The

POSTEN

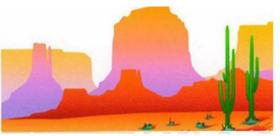
April 2016

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Desert Fjord Lodge 6-133, P.O. Box 1716 Scottsdale, AZ 85252-1716





President's Column

by Jonathan Walters, President

Påske, the Norwegian name for Easter, is characterized more by colorful traditions and joyous festivities than solemn religious observances. No doubt this is because it's a holiday marking the arrival of spring after the long, dark winter. Norway has the world's longest Easter holiday! Traditionally, shops and workplaces are closed Maundy Thursday, Good Friday and the Monday following Easter; schools usually close for the entire week before Easter.

For many Norwegians Easter is a time for family gatherings where the traditional Easter meal is boiled potatoes, vegetables and lamb with Easter beer. A unique Easter tradition to Norway is a trip to the mountains where Easter is celebrated enjoying the sunshine, skiing, and eating oranges and Kvikk Lunsj, a famous chocolate bar similar to our Kit Kat. Påskesol ("Easter brown") is the tan one gets from long outdoor days spent sunbathing in the mountain air and snowrich environments.

One of the most interesting Norwegian Easter traditions is the påskekrim or crime story. Its beginnings can be dated back to 1923 when an ad appeared as a news item on the front page of the Norwegian daily, Aftenposten, entitled "Bergen Train Looted in the Night". Promotion for the new crime book by Nordahl Grieg and Nils Lie worked people liked the idea of påskekrim! Now each year, nearly every TV and radio channel produces a crime series for Easter. (adapted from "Introduction to Påske Traditions in Norway": **The Nordic Page** 30.03.2015 – Oslo)

And Desert Fjord's <u>Viking Book and</u> <u>Wine Club</u> (begun by our Cultural Director, Jana Peterson) chose to read an arctic thriller this month, "Forty Days Without Shadow"! The setting for this



crime fiction is the Norwegian tundra, home of the indigenous Sami people. It's a beautiful thriller which treats the traditions and struggles of the reindeer herders. I commend this book (and our new club) to our lodges members. Good reading!

That brings me to another thing I'd like to highlight. Desert Fjord has a wonderful library, often on display at our Heritage and Cultural monthly meetings. It's a great resource for our members, who can check a book or DVD out to take home and enjoy. Elizabeth Lenci-Downs has spent countless hours developing and organizing our library. Now Peter Flanders and Sharon Clunk have taken on the responsibility for it. I encourage you to make use of our library!

We look forward to the April program when Howard Barikmo will give a presentation on *Iceland, the Land of Fire and Ice and Home of the Vikings*. This is bound to be a very informative program; Howard is knowledgeable about these things and puts together an interesting program. Come!

Velkommen

HERITAGE AND CULTURAL MEETING

April 10th, 2:00 p.m. to 4:30 p.m., at the Masonic Lodge, 2531 N. Scottsdale Rd., Scottsdale, Arizona

PROGRAM

Iceland, the Land of Fire and Ice and Home of the Vikings, presented by Howard Barikmo

Subjects to be discussed: Iceland's history; a current archaeological dig; and the importance of geothermal energy to produce electricity.



A delectably fresh array of smørrebrød (open-faced sandwiches) will be served (after the presentation).

fresh fruit, cookies . . .coffee, tea and juice

Cost: Adults - \$12.00; Children - \$6.00

Make checks out to Sons of Norway Mail to: Phyllis Bergo 2589 E. Erie Ct., Gilbert AZ 85295

phyllisbergo@gmail.com (480) 812 9762

RSVP to Phyllis Bergo by April 7th

If possible, please use our online reservation system for the Heritage and Cultural Meetings. control+left click here:

shortcut registration form link: http://goo.gl/forms/bFL95P6ta1

long.form: https://docs.google.com/forms/d/1s3n9ZmLMqGHsiKw
QBFnA6b7hRIBPpLIm8qU4N6CpvqE/edit

Business Meeting

April 2nd, at 12:00 p.m., at Denny's Restaurant, 3315 North Scottsdale Road, Scottsdale, AZ

Genealogy Meeting There will not be a genealogy meeting in April.

