

The Posten February 2023

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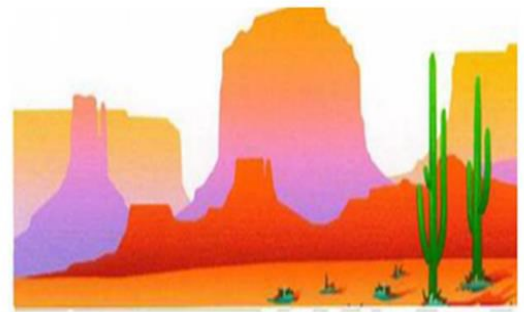
Desert Fjord Lodge 6-133
P O Box 561
Scottsdale, AZ 85252



SONS OF NORWAY

Desert Fjord Lodge

Established 1984



President's Column

This month we have decided not to hold a monthly meeting. Quite late we realized that our scheduled February meeting fell on the same day as the Super Bowl and the Waste Management Golf Open. And the following Sunday our venue is not available. We felt the traffic and commotion created by these two events would make it difficult for members to attend.

It was sad we had to cancel plans for a meeting, but maybe you'd like to join the AZ Norseman at their annual Fenalår Dinner on the 18th. I've attended this event in past years and highly recommend it to you. **(find details on page 6)**

And you're certainly welcome to come to Desert Fjord's February Reading Group (book club)! Last month the new Vice President of Sons of Norway District 6, Laurie Mittelstadt, saw our group's notice in the Posten and was able to join us during her visit to family here in the Valley. This month we're focusing on a Swedish novelist, Helene Tursten. We have room for you in our group—please come and you may also get the Scandinavian book bug.

Desert Fjord is open to accept applications for scholarships or grants this year. We're very proud to offer this to members and their kin. Last month we were treated by a visit to our lodge meeting by Carl Miltun, recipient of our scholarship. He is Berit's grandson and he briefly spoke during our meeting, telling us about his studies and thanking us in person for his scholarship. **(find details about our scholarship offering on page 4)**

You might want to consider a financial product from Sons of Norway for yourself or for a family member. I urge you to contact Len Carlson about this. He's very helpful and knowledgeable; Len has been in the insurance business his whole life. He can give you good advice about choosing the best product for what you need. **(see his article for us on page 7)**

Finally, I want to congratulate Don Solie who has stepped up to fill a couple open spots that have been open for awhile. He will serve on the Education Committee with Nina Poe and Gordon Peterson. Also, he'll be one of our lodge's Foundation Directors. I'm glad to see him willing to serve our lodge in these two positions!

Let us enjoy the beautiful weather in Arizona at this time of year. And let us enjoy our Scandinavian culture and heritage as we find opportunity to share it with others!

Velkommen

Membership Matters by Lois Ripley, Membership Secretary

You never know what interesting and delightful people you'll meet when you come to Sons of Norway!

I've been on the lodge's calling team several years, long before I became Membership Secretary. I've enjoyed many interesting conversations with members. Many of them I never met. And for various reasons quite a few never came to our lodge meetings. And some of them are no longer with us.

I'd have to say that all of them identify very strongly with their Norwegian heritage. I got a Christmas card recently from one of these members I called each month. She thanked me for my calls from Desert Fjord that had helped her maintain ties to Sons of Norway.

Why do people join Sons of Norway? I think I know now.

* * *

If your contact information changes, please let me know. Your current phone number and your email address are how we stay connected. I can be reached at: (480) 521-8693; my email address is: lcripley@gmail.com. (You can also speak with me at one of our lodge meetings.)

