

# The Posten

November 2016

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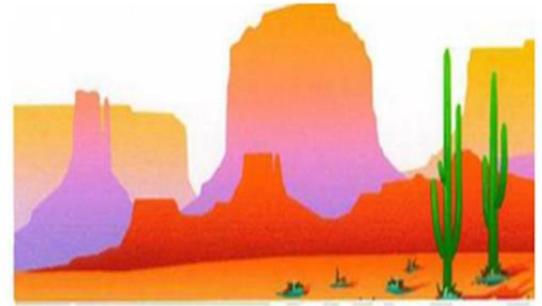
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**Desert Fjord Lodge 6-133**  
**P O Box 1716**  
**Scottsdale, AZ 85252-1716**



## SONS OF NORWAY

### Desert Fjord Lodge



## President's Column

by Jonathan Walters, President

As the holidays approach, we anticipate another spectacular Heritage and Culture meeting. We proudly feature Dr Robert Bjork, Professor of English and Director of ASU's Center of Medieval & Renaissance Studies, who will bring us a look at the English epic poem **Beowulf** ... set in Scandinavia. A fine menu has been prepared. Then the Desert Fjord Boutique will be open (*it's not too early to do your Christmas shopping*). And we welcome some ASU students from the Lutheran Campus Ministry who are coming to sell us some of their homemade lefse, a fundraiser for them. Bring along extra money so you can take home some goodies.

In our Board Meeting in October we decided to have a different charge for non-members at our Heritage and Culture meetings. This is not intended to alienate attendees; primarily, we want to encourage people to join with us as members of Desert Fjord Lodge. More details to follow; this will not be put into effect until 2017.

Another important item from our October Business Meeting—we chose to go ahead with plans to move our Agnes Stieler Scholarship Fund to a Capital account at Sons of Norway's Foundation. Read an article in this newsletter to learn more about this exciting development.

Come to the **Jul Bazaar** at Shepherd of the Valley Lutheran Church held Saturday, November 5th, from 10 am to 4 pm. The Desert Fjord Boutique will also have tables there. Another opportunity for Christmas shopping!

Due to scheduling problems we will not hold a Heritage and Culture meeting in December. A Happy Thanksgiving to all! We have much to be thankful for.



*Velkommen*

**NOVEMBER 13 MEETING, 2-4:30 PM:**

## **VIKING DAY AT DESERT FJORD SONS OF NORWAY**

**“The Many Faces of Beowulf,” will be presented. A multi-media look at the many uses the poem has been put to in art, literature, television, film, music, and video games since the publication of the first edition of the epic in 1815.**

**Our speaker is Professor Robert E. Bjork, Foundation Professor of English and Director ACMRS (Arizona Center for Medieval and Renaissance Studies), Arizona State University.**



**Channel your inner Viking and wear your costumes!**

**Lefse Sale and the Desert Fjord Boutique will also be at the meeting so bring additional funds!**

Here is the menu:

Salmon with potatoes  
Roasted vegetables  
Dessert - fruit soup  
Coffee and Iced tea

Price \$15.00

Make your reservation online (click)

Or Call Phyllis Bergo (480)812-9762

Make check payable to Sons of Norway;  
mail it to Phyllis Bergo at:  
2589 E Erie Ct, Gilbert AZ, 85295

***Deadline for reservations: 11/11***

### **Business Meeting**

November 12 at 1:00 pm

Granite Reef Senior Center,

1700 N Granite Reef Road, Scottsdale, AZ

\* \* \*

### **Genealogy Meeting**

**No meeting** this month; a homework assignment may be forthcoming ... to occupy your spare time.



# VIKING BOOK AND WINE CLUB

MEETING: 3 pm Saturday, November 12th

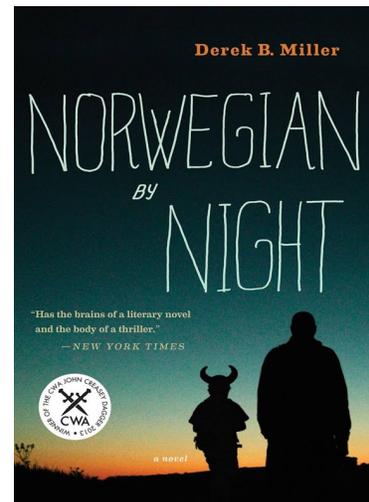
We will be discussing our current book:

NORWEGIAN BY NIGHT by Derek Miller

Join us at Jana's house (480) 326-2927

Bring Viking treats.

