

The Posten

September 2018

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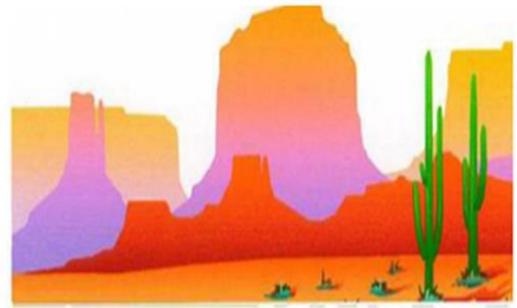
P O Box 1716

Scottsdale, AZ 85252-1716



SONS OF NORWAY

Desert Fjord Lodge



President's Column

I hope many of you have had a relaxing, eventful and invigorating summer. We are blessed with a beautiful land! It has been my pleasure to drive through Yellowstone National Park and spend some time in Grand Teton National Park. If you haven't experienced these incredible places set aside for us to enjoy, please put them on your bucket list.

Now it's time to get back to work—the monthly lodge meeting, the monthly Business Meeting and the monthly Viking Book Club. What drives us? What keeps us going? Your participation, your involvement, your interest—your support! Come to our meetings. Invite friends. Invite acquaintances. Invite neighbors. You never know who might like us and what we do and then get involved, too! I myself was invited to a monthly lodge meeting by a woman in my church choir.

We're starting off the new year of programs with a bang ... a presentation about Iceland by an Icelander! Come and see and hear and learn about this place, where our Norwegian forebears settled and used as a base from which to explore further. And the menu will help to make the experience complete!

Some of us attended the biennial Sons of Norway District 6 convention in June. You'll find something from your delegates who attended in this newsletter. It was a great gathering of our lodges, a celebration of our common interest in promoting our Scandinavian culture and heritage.

And it's not too early to mark your calendar for important upcoming events! Please find the Jul Bazaar flyer on page 8 for information about that annual event. It's a meeting of Scandinavians of all sorts!

Let's continue to promote and to preserve the heritage and culture of Norway; to celebrate our relationship with other Nordic Countries!



Velkommen

Heritage and Cultural Meeting—September 9th at 2 PM
Masonic Lodge, 2531 N Scottsdale Rd, Scottsdale

Icelandic Treasures—
The Land of Fire and Ice

Presented by David Elvar Hill



He'll give a brief history of Iceland interspersed by videos and perhaps pictures showing the natural wonders of the country. (This land was settled originally by Norwegians, so it has special interest for us.) Also, he'll field any questions you may have about Iceland's people, culture and place in the world.

A native of Iceland, David Hill is president of the Icelandic Association of Arizona, an organization for Icelanders, those of Icelandic descent and those with an interest in Iceland. He is fluent in both English and Icelandic .

His hobbies besides an apparent love for his culture include golf, chess and football (the kind the rest of the world plays and Americans call soccer).

He's happily married with five children and three grandchildren.



Heritage and Cultural Meeting
continued on next page!

Menu : (at our Heritage and Cultural Meeting)

- Smørrebrød (assorted open-faced sandwiches) : salmon, crab salad, tuna salad, roasted chicken salad, egg salad, pickled herring with beet, and Danish Ham and cheese
- Coffee and Water available
- Dessert: Icelandic Skuffukaka (chocolate cake)

Price: Adults \$14.00; Children—\$7.00

Reservations: Via the link [online](#) (click "online")



or call Phyllis Bergo by September 7th! (480) 812-9762

Make your check payable to Sons of Norway & mail to:

Phyllis Bergo 2589 East Erie Ct, Gilbert AZ, 85295

VIKING BOOK AND WINE CLUB

Saturday, September 8th at 2:30 pm

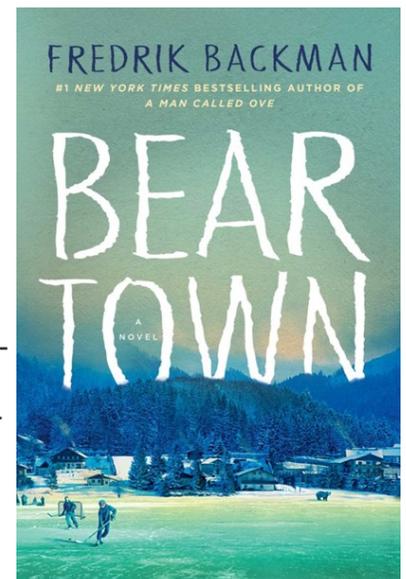
Scottsdale United Methodist Church, 4140 N Miller Rd, Scottsdale, AZ

We'll discuss **Beartown** by Fredrik Backman, author of A Man Called Ove.