Please continue your work and earn a SON Cultural Skills Award. Also, consider joining our Norwegian Book Reading Club. Contact Jana Peterson for info.

About Census Information: "Of the many sources we use to collect genealogical data, the censuses are very important. They can be a treasure trove of information. If we are lucky we can find three generations listed in the same household. I base this article on the sources available in Digitalarkivet. Hits in all the indexed censuses will appear in the simple search (search box upper left corner) and in the Advanced search for individuals in Digitalarkivet (The digital Archives)."

We are fortunate to have digitized and indexed census information available to us. We can find our Norwegian-American and Norwegian immigrant ancestors in the U.S. census data up to 1940. Norway's census information is also online and available for searches. Martin Roe Eidhammer tells us about the Norwegian census info and how to access it in his blog: http://martinroe.com/blog/.

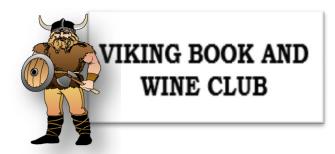
2

Don't Be a No Show!

When you make a reservation for our meetings, you are committing to show up... and we order food for you. When you don't show up, other people have to pay for your meal.

We can't work with "maybe" - because we have to order food just in case you do come. What works best is if you send your check ahead of time. Refunds are granted if you cancel two days prior to the meeting.

P.S. To make things fair for everyone we might have to send no shows a bill.



We read "Forty Days Without Shadow". It was an incredible Sami adventure...ice, cold, reindeer, strict Lutherans and even a mysterious murder. It was extremely hard to put down.

Next Meeting: At Jana's huset, April 2nd, at 2:30 p.m. Bring a viking snack or libation.

Contact Jana Peterson at 480-326-2927.

FREE

Want to learn Norwegian?

40 tutorial videos in Norwegian, subtitled in English, Levels A1, A2 and B1. There will be more videos during the year. Just click on the link, choose your level and watch the videos.



Crazy Lemontree

https://www.youtube.com/channel/UCh 4kAm n59ILdKkZFveUr7Q/playlists

YOUTUBE.COM



Please keep Dawn Walter of the Sunshine Committee informed about members who are hospitalized, convalescing, or grieving.

Cards will be mailed to members on behalf of the Lodge. And don't forget those happy times when congratulatory cards can be sent.

Contact Dawn Walter at 602-690-5176.

Pictures taken at the Heritage and Cultural Meeting on March 13th



The Scandinavian Folk Dancers of Phoenix



A congratulations to Roger Espeland who is due to be installed as International Director of District 6 in May



The Scandinavian Folk Dancers of Phoenix



Floyd Downs, Membership Secretary, discussing the "Every Member Get A Member" recruitment program



Hardanger Fiddle Solo.



Ali Berg-Anderson in the background at the Desert Fjord Lodge Boutique

See videos of the program on Facebook.



"Like" us on Facebook to receive interesting Desert Fjord Lodge and Sons of Norway, District Six newsfeeds.

MEMBERSHIP MATTERS

by Floyd Downs, Membership Secretary

Good news! We have gained three new members within the past month: Marilyn Olson, Jean Harney, and Helen Barbier.

Marilyn is the widow of Otmar Olson, who passed away recently, having been a member of our Lodge since 2001. Marilyn attended, with their son, the March meeting and expressed how much Otmar valued his membership in SON. She joined us in honoring that devotion.

Jean attended the March meeting at the invitation of Jana Peterson, and so enjoyed being there that she decided to join SON and our Lodge.

Helen, a member of the Board of Vesterheim Museum, was present at the February Lodge meeting when the program featured the Vesterheim Museum. Although she resides in Iowa she frequently visits her parents who live in Scottsdale. This happy coincidence resulted in her decision to join our Lodge.

We extend our warmest welcome to all three of these ladies! We hope that we will get to see them regularly at our meetings.

