

The Posten

April
2023

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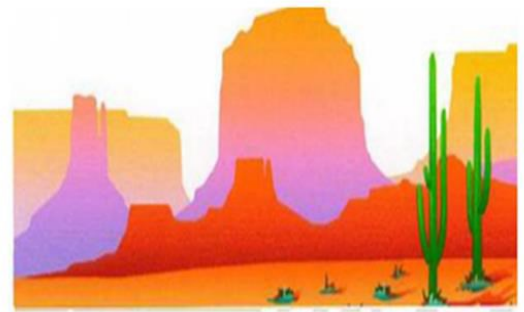
Desert Fjord Lodge 6-133
P O Box 561
Scottsdale, AZ 85252



SONS OF NORWAY

Desert Fjord Lodge

Established 1984



President's Column

The excitement of the change of season to spring can best be experienced, no doubt, in places that have snow and freezing temps ... new life springing forth! Is it any wonder that this coincides with the observance of Easter?

In Norway, the popular way to celebrate Easter is to head to the mountains for some skiing, bringing along some good crime fiction to read. While we don't practice this tradition in Arizona, we fully concur that this is a good time to read some great mystery from Scandinavian authors—actually, any time of year is good for that. Please join us as we follow some of them in our Scandinavian Noir Book Club.

This month we have an exciting program brought to us by the Scandinavian folk dancers of Phoenix. If you haven't yet seen them, please come ... you're in for a treat. You'll have an opportunity to do some dancing along with them. The menu is mostly up to you—it's a Spring Potluck this month. Please bring a dish to share.

If you'd like to join the AZ Norseman for their annual Rekefest, please see the info on page 8. They bring in Norwegian shrimp. It's a pleasant gathering in the backyard of one of their members.

Please mark your calendar for the Syttende Mai celebration at McCormick-Stillman Railroad Park in Scottsdale on May 13th. We host this event along with AZ Norseman. There will be details coming out about that.

Arizona is in bloom—spring has sprung! A blessed and Happy Easter to all!



Velkommen

Heritage and Cultural Meeting

April 16th at 2 PM

Masonic Lodge, 2531 N Scottsdale Rd, Scottsdale, AZ

Program—Scandinavian Folkdancers of Phoenix



The folk dancing group was started by members of the VASA Order of America in the early 1970's. The group's goal is to preserve traditional dances and costumes of Scandinavia. Primarily made up of Norwegians and Swedes, the group wears traditional costumes, and they always present a colorful performance. Bruce Carlson, director of the group, says "A wide range of traditional couple and group folkdances from the Scandinavian countries are demonstrated by the dancers. A wonderful benefit is that we also have a great deal of fun doing it! We invite you to make a few friends, get a little exercise and have fun along with us. Membership is open to anyone and all are welcome to come and dance or just watch." Please come and enjoy the colorful dancers. The dances range from child-like fun movements, to more intricately woven pieces. Examples of dances are Parisian Polka, English for Three Couples, Weaving Dance, Schottis, and more, including audience participation dances.

Menu: Spring Potluck !

- Be creative, but please only bring dishes that can be served cold/room temperature (no heating available)
- Cookies plus Coffee · Lemonade · Water

Cost: \$7.00

- Please click [here](#) to register **by April 14th** or RSVP to Janet Peterson (480) 209-0684

Membership Matters by Lois Ripley, Membership Secretary

You never know what interesting and delightful people you'll meet when you come to Sons of Norway!

To read Howard Barikmo's obituary, please click [here](#).

Here, we focus on his contribution to Sons of Norway. We appreciate what Ross Berg has contributed for this tribute to Howard.

Howard Barikmo, Charter member of Desert Fjord, died March 7th. He was an early "founding father" for Desert Fjord and our third president. Howard served on the Sons of Norway District board and also as Desert Fjord's Treasurer. He traveled Arizona, very active in Norwegian groups. A member of Nordmanns-Forbundet (now AZ Norseman), he was also trying to keep Torske Klubben going in Sun City. Recently, he attended a Scandinavian symposium in CA and came back to give us a program from materials he got there – "Iceland, Land of Fire and Ice".

He also co-authored several papers on Norwegian immigration that were published. Howard was most frequently seen in an early (1999) red Honda Insight hybrid car. He was an early believer in energy conservation. Howard was a frequent contributor to discussions on Norwegian and Norwegian-American history. His knowledge and experience was valuable to all of us in Desert Fjord. And his friendship...

From start to finish Howard was a model Norwegian, a Viking spirit. Perhaps some of this passion for his heritage came from living as a young boy with his grandfather in Norway at the time of WWII. He purchased SON insurance products for his grandchildren and brought them to lodge events. A number of times he brought his darling great granddaughter Brooklynn to lodge meetings. If anyone deserves a Viking funeral, it's Howard Olav Barikmo!



