

The
POSTEN

March 2016

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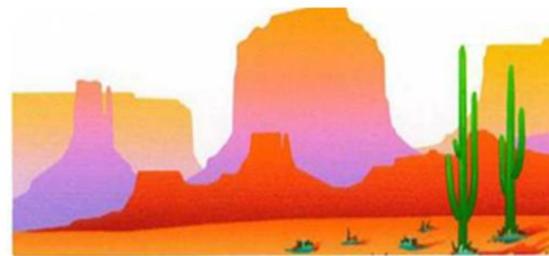
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Desert Fjord Lodge 6-133,
P.O. Box 1716
Scottsdale, AZ 85252-1716



**SONS OF
NORWAY**

Desert Fjord Lodge



President's Column

by Jonathan Walters, President

In January our lodge had the honor of hosting one of District 6's Leadership Training Seminars. Arizona lodge officers interacted in a stimulating session led by District 6 Vice President Luella Grangaard. One of the ideas presented: lodges need to establish goals in order to move forward and prosper. One attendee turned this around and inquired about District 6 goals. Ms Grangaard was unable to provide an answer, but promised to inform us of this; within a week she sent an email with District 6 goals attached.

Lynn Eide has been working hard preparing Desert Fjord's 2015 Lodge Achievement Form. (Each lodge prepares this report of members' volunteer hours and submits it to Sons of Norway International Headquarters in Minneapolis; its importance is that it supports Sons of Norway lodges' continued 501C tax exempt status.) Lynn asked me to help with one of the questions requesting our lodge's 2016 goals. Referring to District 6 goals and using them as a starting point, I drafted some goals to help set a course for our lodge in 2016:

- Increase our membership by 5%.
- Improve attendance at our Heritage and Cultural meetings by 15%.
- Provide leadership training for 75% of our lodge officers. (already accomplished!)
- Realize a 10% increase in Sons of Norway insurance members at Desert Fjord Lodge.

These are some ideas which came to mind, but I invite your feedback! Feel free to bring me your own ideas ... things you'd like to see us achieve as a lodge this year.



As expected, we had a great program at our February meeting on the Sami people presented by Kate Martinson of Vesterheim: The National Norwegian-American Museum and Heritage Center.

- March is our popular annual Torsk Dinner with a program given by the Scandinavian Folk Dancers of Phoenix.
- Member Howard Barikmo will talk to us about "Iceland, Land of Fire and Ice," in April.
- Mark your calendar for Saturday, May 14th, when we plan to join Nordmanns Forbundet and other lodges to celebrate Syttende Mai (details to follow).

Many thanks to the Trustees who prepared their annual report, the Auditors who reviewed our finances and the Budget Committee who met and prepared this year's budget!

We have five delegates for the District 6 Convention in Loveland, CO. Now we need several members to be alternates, in case one or more of our delegates are unable to go. Please inform me if you'd be willing to be an alternate.

Velkommen

HERITAGE AND CULTURAL MEETING

March 13th, 2:00 p.m. to 4:30 p.m.,
at the Masonic Lodge, 2531 N. Scottsdale Rd., Scottsdale, Arizona

PROGRAM

The Scandinavian Folk Dancers of Phoenix

Please see more information on Page 3



- baked torsk* with creamy butter sauce and boiled egg crumbles
- boiled golden potatoes with butter
- peas and carrot medley
- ice cream
- coffee and ice tea

*Please indicate if you would prefer the alternate meal option of pork roast in place of the torsk (cod).

Cost: Adults - \$18.00; Children - \$10.00

The cod will be purchased fresh, not frozen. If we have extra cod, it will be available for purchase at market price after the dinner.

Make checks out to Sons of Norway

Mail to: Phyllis Bergo

2589 E. Erie Ct., Gilbert AZ 85295

phyllisbergo@gmail.com

(480) 812 9762

RSVP to Phyllis Bergo by March 9th

If possible, please use our online reservation system for the Heritage and Cultural Meetings.

Control+left click here:

<https://docs.google.com/forms/d/1W2Nkb3znOB8LEAqyVMRB6aNEw5vviPsiaNtcwu3h9gc/viewform?c=0&w=1>

Business Meeting

March 5th, at 1:00 p.m., following the morning Genealogy Meeting,
at Granite Reef Senior Center, 1700 N. Granite Reef Road, Scottsdale, AZ



Genealogy Meeting

March 5th from 10:15 a.m. to Noon
at the Granite Reef Senior Center,
1700 North, Granite Reef Road, Scottsdale, AZ

Form, Forms, Forms, What Do I Do Now? A Review of The Different Forms Used in Genealogy: Family Group Sheets; Pedigree Charts; Timelines, and More

Janis Johnson has found that she has a huge collection of forms that she has collected over the years. "I have over 50 different forms that I am willing to share."

