

# The Posten

December  
2021

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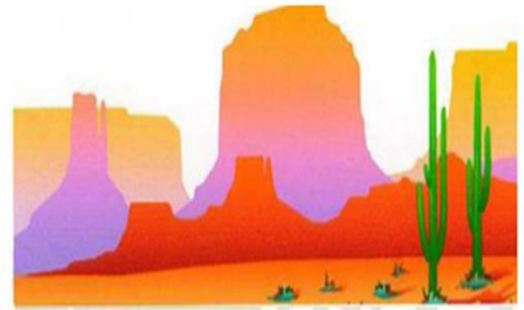
Desert Fjord Lodge 6-133  
P O Box 561  
Scottsdale, AZ 85252



# SONS OF NORWAY

## Desert Fjord Lodge

Established 1984



### President's Column

Many events fight on our calendar at this time of year, oftentimes forcing us to make difficult choices. Desert Fjord wanted to have a meeting in December, but it fell on the same date and time as the AZ Norseman (formerly Nordmanns -Forbundet) **Juletreffest**. We decided to forego our plans for a meeting and urge members to attend the Juletreffest ... to which we're warmly invited. *Please find details about this on page 5.*



This is very late notice, but you may enjoy attending the 40th annual **Nordic Fair** in Tucson. Only a two hour drive for a change of scenery and it promises to be quite an occasion. Can you fit another fun event into your schedule at the last moment? *See page 8.*

Janis Johnson has submitted material about the annual **Petrona Award** for the best Scandinavian crime novel. (*Learn more about this on pages 3 and 4.*) Also, Janis introduces the SON Cooking Cultural Skills on page 6. Thank you, Janis!

**District 6 of Sons of Norway** is planning to have their Convention here in Mesa during the first week next June. Desert Fjord is entitled to have four delegates there. Since it's a local event, we'd like to send a couple more members (in addition to the four delegates) to have the experience of mixing with members from other District 6 lodges. If you have any interest to attend as one of our delegates or as one of the additional members going, please let me know. (*a good place to go if you like coffee and Norwegian cookies*) The District Convention gives a Sons of Norway member a much broader perspective of this fraternal organization we belong to.

May you find some peace and joy over the holidays with family and friends. The news around the world crowds in on us and sometimes it's a struggle to have a positive, optimistic outlook. Let's have a safe and healthy holiday season. Let's have a chance to enjoy some holiday cheer in good company. From Charles Dickens: "I will honor Christmas in my heart, and try to keep it all the year." **God Jul!!**

*Velkommen*

## Membership Matters by Lois Ripley, Membership Secretary

***You never know what interesting and delightful people you'll meet when you come to Sons of Norway!***



*If your contact information changes, please let me know. Your current phone number and your email address are how we stay connected. I can be reached at: (480) 838-5548; my email address is: lcripley@gmail.com. (You can also speak with me at one of our lodge meetings.)*



### *Savings*

One beautiful day in Wisconsin, Ole and Lena were visited by a door-to-door salesman, Lowell Thompson.

He tried to convince them that buying the big freezer he was selling, they would save enough on food bills to pay for the freezer.

Ole responded that they were paying for the house on what they were saving on rent. And they were saving on movie tickets with the price of cable TV.

Finally, Ole said, "And we're saving on laundry with the new washer and dryer."

"So, I guess we have to say, we can't afford to save any more right now."

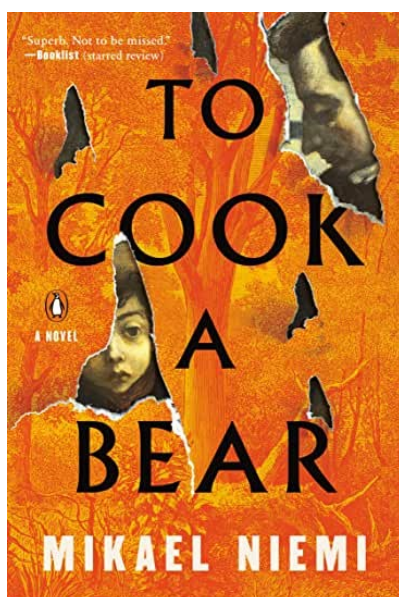


**2021 PETRONA AWARD for the  
Best Scandinavian Crime Novel of the Year**

**Winner of 2021 Petrona Award announced – a first win for Historical Crime**

The winner of the **2021 Petrona Award** is:

