

The Posten

January

2026

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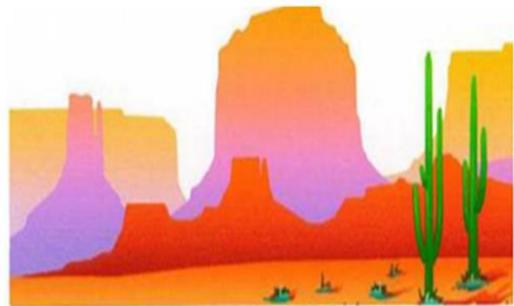
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SONS OF
NORWAY

Desert Fjord Lodge

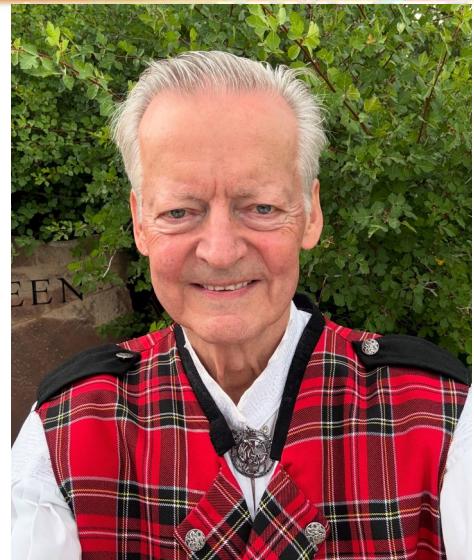
Established 1984



President's Column

This month marks a very special event for Desert Fjord lodge. We'll be installing the new officers who will lead us going forward into the New Year. We're excited about this—it's a new beginning for us. I invite you to come celebrate with us. You might not be one of those being installed, but you need to give your whole hearted support to our new officers.

And please consider what you can offer in terms of time and energy ... together we can find new ways to spread the good Viking cheer and hospitality in the Phoenix metro area!



President
Vice President
Secretary
Treasurer

Mark Alexander
Jonathan Walters
Kristine Schulz
Neil Heggem

The **Scandinavian Folkdancers of Phoenix** are coming to dance for us this month. Wear your dance shoes! I'm quite sure you'll get an opportunity to participate in a dance or two. Additional details are on the next page or two.

Maybe you need a ride to get to our meeting. The online Google form gives you an opportunity to tell us about that. If you call to make your reservation, let Janet know you need a ride. We'll figure something out for those who need help to get to our meeting.

Please find an international travel opportunity with Jana on page 8. **AZ Norseman** invites you to take advantage of becoming a member on page 7.

Also, please note that after this month, we'll be holding monthly meetings at **4140 N Miller Rd in Scottsdale—the United Methodist Church**. New beginnings for us! Let's celebrate!

Desert Fjord Lodge 6-133
4140 N Miller Rd
Scottsdale, AZ 85251

Velkommen

Heritage and Cultural Meeting

January 11th at 2 PM

Masonic Lodge, 2531 N Scottsdale Rd, Scottsdale, AZ

Program: The Scandinavian Folkdancers of Phoenix



At the Fiesta Bowl Parade in Phoenix on January 3, 2026

Menu:

- Bring holiday cookies or a dessert to share
- Appetizers and celebratory drinks
- Coffee will be served.

Cost: No attendance fees will be collected on this special occasion

- Click [here](#) to register by Jan 9th or RSVP to Janet Peterson (480) 209-0684
- If a ride to the meeting is needed, please let Janet know (or tell us on the Google form)



Last minute preparations before the Fiesta Bowl Parade

The folk dancing group was started by members of the VASA Order of America in the early 1970's. The group's goal is to preserve traditional dances and costumes of Scandinavia. Primarily made up of Norwegians and Swedes, the group wears traditional costumes, and they always present a colorful performance. Bruce Carlson, director of the group, says "A wide range of traditional couple and group folk dances from the Scandinavian countries are demonstrated by the dancers. A wonderful benefit is that we also have a great deal of fun doing it! We invite you to make a few friends, get a little exercise and have fun along with us. Membership is open to anyone and all are welcome to come and dance or just watch." Please come and enjoy the colorful dancers. The dances range from child-like fun movements, to more intricately woven pieces. Examples of dances are Parisian Polka, English for Three Couples, Weaving Dance, Schottis, and more, including audience participation dances.



Membership Matters by Lois Ripley, Membership Secretary

You never know what interesting and delightful people you'll meet when you come to Sons of Norway!

* * *



Come ... meet with us and explore what a remarkable Scandinavian culture we share.

If your contact information changes, please let me know! Your current phone number and your email address are how we stay connected.