Janis will lead a group discussion centered on personal preferences and utility of using resource aids. If you have a Family Group Sheet or Pedigree Chart filled in, please bring them in for show and tell. What problems do you have when filling in Norwegian names, dates and places?



THE SCANDINAVIAN FOLK DANCERS OF PHOENIX

The folk-dancing group was started by members of the VASA Order of America in the early 1970's. The group's goal is to preserve traditional dances and costumes of Scandinavia. Primarily made up of Norwegians and Swedes, the group wears traditional costumes, and they always present a colorful performance.

Bruce Carlson, director of the group, says "A wide range of traditional couple and group folk dances from the Scandinavian countries are demonstrated by the dancers. A wonderful benefit is that we also have a great deal of fun doing it! We invite you to make a few friends, get a little exercise and have fun along with us. Membership is open to anyone and all are welcome to come and dance or just watch." Please come and enjoy the colorful dancers. The dances range from child-like fun movements, to more intricately woven pieces. Examples of dances are Parisian Polka; English for Three Couples; Weaving; Schottis; and more, including audience participation dances.



VIKING BOOK AND WINE CLUB

A small group of Norwegian friends have decided to start our own Scandinavian book club and this is our first book!

**"The Thrall's Tale,"
by Judith Lindbergh**

We will read a fun mix of books, old and new, classics, lighter fare and Scandinavian Noir.

At each meeting, we will select a book to read and discuss it at the next meeting. So bring your favorite Viking beverage, a snack, and a handful of books!

We will meet again at 3:00 p.m., on Saturday, March 5th, at my home. Please call me to RSVP (and to get directions to my home).

- Jana Peterson, 480-326-2927

Easter in Norway



The Norwegian word for Easter is Påske

Easter is an important holiday in Norway. Despite being a predominantly secular country, this holiday is eagerly welcomed by the people of Norway as a chance to celebrate the arrival of spring and to spend time with friends and family over a lengthy break from work and school.

Schools are usually closed for the entire week preceding Easter.

Along with Easter eggs and skiing, a Norwegian tradition over this holiday is to watch murder mysteries on TV or read the latest crime fiction.

<http://www.tnp.no/norway/exclusive/2836-introduction-to-paske-traditions-in-norway>

**Don't miss the Heritage and Cultural Meeting on April 10th!
The Program will be:
Iceland - Land of Fire and Ice
by Howard Barikmo**



VESTERHEIM

Our February meeting with Kate Martinson presenting a program on the Sami culture of northern Norway was a great success! Kate is the chairman of the board of the Vesterheim: The National Norwegian-American Museum and Heritage Center in Decorah, Iowa. They have wonderful classes; we are encouraging our members to take their summer vacation in Iowa and enroll in one of their classes. Booklets describing the offerings were handed out in February, but we have some available for the March meeting in case you missed out. We also hope to offer scholarships for adults who want to do this. More information later!

Classes Offered



Fiber Arts



Jewelry and Wirework



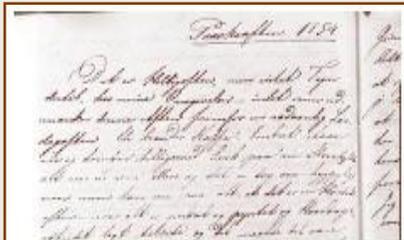
Knifemaking and Metalworking



Food Traditions



Rosemaling and Painting



Writing



Woodworking

Left click on this link for more information. <http://vesterheim.org/folk-art-school/classes/>

MEMBERSHIP MATTERS

by Floyd Downs, Membership Secretary

Last month I reported that Celeste Goering had applied to transfer her SON membership to Desert Fjord Lodge. With amazing rapidity the SON International Headquarters staff completed that transfer, so Celeste is indeed a new member of Desert Fjord Lodge.

February also brought us three new members, Kathy and Larry Strom and Priscilla Lundberg. Kathy and Larry have been Valley residents for several years, but just recently became SON members at our lodge, attending our social meeting for the first time. Larry is interested in learning how to find information about his Norwegian relatives since he and Kathy will be visiting Norway rather soon, once he retires from teaching. Priscilla was a first-time attendee, along with her husband, and was invited by Lynn Eide. Obviously delighted with our program and sociality, she joined immediately. Hurrah! Hurrah! We welcome all three (four) to our membership! This is a good beginning to meeting the goal suggested by President Jonathan Walters in his message on page 1.

