

# The Posten

April 2018

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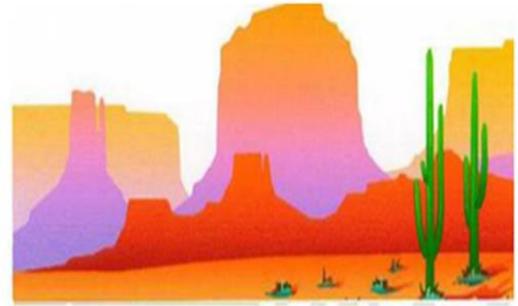
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**Desert Fjord Lodge 6-133**  
**P O Box 1716**  
**Scottsdale, AZ 85252-1716**



## SONS OF NORWAY

### Desert Fjord Lodge



### President's Column

I am more than pleased to announce: Desert Fjord Lodge has a Vice President, Jan Loomis, pending approval by the Board when we next meet. He has stepped up to fill this officer position as he leads a revitalization and renewal campaign for our lodge. Thank you, Jan, for your willingness to serve and your leadership! *(Please see more about this on page 6.)*



Also, Jan is convening the Desert Fjord Task Group to hold its first meeting immediately before our April Heritage and Cultural meeting. I urge you to join this group and/or support it any way you can ... lodge members will discover together ways to bring new life to our lodge!

Desert Fjord is blessed to have the Agnes Stieler Endowment Fund. Two deserving youngsters submitted applications this year. Once the Education Committee had done their work, we were thrilled to award both of them scholarships! *(Please read all about it: pages 5-6.)*

A couple opportunities to enjoy some Norwegian comradery are coming up: Norwegians Worldwide is holding their annual Rekefest (Shrimp Fest) on April 21st—reservations need to be made by the 12th; Syttende Mai will be celebrated May 12th at McCormick-Stillman Railroad Park. *(Details on page 8 and page 9.)*

Our program is brought by Per Aannestad: he'll be exploring the background behind the Allied destruction of a heavy water plant in Norway. The drama unfolded during World War II. If the Task Group and program aren't enough to bring you out in April, then come for the delicious meal being prepared by Shannon and her crew!

Let's hoist the sail of our Viking ship and catch the fresh, favorable winds ahead ...

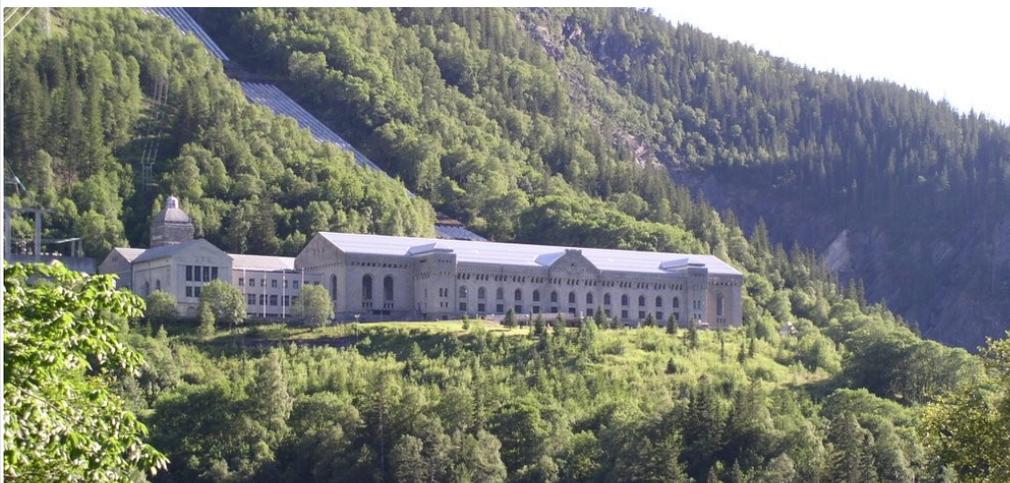
*Velkommen*

# Heritage and Cultural Meeting—April 8th at 2 PM

## Masonic Lodge, 2531 N Scottsdale Rd, Scottsdale

Program: VEMORK: The Power Plant Behind the Race for the Atomic Bomb

By Per Aannestad



This talk is centered on the question of how this hydro-electric plant, near a tiny town deep in the mountains of Southern Norway, through its production of heavy water, became an object of destruction by the Allies during WWII.