* * *

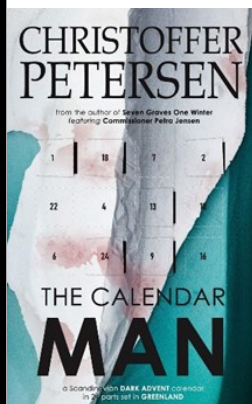
If your contact information changes, please let me know. Your current phone number and your email address are how we stay connected. I can be reached at: (480) 521-8693; my email address is: lcripley@gmail.com. (You can also speak with me at one of our lodge meetings.)

LIBRARY CORNER

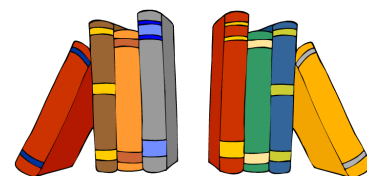
A Book Review by Jan Johnson

The Calendar Man

By Christoffer Petersen



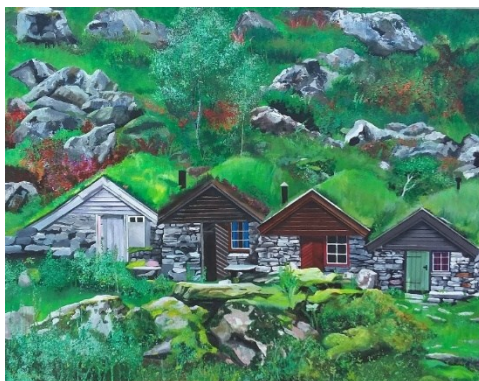
Following a period of compassionate leave, Petra Piitalaat Jensen is considering early retirement to work through the grief surrounding the loss of her partner. But when the frozen body of a young man is discovered several days before a referendum that will decide the future of Greenland, Greenland's First Minister urges Petra to forgo retirement and investigate the case.



Set in Greenland, *The Calendar Man* twists Greenlandic politics, traditions and myths into a dark tale set in the darkest month of the year, in a frighteningly imaginable future.

* * *

Christoffer Petersen lives in Denmark. Chris started writing stories about Greenland while teaching in Qaanaaq, the largest village in the very north of Greenland - the population peaked at 600 during the two years he lived there. Chris spent a total of seven years in Greenland, teaching in remote communities and at the Police Academy in the capital of Nuuk. He has a Master of Arts in Professional Writing and a growing backlist of crime novels and thrillers set in Greenland, the Arctic and Scandinavia.



Desert Fjord 6-133
Sons of Norway Lodge
Cookbook
2023
For Sale
April 16, 2023
at Desert Fjord Lodge meeting
\$12 per cookbook
Over 70 pages of Norwegian recipes
Buy one for yourself and one for a gift!!!!
Only 5 left!!!



Desert Fjord's Scandinavian Noir

(aka Viking Book and Wine Club)

April 29th at 4 pm

Jana Peterson's Home:

**5901 E Hummingbird Lane,
Paradise Valley, AZ**



RSVP (480) 326-2927

Book this month: any book by Karin Fossum

Bringing snacks is optional

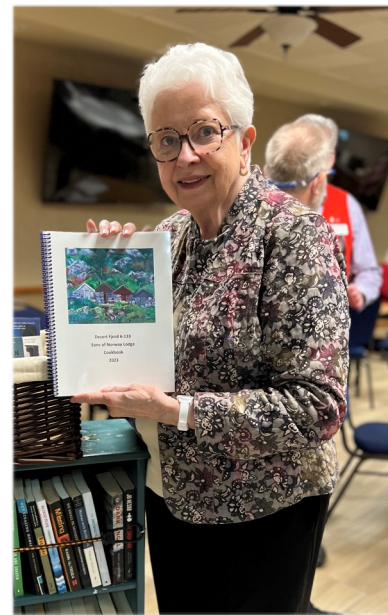
March Meeting Highlights

Our Heritage and Cultural Meeting was well attended with an interesting program presented by Julie Backus: "Scandinavian Festivals & Museums to Attend".

Shannon outdid herself with the delicious Smørrebrød sandwiches served for lunch.

Nina Poe gave an update on our Scholarship process and Janis Johnson unveiled the much-anticipated Desert Fjord Cookbook.

A good time was had by all!



This month I will talk about Term Insurance. The focus here would be for you to think of your son, daughter, grandson and granddaughter. Why? Because I would suspect that they have big needs for Life Insurance.



