

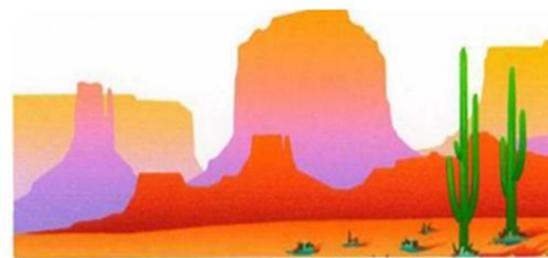
The  
POSTEN

February 2016

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 **SONS OF  
NORWAY**  
Desert Fjord Lodge



**President's Column**

by Jonathan Walters, President



I am both glad and honored to be your new president. When I became a member of Overtro Fjell Lodge some years ago, little did I dream I would someday hold this post! During my time as a member of Sons of Norway, I have had many opportunities to learn and to be involved; these experiences will no doubt serve me well now. I look forward to exploring and discovering the riches of our Norwegian heritage with you.

How do you get the most out of your Sons of Norway membership? One way is to take advantage of the great programs offered at our monthly Heritage and Cultural Meeting. In January our program focused on bunads with an interesting PowerPoint presentation on their history, showing bunads from different parts of Norway. Members and visitors wearing bunads paraded about the room so everyone could see their beautiful attire. Following this captivating program we enjoyed a meal of Lapskaus, otherwise known as Norwegian Stew. I think everyone went home feeling just a bit closer to their roots.

Another exciting program is coming in February! I'm sure you won't want to miss Kate Martinson's program on the Sami people of northern Norway. She's Chairperson of the Board at Vesterheim Museum in Decorah, IA. Bring your friends; invite your neighbors and people from your church. We are blessed once or twice each year with a great program like this. Let's have a blast ... come and enjoy!

How else do you get your money's worth out of your Sons of Norway membership? As I see it, one of the best ways is to get involved. Because Sons of Norway is a volunteer organization, you get involved by expressing an interest in something that needs to get done ... or you answer the call when invited to serve. In so doing, you contribute to everyone's benefit (and you get more out of it yourself). How do you get more out of it? By spending time and energy working in the lodge, you get to know other members better and you begin to feel that you are an important part of what's happening. The fact is you are an important part of Desert Fjord Lodge! Opportunities abound: (1) right now I'm trying to assemble an Education and Scholarship Committee; (2) very soon we have to elect five delegates to attend the District Six Convention next June; (3) Julie Westby has been the Posten Editor for three years and would like to step down - if you'd like to fill this challenging post (or if you know of someone we should consider), please let me know.

Let's all pull together to have an unforgettable Norwegian experience!

# HERITAGE AND CULTURAL MEETING

February 14<sup>th</sup>, 2:00 p.m. to 4:30 p.m.,  
at the Masonic Lodge, 2531 N. Scottsdale Rd., Scottsdale, Arizona

## PROGRAM

### Discovering the Sami: Natives of North Norway

**Featured Speaker - Kate Martinson from Vesterheim Museum**

(see page 3 for more information)



- |                                |  |
|--------------------------------|--|
| • meatballs in brown gravy     | <i>(kjøttkaker i brun saus med ertestuing,</i> |
| • potatoes                     | <i>poteter,</i>                                |
| • stewed peas/mixed vegetables | <i>grønnsaksblanding,</i>                      |
| • lingonberries                | <i>tyttebær</i>                                |
| • brownies                     | <i>sjokolade kake.</i>                         |
| • coffee/tea                   | <i>kaffe/te)</i>                               |

Cost: Adults - \$12.00, Children - \$5.00

**Make checks out to Sons of Norway**

**Mail to: Phyllis Bergo**

**2589 E. Erie Ct., Gilbert AZ 85295**

[phyllisbergo@gmail.com](mailto:phyllisbergo@gmail.com)

**(480) 812 9762**

**If possible, please use our online reservation system for the Heritage and Cultural Meetings.**

**Control+left click here**

<https://docs.google.com/forms/d/1a9KF0GxtG8SXdA9OT5Plo6wQQEtnoswslrDkIVRj5-w/viewform?c=0&w=1>