"People say Beartown is finished. A tiny community nestled deep in the forest, it is slowly losing ground to the ever-encroaching trees. But down by the lake stands an old ice rink, built generations ago by the working men who founded this town. And in that ice rink is the reason people in Beartown believe tomorrow will be better than today. Their junior ice hockey team is about to compete in the national semi-finals, and they actually have a shot at winning. All the hopes and dreams of this place now rest on the shoulders of a handful of teenage boys.

Being responsible for the hopes of an entire town is a heavy burden, and the semi-final match is the catalyst for a violent act that will leave a young girl traumatized and a town in turmoil. Accusations are made and, like ripples on a pond, they travel through all of Beartown, leaving no resident unaffected.

Beartown explores the hopes that bring a small community together, the secrets that tear it apart, and the courage it takes for an individual to go against the grain. In this story of a small forest town, Fredrik Backman has found the entire world."



Please bring a beverage of choice and Viking tidbits

Business Meeting at 1:00 pm, Saturday, September 8th

Scottsdale United Methodist Church, 4140 North Miller Rd, Scottsdale, AZ

District 6 Convention Delegate Feedback

You might wonder what goes on at Sons of Norway conventions. I've invited those who attended the convention June 10-14 in Rohnert Park, CA as delegates from Desert Fjord Lodge to give a brief account of their experience. Perhaps you could attend one of the next times as a delegate!

Convention Experience

Jonathan Walters, delegate

I've had experiences at a couple Sons of Norway district conventions before this one, so this was an opportunity to renew some acquaintances. My roommate was Keith Bordsen, president of Snowshoe Thompson Lodge. We had served together on the District 6 Finance Committee in 2016. It was fun to talk many things over with him.

The Graton Resort was a comfortable, beautiful venue for our meetings and lodging. The staff was courteous and the food was delicious.

I drove to the convention, mostly because I had found a new home for the five boxes of Desert Fjord books. I took custody of these books when we closed our lodge storage unit. They were Norwegian and Danish books, many dealing with naval history, sailing and ship building. I thought of the author of a book I had purchased on Norwegian sailing vessels, Legends in Sail. (Olaf Engvig's wife was selling his book at the 2014 SON convention in Palm Springs.) Google gave me a phone number and I spoke with Monica. She and her husband were traveling to Norway and not attending the convention this year, but he's a member of the Henrik Ibsen Lodge in San Francisco. I could leave the books with them. I made contact with the president of Henrik Ibsen and left the books with her; Olaf will take the books that interest him when he visits the lodge in October and the rest will go into the lodge library!

A highlight for me was the Leadership Seminar presented by an outside person, Steven Campbell. He is author of the book, Making Your Mind Magnificent. During the four hour seminar he touched on a number of principles that have wide application. He teaches how one can rewire/retrain the brain to work better for you. It was a very positive and uplifting seminar!

Convention Report

Ed Bergo, delegate

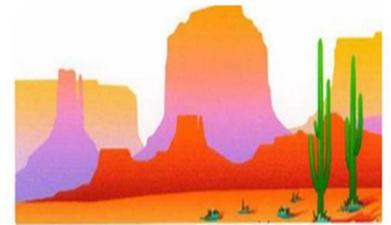
I was pleased to see Desert Fjord Lodge mentioned as the first Sons of Norway lodge to invest \$48,000 in a Sons of Norway endowment fund. The Foundation Director, Corrie Knudson encouraged other lodges to take this step. Our fund is now worth \$53,498. Revenue will be used to award scholarships. This endowment fund protects our initial investment.

