

The Posten April 2026

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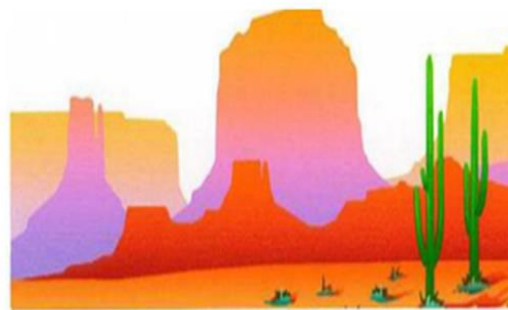
Desert Fjord Lodge 6-133
P O Box 4161
Scottsdale, AZ 85250



SONS OF NORWAY

Desert Fjord Lodge

Established 1984



President's Column

Greetings fellow Norsemen, Norsewomen and Other Members!

One of my primary goals for becoming president of Desert Fjord lodge was to encourage fun and interesting events that our community can enjoy together. Some will be in the Methodist Church; others will be excursions to other venues such as displayed in this Posten. I have enjoyed many a presentation at our lodge base, but we need to expand our horizons! We've been invited to AZ Norseman's Norwegian Shrimp Fest "**Rekefest 2026**"... always a fun, well-attended event. It's on Saturday, April 25th – make your reservation early. Then on April 26th **Nordic Event 2026** is at Phoenix Center for the Arts; Scandinavian Folk Dancers of Phoenix and many other performers are on the program. *(page 2 and page 6 give you full information and links to get your tickets for these events)*



Please join us at one or both of these events instead of meeting at the church this month. I encourage our members to carpool whenever possible; it saves gas and builds community. *(contact me if you need assistance getting to these events)* I drive from Flagstaff down I-17 and would be happy to pick someone up on the way and pay entrance fees if asked.

I'd like to share a little of my background as I'm relatively new to Desert Fjord. I am a whitewater rafter with a fleet of river boats. I've enjoyed boating most rivers within the region including the wild and dangerous 226 miles of the Grand Canyon. I garden, design and build projects at my house, and I also volunteer with various agencies. I believe that building community among like-minded people is an important and valuable goal, especially in these chaotic times.

Tusen Takk and be Well!

Velkommen

NORWEGIAN SHRIMP FEST REKEFEST 2026

Saturday, April 25 | 5:30 PM

Arizona Norseman is pleased to host your favorite event:
Rekefest – our annual **Norwegian Shrimp Fest**. We import our shrimp directly from Norway and spend an evening on the lawn enjoying the delicious springtime meal *rekesmørbrød*, or open-faced shrimp sandwiches.

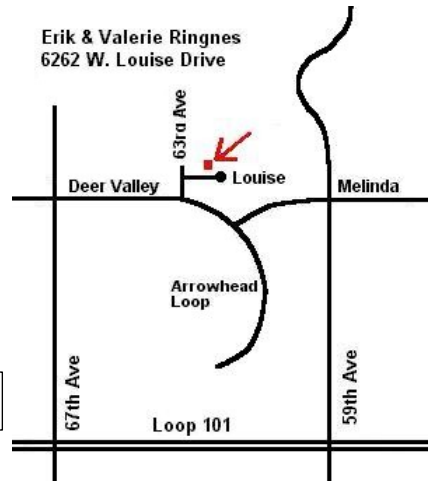
Of course, we won't forget to round off the meal with a delicious Norwegian dessert of strawberries and ice cream.

This event is **BYOB** so bring your favorite beverage! Everyone is welcome. There will be hot dogs for the kids or anyone who wants just to be a part of the fun.

We'll also have the Norwegian Trivia Question Contest that everyone loves!

Location

At the home of Erik and Valerie Ringnes
[6262 W Louise Drive, Glendale, AZ 85310](https://www.google.com/maps/place/6262+W+Louise+Drive,+Glendale,+AZ+85310)



RSVP before **Friday, April 17th!**

Buy tickets online or send checks to Chris

Online: <https://aznorseman.ticketspice.com/shrimpfest-2026>

Or checks made out to: Nordmanns-Forbundet
Mail to: **Christopher Jakobson, 8141 N Central Ave Unit 4; Phoenix, AZ 85020**

Name on Reservation _____

Adults member ___ x \$30 = _____

Adults non-member ___ x \$40 = _____

Children (5-12) ___ x \$15 = _____

Grand Total = _____

Dear members and friends of Arizona Norseman,

2025 has been a great year for us, and we are fully back to where we were before the pandemic when we were part of Norwegians Worldwide. Personally, I have enjoyed our events tremendously. It's wonderful to see Norwegian culture and community being kept alive in Arizona. Thank you for your help in making this possible! We would love to add more kinds of events next year, and we are open to suggestions.