**RSVP to Phyllis Bergo by February 11<sup>th</sup>**

## Business Meeting

**February 6th, at 1:00 p.m., following the morning Genealogy Meeting,  
at Granite Reef Senior Center, 1700 N. Granite Reef Road, Scottsdale, AZ**



## Genealogy Meeting

**February 6th from 10:00 a.m. to Noon.**

**Location: Granite Reef Senior Center,  
1700 North Granite Reef Road,  
Scottsdale, AZ**

Happy  
Valentine's  
Day

### Genealogy Conferences

Janis Johnson reminded us about two Family History Conferences coming up in Mesa and Peoria; she sent us this notice from the Family History Center in Mesa:

“The Mesa, AZ FamilySearch Library is pleased to announce two Family History Conferences coming up in February and March, 2016. The first conference will be held on Saturday, February 20<sup>th</sup>, at the Red Mountain Institute building on the Maricopa Community College Red Mountain campus. This facility is located near the 202 and McKellips Road, at 7126 E. McKellips Rd., in Mesa. The second conference will be held on Saturday, March 12<sup>th</sup>, at the Peoria North LDS Stake Center on 22034 North 83<sup>rd</sup> Ave., in Peoria. Both conferences will offer classes from morning through late afternoon. Lunches may be purchased. Register online now for the February 20<sup>th</sup> conference at [www.mesafsl.org](http://www.mesafsl.org). Registration for the March 12<sup>th</sup> conference will be available in mid-February. Please join us.”

Janis, a Level 3 Sons of Norway Genealogist, likes the offerings and plans to take advantage of them. “These two conferences will be a good substitute for the traditional classes held in February in Salt Lake City.”

Join our own Desert Fjord genealogy group when they meet Saturday, February 6<sup>th</sup> at 10 a.m., at the Granite Reef Senior Center in Scottsdale. -Ross Berg ([1aznorski@cox.net](mailto:1aznorski@cox.net)).

Norway Celebrates King Harald's  
25th Anniversary as Monarch  
Helsinki — Jan 17, 2016

Norway is celebrating King Harald's 25th anniversary as monarch of the Scandinavian country with concerts, candlelight processions, children's winter events and a gala performance at the University of Oslo.

A service in the Royal Chapel included the royal family, government officials, family friends and royal visitors from Sweden and Denmark. Twenty-one-gun salutes were sounded nationwide in honor of the 78-year-old king and his wife Queen Sonja.

<http://abcnews.go.com/Entertainment/wireStory/norway-celebrates-king-haralds-25th-anniversary-monarch-36342534>

### **SAMI FESTIVALS**

#### **Sami National Day:**

The Samis celebrate their National Day on February 6th - the date the first Sami congress was held in 1917. The day is marked differently in different places. Sami week in Tromsø, for example, features reindeer racing, lasso-throwing championship, a Sami market and more; while in Oslo, the carillon in Oslo City Hall plays the Sami national anthem as the Sami flag is raised. In Finnmark, the day is celebrated in schools and kindergartens during the day, followed by a church service and cultural activities, and of course Sami food.

**The Easter Festival:** Traditionally Easter was the time of year when the reindeer-herding Sami gathered in the towns of Karasjok and Kautokeino to celebrate the end of winter. Easter was also a time for weddings. Today celebrations are still religious in character, but Easter is also a time when Sami culture takes center stage, with many events in both Karasjok and Kautokeino. The Sami Grand Prix and the annual reindeer race are two of the highlights, but other events include concerts, theatre performances and exhibitions.





**Zone Director, Benny Jo Hinchey, installing our newly-elected President, Jonathan Walters, at our January 10th Heritage and Cultural Meeting.**

## VIKING BOOK AND WINE CLUB



A small group of Norwegian friends have decided to start our own Scandinavian book club.

We will read a fun mix of books, old and new, classics, lighter fare and Scandinavian noir.

At each meeting, we will select a book to read and discuss it at the next meeting. So bring your favorite Viking beverage, a snack, and a handful of books for our first meeting! We will meet at 4:30 p.m., Saturday, February 6<sup>th</sup>, at my home. Please call me to RSVP (and to get directions to my home).