By the time you read this you will have cleared April Fool's Day and, we hope, will be planning to attend our April meeting.

Please keep spreading the news of the benefits of Sons of Norway via Desert Fjord membership to all those of Scandinavian heritage. Yes, we accept the Swedes, the Finns, and any other friendly folk who wish to join with us.

As I've noted previously, keeping our own databases current is an ongoing challenge, especially when members do not report changes directly to us or if some of their incoming e-mail messages may be deleted or allocated to spam. This includes telephone number changes. I've heard that some phone numbers as currently listed in the SON membership roster are no longer valid. A similar reminder pertains to postal addresses. Please let us know of any changes so that we can maintain effective communication with you.

I can be contacted in person during a Desert Fjord meeting, by e-mail at <u>lenci.downs@cox.net</u> or by phone at (480) 816-3875.

Mission Statement: To promote and to preserve the heritage and culture of Norway; to celebrate our relationship with other Nordic Countries; and to provide quality insurance and financial products for our members.

APRIL BIRTHDAYS

Gratulerer Med Dagen

Ross H. Berg	1st
Chase H. Loomis	2nd
Paul Lindbloom	4th
Randi Halvorsen	7th
Paul R. Wold	8th
Priscilla Lundberg	10th
Elizabeth Lenci-Downs	12th



Heather T. M. Loomis	13th
Reidar Gabrielson	14th
Marjorie A. Mafi	15th
Jean Harney	23rd
Savanna Lyn Isaacson	23rd
Astrid Hanson	27th
Edward Bergo	29th



Officers of Desert Fjord Lodge

President: Jonathan Walters Vice-President: Lynn Eide **Secretary:** Anita Thompson Treasurer: Roger Espeland

Auditors: Dirk Walter and Floyd Downs **Box Tops for Education:** Sharon Clunk

Counselor: Ed Bergo

Cultural Directors: Jana Peterson, Berit Miltun. Janis Johnson, Lois Ripley and Phyllis Bergo

Database and Reference Manual: Roger Espeland

Desert Fjord Boutique: Ali Berg-Anderson

Distribution: Tyler Soine

Education and Scholarships: Martha and Dave

Frampton, Elizabeth Lenci-Downs

Foundation: Ross Berg

Greeters: Floyd Downs and Ross Berg

Historian: Roger Espeland

Librarians: Sharon Clunk and Peter Flanders Marshals: Knut Haldorsen and Peter Flanders Membership/Financial Secretary: Floyd Downs

Posten Editor: Julie Westby

Publicity Director/Public Relations, Outreach and

Photographer: Janis Johnson **Reservations:** Phyllis Bergo

Social Directors: Berit Miltun and Nellie Lokken

Sports: Tyler Soine Sunshine: Dawn Walter

Trustees: (1yr) Knut Haldorsen; (2yr) Floyd Downs;

(3yr) Ross Berg

Tubfrim: Lois Ripley and Lois Saakas

Webmaster: Roger Espeland

Heritage and Culture Meeting

2nd Sunday, from 2:00 p.m. to 4:30 p.m.,

Scottsdale Masonic Lodge, 2531 N. Scottsdale Rd.,

Scottsdale, AZ 85252

Desert Fjord Posten Submissions: Send to - editor@desertfjord.org

Desert Fjord Lodge 6-133

P.O. Box 1716, Scottsdale, AZ 85252-1716

Website: http://www.desertfjord.org/index.html





Friends of the Viking Ship



ABOUT

HISTORY

PRESERVATION

RESOURCES

The Viking ship exhibit will be open from 1:00-4:00 PM on: April 16, May 21, June 25-26, July 16, Aug. 20, Sept. 17, Oct. 15

Also open from 10:00-5:00 on June 19. Additional fees to enter the Park apply on June 19.

Owner:

Friends of the Viking Ship NFP

630-302-7338

Like us on facebook



Location:

Good Templar Park 528 East Side Drive Geneva, Illinois

The Viking was built at Christen Christensen's Framnes Shipyard in Sandefjord, Norway in 1892-93. It was copied after the ancient Viking ship Gokstad. Excavated in 1880, the Gokstad had been called the most beautiful ship ever built.