What is the background for its place in history? It's a background that's perhaps not so well known.

- Menu:
- Garden Salad
  - Chicken stuffed with Feta Cheese & Spinach
  - Rice Pilaf
  - Dinner rolls
  - Desert: Brownies
  - Tea and coffee

Price: Adults : \$13.00; Children \$6.00

Reservations: Via the link [online](#) (click "online")

or call Phyllis Bergo by April 6th! (480-812-9762)

Make your check payable to Sons of Norway & mail to Phyllis Bergo:

2589 East Erie Ct, Gilbert AZ, 85295



**Business Meeting—** 1 pm on April 14th

Scottsdale United Methodist Church

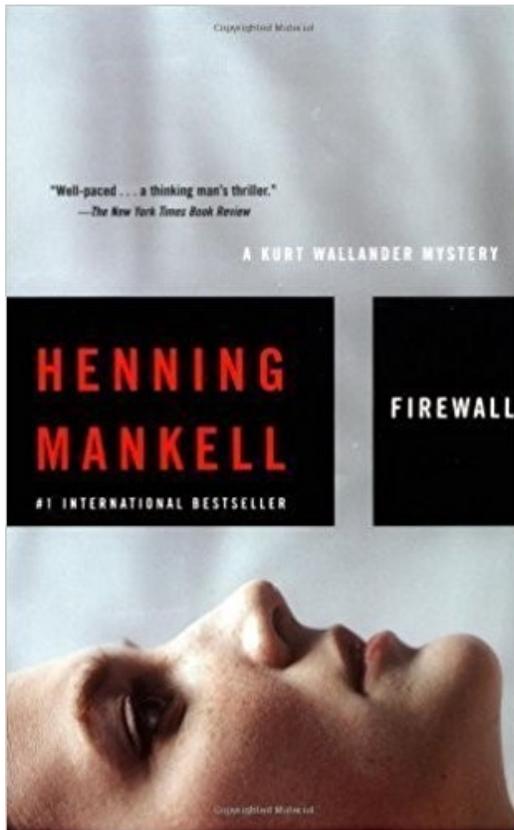
4140 N Miller Rd, Scottsdale, AZ

**Desert Fjord Task Group Meeting**

1 pm—Sunday, April 8th at Masonic Lodge

2531 N Scottsdale Rd, Scottsdale, AZ

# VIKING BOOK AND WINE CLUB



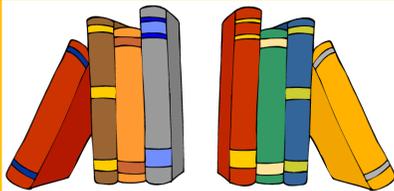
will meet at 2:45 pm

Saturday April 14<sup>th</sup>

5848 E Hummingbird Lane  
Paradise Valley

We'll discuss Henning Mankell's

FIREWALL. Be there or  
be square. PLEASE BRING  
HEALTHY VIKING NIBBLES.



## LIBRARY CORNER

By Arlys Medicott  
Librarian

### “Little Norway in Pictures”

How the Royal Norwegian Air Force trained in Ontario, Canada during WW II 1940 and forward ... compared to what's happening today in our own backyard.

#### 2018

The Royal Norwegian Air Force Training program was presented by Lt Col Martin Tesli at our Heritage and Culture meeting in March. Norway has several F-35s; since 2015 Norwegians have been in training to fly and maintain these amazing planes at Luke AFB, AZ. He gave a brief summary of how this program fits into Norway's history as well as the commitment that's been made to this program. Other countries are also training here, but Norway has the largest contingent of planes and related staff.



Lt Col Martin Tesli: Norwegians train at Luke AFB on the F-35 fighter jet.

*(continued on page 10)*

## MEMBERSHIP MATTERS by Floyd Downs, Membership Secretary

We begin this month with a Happy Birthday song to Paul Wold: "Happy Birthday to you! Happy Birthday to you! Happy Birthday to Paul! Happy Birthday to you!" His 100th birthday is on April 8th. Congratulations, Paul!!!! We wish you many more years as a member of Desert Fjord Lodge!

