

The POSTEN

June/July/August 2020

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Desert Fjord Lodge 6-133

P O Box 1716

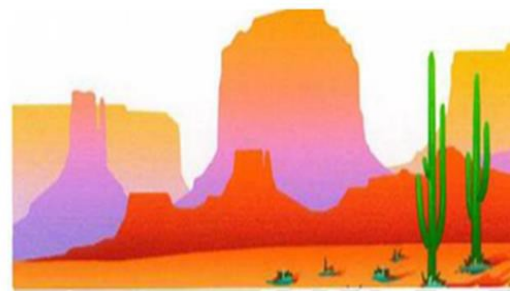
Scottsdale, AZ 85252-1716



SONS OF NORWAY

Desert Fjord Lodge

Established 1984



Co-President's Column

"If I ever get some free time, I'll finally...", is a phrase I've used too often in the past; and now it seems to have caught up with all of us. What have you been doing during your "free time" as you've withdrawn to the safety of your home and had your schedule changed by cancellations and long-term delays?

Before the virus I had a good number of days and hours set aside for Sons of Norway activities. It was a difficult decision to cancel the Scandinavian Viking Festival at the end of March, but in retrospect, by not gathering hundreds of people (most over the age of 60) in packed rooms, we may have saved lives. The District 6 Convention, scheduled to be held in Mesa in June, has been postponed until 2022. Desert Fjord Lodge decided to cancel the April meeting, the Syttende Mai picnic, and all other events until this Fall. Our lodge leadership will be meeting over the summer to determine when and how we may safely resume meetings. I certainly miss seeing each of you, enjoying fellowship, sharing a meal and learning more about my heritage.

Despite having all of this new-found "free time", I still find myself lacking time to do everything on my wish list. I dug into some of my mother's and grandmother's "treasure boxes" loaded with pictures, obituaries, letters, newspaper clippings and more. I re-discovered a set of cassette tapes of a 3-hour interview I did with my grandmother over 30 years ago and transferred them to digital format. It was a treat to hear her voice once again, telling me about her life. I learned she had a brother who died as an infant. I was able to search internet death records and found a photo of the headstone for young Lawrence Bye who died in 1896. I also found out what a great bargain I was for my parents as I discovered the hospital receipt for my own birth for \$10.50 (\$54.00 less \$43.50 paid by Blue Cross)!

(continued on next page)

Velkommen



Develop Cultural Skills. Judy Immel, District 6 Cultural Director, suggested the following in a recent newsletter: "As we all shelter in place during this pandemic, we can do some wonderful things with our time. We can reconnect with our family members, sharing some of our beloved cultural memories with those around us. Please continue to develop your skills and share them with loved ones while you have to stay at home. Consider the following options:

- All Cultural Skills can be found on the Sons of Norway website, www.sofn.com
- Sign in as a member and look at member resources to find the cultural skills program.
- Cook a Norwegian meal: for recipe ideas visit sofn.com and open the recipe box. Choose 5 different recipes, make a meal using those recipes, (take pictures of each dish and your family eating the meal) and you are qualified for your first level Cooking Pin. Don't forget to submit your paperwork with your pictures.
- Make some Norwegian cookies and deliver them to a neighbor or friend.
- Read a book by a Norwegian or Norwegian-American author; start writing about your Norwegian heritage."

Virtual Camp Norge. Do you have children or grandchildren between the ages of 8 and 17? Please consider sending them to Virtual Camp Norge this summer. The camp counselors will be teaching Norwegian heritage skills on-line to the kids via Zoom. The cost is only \$50 per child for 13 days of camp (3 hours per day) and includes a t-shirt and craft materials that will be sent out prior to camp starting. To learn more and register go to: <https://sofn6.org/arv/camp-trollfjell/> **...clicking on this link takes you to the site.**

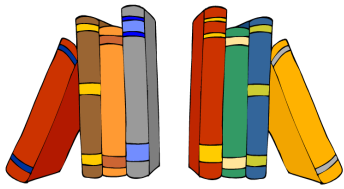
(Registration deadline is June 27, 2020)

Please stay healthy and safe. I look forward to seeing you and celebrating our heritage together, once again.

Regards,

Jan Loomis





DESERT FJORD LIBRARY NEWS

The **Glass Key Award** is a literature award given annually to a crime novelist from the Nordic countries. The award, named for the novel “The Glass Key” by American crime writer Dashiell Hammett, is a glass key given every year by the members of the Crime Writers of Scandinavia to a crime novel written by a Danish, Finnish, Icelandic, Norwegian or Swedish author. Each country’s members put forth a candidate novel, making up the shortlist.