**- Jana Peterson - 480-326-2927**



**Bunad Parade - Heritage and Cultural Meeting, January 10th**

## Bunad Camp 2016



CAMP NORGE

We have three spots left—don't miss out!  
April 4-7, 2016 with Sue Sutherland, owner of Bunad Butikken in Ely, MN.  
Registration is \$300 plus lodging and materials for Sons of Norway members; \$350 for non-members.  
Individual instruction in authentic embroidery and construction.

Camp Norge  
250 Canyon Mine Road  
Alta, CA

For details contact Pamela Groth  
Phone: 707-778-8120  
E-mail: [clothcrafter@sbcglobal.net](mailto:clothcrafter@sbcglobal.net)



**District 6**

## MEMBERSHIP MATTERS

by Floyd Downs, Membership Secretary

Our January Meeting was a festive affair with members and visitors in bunad dress. This brought out visitors not attending before, but adding two new faces to our Lodge Membership. Gretchen Rennebaum enjoyed the program and fellowship, filled out a membership application, paid her dues, and became a fulltime member of SON and our Lodge.

Celeste Goering was also a first time attendee. She is transferring her SON membership from a lodge in Fairbanks, Alaska to Desert Fjord. She and husband Gregory are moving to Phoenix. While praising the beauty of Alaska, she indicated that the warmer climate of Arizona was a desirable change, Celeste was very outgoing while joining in conversation and will be a good addition to our fellowship .

Formally becoming Affiliate Members of our Lodge are James and Carol Hallstrom, snowbirds from Aurora, Colorado, with a winter residence in our area. We welcome all four of you to our Desert Fjord Lodge.

Please keep spreading the news of the benefits of Sons of Norway via Desert Fjord membership to all those of Scandinavian heritage. Yes, we accept the Swedes, the Finns, and any other friendly folk who wish to join with us. We hope you will personally extend many invitations to them to attend our monthly meetings.

As I've noted previously, keeping our own databases current is an ongoing challenge, especially when members do not report changes directly to us or if some of their incoming e-mail messages may be deleted or allocated to spam. This includes telephone number changes. I've heard that some phone numbers as currently listed in the SON membership roster are no longer valid. A similar reminder pertains to postal addresses. Please let us know of any changes so that we can maintain effective communication with you.

I can be contacted in person during a Desert Fjord meeting, by e-mail at [lenci.downs@cox.net](mailto:lenci.downs@cox.net) or by phone at 480-816-3875

**Mission Statement: To promote and to preserve the heritage and culture of Norway; to celebrate our relationship with other Nordic Countries; and to provide quality insurance and financial products for our members.**

## FEBRUARY BIRTHDAYS

Gratulerer Med Dagen

Amelia L. Berger	3rd
Gil E. Witsoe	12th
Hiro Liev Cummings	15th
Lois J. Sakkas	18th



Chloe Medder	22nd
Dieter H. Clunk	24th
Solomon A. Isaacson	26th



"Like" us on Facebook to receive interesting Desert Fjord Lodge and Sons of Norway, District Six newsfeeds.

Control+ Click on this link:

<https://www.facebook.com/Desert-Fjord-Lodge-6-133-Sons-of-Norway-563052183744742/>