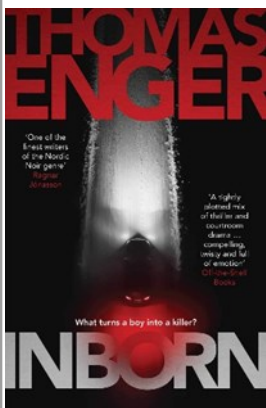


LIBRARY CORNER

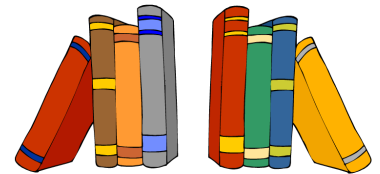
A Book Review by Jan Johnson

Inborn

By Thomas Enger



When the high school in the small Norwegian village of Fredheim becomes a murder scene, the finger is soon pointed at seventeen-year-old Even. As the investigation closes in, social media is ablaze with accusations, rumours and even threats, and Even finds himself the subject of an online trial as well as being in the dock ... for murder? Even pores over his memories of the months leading up to the crime, and it becomes clear that more than one villager was acting suspiciously ... and secrets are simmering beneath the calm surface of this close-knit community. A taut, moving and chilling thriller, *Inborn* examines the very nature of evil, and asks the questions: How well do we really know our families? How well do we know ourselves?



* * *

Thomas Enger (born 1973 in Oslo) is a Norwegian writer and journalist. He grew up in Jessheim, but now lives in Oslo with his cohabitant and two children. He is a trained journalist and worked for Nettavisen for nine years. Thomas Enger has also taken sports foundation studies and history of intermediate subjects. He also composes music.

*He debuted with the book "Skinndød" in 2010. It was the first stand-alone book in a series of five books about the journalist Henning Juul. The series has since been sold to 30 countries and the book was nominated for eDunnit Award 2012 under CrimeFest 2012. He has won "uPrisen" twice, first in 2014 for *The Evil Legacy*, then in 2018 for *"Killer Instinct"*.*



Desert Fjord

Book and Wine Reading Group

February 25th at 4 pm

Jana Peterson's Home:

5901 E Hummingbird Lane, Paradise Valley, AZ

(480) 326-2927 for directions

Book this month: any book by Helene Tursten

Bringing snacks is optional

Sami National Day Celebrated on February 6th

On February 6, 1917, Northern and Southern Sámi people came together for the first time for a joint meeting in Trondheim, Norway. Historically crucial, the common concerns of the community were shared and addressed as they worked together to find solutions. The latest statistics estimate that 80,000 Sami people are spread across the four countries — 50,000 in Norway, 20,000 in Sweden, 8,000 in Finland, and 2,000 in Russia.

Sami National Day was created during the proceedings of the 15th Sami conference in Helsinki in 1992. As a combined minority of four countries, Sami people were looked down upon at one point in history. Many laws were forced upon them in an attempt to mold them with the general population. This led to a need for establishing a dedicated day to appreciate them. The first Sámi National Day was observed on February 6, 1993. At the same time, the United Nations proclaimed the opening of the International Year of Indigenous People in Sweden.

Ever since, this holiday has been celebrated grandly by the Sami people residing in Norway. The Sami flag is seen everywhere, and the Sami language is used to chant, sing songs, and the national anthem.



2023 Desert Fjord Scholarships

Education Committee: Nina Poe, Chair

Our lodge supports both arts and science education for grandchildren of Desert Fjord lodge members. In addition, our lodge can award grants to our members for participating in cultural and educational events.

Last year Carl Miltun, Berit Miltun's grandson, was awarded a merit-based scholarship of \$1,000 for the second year in a row. Carl is an honor student at Missouri University of Science and Technology where he is pursuing a degree in mechanical engineering. Carl is also on the university's NCAA Men's D11 Golf Team. Carl won the Conference Championship last year – first time ever in the school's history. We continue to wish Carl the best both in his academic career and in his golf career!



(pictured here: Carl with Berit when he visited our monthly Heritage and Culture meeting in January; it was special to meet him and have him with us)

The awards are provided by the Agnes Stieler Endowment Fund. Agnes was a charter member of Desert Fjord and a strong supporter of education and a strong believer in the preservation of our Norwegian culture. We are thankful to her for remembering our lodge and all members.



Agnes Stieler

Born: 18 March 1907

Died: 20 February 2003

We recently have included the possibility of awarding grants for any member, young and old alike, for Scandinavian culture education that will benefit our lodge. We believe that Agnes Stieler would have wanted us to do that.