At this time, we would like to encourage you all to please renew your membership for 2026 if you have not done so already. You can do this online at aznorseman.org, or you can mail a check to me:

Christopher Jacobson

8141 N Central Ave – Unit 4

Phoenix, AZ 85020

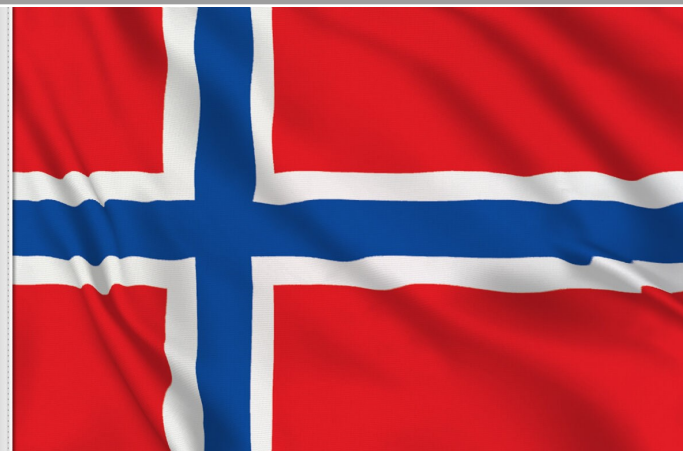
Membership is only \$25 for individual or \$35 for family, and it includes a substantial discount at our paid events.

We wish you all a very merry Christmas, and happy new year! God bless you! Vi ønsker dere alle en veldig glad jul og en godt nytt år! Gud velsigne dere!

Sincerely, hilsen fra,

Chris Jacobson,

Membership Director for the Arizona Norseman Board.



Membership Matters by Jonathan Walters, Vice President

You never know what interesting and delightful people you'll meet when you come to Sons of Norway!



I've been a member of Sons of Norway for 15 years. I've had a rich experience and it has been a happy time getting better in touch with my Scandinavian culture and heritage.

This rich experience I'm speaking about is a credit to other members who invited me to get involved as the lodge newsletter editor. Then I was given a job working with the Lutefisk Meatball Dinner annual fund raiser.

I got to know other members by talking to them and working with them. Other members

have a lot to offer! I got involved meeting with a genealogy group. With several others I traveled to Salt Lake City to do some research about my ancestors.

Paying your dues keeps you on the membership list, but it doesn't benefit you until you come to one of our events, talk to someone over a cup of coffee, rub shoulders with other members ... get excited learning something new about your Scandinavian roots.

* * *

If your contact information changes, please let Crystal know! Your current phone number and your email address are how we stay connected.

Crystal can be reached at: (310) 617-3423 or her email address:

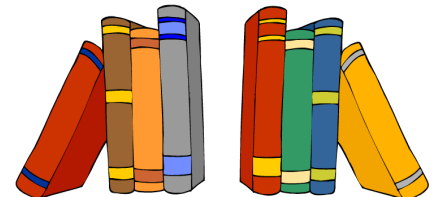
crystabel55@yahoo.com. (You can also speak with her at one of our meetings or events.)

LIBRARY CORNER

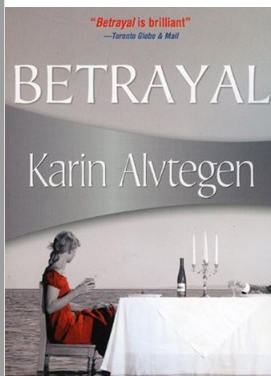
A Book Review by Janis Johnson

Betrayal

by Karin Alvtegen



Eva and Jonas are two separate pots of poison, both coming inexorably to a boil. For Eva, the poison stems from the dawning realization that her cozy family life has been a lie, that her loving husband loathes her and has been having an affair. Jonas, for years the keeper of his parents' secrets, has transferred all his obsessive yearnings for connection to a woman who now lies in a coma. Both Eva and Jonas are carrying enough rage and despair to destroy themselves. But when the two of them come together, that destructive potential is magnified to a terrifying extent.