More happy news! We welcome two new members, Don and Lynn Solie. I enjoyed talking with them at our March social meeting. Even though they live in north Phoenix in view of Anthem, they are pleased to join us at our meetings in Scottsdale.

At the March Lodge meeting I received another \$50 donation to the MRF (Membership Retention Fund). This puts this fund into a currently well state. Thank you to all who have contributed to it. We have used this fund to help those needing assistance with dues to remain members of our Lodge. I remind you that this fund is not part of the Lodge budget, but it is managed by our Lodge treasurer.

Please keep spreading the news of the benefits of Sons of Norway via Desert Fjord membership to all those of Scandinavian heritage. Yes, we accept the Swedes, the Finns, and any other friendly folk who wish to join with us.



As I've noted previously, keeping our own databases current is an ongoing challenge, especially when members do not report changes directly to us or if some of their incoming email messages may be deleted or allocated to spam. This includes telephone number changes. I've heard that some phone numbers as currently listed in the SON membership roster are no longer valid. A similar reminder pertains to postal addresses. Please let us know of any changes so that we can maintain effective communication with you.

I can be contacted in person during our monthly meeting, by phone at (480) 816-3875 and by email at [lenci.downs@cox.net](mailto:lenci.downs@cox.net).

## April Birthdays

Ross H Berg	1st
* Chase H Loomis	2nd
Paul Lindbloom	4rd
Paul R Wold	8th
Priscilla Lundberg	10th
Elizabeth Lenci-Downs	12th
Heather T M Loomis	13th



Reidar Gabrielson	14th
Marjorie A Mafi	15th
Jean Harney	23rd
* Savanna Lyn Isaacson	23rd
Astrid Hanson	27th
Edward B ergo	29th

\* Heritage Member

*Gratulerer Med Dagen – Happy Birthday !!!*

## 2018 Desert Fjord Scholarships

Education Committee: Nina Poe, Elizabeth Lenci, Ross Berg

We have historically awarded higher education scholarships to our younger members. Once again, we are doing that, supporting both arts and science education.



*Agnes Stieler*  
*Born: 18 March 1907*  
*Died: 20 Feb 2003*

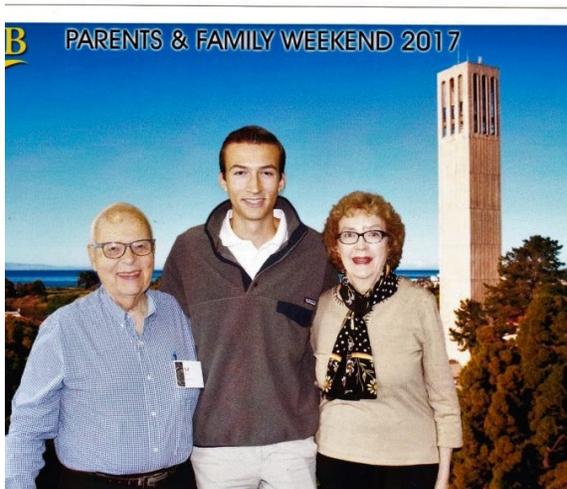
The awards are provided by the Agnes Stieler Endowment Fund. Agnes was a charter member of Desert Fjord and a strong supporter of education and a strong believer in the preservation of our Norwegian culture. We are thankful to her for remembering our lodge and all members.

We recently have included the possibility of awarding grants for any member, young and old alike, for Scandinavian culture education that will benefit our lodge. We believe that Agnes Stieler would have wanted us to do that.

Contact the education committee or any lodge officer for information on how to apply.

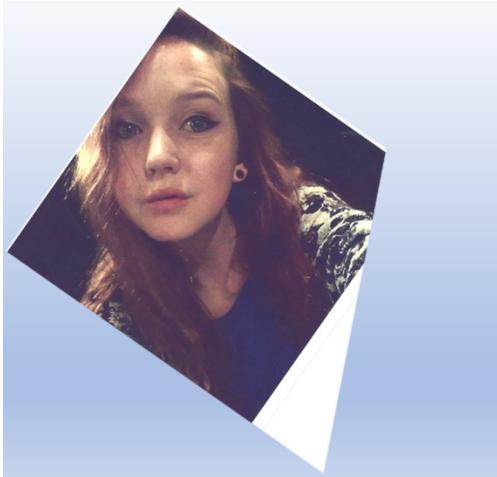
The awards are as follows:

### Nicholas Bergo



An award of \$1000 to Nicholas Bergo, grandson of Phyllis and Ed Bergo, will go to support his sophomore year at the University of California at Santa Barbara. Nick is majoring in Pharmacology with a goal to be a medical doctor. Nick is an Unge Venner (young friend) member of Desert Fjord Lodge.