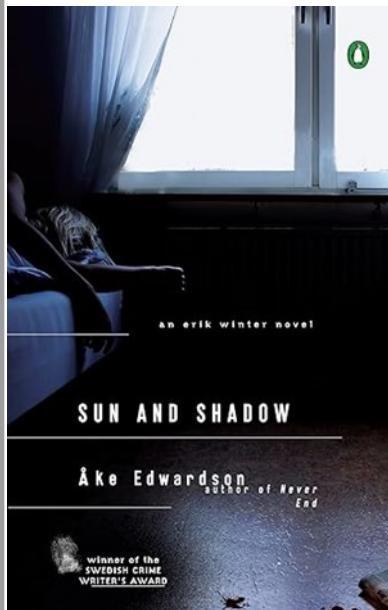
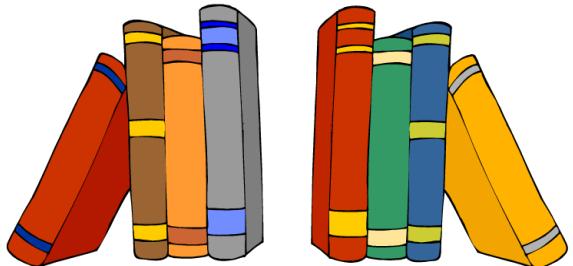
I can be reached at: (480) 521-8693 or my email address: lcripley@gmail.com. (You can also speak with me at one of our lodge meetings.)

LIBRARY CORNER

A Book Review by Janis Johnson

Sun and Shadow

By Åke Edwardson



Like his fellow countryman Henning Mankell, Åke Edwardson is a successful figure on the international mystery scene and a brilliant discovery for lovers of intricate, psychologically charged, and stylish crime novels. With **Sun and Shadow**, Edwardson introduces readers to detective Erik Winter, the youngest chief inspector in Sweden, who wears sharp suits, cooks gourmet meals, has a penchant for jazz, and is about to become a father. He's also moody and intuitive, his mind inhabiting the crimes he's trying to solve. In this atmospheric, heart-stopping tale, Winter's troubles abound—and a bloody double murder on his doorstep is just the beginning.

* * *

Åke Edwardson (born 10 March 1953 in Eksjö, Småland) is a Swedish author of detective fiction, and was previously a lecturer in journalism at University of Gothenburg, the city where many of his Inspector Winter novels are set. Edwardson has had many jobs, including as a journalist and press officer for the United Nations and his crime novels have made him a three-time winner of the Swedish Crime Writers' Academy Award for best crime novel. His first novel to be translated into English, in 2005, was *Sun and Shadow*. The second, *Never End*, followed in 2006. In a *Spiegel Online* interview on 21 June 2008, Edwardson declared that he would not write any more crime novels after 10 episodes about his protagonist Winter.

District Six President: Lis Barca

District Six is made up of the following states:

Arizona, California, Colorado, Nevada, New Mexico, Utah and Hawaii - Website: www.sofn6.org

Facebook:

<https://www.facebook.com/groups/377019032437840/>

Zone Seven Director: Jonathan Walters

Zone Seven is made up of lodges in the following states:

Arizona: Scottsdale #133-Desert Fjord; Sun City #134-Sol Byer; Mesa #153-Overtro Fjell; Flagstaff #167- Nordic Pines; and Yuma #168-Sola

Utah: Salt Lake City #83-Leif Erikson

OTHER SONS OF NORWAY LODGES IN ARIZONA

Overtro Fjell 6-153 - 3rd Saturday at 11:00 am

Our Savior's Lutheran Church

625 S Ellsworth, Mesa, AZ

Sol Byer 6-134 - 3rd Saturday at 11:00 am

Sun City West Foundation

14465 R.H. Johnson Blvd, Sun City West, AZ

LODGES IN OTHER STATES

Go to: <https://members.sofn.com/lodgeDirectory/>

Most post their monthly newsletter on their lodge website.

OTHER CONTACTS

Honorary Norwegian Consul:

Alex Boemark



"Like" us on Facebook to receive interesting Desert Fjord Lodge and Sons of Norway, District Six newsfeeds.

Control+ Left Click on this link:

<https://www.facebook.com/Desert-Fjord-Lodge-6-133-Sons-of-Norway-563052183744742/>

January Birthdays

Laura C Kuegemann	1st
Jackson B Loomis	7th
Randy Wensman	11th



Hannah Carlene Bergo	25th
Sondra Koskela	29th

* Heritage Member

Gratulerer Med Dagen – Happy Birthday !!

THE SCANDINAVIAN FOLKDANCERS OF PHOENIX

Invite you to join us!

All ages...it's fun!

Interested? PH 480-326-2927 Email: baec56@gmail.com



Instruction and performance of traditional folkdances of the Scandinavian Countries. Practices twice a month. Individuals welcome, (partners not necessary).

Like us on Facebook!

Dear members and friends of Arizona Norseman,

2025 has been a great year for us, and we are fully back to where we were before the pandemic when we were part of Norwegians Worldwide. Personally, I have enjoyed our events tremendously. It's wonderful to see Norwegian culture and community being kept alive in Arizona. Thank you for your help in making this possible! We would love to add more kinds of events next year, and we are open to suggestions.

At this time, we would like to encourage you all to please renew your membership for 2026 if you have not done so already. You can do this online at aznorseman.org, or you can mail a check to me:

Christopher Jacobson
8141 N Central Ave – Unit 4
Phoenix, AZ 85020

Membership is only \$25 for individual or \$35 for family, and it includes a substantial discount at our paid events.