*Applications are now open for 2023 Desert Fjord scholarships and grants. Information and forms are available on our website www.desertfjord.org. Contact the education committee or any lodge officer for assistance on how to apply. **Please note that the deadline for Scholarship and Grant applications is March 31st, 2023. The applications can be emailed directly to Nina Poe, Committee Chair at npoe@rpoe.com.***

Desert Fjord Leadership Team Meeting Minutes January 10, 2023 via Zoom 7:00 pm

Members in attendance: Jonathan Walters, Bethany Tso, Janis Johnson, Ed Bergo, Phyllis Bergo, Berit Miltun, Ali Berg Anderson, Shannon Prondzinski, Don Solie and Lynn Solie.

Secretary's Report - Lynn Solie

Minutes from the October Leadership Meeting were sent to all members for review prior to the meeting and were approved and seconded by Don and Janis.

Treasurers Report - Janis Johnson

As of December 31, 2022

Checking Account \$1445.84

(2 bills outstanding \$170. for catering, \$360. for liability insurance.)

Savings Account \$900. (Ear marked for future convention registration fees)

General Fund \$18,864.49

An anonymous donor has given the lodge \$500. ear marked toward future convention fees. Thank you!

Membership - Bethany Tso

A new member has transferred from Flagstaff.

Extending invitations to cultivate new members was discussed. Bethany will be visiting other lodges in the area to gather ideas.

Upcoming Cultural and Heritage Meetings

The April Lodge meeting date had been scheduled for Easter Sunday and will be moved to the following Sunday, April 16th.

The May meeting celebrating Syttende Mai will be Saturday May 13th.

Social - Berit and Shannon

Menu for the February Meeting (Norwegian Folk Dancers) will be worked on outside of the zoom call. It was brought up that the January meeting served 17 meals and the January meeting (pre Covid) in 2020 served 47 meals.

Leadership Openings

Don Solie has agreed to serve on the Education Committee and as a Foundation Director.

Thank you, Don.

Updates and New Business

Boutique Update - Ali Berg Anderson

Inventory has not been completed as the computer spreadsheet is no longer working. (It is an Excel spreadsheet.) Storage for Boutique inventory needs to be found. After discussion it was agreed to find space at the storage closet at the Lodge. Jan 30th was picked as a "tidy up the closet" work day. Janis, Ali, Shannon, Jonathan and Lynn agreed to help out.

Cookbook - Janis Johnson

The Lodge cookbook is coming together. January 25th is the last day to submit recipes.

The meeting was adjourned at 7:29. The next Leadership Meeting is scheduled for April 4th.

*Respectfully submitted,
Lynn Solie, Secretary*



Fenalår Dinner

Saturday Feb 18th 2023 4pm

Trinity Lutheran Church
9424 N 7th Ave
(¼mile north of Dunlap Ave)



Please join Arizona Norseman for the annual Fenalår dinner. We will be serving Fenalår (cured lamb), kjøttkaker (meatballs), lefse, flatbrød, roast potatoes, vegetables, and dessert.

Please RSVP see bottom of flyer!

Dinner Video:

Top 25 Places to Visit in Norway - Travel Guide

By Ryan Shirley



Name on Reservation _____

Bring friends too!

Adults _____ x \$25. _____

Children (5-12) _____ x \$12. _____

Grand Total \$ _____

Please call Shirley Ouren at 623-972-4884 with your reservations. If you get voice mail please leave your first and last name, phone number and how many will be attending. All payments will be made at the door the night of the dinner Please bring the bottom portion of this flyer filled out when paying at the door

Please make checks out to:
Arizona Norseman

Like I said last month, let's review some of the products that Sons of Norway offers. Let's start with annuities. Annuities can enhance your retirement. An annuity



can be a good way to help safeguard a portion of your retirement income plan with guaranteed returns. Fixed annuities offer tax-deferred growth and principle protection from market volatility.

With a **Flexible Premium Deferred Annuity**, you have the option of adding additional premiums to your annuity while you are still accumulating funds for retirement. The money that you have in your annuity account will grow, tax-deferred. It will never be lower than the guaranteed rate.

If you have money you would like to use later in life and want to take advantage of tax-deferred growth, a **Single Premium Deferred Annuity** might be the right choice for you. This most often involves moving a lump sum of money from another account or from a 401K with a previous employer.

