came. A client/friend had died. It was two calls that morning. Two men in different states that were unrelated, with their own family and stories, had died over the weekend. The only thing they had in common was they were members of Sons of Norway and had life insurance. That is why I got the calls.

When I attend a funeral or memorial service my mind takes me to my relationship with that person and their family. I never would have known these two men if it weren't for Sons of Norway. I am grateful our paths crossed. I have a sense of thankfulness that because of our previous relationship, their families will have one less thing to worry about while they mourn the loss of their loved ones.

Others work with grieving families—pastors, morticians, doctors to name a few. It isn't easy. I am appreciative that my work begins as a discussion on helping a family in the future and knowing that in the end that person has given a little peace of mind to his/her loved ones.

Rest in peace, dear gentlemen. Sons of Norway is delivering its promise for you.

Jonathan Walters, *Licensed Insurance Agent* Financial Benefits Counselor

Term Life | Whole Life | Universal Life | Annuities | Viking Voyager

Serving Arizona: Flagstaff, Mesa, Scottsdale, Sun City and Yuma
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jwalters.sofn@gmail.com ■ www.sonsofnorway.com



District Six President: Mary Beth Ingvaldstad

District Six is made up of the following states:

Arizona, Colorado, Nevada, New Mexico, Utah and Hawaii
- Website: www.sofn6.org

Facebook:

<https://www.facebook.com/groups/377019032437840/>

Zone Seven Director: Benny Jo Hinchey

Zone Seven is made up of lodges in the following states:

Arizona: Scottsdale #133-Desert Fjord; Sun City #134-Sol Byer; Mesa #153-Overtro Fjell; Flagstaff #167-Nordic Pines; and Yuma #168-Sola

Utah: Salt Lake City #83-Leif Erikson

OTHER SONS OF NORWAY LODGES IN ARIZONA

Nordic Pines 6-167 - 3rd Sunday, Family

Resource Ctr., Flagstaff, AZ

Overtro Fjell 6-153 - 3rd Saturday

at 11:00 am, Fountain East Clubhouse,

303 S. Recker Rd., Mesa, AZ

Sola 6-168 - 3rd Tuesday at 7:00 pm,

Faith Lutheran Church,

2215 S. 8th Ave., Yuma, AZ

Sol Byer 6-134 - 3rd Saturday at

11:00 am, Elks Lodge, 10760 Union

Hills Dr., Sun City, AZ

LODGES IN OTHER STATES

Go to: <https://members.sofn.com/lodgeDirectory/>

Most post their monthly newsletter

on their lodge website.

OTHER CONTACTS

Honorary Norwegian Consul:

Alex Boemark



Officers of Desert Fjord Lodge

President: Jonathan Walters

Vice-President:

Secretary: Anita Thompson

Treasurer: Janis Johnson

Auditors: Dirk Walter and Floyd Downs

Box Tops for Education: Sharon Clunk

Counselor: Ed Bergo

Cultural Directors: Jana Peterson, Nina Poe, Laurie Peterson

Desert Fjord Boutique: Ali Berg-Anderson

Distribution: Janis Johnson

Education and Scholarships: Elizabeth Lenci-Downs, Ross Berg, Nina Poe

Foundation Directors: Gordon Peterson, Paul Lindbloom

Greeters: Floyd Downs and Ross Berg

Historian: Roger Espeland

Librarians: A Medlicott, P Flanders, Elizabeth Lenci-Downs

Marshals: Knut Haldorsen and Peter Flanders

Membership/Financial Secretary: Floyd Downs

Posten Editor: Laura Kuegemann

Publicity Director/Public Relations: Janis Johnson

Reservations: Phyllis Bergo

Social Directors: Berit Miltun and Nellie Lokken

Sports:

Sunshine: Dawn Walter

Trustees: (1yr) Knut Haldorsen; (2yr) Peter Flanders; (3yr) Norm Jensen

Tubfrim: Lois Ripley and Lois Saakas

Webmaster: Jan Loomis

Welcome back, Scottsdale Lodge!

Officially, summer is drawing to a close on September 22nd, but here at Sons of Norway we're already under way following a summer siesta.

We have materials from the library ready to be checked out, roots to find in Genealogy, wine to drink, books to read, and culture to be explored.

And don't forget to invite your Nordic friends, family and interested others along for what promises to be a wonderful year of tradition, heritage, and of course fun!

- Editor Laura



"Like" us on Facebook to receive interesting Desert Fjord Lodge and Sons of Norway, District Six newsfeeds.

Control+ Left Click on this link:

<https://www.facebook.com/Desert-Fjord-Lodge-6-133-Sons-of-Norway-563052183744742/>

Mission Statement:

To promote and to preserve the heritage and culture of Norway; to celebrate our relationship with other Nordic Countries; and to provide quality insurance and financial products for our members.

FROM:

Desert Fjord Lodge, Sons of Norway

P.O. Box 1716

Scottsdale AZ 85252-1716

STAMP

TO:

Please return to sender

If not deliverable



Sons of Norway International Headquarters Website:

<https://www.sofn.com/>