

THE POSTEN

June/July/August 2016

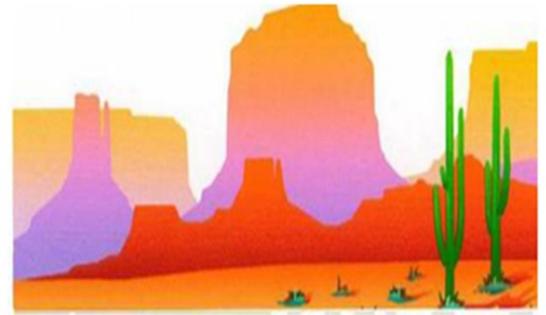
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SONS OF NORWAY

Desert Fjord Lodge



President's Column

By Jonathan Walters, President

The Royal Norwegian Air Force, in training on the F-35 Fighter jet at Luke AFB, came out in force to our Syttende Mai potluck picnic at Sahuaro Ranch Park in Glendale. In bunads and suits, the pilots and their families had even made a special banner for the occasion. One of the pilots, Tron, told us the history of Syttende Mai celebrations in Norway. The parade, children's games, the grilled hot dogs & ice cream—by morning's end Nordmanns Forbundet and Sons of Norway had succeeded in hosting a memorable event ... observing



what is dear to Norwegians the world over.

Have a safe, wonderful summer, wherever you go. And please join us for our summer social events if you're in the area!

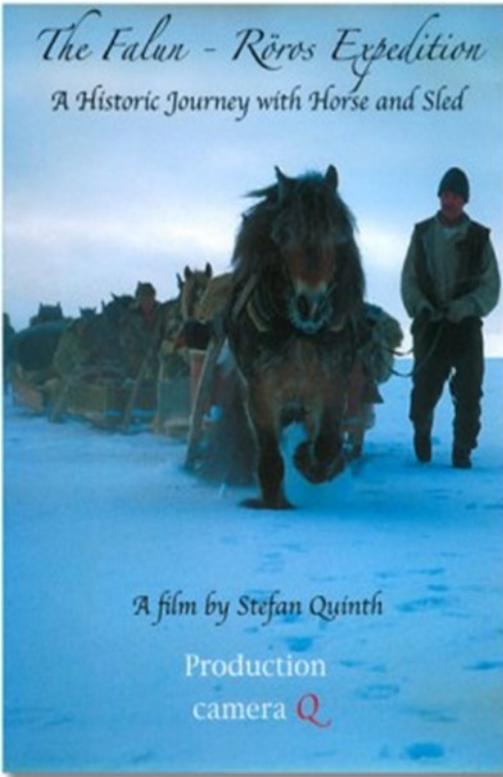
Mark your Calendar for our Summer Events!

JUNE: June 12 at 2 pm we meet at 2531 N Scottsdale Rd. A great movie for adults & children plus pop corn, beverage and ice cream. (see page 2 for more details on this family outing)

JULY: July 9 at 1 pm to 3:30 pm we meet at Denny's, 3315 N Scottsdale Rd. This is a "getting to know you" lunch. Everyone should plan to order a meal.

AUGUST: Aug 14, 12 noon to 4 pm "Picnic in the Pines" at the beautiful Jan & Sherrie Loomis home: 1072 E Highline Dr, Payson. Brats, burgers & beverages provided. Bring salad or dessert to share. RSVP Sherrie or Jan (480) 786-4232





→ **Sunday, JUNE 12 at 2:00 PM** ←

DESERT FJORD SONS OF NORWAY MEETING!

The Falun-Røros Expedition MOVIE

for children (\$3) and adults (\$6) ... ice cream, popcorn and cool libation. Use our online tool or call (480) 812-9762 to make your reservation ... we need to ensure we buy the right amount of ice cream.

This is a movie by Stefan Quinth. On February 3, 2003, thirty men and women left the city of Falun, Sweden with 17 horses pulling old-style sleds and then drove out into the forest. Eighteen cold and icy days later a group of tired but happy, adventurous trail drivers arrived at the historic market in Røros, Norway, welcomed by thousands of happy market goers.

From Sweden to Norway and back again, experience this historic journey of transporting goods by horse-drawn sleds in the cold and fog of winter, with camaraderie, laughter and music along the way.