The Viking is approximately 78 feet long, 17 feet wide, and 6.5 feet high from the bottom of the keel to the gunwale. Clinker built, its planks are fastened together with thousands of iron rivets. At sea, the Viking averaged 10 knots and the hull was observed to flex with the waves.

Business Meeting Minutes

Sons of Norway – Desert Fjord Lodge 6-133 Business Meeting at Granite Reef Senior Center March 5, 2016

- 1. Meeting called to order by Jonathan Walters at 1:00 PM.
 - **IN ATTENDANCE**: Anita Thompson, Berit Miltun, Ed Bergo ,Elizabeth Lenci-Downs, Floyd Downs, Jana Peterson, Janis Johnson, Jonathan Walters, Lynn Eide, Phyllis Bergo, Roger Espeland Quorum (4+) was met: Yes
- **2.** Ed Bergo made a motion to accept the February 2016 business meeting minutes as published in the March Posten, motion seconded by Roger Espeland. The motion passed.
- **3. TREASURER'S REPORT**: Roger Espeland submitted the D17 Financial Report by March 1, 2016 to Sons of Norway (SON)Headquarters, Minneapolis, MN and also the District 6 president. An itemized list of income and expenses for February was distributed to those in attendance. It also stated that the IRS had accepted the Form 990-N efiling. The checking account balance was \$2,458.

4. COMMITTEE REPORTS:

- Membership: Floyd Downs reviewed the Sons of Norway Lodge Membership Activity Report that he receives from SON Headquarters. This report contains address and name changes/corrections, members whose dues are 45 days past due, suspended/cancelled members, and new members. The total of all active members is 137 with 90 locally active members. Floyd encouraged us to ask members to have their spouses join Sons of Norway, even if they do not have Norwegian ancestry. All are welcome. Refer to page 5 of the March Posten.
- **Genealogy**: Janis Johnson said they had a small group but productive.
- **Library**: Elizabeth Lenci-Downs mentioned that she's working with Peter Flanders and Sharon Clunk as they become more involved with our wonderful library.
- **Scholarship Committee**: Jonathan Walters stated there were no new applications for scholarships. A Foundation officer needs to be appointed to work with the Scholarship Committee.
- Publicity: Janis Johnson will assist in printing and mailing 20 Postens
- **Cultural/Program**: Jana Peterson discussed the March 13th meeting (annual Torsk dinner with a program given by the Scandinavian Folk Dancers of Phoenix). Refer to page 2 in the March Posten.

5. OLD BUSINESS:

- Ed Bergo is reviewing and revamping the scholarship application.
- District 6 Convention: June 19-22, Loveland, CO: Must submit names by March 15th.
 Delegates: Jonathan Walters, Anita Thompson, Jan and Sherrie Loomis
 Alternates: Ed Bergo, Phyllis Bergo, Jana Peterson
- The Lodge Achievement Form (LAF) was submitted, before the March 1st due date, by Lynn Eide. This form contains total volunteer hours reported by members, in order to keep our 501C tax exempt status. The average member gave 200 hours.
- Current Trustees: Lynn Eide (3 yrs), Floyd Downs reappointed (2 yrs), Ross Berg (1yr).
- Urgent need for a Webmaster to maintain our website.

6. NEW BUSINESS:

- Initiating a 50/50 raffle at the March 13th Cultural and Heritage meetings: \$1/ticket or \$5/6 tickets.
- Jana Peterson will order a lodge membership with Vesterheim Museum in Decorah, IA.
- 2016 Goals: Increase our membership by 5%; Improve attendance at our Heritage and Cultural meetings by 15%; Provide leadership training for 75% of our lodge officers -Accomplished!; Realize a 10% increase in Sons of Norway insurance members at Desert Fjord Lodge.
- Upon request, a donation will be made to Ski for Light a cross-country skiing program for adults who are visually and mobility impaired since 1975.
- The meeting was adjourned at 2:30 PM.