**TO COOK A BEAR** by Mikael Niemi



**The judges' statement on TO COOK A BEAR:**

The judges adored **TO COOK A BEAR**, a historical crime novel set in northernmost Sweden in 1852, and were unanimous in our decision to select it as the Petrona Award winner for 2021. We were particularly impressed with the novel's use of historical detail, its fascinating reimagining of a figure from history, the sense of location and atmosphere, the rumination on religion versus the natural world, and the depiction of early forensics. **TO COOK A BEAR**'s superb characterization of the main protagonists Læstadius and Jussi, which is tinged with sadness yet hope, also allows the author to explore the issues of literacy and class with sensitivity and compassion. The beautiful translation by Deborah Bragan-Turner lets the novel shine for English-language readers around the world.

*(more on the Petrona Award next page)*

### The 2021 Petrona Award Shortlist:

- **A NECESSARY DEATH** by Anne Holt (Corvus; Norway)
- **DEATH DESERVED** by Jørn Lier Horst & Thomas Enger (Orenda Books; Norway)
- **THE SECRET LIFE OF MR. ROOS** by Håkan Nesser (Mantle; Sweden)
- **TO COOK A BEAR** by Mikael Niemi (MacLehose Press; Sweden)
- **THE SEVEN DOORS** by Agnes Ravatn (Orenda Books; Norway)
- **GALLOWS ROCK** by Yrsa Sigurðardóttir (Hodder & Stoughton; Iceland)

*This is the ninth year of the Petrona Award. Previous winners of the Petrona Award are:*

- **LAST WILL** by Liza Marklund (Sweden)
- **LINDA, AS IN THE LINDA MURDER** by Leif G.W. Persson (Sweden)
- **THE SILENCE OF THE SEA** by Yrsa Sigurðardóttir (Iceland)
- **THE CAVEMAN** by Jørn Lier Horst (Norway)
- **WHERE ROSES NEVER DIE** by Gunnar Staalesen (Norway)
- **QUICKSAND** by Malin Persson Giolito (Sweden)
- **THE KATHARINA CODE** by Jørn Lier Horst (Norway)
- **LITTLE SIBERIA** by Antti Tuomainen (Finland)

**(The winning book is in the Desert Fjord Sons of Norway Library)**



## NORWEGIAN CHRISTMAS PARTY

**Sunday, December 12**

**2:00—4:00 PM**

Trinity Lutheran Church, 9424 N 7th Ave, Phoenix

FREE Admission

Come celebrate the holiday season with one of our most popular events—the annual *Norsk Juletefest!* Join in on the fun with singing and dancing around the Christmas tree, kids' crafts, raffle prizes, traditional Norwegian *julegrøt*, tasty sweets, and more.

A special North Pole visitor will have treats for the children!

Please bring your favorite Norwegian holiday food or dessert to this potluck event. See you there—*God Jul!*

**Sponsored by Arizona Norseman**

[www.aznorseman.org](http://www.aznorseman.org)   [info@aznorseman.org](mailto:info@aznorseman.org)   [www.facebook.com/AZnorseman](http://www.facebook.com/AZnorseman)

## Traditional Norwegian Cooking

Norway's cuisine reflects both its climate and its culture. Because of the country's high mountains, steep fjords and sweeping plateaus, only a small percentage of Norway's land is arable. From the 1500s, Norway's population remained at the very limits of what the country's agriculture could sustain. In order to survive, Norwegians had to supplement their diets with hunting, fishing and gathering—as well as pioneering some fairly extreme methods of preserving and storing foods. Even though Norway itself was relatively poor, its strong maritime connections brought foreign foods and ingredients to Norwegian homes. For example, spices that aren't native to Norway—cardamom, cinnamon, and coriander—occur widely in traditional Norwegian cooking.