The Glass Key Award has been announced for 2020. Most of the authors on the shortlist are well known in the US but only Jo Nesbo’s “The Knife” is translated into English. The book is available in the Phoenix Library system (available through all valley library system subscribers). Prior to about 2008, not many Scandinavian authors were published in the US. With the publishing of the best seller “The Girl With The Dragon Tattoo” in the US, there is much more interest in Scandinavian authors.

“The Girl With The Dragon Tattoo” (Sweden) won the Glass Key Award in 2008. The following books from the Glass Key Award are available in the Phoenix Library System:

◇ Sweden	
Henning Mankell	Faceless Killers
Hakan Nesser	Hour of The Wolf
Stieg Larsson	The Girl with the Dragon Tattoo
Stieg Larsson	The Girl Who Kicked the Hornet’s Nest
Camilla Grebe	After She’s Gone
◇ Norway	
Karin Fossum	Don’t Look Back
◇ Denmark	
Peter Hoeg	Miss Smilla’s Feeling For Snow
Jussi Adler-Olsen	A Conspiracy of Faith
Thomas Rydahl	The Hermit
◇ Iceland	
Arnaldur Indridason	Jar City
Arnaldur Indridason	Silence of The Grave

Several of these books are available in our Desert Fjord library (*or other books by the same author*).

Summer Birthdays 2020



June

* Scarlett Isaacson	2
Dawn D Walter	7
Lorelei R Knorr	8
Roger E Haugen	11
Russell D Cook	12
Kim J McLaughlin	12
Donald Solie	13
^ Shirley Ann Ouren	14
Roger D Westland	26
Kaitlyn D Shippey	27

July

Corinne R Parrish	7
^ Lynn S Kolstad	8
Ronald D Orson	8
Crystal L Williams	10
Nina Poe	12
Gro Holmer-Haven	15
Nellie Mae Lokken	15
Lois C Ripley	15
* Ilse Spargo	20
* Will Spargo	20
* Madelyn Longstreet	21
Sherrie L Loomis	25
Dorothy M Williams	25
^ Howard O Barikmo	31

August

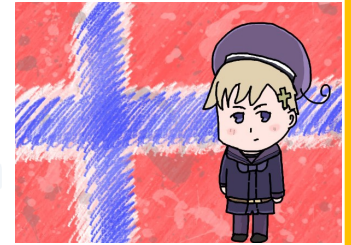
Toni Marie Solberg	2
Cheleen Olbekson-Jones	4
Judy Elisen	5
Georgiann Crouse	18
Don Miles	18
^ Gordon Peterson	20
Elaine Zgodowska	20
Marilyn Olson	21
Kristen L Port	30



* Heritage Member

^ Golden Member

Gratulerer Med Dagen



Your heartfelt words of support to fellow members mean a lot during the current pandemic. Friendly forms of encouragement such as calls, cards and emails help others fight their feelings of loneliness and stress. While we cannot gather in person for the time being, caring support of one another in difficult times is one more way to live out our Norwegian traditions and values.



Membership Matters

TIRED OF NEWS?

TRY WATCHING ON PBS:

New Scandinavian Cooking



Shot entirely on location, *New Scandinavian Cooking* offers a rich visual tour of Nordic cuisine, culture and history.

Award-winning TV host, food journalist and cookbook author [Andreas Viestad](#) treats viewers to an eye-opening voyage through his native Norway, where he creates tantalizing recipes with unusual ingredients outdoors, against stunning backdrops.

In several episodes, two of Scandinavia's best-known cooking personalities -- [Sara La Fountain](#) and [Claus Meyer](#) -- join Andreas on his culinary adventures through Denmark and Finland.

Distributed by:



Airs on:



New Scandinavian Cooking is a [Scandinavian cooking show](#) which, over the course of ten seasons, was hosted by [Andreas Viestad](#), [Tina Nordström](#), and [Claus Meyer](#), produced by the Norwegian production company Tellus Works Television AS in collaboration with [American Public Television](#) (APT).^[1] A sequel series titled ***Perfect Day*** continued with the original hosts in rotation, with the cast addition of [Sara La Fountain](#).^[2] It is also broadcast on channels such as [AFC](#).