## Officers of Desert Fjord Lodge

<b>President:</b> Jonathan Walters
<b>Vice-President:</b> Lynn Eide
<b>Secretary:</b> Anita Thompson
<b>Treasurer:</b> Roger Espeland
<b>Membership/Financial Secretary:</b> Floyd Downs
<b>Counselor:</b> Ed Bergo
<b>Cultural Directors:</b> Jana Peterson, Berit Miltun, Janis Johnson, Lois Ripley and Phyllis Bergo
<b>Auditors:</b> Dirk Walter and Floyd Downs
<b>Desert Fjord Boutique:</b> Ali Berg-Anderson
<b>Box Tops for Education:</b> Sharon Clunk
<b>Database and Reference Manual:</b> Roger Espeland
<b>Distribution:</b> Tyler Soine
<b>Foundation:</b>
<b>Greeters:</b> Floyd Downs and Ross Berg
<b>Historian:</b> Roger Espeland
<b>Librarians:</b> Peter Flanders
<b>Marshals:</b> Knut Haldorsen and Peter Flanders
<b>Posten Editor:</b> Julie Westby
<b>Publicity Director/Public Relations, Outreach and Photographer:</b> Janis Johnson
<b>Reservations:</b> Phyllis Bergo
<b>Schools and Scholarships:</b>
<b>Social Directors:</b> Berit Miltun and Nellie Lokken
<b>Sports:</b> Tyler Soine
<b>Sunshine:</b> Dawn Walter
<b>Trustees:</b> (1yr) Knut Haldorsen; (2yr) Floyd Downs; (3yr) Ross Berg
<b>Tubfrim:</b> Lois Ripley and Lois Saakas
<b>Webmaster:</b> Roger Espeland

**Business Meeting, February 6th, at 1:00 p.m., at the Granite Reef Senior Center, 1700 N. Granite Reef Road, Scottsdale, AZ**

**Heritage and Culture Meeting**  
2<sup>nd</sup> Sunday, from 2:00 p.m. to 4:30 p.m.,  
Scottsdale Masonic Lodge, 2531 N. Scottsdale Rd.,  
Scottsdale, AZ 85252

**Desert Fjord Posten Submissions:**  
Send to - [editor@desertfjord.org](mailto:editor@desertfjord.org)

**Website:** <http://www.desertfjord.org/index.html>

**Desert Fjord Lodge 6-133**  
P.O. Box 1716, Scottsdale, AZ 85252-1716  
Voice Mail: 480-422-4334

## Desert Lodge Boutique



**Available at the March Meeting**

### Sons of Norway Viking T-Shirts!

Help support Desert Fjord Lodge.  
Adult S, M, L, XL, XXL; Children's S, M, L.  
Short or long sleeve, white or black.  
Contact Jana Peterson at 480-326-2927



# **Business Meeting Minutes**

## **Sons of Norway – Desert Fjord Lodge 6-133 Business Meeting at Granite Reef Senior Center January 9, 2016**

1. Meeting called to order by Ed Bergo at 1:00 PM. In attendance: Roger Espeland, Ross Berg, Floyd Downs, Elizabeth Lenci- Downs, Phyllis Bergo, Jonathan Walters, Janis Johnson, Jana Peterson, Berit Miltun, and Lynn Eide. Quorum (4+): Yes
2. Floyd made a motion to accept November 2015 business meeting minutes as published in the Posten. Janis seconded the motion. The motion passed.
3. Treasurer's Report – Roger handed out November and December 2015 financial statements for review.
  - Checking balance is \$1,749.28. Roger will prepare and submit a financial report to budget committee for use in preparing 2016 budget.
4. Review of January 10th Heritage and Cultural Meeting.
  - Reviewed preliminary meeting agenda.
  - Cultural Director's Report –Program on January 10<sup>th</sup> from 2:00 to 5:00 PM
    - Program will feature bunad video followed by bunad parade with wearer's descriptions of bunad's background and geographical origin.
    - Bennie Jo Hinchey will officially install newly elected officers for 2016.
    - February meeting will be a presentation about the Sami people, by Kate Martinson of Vesterheim Museum in Decorah, Iowa. Kate will also be promoting classes held at the museum for which Desert Fjord could provide scholarship assistance to members interested in attending.
5. Committee Reports
  - Membership – Lodge membership activity report: 137 active members (includes juvenile members with active insurance). Floyd reviewed November and December 2015 membership activity reports with the board.
  - Library – All books pertaining to bunads will be on display for January social meeting.
  - Genealogy-No meeting was held in January 2016. Board discussed Ross inviting 2 members in genealogy group each month to handle group discussion. Discussion was held regarding a charge of \$3.00 per person per month to attend meeting. Monies would go toward room rental.
  - Posten –Posten was prepared and mailed with printed version handled by Ross while Tyler is recuperating.
  - Publicity-Janis will take and submit photos of February social meeting to Viking magazine.
6. Old Business -
  - Board reviewed proposed updates for the Lodge's Rules and Policies.
  - Board approved Rules and Policies document with condition that 3.2 be revisited at later date.
  - Online membership directory is now available.
7. New Business -
  - Leadership Workshop for members and officers will be held January 30, 2016 at Granite Reef Senior Center from 9:00 AM to 3:00 PM. Jonathan will handle reservations.
  - Education committee will meet to review and revamp all applications.
  - Phyllis made a motion that Janis, Ed, and Jonathan review items in Lodge storage room and storage unit on January 15<sup>th</sup> to determine what could be removed with the hope of eliminating storage unit or moving to a smaller unit.
  - Budget committee has been asked to develop a policy billing “no shows,” charging those who attend only the programming and do not eat the meal, free meals for first time attendees, free meals for new members and budgeting for meals provided to non-members who are participating in lodge programming.
  - Meeting was adjourned at 3:30 PM.