Term Insurance is right for those who:

- Are just starting a family
- Want to ensure their family's quality of life if they are not there to provide for them
- Are financially supporting someone with special needs or an elderly parent
- Have a mortgage or other debt you do not want to leave for your loved ones to handle
- Desire the flexibility to convert to permanent coverage in the future

Here are some examples of term rates:

- Male age 30 \$250,000, 10-year term - \$11.90 to \$16.58 per month *
- Male age 30 \$250,000, 30-year term - \$20.19 to \$30.81 per month *
- Female age 30 \$250,000, 10-year term - \$10.63 to \$13.60 per month *
- Female age 30 \$250,000, 30-year term - \$17.21 to \$25.50 per month *

For more details, please contact me:

Len Carlson FIC CLU

(651) 253-1943

or by email at:

len.carlson253@gmail.com

* Rates depend on your health and medical history

District Six President: Luella Grangaard

District Six is made up of the following states:

Arizona, California, Colorado, Nevada, New Mexico, Utah and Hawaii - Website: www.sofn6.org

Facebook:

<https://www.facebook.com/groups/377019032437840/>

Zone Seven Director: Jonathan Walters

Zone Seven is made up of lodges in the following states:

Arizona: Scottsdale #133-Desert Fjord; Sun City #134-Sol Byer; Mesa #153-Overtro Fjell; Flagstaff #167- Nordic Pines; and Yuma #168-Sola

Utah: Salt Lake City #83-Leif Erikson

OTHER SONS OF NORWAY LODGES IN ARIZONA

Overtro Fjell 6-153 - 3rd Saturday at 11:00 am

Our Savior's Lutheran Church

625 S Ellsworth, Mesa, AZ

Sola 6-168 - 3rd Tuesday at 7:00 pm,

Faith Lutheran Church,

2215 S. 8th Ave., Yuma, AZ

Sol Byer 6-134 - 3rd Saturday at 11:00 am

Sun City West Foundation

14465 R.H. Johnson Blvd, Sun City West, AZ

LODGES IN OTHER STATES

Go to: <https://members.sofn.com/lodgeDirectory/>

Most post their monthly newsletter

on their lodge website.

OTHER CONTACTS

Honorary Norwegian Consul:

Alex Boemark



“Like” us on Facebook to receive interesting Desert Fjord Lodge and Sons of Norway, District Six news-feeds.

Control+ Left Click on this link:

<https://www.facebook.com/Desert-Fjord-Lodge-6-133-Sons-of-Norway-563052183744742/>

April Birthdays

Ross Berg	1st
Chase Loomis*	2nd
Elizabeth Lenci-Downs	12th
Heather Loomis	13th



Jean Tanner Harney	23rd
Erik Knudsen	24th
Astrid Hanson	27th
Ed Bergo	29th

* Heritage Member

Gratulerer Med Dagen – Happy Birthday !!



Saturday, April 22 | 5:28 PM

One of our most popular events of the year is finally here: *Rekefest* – our annual Norwegian Shrimp Fest! We import our shrimp direct from Norway and spend an evening on the lawn enjoying the delicious springtime meal *rekesmørbrød*, or open-face shrimp sandwiches. Of course, we won't forget to round off the meal with a delicious Norwegian dessert of strawberries and ice cream.

This event is **BYOB** so bring your favorite beverage! Anyone is welcome to join in – there will be hot dogs for the kids or anyone who wants to be a part of the fun but isn't a fan of seafood.

Admission

- \$20 Adults
- \$10 Children ages 6-12
- \$5 Students (with valid ID)
- Free for children ages 5 and under

Location

At the home of Erik and Valerie Ringnes
6262 W. Louise Drive, Glendale



RSVP by Thursday, April 14th

souren@cox.net

For online reservations: www.aznorseman.org/events.html





Easter In Norway

Officers of Desert Fjord Lodge

President: Open (Jonathan Walters)—(347) 801-3345

Vice President: Bethany Tso—(602) 770-7565

Secretary: Lynn Solie—(612) 250-6997

Treasurer: Janis Johnson—janisjoann41@gmail.com

Membership Secretary: Lois Ripley (480) 521-8693

Member at Large: Norman Jenson, Don Solie

Auditor: Dirk Walter

Counselor: Ed B ergo

Co-Cultural Directors: Jana Peterson, Nina Poe

Desert Fjord Boutique: Ali Berg-Anderson

Distribution: Janis Johnson

Education Committee (Scholarships & Grants): Nina Poe, Gordon Peterson, Don Solie

Foundation Directors: Gordon Peterson, Don Solie

Greeters: Georgiann Crouse, Norman Jenson, Jr

Librarian: Janis Johnson

Marshals: Knut Haldorsen and Peter Flanders

Posten Editor: Open (Jonathan Walters)

Publicity Director/Public Relations: Janis Johnson

Reservations: Lynn Solie (612) 250-6997, Janet Peterson (480) 659-7328

Social Director: Berit Miltun— (480) 966-2009

Sunshine: Bethany Tso—(602) 770-7565

Trustees: (1yr) K Haldorsen; (2yr) P Flanders; (3yr) Norm Jenson

Webmaster: Jan Loomis

Mission Statement:

To promote and to preserve the heritage and culture of Norway; to celebrate our relationship with other Nordic Countries; and to provide quality insurance and financial products for our members.

FROM:

Desert Fjord Lodge, Sons of Norway

P.O. Box 561

Scottsdale AZ 85252

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Sons of Norway International Headquarters Website:

<https://www.sofn.com/>



<http://www.boxtops4education.com/participating-products>