## Kaitlyn Shippey



An award of \$1000 to Kaitlyn Shippey, granddaughter of Elizabeth Lenci and Floyd Downs. She has been an Unge Venner member of Desert Fjord Lodge for ten years. Kaitlyn is a student at Mountain View College in Dallas, Texas. She is majoring in Theatrical Arts and Stage Management.

## Desert Fjord Renewal and Revitalization Begins

At the March meeting it was announced that Desert Fjord has created a “Renewal and Revitalization” task force. Our goal is to identify an event or events that will attract individuals and families with an interest in the culture or heritage of Norway/Vikings/Scandinavia; and provide them with an opportunity to sample some of what our lodge has to offer on a regular basis. We would use this event and follow-up activities to promote the benefits of membership and strive to convert attendees into members.

We need your help to identify what the event should look like, when it should happen, how to promote it, who to promote it to, and how to engage current members in the planning and final event. Our Board of Directors is fully supportive and prepared to provide required support, including funding.

The initial meeting for the task group will be held at 1 PM, before the April Lodge meeting on Sunday, 4/8/2018. Several members have already volunteered to serve with us but we welcome all others that may be interested in helping to join us. If you are interested, or have some ideas you’d like to share, please contact Jan Loomis via email [jan@jloomis.com](mailto:jan@jloomis.com).





## Desert Fjord Lodge 6-133



### Business Meeting Minutes – March 3, 2018 United Methodist Church, 4140 N Miller Rd, Scottsdale, AZ

**MEETING** – Called to order by Jonathan Walters at 12:45 PM

- **In attendance:** Berit Miltun, Anita Thompson. Arlys Medicott, Ed Bergo, Floyd Downs, Jana Peterson, Janis Johnson, Jonathan Walters, Phyllis Bergo, Roger Espeland, Ross Berg, Sissel Liknes, Jan Loomis and Sherrie Loomis.
- A Quorum (4+) was met: Yes
- 1. **February Business Minutes:** Ed Bergo made a motion to accept the February 2018 Business Meeting Minutes as provided by Jonathan and to appear in March Posten. Motion seconded by Floyd Downs and passed.
- 2. **TREASURER’S REPORT** – Janis Johnson  
Checking balance is \$2,072 as of 2/27/2018
- 3. **COMMITTEE REPORTS**
  - **Cultural / Program:** Upcoming programs announced:
    - **March** – Lt Col Martin Tesli representing The Royal Norwegian Air Force F-35 Training Program at Luke AFB will speak
    - **April** – Per Aannestad to present talk on Heavy Water production plant
    - **May** – Syttende Mai
    - **June** – social event: Rick Steve’s Norway
    - **July** – no meeting
    - **August** – Picnic in the Pines in Payson, AZ at the home of Jan and Sherry Loomis
    - **September** – PowerPoint presentation by Jana Peterson – Viking Museum
  - **Membership** –Additional details in the Posten
    - Floyd distributed Sons of Norway Lodge Membership Activity Report from Minneapolis
    - New annual membership dues went into effect January 1, 2018:  
**Individual** - \$60.00, **Golden** \$42 (at least 65 years old and in good standing for 30+ years), **Family** \$95
  - **Scholarship** - \$2,000 available
    - Two scholarship applications received: The Downs’ granddaughter and the Bergos’ grandson.
    - Request by Ross Berg to add an additional \$1000 to Scholarship fund was approved by the board
  - **Scholarship Committee** – Elizabeth Lenci-Downs, Ross Berg and Nina Poe.
- 4. **OLD BUSINESS:**
  - Presentation was made by Jan Loomis about the possible merger with Mesa. Motion was made by Jonathan Walters and seconded by Jana Peterson not to have a lodge member vote in March and not to move forward with a possible merger. A Committee headed by Jan Loomis will be formed to revitalize Desert Fjord Lodge. Jana Peterson and Ed Bergo volunteered to be on this committee. An announcement will be made at the March meeting inviting our members to join this Revitalization Committee. The Committee will develop a plan, create a budget and lead a campaign to increase lodge membership by 5% in 2018. A second goal is to increase lodge membership 10% in 2019.
  - Delegates to District 6 convention June 10-14, 2018 in Rohnert Park, CA. are Jan and Sherry Loomis, Jonathan Walters, and Ed Bergo. Phyllis Bergo will be officially listed as an alternate. Delegates should contact Jonathan about available funds and details about the hotel and registration.
- 5. **NEW BUSINESS**
  - **Scholarship Committee** – Ross Berg, Elizabeth Lenci-Downs and Nina Poe
    - Jonathan Walters made a motion for a new committee member because Elizabeth Lenci-Downs must recuse herself due to the relationship with the applicant, seconded by Ross Berg, and passed. Jana Peterson could be that additional member for the spring of 2018.