VIKING BOOK AND WINE CLUB

Saturday, June 11 at 4:00 PM

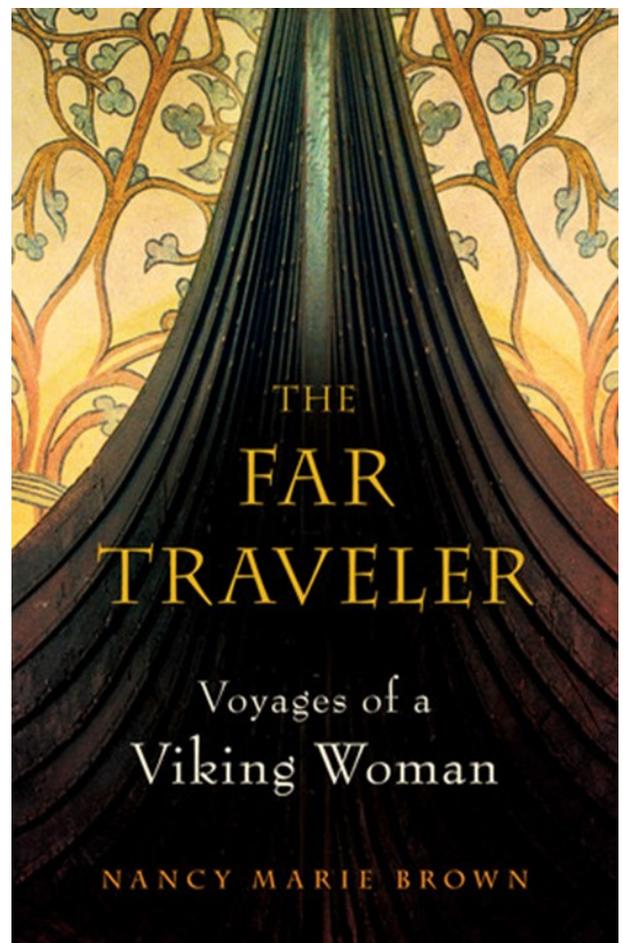
- Join us at Jana's house. 480-326-2927
- Bring Viking nibbles and libations

We'll be discussing our last book, THE ICE PRINCESS by Camilla Lackberg...a Swedish thriller.

* * *

Our next book will be: THE FAR TRAVELER

Five hundred years before Columbus, a Viking woman named Gudrid sailed off the edge of the known world. She landed in the New World and lived there for three years, giving birth to a baby before sailing home. Or so the Icelandic sagas say. Even after archaeologists found a Viking longhouse in Newfoundland, no one believed that the details of Gudrid's story were true. Then, in 2001, a team of scientists discovered what may have been this pioneering woman's last house, buried under a hay field in Iceland, just where the sagas suggested it could be.



June

Scarlett Isaacson 2nd
 Lara VanderBeischel 4th
 Dawn D Walter 7th
 Jamee Bjerk 8th
 Lorelei R Knorr 8th
 Sebastian Isaacson 10th
 Quinn R Walter 10th
 Roger E Haugen 11th
 Russell D Cook 12th
 Kim J McLaughlin 12th
 Shirley Ann Ouren 14th
 Helen Ann Barbier 18th
 Martha Ann Frampton 22nd
 Roger D Westland 26th
 Kaitlyn D Shippey 27th

July

Ella A Brovitz 7th
 Corinne R Parrish 7th
 Lynn S Kolstad 8th
 Ronald D Orson 8th
 Crystal L Williams 10th
 Gabriella Spargo 11th
 Nina Poe 12th
 Barbel Anne Gro Holmer-Hoven 15th
 Nellie Mae Lokken 15th
 Lois C Ripley 15th
 Ilse Spargo 20th
 Will Spargo 20th
 Madelyn Longstreet 21st
 Sherrie L Loomis 25th
 Dorothy M Williams 25th
 William Rudolph Jacobson 28th
 Howard O Barikmo 31st

August

Carl Miltun 1st
 Judy Elisen 5th
 Roger L Espeland 6th
 Richard R Erickson 10th
 Anita M Thompson 11th
 Georgiann C Crouse 18th
 Don R Miles 18th
 Gordon Peterson 20th
 Tyler S Soine 20th
 Elaine V Zgodowska 20th
 Anissa Kari Eeg 21st
 Marilyn D Olson 21st
 Lyndon VanderBeischel 25th
 Robert W Tungland 28th



Gratulerer Med Dagen



Empty-nesters and Retirees: An Idea for You!

