

The Posten December 2023

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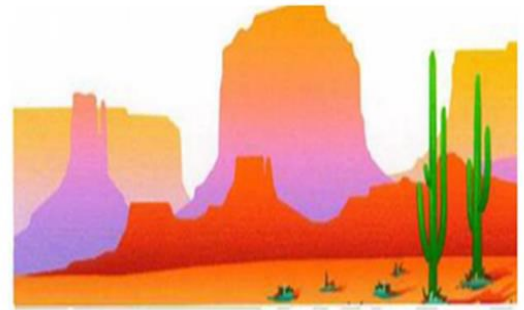
**Desert Fjord Lodge 6-133
2531 N Scottsdale Rd
Scottsdale, AZ 85257**



SONS OF NORWAY

Desert Fjord Lodge

Established 1984



President's Column

Due to the many activities of the holiday season and also due to our meeting place not being available on the second Sunday this month, we won't be holding a lodge Cultural and Heritage meeting. This week there are a couple events you might like to attend—please find details about the **Scandinavian Fest** hosted by Overtro Fjell lodge in Mesa on page 8. And there's the **Jultrefest**, an annual event hosted by AZ Norseman—please see page 9.

Something coming up in January—a program presented by Christina Carleton of **Norway House** in Minneapolis. You'll want to make an effort to join us for that! I'm quite sure she'll tell us all about the exciting work Norway House does in promoting Norwegian heritage and culture in the US. There's no reason to succumb to the mid-winter blues ... we bring this program to you after the holiday rush when your schedule is much less hectic and AZ is a most wonderful place to live. Plan to come and please bring a friend or neighbor.

One of our members brought Rømmegrøt Bars to the Holiday Potluck. These were delicious! Unlike lutefisk, I'm positive these will have wide appeal. Bake a batch for Christmas to surprise your family, friends and neighbors. (By request we were able to get the recipe for you—it's on page 11.)

A blessed Christmas to you and those dear to you.



Velkommen

Membership Matters by Lois Ripley, Membership Secretary

You never know what interesting and delightful people you'll meet when you come to Sons of Norway!

Oftentimes in this column we write about a member who has died, but this month I want to write about a couple members who have been with us a long time and are still with us.

Last Sunday I enjoyed brunch with Ed and Phyllis Bergo at Friendship Village where they now live. After brunch I visited with them in their new home. For fifteen years I've seen them at every meeting. I knew they were wonderful people, but in fact I knew little about them.

In their home I saw some beautiful furniture from the Netherlands. I found we had in common time spent living in another country as a young person. My couple years in Germany was comparable to their time in the Netherlands. Ed worked for Johnson Wax and he was sent to work for them there. Our experiences overseas gave us a broader perspective of the world.

Both Ed and Phyllis have held a number of offices, serving Desert Fjord well over the years. They bring energy and enthusiasm, making us a better lodge as they volunteer their gifts of leadership. Desert Fjord is indebted to its members—it depends on them, benefiting from what they contribute.

Thank you, Ed and Phyllis!



* * *

If your contact information changes, please let me know. Your current phone number and your email address are how we stay connected. I can be reached at: (480) 521-8693; my email address is: lcripley@gmail.com. (You can also speak with me at one of our lodge meetings.)

Ole and Lena

Ole sent Lena to an auction to purchase a new bull. He told her to send a telegram when he should come to get it but not to spend more than they had. After buying the bull Lena went to send the message. It was priced per word and

she could only pay for one word. The man apologized to her.

Unfazed, she said, "Just send this - 'Comfortable'." The man said, "How will he know he should get you?"

"Oh, my Ole is smart; he will sound it out --- come for da bull."



Coming January 14th!

To our Cultural & Heritage Meeting

Christina Carleton, Chief Executive Officer of Norway House in Minneapolis, will be our special guest and speaker.

Please help us welcome her and bring your friends!





Desert Fjord's Scandinavian Noir

(aka Viking Book and Wine Club)

December 16th at 4 pm

Jana Peterson's Home:

**5901 E Hummingbird Lane,
Paradise Valley, AZ**

RSVP (480) 326-2927

Book this month: *Dark Music*

by David Lagercrantz

Bringing snacks is optional



Who could better tell us about Christmas in Norway than someone who enjoyed the experience as a child? Our very own Berit Miltun grew up in Oslo and shared with us about her Norwegian Christmas.

Her granddaughter, Annika Faucon, was able to attend and be with us, too.

A couple visitors joined us, Merritt McGhee and her friend Paul. They found out about us through our website.

And our Holiday Potluck, Bake Sale and Boutique open for business made it a special afternoon all around!