This brings up two important points pertinent to recruitment: (1) The role of current members in inviting potential members to attend our meetings, and (2) the importance of membership for the spouses of lodge members.

Too often a spouse who does not claim Norwegian heritage neglects joining SON Desert Fjord Lodge, thinking he or she does not qualify. However, while we

welcome attendance of nonmembers at meetings, spouses becoming fulltime members strengthens our rolls and provides membership funds that support the functions of our lodge, and of SON International Headquarters.

Please keep spreading the news of the benefits of Sons of Norway via Desert Fjord membership to all those of Scandinavian heritage. Yes, we accept the Swedes, the Finns, and any other friendly folk who wish to join with us.

As I've noted previously, keeping our own databases current is an ongoing challenge, especially when members do not report changes directly to us or if some of their incoming e-mail messages may be deleted or allocated to spam. This includes telephone number changes. I've heard that some phone numbers as currently listed in the SON membership roster are no longer valid. A similar reminder pertains to postal addresses. Please let us know of any changes so that we can maintain effective communication with you.

I can be contacted in person during a Desert Fjord meeting, by e-mail at lenci.downs@cox.net or by phone at 480-816-3875

Mission Statement: To promote and to preserve the heritage and culture of Norway; to celebrate our relationship with other Nordic Countries; and to provide quality insurance and financial products for our members.

MARCH BIRTHDAYS

Gratulerer Med Dagen

Gordon T. Troan	1 st
Lars VanderBeischel	2 nd
Celeste Goering	4 th
Diane L. Berger	11 th
Allan D. Solheim	11 th
Berit Miltun	13 th



Mary P. Westby	17 th
Leif G. Hollmann	18 th
Marsi F. Johnsen	20 th
Laurie Jean Peterson	26 th
Natalie A. Clunk	28 th

Happy Birthday!

Officers of Desert Fjord Lodge

President: Jonathan Walters
Vice-President: Lynn Eide
Secretary: Anita Thompson
Treasurer: Roger Espeland
Membership/Financial Secretary: Floyd Downs
Counselor: Ed Bergo
Cultural Directors: Jana Peterson, Berit Miltun, Janis Johnson, Lois Ripley and Phyllis Bergo
Auditors: Dirk Walter and Floyd Downs
Desert Fjord Boutique: Ali Berg-Anderson
Box Tops for Education: Sharon Clunk
Database and Reference Manual: Roger Espeland
Distribution: Tyler Soine
Foundation:
Greeters: Floyd Downs and Ross Berg
Historian: Roger Espeland
Librarians: Sharon Clunk and Peter Flanders
Marshals: Knut Haldorsen and Peter Flanders
Posten Editor: Julie Westby
Publicity Director/Public Relations, Outreach and Photographer: Janis Johnson
Reservations: Phyllis Bergo
Schools and Scholarships:
Social Directors: Berit Miltun and Nellie Lokken
Sports: Tyler Soine
Sunshine: Dawn Walter
Trustees: (1yr) Knut Haldorsen; (2yr) Floyd Downs; (3yr) Ross Berg
Tubfrim: Lois Ripley and Lois Saakas
Webmaster: Roger Espeland

Business Meeting, March 5th, at 1:00 p.m., at the Granite Reef Senior Center, 1700 N. Granite Reef Road, Scottsdale, AZ

Heritage and Culture Meeting
2nd Sunday, from 2:00 p.m. to 4:30 p.m.,
Scottsdale Masonic Lodge, 2531 N. Scottsdale Rd.,
Scottsdale, AZ 85252

Desert Fjord Posten Submissions:
Send to - editor@desertfjord.org

Website: <http://www.desertfjord.org/index.html>

Desert Fjord Lodge 6-133
P.O. Box 1716, Scottsdale, AZ 85252-1716

Desert Lodge Boutique



Available at the March Meeting

Sons of Norway Viking T-Shirts!