At this stage of your life, it's time to think about how you'll pass on a lifetime of savings to your loved ones. Life insurance not only provides tax-deferred growth; it's also a way to give what you've earned to those you love most.

As a parent, you've always provided for your children. Now, as they begin their own lives and their own families, you can still provide for them with life insurance. Growing families often sacrifice life insurance coverage in order to make ends meet, but it's they who have the greatest need for it. By purchasing coverage for your children or your grandchildren, you can give them the gift of financial security.

Sons of Norway has many options (and something for every budget) to give your family an extra boost toward their financial futures. Contact your Sons of Norway Financial Benefits Counselor and see how we can help you and your family.

Jonathan Walters, Licensed Insurance Agent
Financial Benefits Counselor

Term Life | Whole Life | Universal Life | Annuities | Viking Voyager

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'Land-Taking in Greenland

Within a century of settlement, Iceland was already becoming crowded. Settlers looked to Greenland as their new world. This land was new, discovered by Eirik the Red around 985. The climate in Greenland was mild, much different from the Greenland climate we know today. The change in climate was a result of something called the 'medieval climate optimum', a medieval warm period in the North Atlantic from ca. 950 to 1250. The Norse settlers were members of a herding culture, and the southwestern coastline was appealing with its sheltered fjords and good grazing lands. Eirik's followers established the Eastern Settlement (Eystribyggð) on the southwestern tip of Greenland, and shortly after a Western Settlement (Vestribyggð) was developed in the north.

The *Landnámabók* is a compilation of short accounts about Iceland's first settlers. In a segment from the *Landnámabók* (or, *The Book of Settlements*) is a description of a man named Herjolf and his voyage to
Continued on page 4

MISSION STATEMENT of SONS OF NORWAY

To promote and to preserve the heritage and culture of Norway; to celebrate our relationship with other Nordic countries; and to provide quality insurance and financial products for our members.



FJORD LYS by Jana Peterson

'Land-Taking' in Greenland (continued from page 3)

Greenland. Herjolf was part of Eirik the Red's voyage, and it was his second *landnám* or 'land-taking'. He arrived in Northwest Greenland with Eirik the Red, who was Norwegian born. Eirik was banished from his home in Iceland after he murdered a neighbor in a feud. He served his sentence by exploring the unknown lands to the west, discovering Greenland. After returning home, he declared his intention to settle in the new world. He led fourteen ships of settlers from Iceland to Greenland.

Landnámabók (H79,S92)

Herjólfur hét maðr
Bárðarson Herjólfssonaræ
Hann fór til Groenlands með Eiríki.
Herjólfur nam Herjólfssfjörð
Ok bjó á Herjólfnesi.
Eiríkr nam Eiríksfjörð ok bjó í
Brattahlíð,

The Book of Settlements (H79,S92)

[A] man was called Herjolf
the son of Bard, the son of Herjolf;
he went to Greenland with Eirik [the Red].
Herjolf took [claimed] Herjolf's Fjord
and lived at Herjolfnes.
Eirik took Eirik's Fjord and lived at
Brattahlid,

(Kaare Sellers edited this contribution from Byock, Jesse L. *Viking Language 1: Learn Old Norse, Runes and Icelandic Sagas*. S.l.: Jules William, 2013. Print.)



SYTTENDE MAI 2016 - GLENDALE, AZ

FROM

Desert Fjord Lodge, Sons of Norway
P O Box 1716, Scottsdale, AZ 85252-1716

STAMP

TO

Please return to sender

If not deliverable



Sons of Norway International Headquarters Website:

<https://www.sofn.com/>

Tubfrim— *Tubfrim is a Norwegian program that collects and sells cancelled postage stamps to raise funds to aid individuals who are handicapped. Just bring to any of our regular meetings; put your name on the bag or box so your name gets put into the drawing.*



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