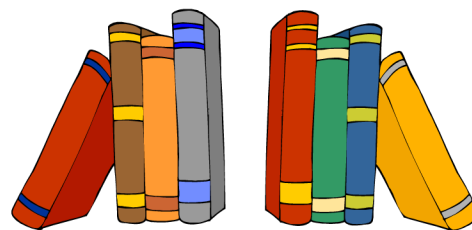


LIBRARY CORNER

A Book Review by Jan Johnson

Black Seconds

By Karin Fossum



Ida Joner gets on her brand-new bike and sets off toward town. A good-natured, happy girl, she is looking forward to her tenth birthday. Thirty-five minutes after Ida should have come home, her mother starts to worry. She phones store owners, Ida's friends—anyone who could have seen her. But no one has.

Suspicion immediately falls on Emil Mork, a local character who lives alone and hasn't spoken since childhood. His mother insists on cleaning his house weekly—although she's sometimes afraid of what she might find there. A mother's worst nightmare in either case—to lose a child or to think a child capable of murder. As Ida's relatives reach the breaking

point and the media frenzy surrounding the case begins, Inspector Konrad Sejer is his usual calm and reassuring self. But he's puzzled. And disturbed. This is the strangest case he's seen in years.

* * *

Karin Fossum was born 1954 in Sandefjord, in Vestfold county, Norway. She currently lives in Sylling, near Oslo. Fossum began her literary career as a poet. She is the author of the internationally successful Inspector Konrad Sejer series of crime novels, which have been translated into 25 languages and honoured with several awards. She's often referred to as the "Norwegian queen of crime".

District Six President: Lis Barca

District Six is made up of the following states:
Arizona, California, Colorado, Nevada, New Mexico, Utah
and Hawaii - Website: www.sofn6.org

Facebook:
<https://www.facebook.com/groups/377019032437840/>

Zone Seven Director: Jonathan Walters

Zone Seven is made up of lodges in the following states:
Arizona: Scottsdale #133-Desert Fjord; Sun City #134-
Sol Byer; Mesa #153-Overtro Fjell; Flagstaff #167- Nordic
Pines; and Yuma #168-Sola

Utah: Salt Lake City #83-Leif Erikson

OTHER SONS OF NORWAY LODGES IN ARIZONA

Overtro Fjell 6-153 - 3rd Saturday at 11:00 am

Our Savior's Lutheran Church
625 S Ellsworth, Mesa, AZ

Sola 6-168 - 3rd Tuesday at 7:00 pm,

Faith Lutheran Church,
2215 S. 8th Ave., Yuma, AZ

Sol Byer 6-134 - 3rd Saturday at 11:00 am

Sun City West Foundation
14465 R.H. Johnson Blvd, Sun City West, AZ

LODGES IN OTHER STATES

Go to: <https://members.sofn.com/lodgeDirectory/>
Most post their monthly newsletter
on their lodge website.

OTHER CONTACTS

Honorary Norwegian Consul:
Alex Boemark



"Like" us on Facebook to receive interesting Desert Fjord Lodge and Sons of Norway, District Six news-feeds.

Control+ Left Click on this link:

<https://www.facebook.com/Desert-Fjord-Lodge-6-133-Sons-of-Norway-563052183744742/>

December Birthdays

Jonathan Loomis	3rd
Brooklyn Port *	3rd
Russell Port	3rd
Jana Peterson	4th
Neal S Sundeen	10th
Elizabeth Berger	17th



Carol L Blackwell	18th
Julie L Westby	18th
Donald N Steinnes	23rd
Neil Heggem	25th
Earl Fuchs	29th
Phyllis Dahlk Bergo	31st

* Heritage Member

Gratulerer Med Dagen – Happy Birthday !!



**SONS of
NORWAY**

Celebrating **125** Years

Merry Christmas
and
Happy New Year!

*(I hope Santa is good to all of
you!!)*

Len Carlson FIC CLU

(651) 253-1943

or by email at:

len.carlson253@gmail.com





Overtro Fjell Sons of Norway 2022 Annual

Scandinavian Fest



Sat., December 9
10 am to 2 pm

NO CHARGE
for admission!

Our Saviors Lutheran Church
612 S. Ellsworth — Mesa, Az
(between Broadway and Southern)

A variety of vendors with items for purchase that include rosemaling, hardanger, gifts, gnomes and much more!

This is your place to get delicious homemade baked goods just in time for the Christmas holiday. There will be a wide selection of Norwegian specialties such as lefse, krumkake, kransekake, and much more.

While you're there you will also find pølse in lefse, rømmegrøt, hjertevafler (heart waffles), etc to enjoy with your coffee!



NORWEGIAN CHRISTMAS PARTY

Sunday, December 10, 2023

2:00 – 4:00 PM

Trinity Lutheran Church | 9424 N. 7th Ave.