Help support Desert Fjord Lodge.
Adult S, M, L, XL, XXL; Children's S, M, L.
Short or long sleeve, white or black.
Contact Jana Peterson at 480-326-2927



Business Meeting Minutes

Sons of Norway – Desert Fjord Lodge 6-133 Business Meeting at Granite Reef Senior Center February 6, 2016

1. Meeting was called to order by Jonathan Walters at 1:00 PM. **In attendance:** Roger Espeland, Ross Berg, Floyd Downs, Phyllis Bergo, Ed Bergo, Jonathan Walters, Jana Peterson, Lynn Eide, Janis Johnson, Ali Berg-Anderson, and Anita Thompson; **Quorum** (4+) was met: Yes
2. Floyd Downs made a motion to accept the January 2016 business meeting minutes as published in the Posten. Motion seconded by Jana Peterson. The motion passed.
3. Treasurer's Report - Roger Espeland handed out the 2016 budget statement for review. Budget highlights: Cut Library budget by \$200, cut operational storage by \$422; Ross moved to end the phone services effective March 1st, seconded by Ed Bergo. Checking balance is \$2706.00. Audit of year-end financials will be completed as soon as possible.
4. **COMMITTEE REPORTS**
 - Membership - Lodge membership activity report: 139 active members (includes juvenile members with active insurance). Free meals are no longer given out for prospective members, but the Board approved that after someone has joined, their first meal is free. Received a copy of the Lodge membership activity report for January, 2016 from SON International Headquarters in Minneapolis. Floyd reviewed membership milestone anniversaries with the board
 - Genealogy – Ross: there was discussion (and consensus) about having a donation/free-will basket to help cover the cost of using the room at Granite Reef Senior Center.
 - Scholarship Committee – Elizabeth Lenci-Downs and Martha and Dave Frampton have agreed to serve.
 - Trustees Report – Ross and Floyd submitted a completed and signed report for 2015.
 - Posten – Ed Bergo: Posten was prepared and 21 printed copies were mailed to members.
 - Cultural/Program – Jana and Phyllis: A review of the January Heritage and Cultural Meeting. Janis Johnson will publish a 2016 Calendar. The February 14th meeting program will be **Discovering the Sami – Natives of North Norway**, with Kate Martinson as speaker, from Vesterheim Museum, Decorah, IA. The March meeting program will be The Scandinavian Folk Dancers of Phoenix followed by a Torsk Dinner.
5. **OLD BUSINESS:**
 - The lodge's updated Rules and Policies have been sent to Roger to post on the website.
 - The online Membership Directory is ready for the website.
 - Storage space has been rearranged and downsized at the Masonic Lodge and StorAmerica.
6. **NEW BUSINESS**
 - District 6 Convention delegates' names are to be submitted by March 15th. Each delegate will receive \$500 to attend.
 - A Desert Fjord Boutique operations report was received from Ali and Roger. There is carryover inventory in the amount of \$1,333.78. Ali has sufficient budget to add inventory in 2016.
 - The Lodge Achievement Form (LAF) must be submitted by March 1st.
 - The meeting was adjourned at 3:00 PM.

Respectfully submitted by Anita Thompson – Desert Fjord Secretary on February 24, 2016.

Bunad Camp 2016



CAMP NORGE

We have three spots left—don't miss out!

April 4-7, 2016 with Sue Sutherland, owner of Bunad Butikken in Ely, MN.

Registration is \$300 plus lodging and materials for Sons of Norway members; \$350 for non-members.

Individual instruction in authentic embroidery and construction.

Camp Norge
250 Canyon Mine Road
Alta, CA

For details contact Pamela Groth
Phone: 707-778-8120
E-mail: clothcrafter@sbcglobal.net



Scholarship Possibilities

Arizona lodges are in need of people that are experienced in rosemaling, woodcarving, figure carving, ornamental woodcarving, chip carving, hardanger embroidery, knitting, weaving, and bunad sewing/ embroidery. There are classes being offered by our District Six Sons of Norway and are mainly in California. Left-click + control here <http://sofn6.org/> for information about these classes from time to time, and when we receive flyers, we will try to include them in the Posten. Desert Fjord will periodically be able to offer tuition reimbursement for these classes. Should you be interested in applying, please send a copy of the flyer with your name, address, e-mail address, telephone number and mail to: Education Committee Sons of Norway - Desert Fjord P.O. Box 1716 Scottsdale, AZ 85252-1716.

Desert Fjord has college scholarships available. They are intended to be awarded to under-graduate or graduate students (of all ages) for any post-secondary college or university. Applicants must be interested in Scandinavian culture and heritage and have a grade-point average of 2.5 or higher. Applications are due March 1st.

District Six has similar scholarships available.

Genealogy Conference

The Mesa, AZ Family Search Library is pleased to announce another Family History Conference on Saturday, March 12, 2016, at the Peoria North LDS Stake Center on 22034 North 83rd Ave., in Peoria. The conference will offer classes from morning through late afternoon. Lunches may be purchased. Register online at www.mesafsl.org.