Motion was made by Ed Bergo and seconded by Jan Loomis to adjourn; meeting adjourned at 2 PM

Next business meeting – Saturday April 7, 2018

Respectfully submitted by Anita Thompson – Desert Fjord Secretary on March 7, 2018



# NORWEGIAN SHRIMP FEST REKEFEST 2018

**Saturday, April 21 | 5:33 PM**

Spring is time for one of our most popular events: *Rekefest* – our annual Norwegian Shrimp Fest! We import our shrimp direct from Norway and spend an evening on the lawn enjoying the delicious springtime meal *rekesmørbrød*, or open-face shrimp sandwiches. Of course, we'll round off the meal with a delicious Norwegian dessert of strawberries and ice cream.

This event is **BYOB** so bring your favorite beverage! We will provide lemonade and water and hot dogs for the kids (or anyone who prefers hot dogs). Anyone is welcome to join, but don't wait – this event is "first come, first served" and space fills up fast. **Reservations are required**, so make yours now!

### Admission

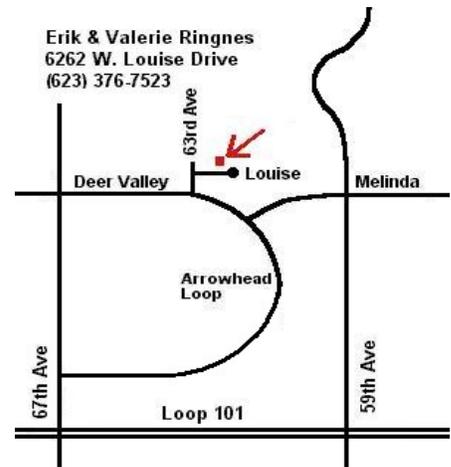
- \$20 Adults (Members)
- \$25 Adults (Non-Members)
- \$10 Children ages 6-12
- Free for children ages 5 and under

### Location

At the home of Erik and Valerie Ringnes  
6262 W. Louise Drive, Glendale



Space (and shrimp!) is limited – reservations are **REQUIRED** for this event. Reserve your spot online or by mail by **Thursday, April 12<sup>th</sup>**.



**For online reservations:** [www.aznorseman.org/events.html](http://www.aznorseman.org/events.html)

Please complete the form below, cut along the dotted line, and include cash or check in the correct amount payable to "Nordmanns-Forbundet."

Name on Reservation: \_\_\_\_\_ Total amount included \$ \_\_\_\_\_

### Number of People:

- Adults (Member).....x \$20 = \$ \_\_\_\_\_
- Adults (Non-Member)...x \$25 = \$ \_\_\_\_\_
- Children (ages 6-12).....x \$10 = \$ \_\_\_\_\_
- Children (5 & under).....x \$0 = FREE

### Mail Reservation & Payment to:

Shirley Ouren  
Membership Coordinator  
Norwegians Worldwide, Phoenix Chapter  
10635 N. 103<sup>rd</sup> Ave.  
Sun City, AZ 85351

# SYTTENDE MAI 2018

Commemorating the 1814 signing of Norway's Constitution

Saturday, May 12th  
9:00 AM – 12 NOON



McCormick-Stillman Railroad Park  
7301 E. Indian Bend Rd., Scottsdale, AZ  
Rotary Ramada (west of playground)



Admission: FREE

Show your Nordic spirit and join our local Norwegian clubs as we all come together to celebrate Syttende Mai or 17<sup>th</sup> of May! This annual potluck brunch event in honor of Norwegian Constitution Day will be full of food, fun, bunader, children's games - and of course the traditional 17<sup>th</sup> of May parade! Bring your Norwegian flags, your good spirits, and a dish to share.