Saturday, April 23 | 5:34 PM

Get ready for one of our most popular events: Rekefest - our annual Norwegian Shrimp Fest! We import our shrimp direct from Norway and spend an evening on the lawn enjoying the delicious springtime meal rekesmørbrød, or open-face shrimp sandwiches. Of course, we don't forget to round off the meal with a delicious Norwegian dessert of strawberries and ice cream.

This event is **BYOB** so bring your favorite beverage! Anyone is welcome to join in – there will be hot dogs for the kids or anyone who wants to be a part of the fun but isn't a fan of seafood.

Admission

\$20 Adults \$10 Children ages 6-12 Free Children ages 5 and under \$5 Student discount (with valid ID)

Location

At the home of Erik and Valerie Ringnes 6262 W. Louise Drive, Glendale

Please send pre-paid reservations postmarked by Wednesday, April 13th so we can be sure to have enough shrimp!

Erik & Valerie Ringnes 6262 W. Louise Drive (623) 376-7523

For online reservations: www.aznorseman.org/events.html

Please complete the form below, cut along the dotted line, and include cash or check in the correct

amount payable to Nordmanns-Forbundet or Norwegians Worldwide.

_____ Total amount included \$_____ Name on Reservation:

Number of People:

Adults ____ x \$20 = \$_

Children ____ x \$10 = \$_____

Students ____ x \$5 = \$____

Mail Reservation & Payment to:

Shirley Ouren Membership Coordinator Norwegians Worldwide, Phoenix Chapter 10635 N. 103rd Ave.

Sun City, AZ 85351

Norwegians Worldwide, Phoenix, AZ www.aznorseman.org

info@aznorseman.org www.facebook.com/NWWphx







SIXTY THIRD ROSEMALING SEMINAR AT CAMP NORGE April 23/24, 2016

It is time to make your reservations for the adult (18 years and over) Spring Rosemaling Seminar at Camp Norge. We will have two classes. The teachers are Karen Nelson and Carl Larson.

We will be painting a 10" ale plate (round plate with handles on two sides). Karen is teaching a Valdres pattern on a blue/green background. Carl will teach a Rogaland design with a touch of Valdres influence on a black background. Check the Camp Norge Website for pictures of both projects: www.campnorge.org. I am also attaching them to this notice.

Please make your bed reservation with me. I develop the list of who is in which room. You will pay for your bed when you arrive at Camp. It is not included in your class fee. Bring your current membership card. If you can't locate your membership card, bring the last issue of your Viking Magazine. It has your number in the address box. Members pay \$16.20 per night; guests pay \$27.00 for beds in the dorms, which includes 8% Placer County Occupancy Tax. Only members are allowed to stay in the main house and the cozy cabins. For people who want to room together, I need to receive the list of names with the first reservation. RV's are encouraged as we have a limited number of beds. Members pay \$25 per night for up to four people per RV. Guests pay \$35 per night for RV's. Camp has electrical and water, but no sewer hookups. Tents are \$15 for up to four people for members, \$20 for non members. No occupancy tax on RV's or tents. Pets are \$2 per night. Pets are not allowed in any of the buildings, pool area or sleeping rooms at any time.

Please include your full phone number, address and lodge name and number when registering. If you have e-mail, please include your e-mail address. It is so much faster and cheaper if I need to talk to you. The supply lists will be sent when I receive your registration form and check. ABSOLUTELY NO E-MAIL RESERVATION REQUESTS. I need the check and registration form together. Be sure to send a self addressed stamped envelope for your supply list and class confirmation information if you do not have e-mail. I will not be sending you a supply list unless you send me a self-addressed, stamped envelope or your e-mail address with your registration form

The cost of the seminar will be \$87 for registration which includes the class and wood piece all base coated and ready to go, hall rent, and the meals. There will be \$25 cancellation fee for any cancellations, but absolutely no cancellations after April 9th. It is difficult for people on the waiting list to take your place if they do not have at least a couple of weeks to make their plans, so please be thoughtful. Melanie Souza will again do our cooking. The cost for food for the weekend is included in the \$87 registration fee. The food includes breakfast, lunch and dinner on Saturday and breakfast and lunch on Sunday. You were so very generous and cooperative with the cookies last time. I do so appreciate that. We will ask just one class to bring cookies, and will rotate those classes each time. The information will be on your supply list.

