

The Posten February 2024

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Desert Fjord Lodge 6-133
2531 N Scottsdale Rd
Scottsdale, AZ 85257



SONS OF NORWAY

Desert Fjord Lodge

Established 1984

President's Column

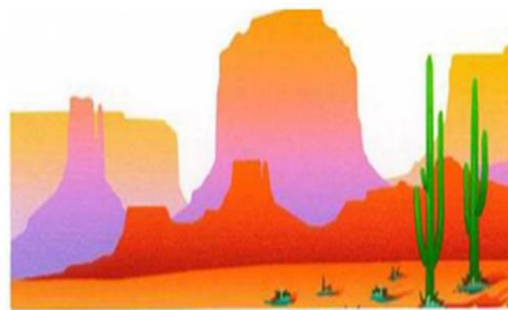
Superbowl this year falls on the second Sunday of February ... we have decided to forego competition with this NFL sports extravaganza. There are a couple things going on elsewhere in the Scandinavian community during February which may be of interest.

AZ Norseman is holding their Annual Baking Day February 3rd to help them prepare for their **Fenalår Dinner** on February 10th. *(Please find out how you can join these two events on pages 8—9.)*

Also in February, Marilyn Hansen is offering **Rosemaling Classes** in Mesa. She offers classes for beginners or for more advanced rosemalers. Marilyn brings over 50 years of experience—she gave a wonderful program about this folk art for the program at Overtro Fjell's January meeting. One thing struck me in her presentation—in the beginning it was only men who did rosemaling. Later on, women picked it up. So if you're a fellow who has interest or curiosity in this, don't hold back! *(Please go to page 6 to learn more about Marilyn's classes)*

The **Sons of Norway District 6 Convention** will be in Las Vegas 21-23 June; our lodge is allotted four delegates. We need to make the March 15th Early Registration, so please—if you have interest to attend, let me or another officer know. Because I'm Zone 7 Director, I won't be a delegate for Desert Fjord. Early Registration (\$275) includes two dinners & lunches. The hotel charge is \$179 + tax Fri/Sat and \$79 + tax Thurs & Sun. Friday is Cultural Day; business will be conducted Sat/Sun. Convention is a great experience; the lodge helps delegates to cover expenses.

Off to a good start—let's make our 40th year as a lodge one of our best!



Velkommen

Highlights of our January Program



We were blessed with a great program in January—Kathi Huhtaluhta and Marvin Todacheenie brought us their music, expressing appreciation for the gift of nature that's held in common by Native American and Sami people. They sang and played instruments ... it was wonderful to be there with them.

To give you a sample of what we experienced, here are two songs by Kathi and Marvin's group, *World Winds*: ([click on these links to YouTube](#))

[Winter Song](#)

[Animal Totem](#)



Membership Matters by Lois Ripley, Membership Secretary

You never know what interesting and delightful people you'll meet when you come to Sons of Norway!



* * *

If your contact information changes, please let me know! Your current phone number and your email address are how we stay connected.

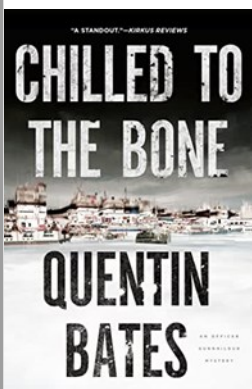
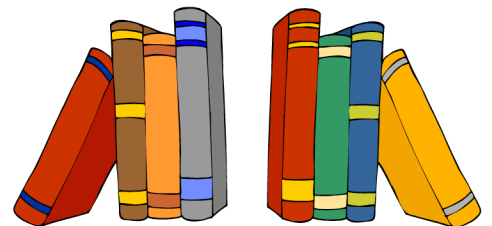
I can be reached at: (480) 521-8693; my email address is: lcripley@gmail.com. (You can also speak with me at one of our lodge meetings.)

LIBRARY CORNER

A Book Review by Jan Johnson

Chilled to the Bone

By Quentin Bates



When Sergeant Gunnhildur Gísladóttir of the local police force is called in to investigate the death of a man found tied to a bed in one of Reykjavík's nicest hotels, she finds no sign of criminal activity but suspects there may be more to the case than meets the eye. Could the death of the shipowner be related to a local gangster's recent return to Iceland after many years abroad?

What begins as a straightforward case for Gunnhildur soon explodes into a dangerous investigation, involving a discreet bondage society that ruthless men will go to violent extremes to keep secret.