\*The clubs will provide coffee, lemonade, and cups/plates/plastic ware

## Program:

- 9:00 Welcome
- 9:30 17<sup>th</sup> of May Parade with Norwegian music and flag-waving
- 10:00 Food is served
- 10:30 Tale for Dagen (Speech of the Day)  
Speaker - Honorary Consul of Norway Alex Boemark
- 11:00 Traditional Norwegian children's games – with ice cream rewards!
- 11:30 Explore the park and enjoy table games

Co-hosted by Norwegians Worldwide Phoenix Chapter & Desert Fjord and Overtro Fjell Sons of Norway Lodges  
[www.aznorseman.org](http://www.aznorseman.org) | [www.facebook.com/NWWphx](http://www.facebook.com/NWWphx) | [www.desertfjord.org](http://www.desertfjord.org) | [www.facebook.com/563052183744742](http://www.facebook.com/563052183744742) |  
<https://www.facebook.com/Sonsofnorwaymesa>



## “Little Norway in Pictures” (cont’d from page 3)

1940

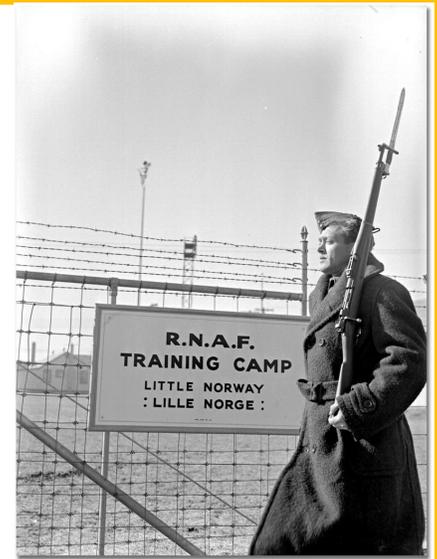
Compare this to the result of Norway being invaded by Nazi Germany on April 9, 1940 and the subsequent temporary defeat. The commitment and desire of young Norwegians to retaliate was presented by Ola Myra. He trained at Little Norway in Toronto, Canada as a pilot for the Royal Norwegian Air Force. He, along with all other trainees, had one goal – return to England and defeat the Nazis. These young men traveled to Little Norway through England and the North Sea and around the world thru South Africa and South America to achieve their goal.

Combat planes had been purchased from the United States prior to April 1940 but did not arrive in time and were then delivered to Little Norway for use by the reorganized Royal Norwegian Air Force. These planes were used for training future pilots and mechanics who maintained them. Other types of combat planes were also provided to the R.N.A.F.

The recruits and trainees were visited by Crown Prince Olav, Crown Princess Martha, Prince Harald, and Princesses Ragnhild and Astrid.

The recruits and trainees were well fed – familiar Norwegian fare. Residents of the area entertained them but they retained their Nordic customs. The climate was similar to Norway, skiing and winter sports were possible. In the warmer months, soccer, boating, swimming were off-duty amusements. Norwegian Independence day, the 17<sup>th</sup> of May, was celebrated with parades, demonstrations and possibly some Canadian additions. Denmark and Sweden had trainees and donated funds.

Desert Fjord Library is fortunate to have the book “Little Norway in Pictures”. It’s out of print, but it’ll be on the library table during the lodge meetings for you to see and check out if you’re interested. As I read this book I wondered how many US citizens knew of the training being done long ago by Norwegians in Canada. I did not.