Karin Alvtegen (born 8 June 1965, Huskvarna, Sweden) is an author of crime fiction. Alvtegen's psychological thrillers are generally set in Sweden. Four of her books have been translated into English: Missing, Betrayal, Shadow and Shame. In 2013, Alvtegen fell ill in what was later diagnosed as myalgic encephalomyelitis/chronic fatigue syndrome (ME/CFS), essentially preventing her from writing

District Six President: Lis Barca

District Six is made up of the following states:

Arizona, California, Colorado, Nevada, New Mexico, Utah and Hawaii - Website: **www.sofn6.org**

Facebook:

<https://www.facebook.com/groups/377019032437840/>

Zone Seven Director: Jonathan Walters

Zone Seven is made up of lodges in the following states:

Arizona: Scottsdale #133-Desert Fjord; Sun City #134-Sol Byer; Mesa #153-Overtro Fjell; Flagstaff #167- Nordic Pines; and Yuma #168-Sola

Utah: Salt Lake City #83-Leif Erikson

OTHER SONS OF NORWAY LODGES IN ARIZONA

Overtro Fjell 6-153 - 3rd Saturday at 11:00 am

Our Savior's Lutheran Church

625 S Ellsworth, Mesa, AZ

Sol Byer 6-134 - 3rd Saturday at 11:00 am

Sun City West Foundation

14465 R.H. Johnson Blvd, Sun City West, AZ

LODGES IN OTHER STATES

Go to: <https://members.sofn.com/lodgeDirectory/>

Most post their monthly newsletter on their lodge website.

OTHER CONTACTS

Honorary Norwegian Consul:

Alex Boemark



"Like" us on Facebook to receive interesting Desert Fjord Lodge and Sons of Norway, District Six news-feeds.

Control+ Left Click on this link:

<https://www.facebook.com/Desert-Fjord-Lodge-6-133-Sons-of-Norway-563052183744742/>

April Birthdays

Ross H Berg
Chase H Loomis *

1st
2nd



Astrid Hanson
Edward Bergo

27th
29th

* Heritage Member

Gratulerer Med Dagen – Happy Birthday !!



NORDIC EVENT — 2026 —

*Join Us To Experience the Captivating Music
& Rich Culture of Nordic European Countries*



APRIL 26

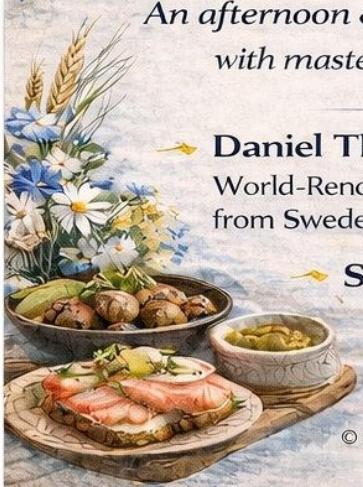
Phoenix Center for the Arts • Phoenix, AZ

*An afternoon & evening showcasing the best of Nordic culture
with masterclass and exciting live music & dance*

➤ **Daniel Thorell**
World-Renowned Cellist
from Sweden

➤ **Mill Avenue Chamber Players**
Celebrated Chamber Music
Ensemble from Arizona

➤ **Scandinavian Folk Dancers of Phoenix**



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Celebration of Nordic Culture and Music in Phoenix - Experience the Captivating Music & Rich Culture of Nordic European Countries—**Nordic Signature Event 2026**.from 3:30 pm to 7:30 pm. Get tickets through Eventbrite by clicking here.—<https://www.eventbrite.com/e/nordic-signature-event-2026-tickets-1985093815038>

Sons of Norway's LegacySure Plan(cont'd)



SONS of NORWAY

Celebrating 130 Years

1895-2025

In my last month's article, I ended with, "ask me about LEGACY SURE". Here are some highlights:

- Legacy Sure is a Life Insurance policy that is permanent and guaranteed.
- With this coverage you will have guaranteed level premiums for life.
- I can help you determine how much coverage is best for you.
- You'll appreciate the quick and easy approval process where you only need to answer a few basic questions and will not be asked for a medical examination.

This type of final expense life insurance is a good option for those who:

- Don't have life insurance through their employer or would like additional coverage
- Want coverage for funeral expenses so your loved ones will not be burdened with these expenses
- Need additional coverage to handle other expenses such as bills and credit balances.

There are three plans available, with varying face amounts. Here are a few examples:

- Female age 60, for \$10,000 of coverage, premiums are \$46.52, \$49.01 or \$56.20 per month.
- Male age 60, for \$10,000 of coverage premiums are \$46.52, \$58.55 or \$72.36 per month.