Sheldon Horowitz has outlived everyone he's known, except his granddaughter, Rhea, who fears he suffers from dementia and convinces him to move from Manhattan to Oslo, where she lives with her Norwegian husband. So the 82-year-old finds himself in a strange land, bemused by placid, orderly Norwegians. When a young woman is murdered in his apartment building, Sheldon shelters her young son and sets out to find a refuge for him. But the killer is a brutal Kosovar war criminal, and Sheldon must rely on his Korean War scout-sniper training to evade the killer. No brief plot outline can do justice to a book that deserves to find a place on a few best-of-the-year lists. Sheldon is a brilliantly imagined character, a true mensch, made of Greatest Generation stuff. His wife and Rhea believed he was a mere file clerk, not a wounded combat hero. Only his son, who died in Vietnam following Sheldon's example, knew the real story, and Sheldon dreams nightly of being on patrol in Vietnam with him. Miller keeps the reader guessing about Sheldon's dementia. Might he simply be an old man appropriately focused on past and present rather than the future? Oslo police inspector Sigrid Odegard, hunting the killer, is another wonderful creation, and her phone conversations with her farmer father are often wry, archetypally Scandinavian debates. Miller joins the ranks of Stieg Larsson, Henning Mankell, and Jo Nesbø, the holy trinity of Scandinavian crime novelists. Norwegian by Night is very different than their work but equally satisfying.



PS - PLEASE READ BEOWULF FOR OUR NOVEMBER HERITAGE MEETING!!!!

## MILESTONE PINS GIVEN OUT AT NOVEMBER'S MEETING

Milestone pins are awarded annually to members who have been SON members for 5 and multiples of 5 years. We hope those members will be present at the November meeting to receive their pins.

**5 YEARS:** Hiro Cummings, Kristen Hanson, Roger Haugen, Emily McLaughlin, Jonathan Walters

**10 YEARS:** Mary Jane Gordon, Karl Haldorsen, Myrtle Knutson, Jonathan Loomis, Chloe Medder, Carl Miltun, Jana Peterson

**15 YEARS:** Cynthia Casler, Dawn Walter, Roger Westland

**25 GOLDEN YEARS:** Judy Elisen, Dorothy Williams

**45 YEARS:** Reidun Daeffler

## **Review of a Trilogy** by Arlys Medicott

Who has read the Books by O E Rolvaag? Check these out:

### **Giants in the Earth**

Per Hansa travels from Norway into Minnesota to the Dakota Territory. His wife Beret, children Jens Ole, Store Hans and daughter Annie Marie are with him preparing to embark on new life in the Dakotas. Life was challenging due to weather conditions and language barriers. While living in a sod hut another son, Permand, was born. Per Hansa left family to get help for neighbors with disastrous consequences.

### **Peder Victorious**

Permand, known as Peder Victorious, questioned God and the Lutheran religion after the death of his father, Per Hansa. Beret was concerned with his changes and his involvement with other neighbors, the Irish and the Germans. He courts Susie Doheny. His brothers are his friends. The changes Norwegians struggle with to become Americans are of concern with the parents of the younger people.

### **Their Fathers' God**

Peder and Susie were married much to Beret Holm's dismay. Susie was Irish Catholic marrying into a Lutheran family. They lived with Beret on the Holm family farm which led to disagreements on baptism of their daughter and Susie's desire to attend church every Sunday. Peder gets interested in politics and local government. The Norwegians are adapting to the 20<sup>th</sup> Century.

Suggested books on the Vikings, our ancestors (*all are available to be checked out*):

**"The Sagas of the Icelanders"**

**"The Vikings"**

**"History of the Vikings"**

**"The Viking Ships"**

**"The Vikings' Discovery of America"**



**Fantoft Stave Church, Bergen, Norway**—originally built in Fortun in Sogn in 1150. (Burnt in 1992 and now completely rebuilt.)