Surviving on a meager food supply for centuries had an indelible impact on the Norwegian culture. People learned to live and thrive on what they had. Thrift, perseverance and moderation became treasured traditional values.

## Sons of Norway Norwegian Cooking Cultural Skills

The Sons of Norway Cultural Skills Program provides a framework for learning about tradition and contemporary culture. Each cultural skill has three parts that can be done in any order or all at once. The Cooking skills parts are Traditional Favorites, Baked Goods and Desserts and Preparing Meat and Fish Dishes. You can use your own recipes and refer to the excellent Recipe Box on the Sons of Norway website site.

There is paperwork to fill out which includes photos of what you prepare, review of each item prepared, complete one elective activity, and a unit evaluation form.

Below are photographs I took of some of the desserts, I prepared for the Cooking Cultural Skills. If you have any questions about the program, I would be glad to help you. Janis Johnson



Merry Christmas everyone!! It's a time for giving and to be with family.

Here is a gift idea for all of you Grandparents and Great Grandparents – a gift that lasts a lifetime. It's a gift of Life Insurance. While this type of gift may not bring excitement to your grandkids like an iPhone would, years down the road when they appreciate the need for Life Insurance, they'll remember you and thank you.



Here are two ideas:

### Viking Voyager:

- 17 and under are eligible
- One premium – coverage to age 26
- Face Amounts \$10,000, \$15,000 or \$25,000
- Single Premium for age 0 is \$504 for \$25000

### Single Premium Simplified Whole Life

- One premium – minimum \$2,000

#### Examples:

- Age 0, \$2,000 provides \$16,203 of coverage
- Age 5, \$2,000 provides \$14,386 of coverage
- Age 10, \$2,000 provides \$12,612 of coverage

Please contact me for more information

HAVE A SAFE AND FUN HOLIDAY SEASON,

Len Carlson

(651) 253-1943

or by email at:

len.carlson[253@gmail.com](mailto:253@gmail.com)



NORDIC GUILD'S 40TH

# NORDIC FAIR



Scandinavian Crafts & Collectibles

Ethnic Foods      Baked Goods

Folk Dancers & Musicians

**Saturday, December 4, 2021**

**9:00am to 3:00pm**

Streams in the Desert Lutheran Church

5360 E Pima Street (1 block West of Craycroft)

T U C S O N , A Z

Facebook @TucsonNordicFair

[www.TucsonNordicFair.com](http://www.TucsonNordicFair.com)





**Desert Fjord Business Meeting**  
**Masonic Lodge, 2531 N Scottsdale Ave, Scottsdale, AZ**  
**November 14, 2021**

In attendance: Jonathan Walters, Janis Johnson, Don and Lynn Solie, Lois Ripley, Berit Milthun, Ed and Phyllis Bergo.

**Reports:**

Lois Ripley gave a Membership Report. She has been in contact with our new members as well as potential members. In addition, she reported that stamps are no longer being collected to be sent to Norway, so stamps have been sent instead to the Postal History Museum in Tucson.

Janis Johnson gave a Treasurer's Report. As of Oct. 26 our bank balance is \$1256.03. We have a Convention stipend fund of \$1,030.00. We hope to raise another \$975.00 so we can send 6 people to the District 6 Convention in Mesa, June 2022. Detailed information regarding the convention will be in the December Posten.

**Old Business:**

We have a need for new leadership and officers. Please contact Jonathan if you can make a contribution of your time and talents.

**New Business:**

We are allowed 4 delegates to the District 6 Sons of Norway Convention at the Sheraton Mesa Hotel, June 2-5.

We will not have a formal December meeting but will join with the Norseman at their Christmas Juletrefest event December 12. Reservations are not needed but bring a Scandinavian treat to share.

We will continue our financial support of \$100.00 each for the Ski for Light program and also the Century Club. Ski for Light is an event for blind people who ski alongside a sighted person. The Century Club supports Camp Norge.