The International Secretary, Marci Larson, spoke to the group about Foundation Scholarships and Humanitarian Relief that are available from Sons of Norway. This is made possible from insurance sales, investment income and members' contributions to the Foundation. The contributions made by individuals are now tax deductible. She also talked about the new nominating process to identify the most qualified candidates for District positions. I was pleased to have been on the District Six Nominating Committee this year.

Jonathan Walters and his lodge Communication Team (Laura Ontiveros, Janis Johnson and Jan Loomis) were honored for their newsletter, Facebook Page and website update. This communication award was recently expanded to include all forms of lodge outreach to members and prospective members with more emphasis on electronic formats. Our lodge also received annual honors for years 2016 and 2017. These reflect the hard work of our leadership team.

The 2020 District Six Convention will take place at the Sheraton in Mesa. I would encourage lodge members to consider attending this important event.

We've been busy this summer seeking dates, entertainers and a venue for a half-day Scandinavian Festival that wouldn't conflict with other popular events. This has resulted in moving our event to March 2019, when we can use our existing Masonic Lodge facility for an entire afternoon; giving ample time for set-up, a four-hour event and tear-down.



Lodge Renewal

by Jan Loomis

Also, we've been in contact with the Stoughton Norwegian Dancers who are tentatively scheduled as our featured entertainment for the event. If you haven't seen these dancers yet, you're in for a real treat— they're an enthusiastic group of high school students who'll dazzle you with their dances, costumes and music. We've also lined up artisans to demonstrate their talents in Scandinavian chip carving and rosemåling. We're following up on a lead for a Hardanger Fiddle player and are seeking featured speakers on genealogy and the Lutheran immigration experience. We'll be asking members to serve as host/hostesses, model bunads, demonstrate cookie and lefse baking and direct children's activities. Meanwhile, we'll be actively promoting our Fall and Winter meetings on social media and encourage you to invite your friends to a meeting.

WINE & PAINTING NIGHT WITH JANA PETERSON

- Saturday, September 22, 2018, 4:00 pm—7:00 pm
- Ascension Lutheran Church Fellowship Hall
- 7100 N Mockingbird Lane, Paradise Valley, AZ 85253

The colorful and vivid paintings of Arizona-based artist Jana Peterson will be on display in Fellowship Hall. She creates striking images ranging from earthy abstractions, realism, and portraiture to futuristic galactic visions. Coming from a family of artists and teachers, she obtained an M.A. in Art Education and has been teaching for over 30 years.



Peterson is coming to celebrate her works on display, and to have a little fun making art with YOU. Join us in the Fellowship Hall the afternoon Saturday, September 22nd and we'll put a brush in one of your hands, and a glass of wine in the other (just to get your creative juices flowing a bit more easily...)

Participants will learn how to make their own "Whispering Woods" masterpiece. All materials are included in registration—including wine and light snacks. Jana will teach you how to paint your very own trees using the "Y" method, as well as how to shadow and highlight.

Participants will use impressionistic pointillism techniques to make the leaves!

You will go home an awakened artist—with a painting to show for it!

\$45 per person includes supplies, wine, and light snacks.

Please call 480-326-2927 (Jana) with any questions

(Registration is limited to 30 participants!)

MEMBERSHIP MATTERS by Floyd Downs, Membership Secretary



So here we go into yet another year at Desert Fjord Lodge! Hopefully you've had a pleasant, enjoyable, and even prosperous summer. If you managed to escape the extreme heat of the Valley by exciting travel to Norway or elsewhere, do let us know so we can detail your adventures to other Lodge members.

Sadly, I must begin with notice of the passing of Clarence Nelson on August 11th. His wife, Joanne, called me with the news. Apparently he had been ailing for some time, as we had suspected having noted his absence from Lodge meetings. Many of you know that Clarence was the Desert Fjord member who first organized our Lodge's book and materials holdings into a library format. Today our library has become a wealth of knowledge of Scandinavian history and culture that is readily available to peruse and profit from. The best way to thank Clarence is to sign out a book at the next, or any, Lodge meeting. Yes, there still are people who read books rather than only smart phones. Be one of those!