## Norway's Finest Poem courtesy of the Norway Post

Norwegian state broadcaster NRK recently asked its listeners/viewers to select "Norway's finest poem through the ages". The winner was the poem "**Det er den Draumen**" ("It was a Dream") by the poet Olav H.Hauge (1908-1994) .

(Here follows a translation into English, first published in 1966)

It was a dream  
We all carry with us this dream:  
that something wonderful will happen,  
that it must happen -  
that time will open,  
that the heart will open,  
that doors will open,  
that cliffs will be opened,  
that springs will well forth,  
that the dream will be opened,  
- that we one peaceful morning will glide in -  
onto a bay we had not been aware of.



*Translated for The Norway Post by Rolleiv Solholm, Chief Editor*

## November Birthdays

Norman C Jenson Jr 3rd  
Shirley Berg 4th  
Karl K Haldorsen 6th  
Michael J Osland 9th  
Heather L Kalin 13th  
Janet Peterson 19th



Joyce O Kranzfelder 23rd  
Judith O Miles 23rd  
Cynthia Casler 27th  
Dirk P Walter 28th  
Mary A Steinnes 29th

**Gratulerer Med Dagen !**

### Mission Statement:

**To promote and to preserve the heritage and culture of Norway; to celebrate our relationship with other Nordic Countries; and to provide quality insurance and financial products for our members.**

## Interesting Changes to Lodge's Scholarship Programs

Ed Bergo, Counselor

In the past, Desert Fjord offered scholarships for college students and for children attending a summer program at Camp Norge. Starting in 2016, grants were made available to all of our members, their children or grandchildren to attend Scandinavian cultural events. These grants were intended to provide a part of the cost of attending a class or event at the Vesterheim Museum in Decorah, Iowa or something similar. Please ask any of the Board members, if you want more information or to apply for a scholarship or grant.

Our endowment fund is currently invested with the Sons of Norway in Minneapolis and totals about \$48,000. Income from that investment funds the scholarships and grants. We are looking at the possibility of moving this investment to a new Sons of Norway Capital Foundation Fund that will offer slightly higher returns. Lodge members will soon be asked to approve moving this endowment to a new Sons of Norway Capital Fund.

This new investment would also allow our members to make tax deductible, charitable contributions directly to the endowment. The IRS has complex requirements and reporting that relate to an endowment fund; these will be done for us in Minneapolis. Desert Fjord will continue to control how the scholarships and grants are awarded to our members.

Members in attendance at our November Heritage and Cultural meeting will be asked to vote on the transfer of our endowment funds within the Sons of Norway Foundation.

### **Sons of Norway Scholarships—Many Opportunities!**

#### **King Olav V Norwegian-American Heritage Fund**

This scholarship will fund activities in which the American and Norwegian heritages are explored, studied and shared by qualified scholarship recipients. The deadline for submission of the completed application for a scholarship is JANUARY 2, 2017.

#### **Who can apply?**

Any American, age 18 or older, who has demonstrated a keen and sincere interest in Norwegian heritage and/or any Norwegian, age 18 or older, who has demonstrated an interest in American heritage.

Those who have a certificate of completion from high school and are enrolled in a recognized educational institution (arts, crafts, literature, history, music, folklore, etc.).

If you are not currently enrolled in a post-secondary program you must show proof of enrollment prior to receiving scholarship funding.

Candidates may only receive two Sons of Norway scholarships in a five-year period.

#### **Criteria:**

A short autobiography, 150 words or less

An essay of 500 words or less

Academic potential, Financial need, Letters of Recommendation

#### **How do I apply?**

Applications are only accepted online at [www.sonsofnorway.com/scholarships](http://www.sonsofnorway.com/scholarships)



## Membership Matters

by Floyd Downs, Membership Secretary

If you missed this column last month it was because I did not submit one. Seeing all the information about membership in our President's Message and in the listing of the new dues structure beginning in 2018 in the Posten, I decided that anything I might say would be overkill.