With no further business we adjourned at 4:30 pm

Respectfully submitted,

Phyllis Bergo, Secretary

**District Six President: Luella Grangaard**

District Six is made up of the following states:

Arizona, California, Colorado, Nevada, New Mexico, Utah and Hawaii - Website: [www.sofn6.org](http://www.sofn6.org)

Facebook:

<https://www.facebook.com/groups/377019032437840/>

**Zone Seven Director: Benny Jo Hinchey**

Zone Seven is made up of lodges in the following states:

**Arizona:** Scottsdale #133-Desert Fjord; Sun City #134-Sol Byer; Mesa #153-Overtro Fjell; Flagstaff #167- Nordic Pines; and Yuma #168-Sola

**Utah:** Salt Lake City #83-Leif Erikson

**OTHER SONS OF NORWAY LODGES IN ARIZONA**

**Nordic Pines 6-167** - 3rd Sunday, Family

Resource Ctr., Flagstaff, AZ

**Overtro Fjell 6-153** - 3rd Saturday

at 11:00 am, Mesa, AZ

**Sola 6-168** - 3rd Tuesday at 7:00 pm,

Faith Lutheran Church,

2215 S. 8th Ave., Yuma, AZ

**Sol Byer 6-134** - 3rd Saturday at

11:00 am, Elks Lodge, 10760 Union

Hills Dr., Sun City, AZ

**LODGES IN OTHER STATES**

Go to: <https://members.sofn.com/lodgeDirectory/>

Most post their monthly newsletter

on their lodge website.

**OTHER CONTACTS**

Honorary Norwegian Consul:

Alex Boemark



“Like” us on Facebook to receive interesting Desert Fjord Lodge and Sons of Norway, District Six news-feeds.

Control+ Left Click on this link:

<https://www.facebook.com/Desert-Fjord-Lodge-6-133-Sons-of-Norway-563052183744742/>

# December Birthdays

Jonathan B Loomis	3rd
Brooklyn Port *	3rd
Russell Port	3rd
Jana L Peterson	4th
Neal S Sundeen	10th
Carol L Blackwell	18th



Julie L Westby	18th
Donald N Steinnes	23rd
Elizabeth A Berger	29th
Earl Fuchs	29th
David I Berger	30th
Phyllis Dahlk Bergo	31st

\* Heritage Member

*Gratulerer Med Dagen – Happy Birthday !!*



## Officers of Desert Fjord Lodge

**President:** Jonathan Walters—(347) 801-3345

**Vice President:**

**Secretary:** Phyllis Bergo (480) 812-9762

**Treasurer:** Janis Johnson—janisjoan41@gmail.com

**Membership Secretary:** Lois Ripley (480) 838-5548

**Auditors:** Dirk Walter

**Counselor:** Ed Bergo

**Co-Cultural Directors:** Jana Peterson, Nina Poe

**Desert Fjord Boutique:** Ali Berg-Anderson

**Distribution:** Janis Johnson

**Education Committee (Scholarships & Grants):** Nina Poe, Paul Lindbloom, Gordon Peterson

**Foundation Directors:** Gordon Peterson, Paul Lindbloom

**Greeters:** Georgiann Crouse, Norman Jenson, Jr

**Librarian:** Nancy Zine

**Marshals:** Knut Haldorsen and Peter Flanders

**Posten Editor:** Jonathan Walters

**Publicity Director/Public Relations:** Janis Johnson

**Reservations:** Lynn Solie (612) 250-6997

**Social Directors:** Berit Miltun— (480) 966-2009, Nellie Lokken

**Sunshine:** Dawn Walter— (480) 860-9192

**Trustees:** (1yr) K Haldorsen; (2yr) P Flanders; (3yr) Norm Jenson

**Webmaster:** Jan Loomis

### Mission Statement:

To promote and to preserve the heritage and culture of Norway; to celebrate our relationship with other Nordic Countries; and to provide quality insurance and financial products for our members.

FROM:

Desert Fjord Lodge, Sons of Norway

P.O. Box 561

Scottsdale AZ 85252

STAMP

TO:

Please return to sender

If not deliverable

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Sons of Norway International Headquarters Website:

<https://www.sofn.com/>



<http://www.boxtops4education.com/participating-products>