“Every Member Get a Member”

Starting January 1, 2016 through December 31, 2016, District Six has a special membership recruitment program. For every new adult member that is referred by a Sons of Norway member, and that referring member's name is indicated on the membership form, that member will receive a \$5.00 gift card from the District. No limitation on the number of members you may recruit. For further information, contact District Six Vice President Luella Grangaard at 760-363-7704 or morongo2@verizon.net.



"Like" us on Facebook to receive interesting Desert Fjord Lodge and Sons of Norway, District Six newsfeeds.

Control+ Left Click on this link:
<https://www.facebook.com/Desert-Fjord-Lodge-6-133-Sons-of-Norway-563052183744742/>



I am a Piece of Paper---But Even More

I am an idea; I am a promise.
I help people see visions, dream dreams and achieve economic immortality.
I help educate children; I am savings; I am also property that increases in value from year to year.
I lend money when you need it most, with no questions asked.
I pay off mortgages so that the family can remain together in their own home.
I assure fathers and mothers the daring to live and the moral right to die.
I create, manage and distribute property.
I guarantee the continuity of business. I protect employees' jobs; I conserve employers' investments.
I am tangible evidence that a man or a woman is a good spouse and parent.
I am a declaration of financial independence, a charter of economic freedom. I am the difference between an "old man" and an "elderly gentleman." I am the only thing that a father or mother can buy on an installment plan and the survivor doesn't have to finish paying for.
I am a certificate of character, an evidence of good citizenship, an unimpeachable title to the right of self-government.
I am protected by laws that prevent creditors from accessing the money I give to loved ones.
I bring dignity, peace of mind and security to the latter years of life.
I am a great social compact that merges the individual into the masses, placing behind the frailty of man.
I supply investment capital that makes the smoke go up chimneys, wheels turn and motors hum.
I guarantee that there will always be Christmas, with tinsel, a happy fireside and the laughter of children even though a breadwinner parent is no longer there.
I am the guardian angel of the house.
I Am Your Life Insurance Policy!

Jonathan Walters, Licensed Insurance Agent Financial Benefits Counselor

Term Life | Whole Life | Universal Life | Annuities |
Viking Voyager

Serving Arizona: Flagstaff, Mesa, Scottsdale, Sun City
and Yuma

P 480.788.7623

jwalters.sofn@gmail.com ■ www.sonsofnorway.com



Trollfjell Folkehøgskule
June 26 - July 9

Camp Trollfjell
July 10 - 23

For more information or to register go to: <http://sofn6.org/arw/>

Like us on Facebook!

District Six President: Mary Beth Ingvaldstad

District Six is made up of the following states:
Arizona, Colorado, Nevada, New Mexico, Utah and Hawaii
- Website: www.sofn6.org

Facebook:

<https://www.facebook.com/groups/377019032437840/>

Zone Seven Director: Benny Jo Hinchey

Zone Seven is made up of lodges in the following states:
Arizona: Scottsdale #133-Desert Fjord; Sun City #134- Sol Byer; Mesa #153-Overtro Fjell; Flagstaff #167-Nordic Pines; and Yuma #168-Sola
Utah: Salt Lake City #83-Leif Erikson

OTHER SONS OF NORWAY LODGES IN ARIZONA

Nordic Pines 6-167 - 3rd Sunday, Family Resource Ctr., Flagstaff

Overtro Fjell 6-153 - 3rd Saturday, at 11:00 a.m., Fountain East Clubhouse, 303 S. Recker Rd., Mesa

Sola 6-168 - 3rd. Tuesday at 7:00 p.m., Faith Lutheran Church, 2215 S. 8th Ave., Yuma

Sol Byer 6-134 - 3rd. Saturday, at 11:00 a.m., Elk's Lodge, 10760 Union Hills Dr., Phoenix

LODGES IN OTHER STATES

Go to: <https://members.sofn.com/lodgeDirectory/>

Most post their monthly newsletter on their lodge website.

OTHER CONTACTS

Norwegian Consulate:
George Olander, 602-543-6256

Financial Benefits Counselor:
Jonathan Walters, 480-788-7623

FROM:
Desert Fjord Lodge, Sons of Norway
P.O. Box 1716, Scottsdale AZ 85252-1716

STAMP

TO:

Please return to sender
if not deliverable.

* * * * *



Sons of Norway International Headquarters Website:

<https://www.sofn.com/>

Tubfrim - *Tubfrim is a Norwegian program that collects and sells cancelled postage stamps to raise funds to aid individuals who are handicapped. Just bring to any of our regular meetings; put your name on the bag or box so your name gets put into the drawing.*



<http://www.boxtops4education.com/participating-products>