* * *

Author of the "Officer Gunnhildur" series, Quentin Bates was born in southern England right around the time of the Cuban missile crisis. At one point in life, he made a decision to work in Iceland for a year, but wound up staying for an entire decade. He used this experience, plus some time he took a writing course at a university, to work on his fiction writing. Although British, Bates's writing is more in line with Scandinavian crime fiction authors.

Besides writing mystery crime novels, he has also released non-fiction work and works as a full time journalist as well writes feature pieces for a nautical trade magazine that is quite obscure

District Six President: Lis Barca

District Six is made up of the following states:
Arizona, California, Colorado, Nevada, New Mexico, Utah
and Hawaii - Website: www.sofn6.org

Facebook:
<https://www.facebook.com/groups/377019032437840/>

Zone Seven Director: Jonathan Walters

Zone Seven is made up of lodges in the following states:
Arizona: Scottsdale #133-Desert Fjord; Sun City #134-
Sol Byer; Mesa #153-Overtro Fjell; Flagstaff #167- Nordic
Pines; and Yuma #168-Sola

Utah: Salt Lake City #83-Leif Erikson

OTHER SONS OF NORWAY LODGES IN ARIZONA

Overtro Fjell 6-153 - 3rd Saturday at 11:00 am

Our Savior's Lutheran Church
625 S Ellsworth, Mesa, AZ

Sola 6-168 - 3rd Tuesday at 7:00 pm,

Faith Lutheran Church,
2215 S. 8th Ave., Yuma, AZ

Sol Byer 6-134 - 3rd Saturday at 11:00 am

Sun City West Foundation
14465 R.H. Johnson Blvd, Sun City West, AZ

LODGES IN OTHER STATES

Go to: <https://members.sofn.com/lodgeDirectory/>
Most post their monthly newsletter
on their lodge website.

OTHER CONTACTS

Honorary Norwegian Consul:
Alex Boemark



"Like" us on Facebook to receive interesting Desert Fjord Lodge and Sons of Norway, District Six news-feeds.

Control+ Left Click on this link:

<https://www.facebook.com/Desert-Fjord-Lodge-6-133-Sons-of-Norway-563052183744742/>

February Birthdays

Shereen Marino 9th
Hiro Live Cummings * 15th



Sharon Rae Peterson 17th

* Heritage Member

Gratulerer Med Dagen – Happy Birthday !!



Hello, I hope 2024 is treating you well. Here is the next article:

Last month I talked about Sons of Norway's term insurance for the younger generation as in your children or grandchildren. Here are some examples of what the rates are at certain ages for a Standard Non-Tobacco rate with a \$250,000 face amount:

Male age with the monthly premium for a 10-year term:

- 25 - \$16.58
- 30 - \$16.58
- 35 - \$16,59
- 40 - \$21,46

Female age with the monthly premium for a 10-year term:

- 25 - \$13.18
- 30 - \$13.60
- 35 - \$14.45
- 40 - \$19.13

Sons of Norway also has 15, 20 and 30 years term products as well. Encourage your children and grandchildren to contact me for a quote.

Len Carlson FIC CLU

(651) 253-1943

or by email at:

len.carlson253@gmail.com

Norwegian Rosemaling Classes

by

Marilyn Hansen

Learn to Rosemal—join Marilyn on Thursdays:
February 8, 15, 22, 29 from 12:30—3:30 pm

Cost: \$70 + supplies

Location: Viewpoint Mobile Home Park

8700 East University Drive

Mesa, AZ

The classes will be held in the **Hobby Room** by the main building.

Wear old clothes.

Marilyn Paulson Hansen
2810 140th Ave NE
Bellevue, WA 98005



NORWEGIAN ROSEMALING
Classes and Custom Orders

425-765-3694
E-mail: deodota@yahoo.com



Desert Fjord Resources

- *Looking for information on future meetings, events and Postens?*
Desert Fjord website: <https://desertfjord.org/>
- *If you are looking for some wonderful Scandinavian recipes, check out:*
Sons of Norway website: <https://www.sofn.com>
- *As members, we have access to a free, in-depth genealogy club that meets monthly via zoom – **Genealogy Club (District 6):***

Anthony G (Tony) Hjelmstad, Slektforskningklubb / Genealogy Club



Fjelldalen Lodge #6-162
9078 Greenspointe Ct.
Highlands Ranch, CO 80130
303-324-5381 (c)



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Genealogy@Fjelldalen.com <https://www.fjelldalen.com/>