We wish you all a very merry Christmas, and happy new year! God bless you! Vi ønsker dere alle en veldig glad jul og en godt nytt år! Gud velsigne dere!

Sincerely, hilsen fra,
Chris Jacobson,
Membership Director for the Arizona Norseman Board.

Please mark your calendar for an upcoming AZ Norseman event, their annual **Fenalår** (cured leg of lamb) Dinner. It will take place at 4 pm on Saturday, February 7th. Details will be sent out ... information so you can make a reservation to attend.



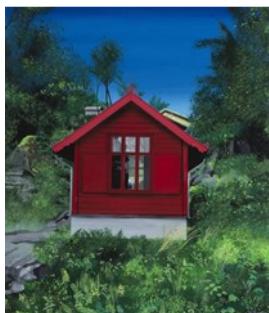
TRIP TO NORWAY WITH JANA!

Having traveled to Norway at least 10 times and being encouraged to guide a trip there this July, Jana Peterson will guide a small group through Oslo museums, shopping, and sights. We will stay in a quiet hotel, and visit **Bygdøy** (Folkemuseum, Fram Museum, Kon-Tiki, etc.), the **Munch Museum**, the **National Museum** and the **Opera**. After 4 days in Oslo, we will board the train through the beautiful mountains to Bergen. Our stay in Bergen at a wonderful VRBO will include visits to **Bryggen**, the **Kode Art Museums**, **Mostraumen Fjord Cruise**, **Grieg's home**, **Mt. Floyen** and more! We will have time together, and time to wander before heading back to Oslo and home.

For those very adventurous souls, an additional 4 days at the beginning touring Iceland will be offered.

Please call for information.

Sincerely,
Jana 480-326-2927



Desert Fjord Resources

- *Looking for information on future meetings, events and Postens?*
Desert Fjord website: <https://desertfjord.org/>
- *If you are looking for some wonderful Scandinavian recipes, check out:*
Sons of Norway website: <https://www.sofn.com>
- *As members, we have access to a free, in-depth genealogy club that meets monthly via zoom – Genealogy Club (District 6):*

Anthony G (Tony) Hjelmstad, Slektforskningklubb / Genealogy Club



Fjelldalen Lodge #6-162
9078 Greenspointe Ct.
Highlands Ranch, CO 80130
303-324-5381 (c)



Genealogy@Fjelldalen.com <https://www.fjelldalen.com/>

- *Our Desert Fjord Lodge (Scandinavian Noir Book Club ... previously known as Viking Book and Wine Club) hosts a monthly Book Club meeting in Jana Peterson's home. Members gather to read and review Scandinavian books with an emphasis on murder mysteries. For more information call Jana Peterson at 480-326-2927.*
- *As members of Sons of Norway, we are invited to join the free, national book club that meets monthly via Zoom:*
Sons of Norway Book Club:
Bill Browning
Sons of Norway Book Club Coordinator
SonsofNorwayBookClub@gmail.com
404-953-2525
- *As members of Sons of Norway, District 6, we have access to Camp Norge in California. Check out the camp information:*
Camp Norge: <https://www.campnorge.org/site/>

This page will be a permanent fixture in our newsletter. If you have something to add, please let us know!

Winter time in Norway



Officers of Desert Fjord Lodge

President: Open (Jonathan Walters)—(347) 801-3345

Vice President: Phyllis Bergo (Acting VP)

Secretary: Ed Bergo (Acting Secretary)

Treasurer: Janis Johnson—janisjoann41@gmail.com

Membership Secretary: Lois Ripley (480) 521-8693

Member at Large: Norman Jenson

Auditor: Open

Counselor: Ed Bergo

Co-Cultural Directors: Jana Peterson, Nina Poe

Desert Fjord Boutique: Ali Berg-Anderson

Distribution: Janis Johnson

Education Committee (Scholarships & Grants): Nina Poe, Gordon Peterson

Foundation Directors: Gordon Peterson

Greeters: Georgiann Crouse, Norman Jenson, Jr

Librarian: Janis Johnson

Marshals: Knut Haldorsen

Posten Editor: Open (Jonathan Walters)

Publicity Director/Public Relations: Janis Johnson

Reservations: Janet Peterson (480) 659-7328

Social Director: Berit Miltun— (480) 966-2009

Sunshine: Open

Trustees: (1yr) K Haldorsen; (2yr) P Flanders; (3yr) Norm Jenson

Webmaster: Jonathan Walters

Mission Statement:

The mission of Sons of Norway is to provide quality insurance and financial products to our members, promote and preserve the heritage and culture of Norway, and to celebrate our relationship with other Scandinavian countries.

FROM:

Desert Fjord Lodge, Sons of Norway
4140 N Miller Rd
Scottsdale AZ 85251

STAMP

TO:

Please return to sender
If not deliverable

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Sons of Norway International Headquarters Website:

<https://www.sofn.com/>