Beginning in 2003, the show debuted on [PBS](#) in the United States (72% of the 347 regional PBS channels).^[3] It has also been broadcast in more than 130 other countries,^[1] including the United Kingdom, China, Germany, Italy, and France, according to the show's producers a viewership of 100 million per episode.^[4] The first, second,

(cont'd on page 5)

fourth, fifth, and sixth seasons were hosted by Norwegian food writer Andreas Viestad, the third season by Swedish chef and television personality Tina Nordström, and the fifth season was hosted by Danish chef and cookbook author Claus Meyer. The sixth season, a sequel series *Perfect Day* rotated the original hosts Viestad, Nordström, and Meyer, with the addition of Finnish TV chef Sara La Fountain. The seventh season was once again named *New Scandinavian Cooking*, and still rotated between the Nordic hosts. During the eight and ninth seasons Andreas continued the series on his own, with his passionate storytelling, fusing history, nature, and cooking – seeking out the origins of the food with his mobile kitchen. In season 10 which was broadcast in 2013, the last of the Nordic countries was introduced to the series namely Iceland, the land of fire and ice. The season 11 (2014) reintroduces Swedish chef Tina Nordström in rotation with Norwegian chef Andreas Viestad.^[51]

The success of the series is in part due to its original format, its hosts and the series production teams. The food is not prepared in a studio but executed on location outdoors, at a mobile kitchen often situated in faraway places, such as remote beaches or mountain precipices^[61]. The hosts showcase different regions and dishes of Norway, Sweden, Denmark, Finland, Iceland, and Greenland.

The show has its own streaming service on Vimeo.

While Norway is consistently ranked as one of the world's happiest countries, new arrivals often find it difficult to quickly integrate into the society.

While the Scandinavian lifestyle crazes of *hygge* and *lagom* have taken the world by storm, the key to happiness in Norway is actually much more straightforward. Simply get outside.

Friluftsliv is an amalgamation of the Norwegian words for free, air and life, and is best translated as an outdoors lifestyle. Not embracing this concept is one of the key reasons why some newcomers fail to fit in to a new life in Norway.

Friluftsliv:

The Key To
Living A Happy
Life In Norway





**SONS of
NORWAY**

Celebrating **125** Years

1895-2020

How can you help your young family members live their dreams?

[Sons of Norway Foundation scholarships](#) offer another way to share Nordic heritage and values—like the joy of lifelong learning—with the next generation. Access to these popular scholarships matters because they support member families with vital financial aid. Plus, they build a more educated community AND create a brighter future for promising youth.



“What I wish to convey above all is that [this scholarship], for lack of a less cliché phrase, made my dreams come true. I’ve found my long-lost family and had the greatest experience of my life!”

(Kai Pederson, who received a scholarship to study abroad in Norway.)

Thanks to our generous donors, the Sons of Norway Foundation gave over \$100,000 in awards in 2019 to help eligible scholars follow their dreams. Those awards include:

>> **\$18,000** in scholarships for American students to study in Norway

>> **\$82,000** in scholarships for students to study in the USA and Canada

If you have loved ones or friends who may benefit from Sons of Norway membership—*especially those with children approaching college age*—be sure to pass along this important information with your invitation to join Sons of Norway!

All who have an interest in celebrating Norwegian heritage and culture are welcome to join. Just be sure to share your member number and ask them to enter it when they enroll online at sofn.com.



MISSION STATEMENT OF SONS OF NORWAY

To promote and to preserve the heritage and culture of Norway; to celebrate our relationship with other Nordic Countries; and to provide quality insurance and financial products for our members.



MEANWHILE IN NORWAY... SUMMER HAS ARRIVED!



Ole says: "If you see it on Facebook, it's true."



21 May—Midnight in Harstad, Norway



"Like" us on Facebook to receive interesting Desert Fjord Lodge and Sons of Norway, District Six news-feeds.

Control+ Left Click on this link:

<https://www.facebook.com/Desert-Fjord-Lodge-6-133-Sons-of-Norway-563052183744742/>

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Desert Fjord Boutique: Ali Berg-Anderson

Distribution: Janis Johnson

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Foundation Directors: Gordon Peterson, Paul Lindbloom

Greeters: Georgiann Crouse, Norman Jensen, Jr

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Marshals: Knut Haldorsen and Peter Flanders

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Sunshine: Dawn Walter— (480) 860-9192

Trustees: (1yr) K Haldorsen; (2yr) P Flanders; (3yr) Norm Jensen

Tubfrim: Lois Ripley and Lois Saakas

Webmaster: Jan Loomis

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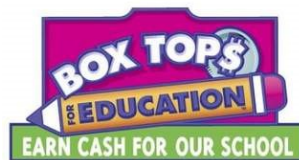
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Sons of Norway International Headquarters Website:

<https://www.sofn.com/>

Tubfrim - *Tubfrim is a Norwegian program that collects and sells cancelled postage stamps to raise funds to aid individuals who are handicapped. Just bring to any of our regular meetings; put your name on the bag or box so your name gets put into the drawing.*



<http://www.boxtops4education.com/participating-products>