As usual, please call or e-mail me if you would like to learn more.

Len Carlson FIC CLU

(651) 253-1943

or by email at:

len.carlson253@gmail.com

District Six President: Luella Grangaard

District Six is made up of the following states:

Arizona, California, Colorado, Nevada, New Mexico, Utah and Hawaii - Website: www.sofn6.org

Facebook:

<https://www.facebook.com/groups/377019032437840/>

Zone Seven Director: Jonathan Walters

Zone Seven is made up of lodges in the following states:

Arizona: Scottsdale #133-Desert Fjord; Sun City #134-Sol Byer; Mesa #153-Overtro Fjell; Flagstaff #167- Nordic Pines; and Yuma #168-Sola

Utah: Salt Lake City #83-Leif Erikson

OTHER SONS OF NORWAY LODGES IN ARIZONA

Overtro Fjell 6-153 - 3rd Saturday at 11:00 am

Our Savior's Lutheran Church
625 S Ellsworth, Mesa, AZ

Sola 6-168 - 3rd Tuesday at 7:00 pm,

Faith Lutheran Church,
2215 S. 8th Ave., Yuma, AZi

Sol Byer 6-134 - 3rd Saturday at 11:00 am

Sun City West Foundation
14465 R.H. Johnson Blvd, Sun City West, AZ

LODGES IN OTHER STATES

Go to: <https://members.sofn.com/lodgeDirectory/>

Most post their monthly newsletter on their lodge website.

OTHER CONTACTS

Honorary Norwegian Consul:
Alex Boemark



"Like" us on Facebook to receive interesting Desert Fjord Lodge and Sons of Norway, District Six news-feeds.

Control+ Left Click on this link:

<https://www.facebook.com/Desert-Fjord-Lodge-6-133-Sons-of-Norway-563052183744742/>

February Birthdays

Shereen Marino 9th
Hiro Liev Cummings* 15th



Sharon R Peterson 17th
Lois J Sakkas 18th

* Heritage Member

Gratulerer Med Dagen – Happy Birthday !!



Officers of Desert Fjord Lodge

President: Open (Jonathan Walters)—(347) 801-3345

Vice President: Bethany Tso—(602) 770-7565

Secretary: Lynn Solie—(612) 250-6997

Treasurer: Janis Johnson—janisjoann41@gmail.com

Membership Secretary: Lois Ripley (480) 521-8693

Member at Large: Norman Jenson, Don Solie

Auditor: Dirk Walter

Counselor: Ed Bergo

Co-Cultural Directors: Jana Peterson, Nina Poe

Desert Fjord Boutique: Ali Berg-Anderson

Distribution: Janis Johnson

Education Committee (Scholarships & Grants): Nina Poe, Gordon Peterson, Don Solie

Foundation Directors: Gordon Peterson, Don Solie

Greeters: Georgiann Crouse, Norman Jenson, Jr

Librarian: Janis Johnson

Marshals: Knut Haldorsen and Peter Flanders

Posten Editor: Open (Jonathan Walters)

Publicity Director/Public Relations: Janis Johnson

Reservations: Lynn Solie (612) 250-6997, Janet Peterson (480) 659-7328

Social Director: Berit Miltun—(480) 966-2009

Sunshine: Bethany Tso—(602) 770-7565

Trustees: (1yr) K Haldorsen; (2yr) P Flanders; (3yr) Norm Jenson

Webmaster: Jan Loomis

Mission Statement:

To promote and to preserve the heritage and culture of Norway; to celebrate our relationship with other Nordic Countries; and to provide quality insurance and financial products for our members.

FROM:

Desert Fjord Lodge, Sons of Norway

P.O. Box 561

Scottsdale AZ 85252

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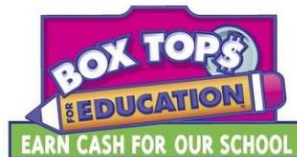
Please return to sender

If not deliverable



Sons of Norway International Headquarters Website:

<https://www.sofn.com/>



<http://www.boxtops4education.com/participating-products>