Looking over the list of members of Desert Fjord Lodge, the following observation comes to me, echoing our President's Message last month, namely, the importance of members becoming involved in leadership roles. News from Minneapolis SON headquarters reminds members that election time is soon upon us, not the political circus in the news of late, but in the local lodges of SON, meaning us.

Having served on past nominating committees, I know how difficult it is to enlist volunteers for lodge officer positions. A few years ago the Tucson lodge was disbanded because new leaders could not be found. That could happen to Desert Fjord, too!

One important aspect of this is the need to interest more younger people to become SON members through our lodge. So take heed, and do your utmost to seek out some more members.

Please keep spreading the news of the benefits of Sons of Norway via Desert Fjord membership to all those of Scandinavian heritage. Yes, we accept the Swedes, the Finns, and any other friendly folk who wish to join with us.

As I've noted previously, keeping our databases current is an ongoing challenge, especially when members don't report changes directly to us or if some of their incoming e-mail messages may be deleted or allocated to spam. This includes telephone number changes. I've heard that some phone numbers as currently listed in the SON membership roster are no longer valid. A similar reminder pertains to postal addresses. Please let us know of any changes so that we can maintain effective communication with you.

I can be contacted in person during a Desert Fjord meeting, via email at [lenci.downs@cox.net](mailto:lenci.downs@cox.net) or by phone at (480) 816-3875.

## Be Prepared

By Ann Krause, FBC in North Dakota

Sometimes we need a wakeup call to get our "Ducks in a row". My mom made sure every time before she got on an airplane she had her house in order. I used to think she was over reacting, but later I realized it's not bad to be sure you have things the way you want them. My attention came into this mindset after driving down the road with the cruise control set at 70 after dark one evening. BAM, just like that, a deer wasn't in my headlights but actually took out my headlight and the front quarter of my car. I wasn't hurt other than a stiff neck, my car handled beautifully, my seatbelt did its job and I was able to drive home.

I really have a wonderful life. A good husband, a dear daughter and son-in-law, a delightful toddler of a grandson and a granddaughter on the way. I enjoy my work and my lifestyle. That all could have ended with the accident.

My ducks are in a row – are yours?

Call your FBC for a free financial review and be prepared!

**Jonathan Walters, Licensed Insurance Agent**  
Financial Benefits Counselor

**Term Life | Whole Life | Universal Life | Annuities | Viking Voyager**

Serving Arizona: Flagstaff, Mesa, Scottsdale, Sun City and Yuma  
P 480.788.7623

[walters.sofn@gmail.com](mailto:walters.sofn@gmail.com) ■ [www.sonsofnorway.com](http://www.sonsofnorway.com)





## Desert Fjord Lodge 6-133



### Business Meeting Minutes – October 8, 2016 Granite Reef Senior Center, Scottsdale, AZ

Meeting called to order by Jonathan Walters at 1:00 P.M.

**In attendance:** Ali Anderson, Arlys Medlicott, Ed Bergo, Elizabeth Lenci-Downs, Floyd Downs, Janis Johnson, Jana Peterson, Jonathan Walters, Phyllis Bergo, and Roger Espeland. **Quorum** (4+) met? Yes

**Minutes:** Jonathan Walters made a motion to accept the **September 2016** Business Meeting minutes as published in the **October Posten**, motion seconded by Janis Johnson. The motion passed.

**Treasurer's Report** –Desert Fjord is operating within the 2016 budget.

The checking account balance is \$1,357.76.

The books should be audited by the end of January 2017.

Jonathan W, Janis J, Roger E, and Ali met at Wells Fargo Bank to authorize them as signees on the account.

Roger E will forward all forms (due February 2017) to the secretary, including the lodge achievement form.

#### COMMITTEE REPORTS

**Cultural/Program:** Jana Peterson reported on the status of the October and November meetings.

**November 5: Jul Bazaar** Ali reported that there is a \$15 fee for each table at the bazaar. Our budget allowed for \$60 for tables and to hire help for setting up and taking down the tables. She also requested tables to set up for the boutique at the November meeting; an ad for our boutique needs to appear in the November Posten.