FREE Admission

Come celebrate the holiday season with one of our most popular events – the annual *norsk Juletrefest*! Join in on the fun with singing and dancing around the Christmas tree, kids' crafts, raffle prizes, traditional Norwegian *julegrøt*, tasty sweets, and more.

A special North Pole visitor will have treats for the children!

Please bring your favorite Norwegian holiday food or dessert to this potluck event. See you there – *God Jul!*

Sponsored by Arizona Norseman

www.aznorseman.org info@aznorseman.org www.facebook.com/AZnorseman

Desert Fjord Resources

- *Looking for information on future meetings, events and Postens?*
Desert Fjord website: <https://desertfjord.org/>
- *If you are looking for some wonderful Scandinavian recipes, check out:*
Sons of Norway website: <https://www.sofn.com>
- *As members, we have access to a free, in-depth genealogy club that meets monthly via zoom – **Genealogy Club (District 6):***

Anthony G (Tony) Hjelmstad, Slektforskningklubb / Genealogy Club



Fjelldalen Lodge #6-162
9078 Greenspointe Ct.
Highlands Ranch, CO 80130
303-324-5381 (c)



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Genealogy@Fjelldalen.com <https://www.fjelldalen.com/>

- *Our Desert Fjord Lodge (**Scandinavian Noir Book Club ...** previously known as **Viking Book and Wine Club**) hosts a monthly Book Club meeting in Jana Peterson's home. Members gather to read and review Scandinavian books with an emphasis on murder mysteries. For more information call Jana Peterson at 480-326-2927.*
- *As members of Sons of Norway, we are invited to join the free, national book club that meets monthly via Zoom:*
Sons of Norway Book Club:
Bill Browning
Sons of Norway Book Club Coordinator
SonsofNorwayBookClub@gmail.com
[404-953-2525](tel:404-953-2525)
- *As members of Sons of Norway, District 6, we have access to Camp Norge in California. Check out the camp information:*
Camp Norge: <https://www.campnorge.org/site/>

This page will be a permanent fixture in our newsletter. If you have something to add, please let us know!

Rømmegrøt Bars

Ingredients

- 2 packages of Crescent Rolls
- 2 – 8 oz packages of cream cheese (don't use reduced fat)
- 1 1/3 cup sugar (1/3 cup for topping)
- 1 egg (separate yolk and white)
- 1 tsp vanilla
- ½ tsp cinnamon



Instructions

Grease 9 x 13 pan. Unroll 1 package of crescent rolls and press evenly into bottom of pan. Set aside.

Mix softened cream cheese and 1 cup of sugar. Add 1 egg yolk and vanilla. (I used my hand mixer and it worked well) Mix and spread mixture over crescent rolls and cover mixture with second package of crescent rolls.

Beat egg white with mixer until foamy. Spread over rolls. Mix 1/3 cup of sugar with ½ tsp cinnamon and sprinkle over the top.

Bake at 350 degrees for 25-30 minutes until golden brown. Cool and cut.

Officers of Desert Fjord Lodge

President: Open (Jonathan Walters)—(347) 801-3345

Vice President: Open

Secretary: Lynn Solie—(612) 250-6997

Treasurer: Janis Johnson— janisjoann41@gmail.com

Membership Secretary: Lois Ripley (480) 521-8693

Member at Large: Norman Jenson, Don Solie

Auditor: Dirk Walter

Counselor: Ed Bergo

Co-Cultural Directors: Jana Peterson, Nina Poe

Desert Fjord Boutique: Ali Berg-Anderson

Distribution: Janis Johnson

Education Committee (Scholarships & Grants): Nina Poe, Gordon Peterson, Don Solie

Foundation Directors: Gordon Peterson, Don Solie

Greeters: Georgiann Crouse, Norman Jenson, Jr

Librarian: Janis Johnson

Marshals: Knut Haldorsen and Peter Flanders

Posten Editor: Open (Jonathan Walters)

Publicity Director/Public Relations: Janis Johnson

Reservations: Lynn Solie (612) 250-6997, Janet Peterson (480) 659-7328

Social Director: Berit Miltun— (480) 966-2009

Sunshine: Open

Trustees: (1yr) K Haldorsen; (2yr) P Flanders; (3yr) Norm Jenson

Webmaster: Lynn Solie

Mission Statement:

To promote and to preserve the heritage and culture of Norway; to celebrate our relationship with other Nordic Countries; and to provide quality insurance and financial products for our members.

FROM:

Desert Fjord Lodge, Sons of Norway
2531 N Scottsdale Rd
Scottsdale AZ 85257

STAMP

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Sons of Norway International Headquarters Website:

<https://www.sofn.com/>



<http://www.boxtops4education.com/participating-products>