My e-mail address is <u>pennyjknudsen@sbcglobal.net</u>. My phone number is (916) 941-6433. Please <u>cut off</u> and complete the following registration form, make your check payable to Penny (not Camp Norge) and return as soon as possible with your stamped, self-addressed envelope for supply list if you do not wish to receive it by e-mail, to:

Penny Joseph Knudsen, 3774 Park Drive, El Dorado Hills, California 95762			
APRIL 23/24, 2016 ROSEMALING SEMINAR REGISTRATION FORM			
Name	Phone ()	I need a bed reservation: Yes	_ No
Address	_ e-mail address	I want to room with:	
City Zip	_ Name of Lodge		
Class I want is: Karen Car	rl	I am bringing my RV	
I am enclosing \$87 for registration fee for My spouse and/or family will be eating w		I am bringing my tent	

GENEALOGY - ACCURACY CONTAINED WITHIN VITAL RECORDS, AND THE FAN-CLUB APPROACH TO RESEARCH

Genealogical research has come squarely into the public eye over the past few years with several television shows and online services sparking wider interest in tracing family roots. Genealogy is also one of the cornerstones of the Sons of Norway Cultural Skills program and one that I am most interested in.

Two points to be made in this article on genealogy research, are the level of accuracy contained within vital records and the Fan Club approach to research. I will illustrate both points with a Norwegian immigrant family from my area that I researched.

The immigrants were Thorvald Trondsen Jonstad, his wife Olava Mathea Johannesdatter Stensrød, their daughter Ruth, and Olava's mother Lena Hansdatter Stensrød. All of them are buried at Cypress Hill Memorial Park in Petaluma, Sonoma County, California. Information from their headstones was the starting point, and obtaining death certificates for each of them was the next step. Death certificates can contain a lot of information, or very little, but are always necessary in trying to corroborate both the family story and that you are following the right family members.

Thorvald died in Woodland, California so his death certificate was obtained from the Yolo County Clerk-Recorder's office there. Ruth and Olava's were obtained from the Sonoma County Recorder's Office. The exception was Lena because hers was not available; either because they were not yet legally required at the time or one did not survive. Obituaries for Lena were published in the local newspapers at the time of her death, which provided details of her life that advanced the research. Each of these records gave a birth date and location in Norway; finding their Norwegian origins was the goal.

It would be easy to assume that those particular details would make finding baptism records in the Norwegian parish registers easy and straight-forward. This, however, was not the case. Only one of them turned out to be correct, and that was Thorvald's. The birthplace information for the women on their death certificates proved to be incorrect. The lesson here is that vital records are an important part of your research, but like anything else you learn, the information must be verified. Had I not taken the steps to verify the information on each person's certificate I could have easily looked in the wrong region of Norway or, worse, followed a false family line.

Olava turned out to be from the same area as Thorvald, and Lena turned out to be from a neighboring county. Ruth's baptism record has not yet been located, though records in the counties where her parents and grandmother were from have been thoroughly searched.

This is how the fan club approach (researching someone's family and associates) comes into use. By obtaining records for all four of them, this is how their Norwegian origins were successfully traced. One rule of thumb in genealogy research, is that if you are not able to find someone in a particular area, it's very likely the wrong location and the information in your supporting documentation, such as the death certificate, is incorrect. (This does mean that the vital records as whole should be overlooked.) Naturalization and emigration records can also contribute to identifying the family's origins in Norway. Those may also have incorrect information and also must not be assumed to be wholly accurate.

Source citations are available on request. Feel free to contact me with your own genealogy research questions.