**November 13 - Viking theme** speaker: Robert Bjork, head of ASU Medieval Studies. People are welcomed in costume.

**December 3,4 – Experience Scandinavia** at the Musical Instrument Museum. Floyd and Elizabeth, Janis, Ed and Phyllis will staff the Sons of Norway information table.

**December 3: Lutefisk Meatball Dinner** will be conducted by Overtro Fjell Lodge in Mesa.

**NO December** meeting; due to scheduling problems we will not meet formally in December.

**Genealogy** – Report presented by Janis – great presentation by Ross at The Egg I Am Restaurant.

**Library** - Arlys Medlisott reported on the missing books from the library; a notice will appear in each Posten about this.

Arlys requested new ideas for books to add to the library

**Membership** – Floyd reported membership matters; milestone pins are to be given at the November meeting or by mail.

A motion was made by Roger E and seconded by Jonathan for a differential charge for non-members. Elizabeth suggested having different name tags for non-members and guests, a benefit also for librarians in checking out books.

**Publicity** – Janis Johnson – sending out flyers in October on **Scandinavian Jul Bazaar November 5**

Janis and Ed mail out the Posten each month. New arrangements are being made for printing.

**Scholarship Committee** –Elizabeth, Floyd, Roger, Jonathan, and Ed met to finalize the details of the education (formerly scholarship) documents. The documents will be updated and reviewed with Corrie, the Sons of Norway Foundation Director from headquarters via a conference call in mid-October.

Roger presented to the board three scenarios in which the monies (\$49,529) in the Agnes Steelier fund would be transferred to a Capital account within the Foundation at headquarters in order to earn a better return on our investment. Desert Fjord would retain management of the funds and direct the Foundation to prepare and send checks to the recipients. The Foundation will keep us in compliance with the IRS.

A motion was made by Floyd and seconded by Jonathan to accept scenario # 2 which requires a minimum of \$50,000. Roger volunteered to make a donation to bring our funds up to that level.

#### OLD BUSINESS:

**Officers** needed for lodge: Vice President, Foundation Director

#### NEW BUSINESS

A motion made by Floyd and seconded by Ed B that a minimum of \$100 be given to the speaker in addition to a complimentary meal. The new Posten editor is Laura Kuegemann.

Phyllis B resigned as Cultural Director as of January 2017 but will continue to take reservations; Jana will remain as Cultural Director.

Nordmanns Forbundet's **Viking Dinner** is Oct 22 at the Postal Workers, Social Club at 3720 W Greenway Rd, Phoenix.

**Syttende Mai** celebration will be on May 13, 2017 at the McCormick-Stillman Railroad Park in Scottsdale. Roger E will make the reservation with Desert Fjord paying the rent.

Our next business meeting is on November 12<sup>th</sup>.

A motion was made by Floyd and seconded by Ed to adjourn.

*Respectfully submitted by Anita Thompson – Desert Fjord Secretary on Oct 20, 2016.*

*(In appreciation for minutes taken by Phyllis Bergo)*

## LEFSE FOR SALE !!

Students from ASU's Lutheran Campus Ministry are coming to sell lefse (which they made) at our Heritage and Culture meeting in November. It will be selling 6 rounds for \$10—now that's a bargain when you think of the holidays coming and the fact that lefse freezes so well.

### OLE AND LENA

One particular Sunday Ole was lying back in the hammock and, having just returned from church with Lena, he was feeling a little religious.

"God," said Ole, "Ven you made Lena, vy did you make her so nice and round and so pleasant ta hold?"

Suddenly a voice from above said, "So you would love her, Ole."

"Vell then vy, oh vy," asked Ole, "vy Lord did you make her so stupid?"

"So she would love YOU," said the voice.