- *Our Desert Fjord Lodge (**Scandinavian Noir Book Club ...** previously known as **Viking Book and Wine Club**) hosts a monthly Book Club meeting in Jana Peterson's home. Members gather to read and review Scandinavian books with an emphasis on murder mysteries. For more information call Jana Peterson at 480-326-2927.*
- *As members of Sons of Norway, we are invited to join the free, national book club that meets monthly via Zoom:*
Sons of Norway Book Club:
Bill Browning
Sons of Norway Book Club Coordinator
SonsofNorwayBookClub@gmail.com
[404-953-2525](tel:404-953-2525)
- *As members of Sons of Norway, District 6, we have access to Camp Norge in California. Check out the camp information:*
Camp Norge: <https://www.campnorge.org/site/>

This page will be a permanent fixture in our newsletter. If you have something to add, please let us know!



Annual Baking Day
Saturday February 3rd 9am - 2pm

The home of Mike and Susan McIver
38212 N 23rd Drive, Phoenix, AZ 85086 (Desert Hills)

FREE Admission RSVP's required please

Join in on the fun with our annual Norwegian baking day. We will be baking traditional Norwegian sweets and pastries like *lefse*, rosettes and other tasty goodies.

Pass on your favorite Norwegian dessert recipes or learn to bake something new.

This event is open to anyone –
no baking experience or Norwegian heritage required!

RSVPs are required, so be sure to sign up below!

click on this link to RSVP

[Norwegian Baking Day 2024 \(Ticketspice.com\)](https://www.ticketspice.com)



Fenalår Dinner

Saturday Feb 10th 2024: 4pm

Trinity Lutheran Church
9424 N 7th Ave
(¼ mile north of Dunlap Ave)



Please join Arizona Norseman for the annual Fenalår dinner.
We will be serving Fenalår (cured lamb), kjøttkaker (meatballs), lefse, flatbrød, roast potatoes, vegetables, and dessert.

Please RSVP see bottom of flyer!

Dinner Talk:
Ragnar Omtvedt – World Champion Ski Jumper
by Erik Ringnes



TicketSpice: <https://aznorseman.ticketspice.com/fenalar-dinner-2024>

or checks made out to: NordmannsForbundet

Mail to: **Shirley Ouren, 10635 N. 103rd Ave, Sun City, AZ 85351**

phone: 623-972-4884

Name on Reservation _____

Adults _____ x \$25. = _____

Children (5-12) _____ x \$12. = _____

Grand Total \$ _____



Officers of Desert Fjord Lodge

President: Open (Jonathan Walters)—(347) 801-3345

Vice President: Phyllis Bergo (Acting VP)

Secretary: Lynn Solie—(612) 250-6997

Treasurer: Janis Johnson— janisjoann41@gmail.com

Membership Secretary: Lois Ripley (480) 521-8693

Member at Large: Norman Jenson, Don Solie

Auditor: Dirk Walter

Counselor: Ed Bergo

Co-Cultural Directors: Jana Peterson, Nina Poe

Desert Fjord Boutique: Ali Berg-Anderson

Distribution: Janis Johnson

Education Committee (Scholarships & Grants): Nina Poe, Gordon Peterson, Don Solie

Foundation Directors: Gordon Peterson, Don Solie

Greeters: Georgiann Crouse, Norman Jenson, Jr

Librarian: Janis Johnson

Marshals: Knut Haldorsen and Peter Flanders

Posten Editor: Open (Jonathan Walters)

Publicity Director/Public Relations: Janis Johnson

Reservations: Lynn Solie (612) 250-6997, Janet Peterson (480) 659-7328

Social Director: Berit Miltun— (480) 966-2009

Sunshine: Open

Trustees: (1yr) K Haldorsen; (2yr) P Flanders; (3yr) Norm Jenson

Webmaster: Lynn Solie

Mission Statement:

To promote and to preserve the heritage and culture of Norway; to celebrate our relationship with other Nordic Countries; and to provide quality insurance and financial products for our members.

FROM:

Desert Fjord Lodge, Sons of Norway
2531 N Scottsdale Rd
Scottsdale AZ 85257

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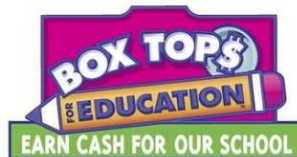
Please return to sender

If not deliverable



Sons of Norway International Headquarters Website:

<https://www.sofn.com/>



<http://www.boxtops4education.com/participating-products>