Pamela Stutrud Groth District 6 Cultural Director pamelag@sonic.net © 2016 All Rights Reserved

Renowned genealogist and author, Elizabeth Shown Mills, coined the Fan Club phrase.

Fraternalism Connects

April is one of the months we are forced to get organized to present our paperwork to Uncle Sam. By now, most of us have prepared for tax season. Let this also be a time for review of your assets and accounts. It may be time to take a good look at how your money has been working for you.

By meeting with your Sons of Norway Financial Benefits Counselor you can get a free second opinion. Our members have trusted Sons of Norway for over 121 years to provide safe and sound financial benefits while supporting the Fraternal Model. This means money from the insurance operation not only helps to pay for the Viking Magazine, but gives revenue to the lodges in the form of a Lodge Revenue Check. We are caring, non-profit, stable and reliable. Maybe that's what you've been looking for all along.

Call your Sons of Norway Financial Benefits Counselor and see if we can help you help yourself.

Jonathan Walters, *Licensed Insurance Agent* Financial Benefits Counselor

Term Life | Whole Life | Universal Life | Annuities | Viking Voyager

Serving Arizona: Flagstaff, Mesa, Scottsdale, Sun City and Yuma P 480.788.7623
jwww.sonsofnorway.com
jwww.sonsofnorway.com



"Every Member Get a Member"

Starting January 1, 2016 through December 31, 2016, District Six has a special membership recruitment program. For every new adult member that is referred by a Sons of Norway member, and that referring member's name is indicated on the membership form, that member will receive a \$5.00 gift card from the District. No limitation on the number of members you may recruit. For further information, contact District Six Vice President Luella Grangaard at 760-363-7704 or morongo2@verizon.net.





Trollfjell Folkehøgskule June 26 - July 9 Camp Trollfjell July 10 - 23

For more information or to register go to: http://sofn6.org/a

Like us on Facebook!

District Six President: Mary Beth Ingvoldstad

District Six is made up of the following states:
Arizona, Colorado, Nevada, New Mexico, Utah and Hawaii Website: www.sofn6.org

Facebook:

https://www.facebook.com/groups/377019032437840/

Zone Seven Director: Benny Jo Hinchey

Zone Seven is made up of lodges in the following states:

<u>Arizona</u>: Scottsdale #133-Desert Fjord; Sun City #134- Sol

Byer; Mesa #153-Overtro Fjell; Flagstaff #167-Nordic Pines;

and Yuma #168-Sola

<u>Utah</u>: Salt Lake City #83-Leif Erikson

OTHER SONS OF NORWAY LODGES IN ARIZONA
Nordic Pines 6-167 - 3rd Sunday, Family
Resource Ctr., Flagstaff
Overtro Fjell 6-153 - 3rd Saturday,
at 11:00 a.m., Fountain East Clubhouse,
303 S. Recker Rd., Mesa
Sola 6-168 - 3rd. Tuesday at 7:00 p.m.,
Faith Lutheran Church,
2215 S. 8th Ave., Yuma
Sol Byer 6-134 - 3rd. Saturday, at
11:00 a.m., Elk's Lodge, 10760 Union

Hills Dr., Phoenix

LODGES IN OTHER STATES

Go to: https://members.sofn.com/lodgeDirectory/

Most post their monthly newsletter on their lodge website.

OTHER CONTACTS

Norwegian Consulate: George Olander, 602-543-6256

Financial Benefits Counselor: Jonathan Walters, 480-788-7623

FROM:

Desert Fjord Lodge, Sons of Norway P.O. Box 1716, Scottsdale AZ 85252-1716

STAMP

TO:

Please return to sender if not deliverable.



Sons of Norway International Headquarters Website:

https://www.sofn.com/

Tubfrim - Tubfrim is a Norwegian program that collects and sells cancelled postage stamps to raise funds to aid individuals who are handicapped. Just bring to any of our regular meetings; put your name on the bag or box so your name gets put into the drawing.



http://www.boxtops4education.com/participating-products