A combination of good and bad news is that Sherrie Loomis has offered to take over my duties as Membership Secretary. While she made the

offer last Spring she specified that it would be a gradual process so that she would not become overwhelmed by my withdrawal. I hope that she remains so committed! Should you want to contact her with information about SON membership, her email address is sherrie@jloomis.com; her phone number is (480) 786-4232. (That phone number is also the phone number for husband Jan, who is Desert Fjord's Vice President and also a past president of the lodge.)

As I've noted previously, keeping our own databases current is an ongoing challenge, especially when members do not report changes directly to us or if some of their incoming e-mail messages may be deleted or allocated to spam. This includes telephone number changes. I've heard that some phone numbers as currently listed in the SON membership roster are no longer valid. A similar reminder pertains to postal addresses. Please let us know of any changes so that we can maintain effective communication with you.

I can be contacted in person at a Desert Fjord meeting, by phone at (480) 816-3875 or by e-mail at lenci.downs@cox.net.

September Birthdays

*Joseph Vincent Walter	7
*Liv VanderBeischel	7
Taruno Steffensen	7
Shirley E Kalin	12
Jan B Loomis	17
Ali Berg Anderson	18



Cortland L Brovitz	20
Janice L Lindbloom	22
Jennifer M Loomis	23
Bethany Susan Tso	24
Richard L Westby	30

* Heritage Member

Gratulerer Med Dagen – Happy Birthday !!



Summer Viking Book Club

Our Viking Book & Wine Club meeting in July at the beautiful Hayden Estates Assisted Living in Scottsdale, Sharon Clunk's new home.

There's always a lively discussion about the books written by Scandinavian authors. Also, there's continuous opportunity to learn about Scandinavian literature and culture.

Pictured here: Janis Johnson, Sharon Clunk, Ed & Phyllis Bergo, Dirk & Dawn Walter and Jonathan Walters. (often it's worth coming for the delicious snack)

Picnic in the Pines 2018

At right, Jana Peterson is minding the desserts. Below: Ed & Phyllis Bergo, Shirley Ouren and Gerd (Berit's friend) have their first helping of the food offerings. We enjoyed the warm hospitality of Jan and Sherrie Loomis in their beautiful Payson home. It was a fine day for a drive to the high country for a picnic! Thank you, Jan & Sherrie!





Scandinavian Jul Bazaar

Saturday, November 10, 2018

10:00 a.m. - 2:00 p.m.

Shepherd of the Valley Lutheran Church

1500 W. Maryland Avenue

Phoenix, Arizona

NW Corner of 15th and Maryland Avenues

FREE ADMISSION

The Nordic countries of Denmark, Finland, Norway and Sweden invite you to their annual Jul Bazaar on Saturday, November 10th. Antiques and vintage treasures, collectibles, rosemaling, handcrafted arts, books, music and movies are among your shopping choices.

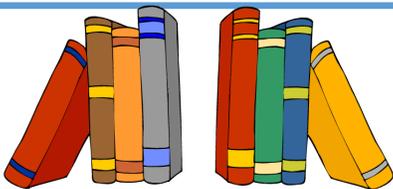
And while you shop, enjoy the many Scandinavian food booths offering yellow pea soup and rye bread, homemade frikadeller, lapskaus, lefse, waffles, cookies, pastries and more.



Sponsored by Valleywide Scandinavian Cultural Lodges and Clubs.



Jackson Loomis, lifetime member of Desert Fjord and recipient of a lodge campership, attended a two-week language and heritage camp at Camp Norge in Alta, CA this summer. He's pictured here with proud grandparents Jan and Sherrie Loomis.



LIBRARY CORNER

By Arlys Medicott

Librarian

Just because it was summer time, did not mean I took a break from reading! A good book, especially with a Norwegian focus, is always in season!