### District Six President: Mary Beth Ingvoidstad

District Six is made up of the following states:

Arizona, Colorado, Nevada, New Mexico, Utah and Hawaii - Website: [www.sofn6.org](http://www.sofn6.org)

Facebook:

<https://www.facebook.com/groups/377019032437840/>

### Zone Seven Director: Benny Jo Hinchey

Zone Seven is made up of lodges in the following states:

Arizona: Scottsdale #133-Desert Fjord; Sun City #134- Sol Byer; Mesa #153-Overtro Fjell; Flagstaff #167- Nordic Pines; and Yuma #168-Sola

Utah: Salt Lake City #83-Leif Erikson

### OTHER SONS OF NORWAY LODGES IN ARIZONA

**Nordic Pines 6-167** - 3rd Sunday, Family Resource Ctr., Flagstaff

**Overtro Fjell 6-153** - 3rd Saturday, at 11:00 a.m., Fountain East Clubhouse, 303 S. Recker Rd., Mesa

**Sola 6-168** - 3rd. Tuesday at 7:00 p.m., Faith Lutheran Church,

2215 S. 8th Ave., Yuma

**Sol Byer 6-134** - 3rd. Saturday, at 11:00 a.m., Elks Lodge, 10760 Union Hills Dr., Phoenix

### LODGES IN OTHER STATES

Go to: <https://members.sofn.com/lodgeDirectory/>

Most post their monthly newsletter on their lodge website.

### OTHER CONTACTS

Honorary Norwegian Consul:

Alex Boemark

(480) 788-7479

## LUTEFISK & MEATBALL DINNER

Plus Scandinavian Music by Sylvia & Carl

**Saturday, Dec. 3, 2016**

~ At ~

**Cost:**  
**\$18.00**

**St Peter Lutheran Church**

1844 East Dana Ave, Mesa, AZ  
(south of Main just west of Gilbert)

Sittings: 1:00 pm & 4:00 pm

For Tickets/Reservations (required):

lutefiskdinner2016@yahoo.com



SONS OF NORWAY -  
OVERTRO FJELL 6-153

SONSOFNORWAYMESA

### Officers of Desert Fjord Lodge

**President:** Jonathan Walters  
**Vice-President:** Lynn Eide  
**Secretary:** Anita Thompson  
**Treasurer:** Janis Johnson  
**Auditors:** Dirk Walter and Floyd Downs  
**Box Tops for Education:** Sharon Clunk  
**Counselor:** Ed Bergo  
**Cultural Directors:** Jana Peterson and Phyllis Bergo  
**Database and Reference Manual:** Roger Espeland  
**Desert Fjord Boutique:** Ali Berg-Anderson  
**Distribution:** Tyler Soine  
**Education and Scholarships:** Elizabeth Lenci-Downs, Martha and Dave Frampton,  
**Foundation Director:** Ross Berg  
**Greeters:** Floyd Downs and Ross Berg  
**Historian:** Roger Espeland  
**Librarians:** S Clunk, P Flanders and A Medlicott  
**Marshals:** Knut Haldorsen and Peter Flanders  
**Membership/Financial Secretary:** Floyd Downs  
**Posten Editor:** Laura Kuegemann  
**Publicity Director/Public Relations:** Janis Johnson  
**Reservations:** Phyllis Bergo  
**Social Directors:** Berit Miltun and Nellie Lokken  
**Sports:** Tyler Soine  
**Sunshine:** Dawn Walter  
**Trustees:** (1yr) Knut Haldorsen; (2yr) Floyd Downs; (3yr) Ross Berg  
**Tubfrim:** Lois Ripley and Lois Saakas  
**Webmaster:** Jan Loomis

### Editor's Column:

#### My first Sons of Norway Meeting:

I first and foremost want to thank you all for your hospitality and warm welcome to what I find to be a diverse and charismatic group of individuals.

I look forward to being involved with this organization for many more publications of the Posten and many more wonderful cultural meetings.

If anyone is able to help me understand Norwegian I'd be appreciative since I'm only conversational in Deutsch which while similar is definitely not the same!

I will see you all at the next meeting.  
(I look forward to seeing all the costumes)



“Like” us on Facebook to receive interesting Desert Fjord Lodge and Sons of Norway, District Six newsfeeds.

Control+ Left Click on this link:

<https://www.facebook.com/Desert-Fjord-Lodge-6-133-Sons-of-Norway-563052183744742/>

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Desert Fjord Lodge, Sons of Norway  
P.O. Box 1716, Scottsdale AZ 85252-1716

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Please return to sender  
If not deliverable

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Sons of Norway International Headquarters Website:  
<https://www.sofn.com/>