## The Rules and Policies Updated

On Desert Fjord's website, you will see a link to our Rules and Policies. This past fall, several Board members met at Roger Espeland's home to review the 3-4 year old version. These areas needed to be adjusted to better reflect what was planned for the lodge:

- A member directory will soon be available. This will list name, telephone number and email addresses of those who have elected to participate.
- Scholarships will be available for members to attend educational events. This broadens the scope of our current scholarship program and will allow more members to go to these special opportunities.
- The nomination process for all of the Sons of Norway is being modified to allow a broader group of participants to serve in elected positions. You may have noticed announcements inviting members to volunteer for leadership positions. Hopefully, this will allow more people to be involved in leadership.

The updated version was approved at the January Board Meeting. Now we need to determine how best to communicate passwords and the mechanics of accessing the online member directory. We also need to assemble an Educational Committee to edit the applications for a new scholarship group. Please let our President, Jonathan Walters know if you would like to volunteer for this Educational Committee.

Ed Bergo, Counselor

## WANTED – CANDIDATES

Congratulations to all the members who are participants in keeping our Lodges active. You will have installed new officers for the year and the next action will be to choose your delegates for the 2016 District Six Convention in scenic Loveland, Colorado, June 19-22. We are asking members to consider being delegates to the convention and to also consider being a nominee for a District Six office. All positions are open for election.

Go to our District Six website at <http://sofn6.org/>; on the front page there will be more information about being a nominee for office. A link to all the definitions of the officer duties is available online at this site. There is a form to be filled out to the best of your ability and to submit it to any member of the Nomination Committee. There will not be any nominations from the floor of the convention.

We are pleading with you to give serious thought to being a delegate to the convention as well as a nominee for an office of District Six. Past experience is not a requirement but once you are elected to a District position you are required to hold a SON financial product.

- The Nominating Committee.

## Scholarship Possibilities

Arizona lodges are in need of people that are experienced in rosemaling, woodcarving, figure carving, ornamental woodcarving, chip carving, hardanger embroidery, knitting, weaving, and bunad sewing/ embroidery. There are classes being offered by our District Six Sons of Norway and are mainly in California. Left-click + control here <http://sofn6.org/> for information about these classes from time to time, and when we receive flyers, we will try to include them in the Posten. Desert Fjord will periodically be able to offer tuition reimbursement for these classes. Should you be interested in applying, please send a copy of the flyer with your name, address, e-mail address, telephone number and mail to: Education Committee Sons of Norway - Desert Fjord P.O. Box 1716 Scottsdale, AZ 85252-1716.

Desert Fjord has college scholarships available. They are intended to be awarded to under-graduate or graduate students (of all ages) for any post-secondary college or university. Applicants must be interested in Scandinavian culture and heritage and have a grade-point average of 2.5 or higher. Applications are due March 1<sup>st</sup>.

District 6 has similar scholarships available.

Sons of Norway

## District Six Convention 2016

*Save the Dates!*

June 19<sup>th</sup> - 22<sup>nd</sup>  
Embassy Suites Hotel  
Loveland, CO

*"Mining Our Heritage"*

Hosted by the 7 lodges of Zone 8 (Colorado)  
More info to come!