The three different amounts depend on how your health is. We issue policies up to age 85

Please contact me to see what your **LegacySure** premium amount would be!!

Len Carlson FIC CLU

(651) 253-1943

or by email at: len.carlson253@gmail.com



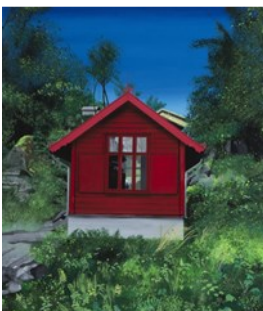
TRIP TO NORWAY WITH JANA!

Having traveled to Norway at least 10 times and being encouraged to guide a trip there this July, Jana Peterson will guide a small group through Oslo museums, shopping, and sights. We will stay in a quiet hotel, and visit **Bygdoy** (Folkemuseum, Fram Museum, Kon-Tiki, etc.), the **Munch Museum**, the **National Museum** and the **Opera**. After 4 days in Oslo, we will board the train through the beautiful mountains to Bergen. Our stay in Bergen at a wonderful VRBO will include visits to **Bryggen**, the **Kode Art Museums**, **Mostraumen Fjord Cruise**, **Grieg's home**, **Mt. Floyen** and more! We will have time together, and time to wander before heading back to Oslo and home.

For those very adventurous souls, an additional 4 days at the beginning touring Iceland will be offered.

Please call for information.

Sincerely,
Jana 480-326-2927



Desert Fjord Resources

- *Looking for information on future meetings, events and Postens?*
Desert Fjord website: <https://desertfjord.org/>
- *If you are looking for some wonderful Scandinavian recipes, check out:*
Sons of Norway website: <https://www.sofn.com>
- *As members, we have access to a free, in-depth genealogy club that meets monthly via zoom –* **Genealogy Club (District 6):**

Anthony G (Tony) Hjelmstad, Slektforskningklubb / Genealogy Club



Fjelldalen Lodge #6-162
9078 Greenspointe Ct.
Highlands Ranch, CO 80130
303-324-5381 (c)



**SONS of
NORWAY**

Genealogy@Fjelldalen.com <https://www.fjelldalen.com/>

- *Our Desert Fjord Lodge (**Scandinavian Noir Book Club ...** previously known as **Viking Book and Wine Club**) hosts a monthly Book Club meeting in Jana Peterson's home. Members gather to read and review Scandinavian books with an emphasis on murder mysteries. For more information call Jana Peterson at 480-326-2927.*
- *As members of Sons of Norway, we are invited to join the free, national book club that meets monthly via Zoom:*
Sons of Norway Book Club:
Bill Browning
Sons of Norway Book Club Coordinator
SonsofNorwayBookClub@gmail.com
[404-953-2525](tel:404-953-2525)
- *As members of Sons of Norway, District 6, we have access to Camp Norge in California. Check out the camp information:*
Camp Norge: <https://www.campnorge.org/site/>

This page will be a permanent fixture in our newsletter. If you have something to add, please let us know!



April in Norway

Officers of Desert Fjord Lodge

President: Mark Alexander (928) 699-5456

Vice President: Jonathan Walters

Secretary: Kristine Schulz

Treasurer: Neil Heggem—neil_heggem@myctl.net

Membership Secretary: Crystal Williams (310) 617-3423

Member at Large: Norman Jenson

Auditor: Open

Counselor: Ed Bergo

Co-Cultural Directors: Jana Peterson, Nina Poe

Desert Fjord Boutique: Ali Berg-Anderson

Distribution: Janis Johnson

Education Committee (Scholarships & Grants): Nina Poe,
Gordon Peterson

Foundation Directors: Gordon Peterson

Greeters: Norman Jenson, Jr

Librarian: Janis Johnson

Marshals: Knut Haldorsen

Posten Editor: Jonathan Walters

Publicity Director/Public Relations: Janis Johnson

Reservations: Janet Peterson (480) 659-7328

Social Director: Open

Sunshine: Open

Trustees: (1yr) K Haldorsen; (3yr) Norm Jenson

Webmaster: Jonathan Walters

Mission Statement:

The mission of Sons of Norway is to provide quality insurance and financial products to our members, promote and preserve the heritage and culture of Norway, and to celebrate our relationship with other Scandinavian countries.

FROM:

Desert Fjord Lodge, Sons of Norway

P O Box 4161

Scottsdale AZ 85250

STAMP

TO:

Please return to sender

If not deliverable



Sons of Norway International Headquarters Website:

<https://www.sofn.com/>