Some highlighted titles include:

HISTORY OF NORWAY by John Yilek

GROWTH OF THE SOIL by Knut Hamson

THE VIKINGS: A HISTORY by Robert Ferguson



District Six President: Mary Beth Ingvaldstad

District Six is made up of the following states:

Arizona, Colorado, Nevada, New Mexico, Utah and Hawaii
- Website: www.sofn6.org

Facebook:

<https://www.facebook.com/groups/377019032437840/>

Zone Seven Director: Benny Jo Hinchey

Zone Seven is made up of lodges in the following states:

Arizona: Scottsdale #133-Desert Fjord; Sun City #134-Sol Byer; Mesa #153-Overtro Fjell; Flagstaff #167- Nordic Pines; and Yuma #168-Sola

Utah: Salt Lake City #83-Leif Erikson

OTHER SONS OF NORWAY LODGES IN ARIZONA

Nordic Pines 6-167 - 3rd Sunday, Family

Resource Ctr., Flagstaff, AZ

Overtro Fjell 6-153 - 3rd Saturday

at 11:00 am, Fountain East Clubhouse,

303 S. Recker Rd., Mesa, AZ

Sola 6-168 - 3rd Tuesday at 7:00 pm,

Faith Lutheran Church,

2215 S. 8th Ave., Yuma, AZ

Sol Byer 6-134 - 3rd Saturday at

11:00 am, Elks Lodge, 10760 Union

Hills Dr., Sun City, AZ

LODGES IN OTHER STATES

Go to: <https://members.sofn.com/lodgeDirectory/>

Most post their monthly newsletter

on their lodge website.

OTHER CONTACTS

Honorary Norwegian Consul:

Alex Boemark



Officers of Desert Fjord Lodge

President: Jonathan Walters— (347) 801-3345

Vice-President: Jan Loomis— (602) 617-7542

Secretary:

Treasurer: Janis Johnson— janisjoan41@gmail.com

Auditors: Dirk Walter and Floyd Downs

Box Tops for Education: Sharon Clunk

Counselor: Ed Bergo

Cultural Directors: Jana Peterson, Nina Poe, Laurie Peterson

Desert Fjord Boutique: Ali Berg-Anderson

Distribution: Janis Johnson

Education and Scholarships: Elizabeth Lenci-Downs, Ross Berg, Nina Poe

Foundation Directors: Gordon Peterson, Paul Lindbloom

Greeters: Floyd Downs and Ross Berg

Historian: Roger Espeland

Librarians: A Medlicott— (602) 284-8523, Elizabeth Lenci-Downs

Marshals: Knut Haldorsen and Peter Flanders

Membership/Financial Sec'y: Sherrie Loomis—(480) 786-4232;
Floyd Downs— (480) 816-3875

Posten Editor: Laura K. Ontiveros— (602) 694-0532

Publicity Director/Public Relations: Janis Johnson

Reservations: Phyllis Bergo

Social Directors: Berit Miltun— (480) 966-2009, Nellie Lokken

Sports:

Sunshine: Dawn Walter— (480) 860-9192

Trustees: (1yr) K Haldorsen; (2yr) P Flanders; (3yr) Norm Jenson

Tubfrim: Lois Ripley and Lois Saakas

Webmaster: Jan Loomis

Welcome back, Scottsdale Lodge!

Officially, summer is drawing to a close on September 22nd, but here at Sons of Norway we're already under way following a summer siesta.

We have materials from the library ready to be checked out, roots to find in Genealogy, wine to drink, books to read, and culture to be explored.

And don't forget to invite your Nordic friends, family and interested others along for what promises to be a wonderful year of tradition, heritage, and of course fun!

- Editor Laura



"Like" us on Facebook to receive interesting Desert Fjord Lodge and Sons of Norway, District Six newsfeeds.

Control+ Left Click on this link:

<https://www.facebook.com/Desert-Fjord-Lodge-6-133-Sons-of-Norway-563052183744742/>

Mission Statement:

To promote and to preserve the heritage and culture of Norway; to celebrate our relationship with other Nordic Countries; and to provide quality insurance and financial products for our members.

FROM:

Desert Fjord Lodge, Sons of Norway

P.O. Box 1716

Scottsdale AZ 85252-1716

STAMP

TO:

Please return to sender

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Sons of Norway International Headquarters Website:

<https://www.sofn.com/>