### **District Six President: Mary Beth Ingvaldstad**

District Six is made up of the following states:

Arizona, Colorado, Nevada, New Mexico, Utah and Hawaii  
- Website: [www.sofn6.org](http://www.sofn6.org)

Facebook:

<https://www.facebook.com/groups/377019032437840/>

### **Zone Seven Director: Benny Jo Hinchey**

Zone Seven is made up of lodges in the following states:

**Arizona:** Scottsdale #133-Desert Fjord; Sun City #134-Sol Byer; Mesa #153-Overtro Fjell; Flagstaff #167-Nordic Pines; and Yuma #168-Sola

**Utah:** Salt Lake City #83-Leif Erikson

### **OTHER SONS OF NORWAY LODGES IN ARIZONA**

**Nordic Pines 6-167** - 3<sup>rd</sup> Sunday, Family

Resource Ctr., Flagstaff, AZ

**Overtro Fjell 6-153** - 3<sup>rd</sup> Saturday

at 11:00 am, Fountain East Clubhouse,

303 S. Recker Rd., Mesa, AZ

**Sola 6-168** - 3<sup>rd</sup> Tuesday at 7:00 pm,

Faith Lutheran Church,

2215 S. 8th Ave., Yuma, AZ

**Sol Byer 6-134** - 3<sup>rd</sup> Saturday at

11:00 am, Elks Lodge, 10760 Union

Hills Dr., Sun City, AZ

### **LODGES IN OTHER STATES**

Go to: <https://members.sofn.com/lodgeDirectory/>

Most post their monthly newsletter

on their lodge website.

### **OTHER CONTACTS**

Honorary Norwegian Consul:

Alex Boemark



### Officers of Desert Fjord Lodge

**President:** Jonathan Walters— (347) 801-3345

**Vice-President:**

**Secretary:** Anita Thompson— (480) 717-4103

**Treasurer:** Janis Johnson— janisjoan41@gmail.com

**Auditors:** Dirk Walter and Floyd Downs

**Box Tops for Education:** Sharon Clunk

**Counselor:** Ed Bergo

**Cultural Directors:** Jana Peterson, Nina Poe, Laurie Peterson

**Desert Fjord Boutique:** Ali Berg-Anderson

**Distribution:** Janis Johnson

**Education and Scholarships:** Elizabeth Lenci-Downs, Ross Berg, Nina Poe

**Foundation Directors:** Gordon Peterson, Paul Lindbloom

**Greeters:** Floyd Downs and Ross Berg

**Historian:** Roger Espeland

**Librarians:** A Medlicott— (602) 284-8523, Elizabeth Lenci-Downs

**Marshals:** Knut Haldorsen and Peter Flanders

**Membership/Financial Sec'y:** Floyd Downs— (480) 816-3875

**Posten Editor:** Laura K. Ontiveros— (602) 694-0532

**Publicity Director/Public Relations:** Janis Johnson

**Reservations:** Phyllis Bergo

**Social Directors:** Berit Miltun— (480) 966-2009, Nellie Lokken

**Sports:**

**Sunshine:** Dawn Walter— (480) 860-9192

**Trustees:** (1yr) K Haldorsen; (2yr) P Flanders; (3yr) Norm Jenson

**Tubfrim:** Lois Ripley and Lois Saakas

**Webmaster:** Jan Loomis

Hello—my faithful readers!

The few, the proud who read page 11!

I wish you a joyous Easter season full of the promises of new life this spring.

Like the green foliage blooming around us, or more aptly the cactus, I use the spring to set my roots for the year ahead. I've shaken off the winter dust and new year's resolutions are in full swing, but I need to center myself to tackle the challenges of the year ahead.

Choose this time to admire the world around you; our days are not guaranteed here on earth and each one of them is a blessing! One good thing, one spot of sunshine can be enough to make a day turn the right way.

Set yourself on a path of happiness rooted in the knowledge that the world will continue turning and we all get to be a part of it.

Love always, Editor Laura



"Like" us on Facebook to receive interesting Desert Fjord Lodge and Sons of Norway, District Six newsfeeds.

Control+ Left Click on this link:

<https://www.facebook.com/Desert-Fjord-Lodge-6-133-Sons-of-Norway-563052183744742/>

### Mission Statement:

To promote and to preserve the heritage and culture of Norway; to celebrate our relationship with other Nordic Countries; and to provide quality insurance and financial products for our members.

FROM:

Desert Fjord Lodge, Sons of Norway

P.O. Box 1716

Scottsdale AZ 85252-1716

STAMP

TO:

Please return to sender

If not deliverable

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Sons of Norway International Headquarters Website:

<https://www.sofn.com/>