## Who Do You Love?

As time goes by, we experience love in many ways. Think of the love a young child has for mommy and daddy. Romantic love that we feel when we find that special someone to spend the rest of our life with is pretty special. Becoming parents and experiencing a new kind of love for another person is a unique relationship. And then there's the grandkids kind of love!

Our families are so precious to us. As we grow wiser, we feel wonderful and new levels of love. How can we perpetuate our love into the future? With a legacy gift that will outlive us and act as a reminder that we cared about this person's future.

Sons of Norway has several ways for every budget to accomplish this special Valentine. Contact your Sons of Norway Financial Benefits Counselor and get the details.

### **Jonathan Walters, Licensed Insurance Agent Financial Benefits Counselor**

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Viking Voyager**

**Serving Arizona: Flagstaff, Mesa, Scottsdale, Sun City  
and Yuma**

**P 480.788.7623**

**[jwalters.sofn@gmail.com](mailto:jwalters.sofn@gmail.com) ■ [www.sonsofnorway.com](http://www.sonsofnorway.com)**



**Trollfjell Folkehøgskule  
June 26 - July 9**

**Camp Trollfjell  
July 10 - 23**

**For more information or to register go to: <http://sofn6.org/arv/>**

**Like us on Facebook!**

### **District Six President: Mary Beth Ingvoldstad**

District Six is made up of the following states:  
Arizona, Colorado, Nevada, New Mexico, Utah and Hawaii

- Website: [www.sofn6.org](http://www.sofn6.org)

Facebook:

<https://www.facebook.com/groups/377019032437840/>

### **Zone Seven Director: Benny Jo Hinchey**

Zone Seven is made up of lodges in the following states:  
Arizona: Scottsdale #133-Desert Fjord; Sun City #134- Sol Byer; Mesa #153-Overtro Fjell; Flagstaff #167-Nordic Pines; and Yuma #168-Sola  
Utah: Salt Lake City #83-Leif Erikson

### **OTHER SONS OF NORWAY LODGES IN ARIZONA**

**Nordic Pines 6-167** - 3<sup>rd</sup> Sunday, Family Resource Ctr., Flagstaff

**Overtro Fjell 6-153** - 3rd Saturday, at 11:00 a.m., Fountain East Clubhouse, 303 S. Recker Rd., Mesa

**Sola 6-168** - 3rd. Tuesday at 7:00 p.m., Faith Lutheran Church, 2215 S. 8th Ave., Yuma

**Sol Byer 6-134** - 3rd. Saturday, at 11:00 a.m., Elk's Lodge, 10760 Union Hills Dr., Phoenix

### **LODGES IN OTHER STATES**

Go to: <https://members.sofn.com/lodgeDirectory/>

Most post their monthly newsletter on their lodge website.

### **OTHER CONTACTS**

Norwegian Consulate:  
George Olander, 602-543-6256

**Financial Benefits Counselor:**  
Jonathan Walters, 480-788-7623

## “Every Member Get a Member”

Starting January 1, 2016 through December 31, 2016, District Six has a special membership recruitment program. For every new adult member that is referred by a Sons of Norway member, and that referring member's name is indicated on the membership form, that member will receive a \$5.00 gift card from the District. No limitation on the number of members you may recruit. For further information, contact District Six Vice President Luella Grangaard at 760-363-7704 or [morongo2@verizon.net](mailto:morongo2@verizon.net).



**FROM:**

Desert Fjord Lodge, Sons of Norway  
P.O. Box 1716, Scottsdale AZ 85252-1716

STAMP

TO:

Please return to sender  
if not deliverable.

\* \* \* \* \*



Sons of Norway International Headquarters Website:

<https://www.sofn.com/>

**Tubfrim** - *Tubfrim is a Norwegian program that collects and sells cancelled postage stamps to raise funds to aid individuals who are handicapped. Just bring to any of our regular meetings; put your name on the bag or box so your name gets put into the drawing.*



<http://www.boxtops4education.com/participating-products>