

# The Posten

March 2020

## In this Issue:

- 2 An *Exciting* Program Coming in April; Library Corner
- 3 ***Ole and Lena Live!***
- 4 Scandinavian Viking Festival 2020
- 5 Scholarships & Grants—Desert Fjord 2020
- 6 Business Meeting Minutes
- 7 A recipe: **Kjøttsuppe**
- 8 Excerpt from Desert Fjord's 1st Newsletter; Mesa's Scandinavian Festival
- 9 Sons of Norway District Six and AZ Lodges Info; March Birthdays
- 10 Desert Fjord Information

Desert Fjord Lodge 6-133  
P O Box 1716  
Scottsdale, AZ 85252-1716



## SONS OF NORWAY

### Desert Fjord Lodge

Established 1984



## Co-President's Column

*The Vikings are coming!* I hope you've made plans to attend our Scandinavian Viking Festival on Saturday, March 28<sup>th</sup>. This event is held in lieu of our regular monthly meeting. The festival will be open from 10 AM to 3 PM and will feature vendor booths, craft and food sales and live entertainment. The festival will be held at Scottsdale United Methodist Church, 4140 N Miller Rd.

The highlight of the festival is the performance of ***Ole and Lena Live!*** Mike and Julie Bateson have performed as Ole and Lena at theaters and events across the Midwest and this is the first time they've brought their talents to Arizona. The performance of "Ole Runs for Office" is a musical within a comedy and begins at 2 PM in the church sanctuary. Tickets are \$10 each plus fees, or \$15 at the door. Information and a link to ticketing can be found on our web site: <https://desertfjord.org/festival-2020>. *(More information on the performance can be found in this newsletter on page 3.)*

My sincere thanks to all of the members of our lodge that help us with this festival. Last year we had over 400 people attend the festival and this year promises to be even bigger. If you have promised to bake cookies, Janis will be in contact with you to confirm details on when to deliver them. If you'd like to help us by selling performance tickets, take tickets or help out at our lodge information table, please let me know via email [jan@jloomis.com](mailto:jan@jloomis.com). This event is offered to create awareness of our lodge, celebrate our Viking heritage, have fun and generate interest in lodge membership. Please invite your friends and family to the free festival and encourage them to buy a ticket and enjoy the performance of Ole and Lena. I look forward to seeing you there!



*Velkommen*



## Desert Fjord Hosts an Exciting Program at our Upcoming April 19<sup>th</sup> Meeting

(please note date change due to April 12 being on Easter Sunday)

### “The World of Contemporary Art in Norway Today”

Max Stevenson, Director of Exhibitions and Programs at Norway House in Minneapolis, will lead a presentation that explores the world of contemporary art in Norway today. Starting with the rise of Norwegian art in the early 19th century, Stevenson will guide us through a brief overview of Norway’s ‘coming of age’ in the art world as Norwegian artists formed Norway’s artistic identity through the Romantic, Impressionist, and Expressionist periods. Through artists such as Johan Christian Dahl and Edvard Munch, Norwegian art became known on the international scene and provides a context for Norwegian art today. And now, thanks in part to their socio-political nature, Norway and the rest of the Nordics are creating art that reflects their values. Dedicated to art that cultivates freedom of expression, openness, accessibility, social equality, and active community participation, the Nordics are enjoying a reemergence on the international scene. Join us as we explore some of the emerging artists and trends out of Norway and the Nordics. We’ll discuss how their commitment to the arts, along with Nordic cooperation, is helping to inform the global art conversation.

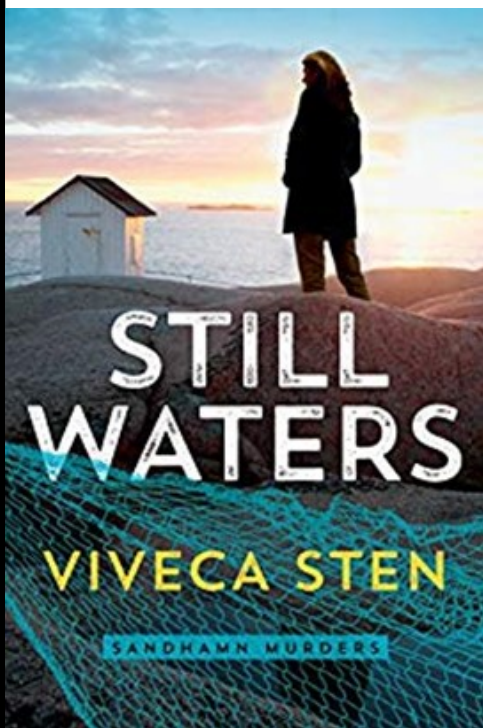
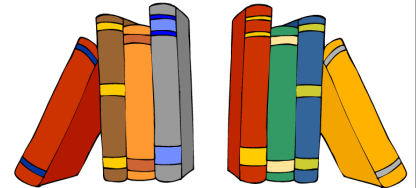


Johan Christian Dahl’s “Tyrolean Landscape”

## LIBRARY CORNER

A Book Review by Janis Johnson

(highlighting one of the books available in our great Library)



*Still Waters* is the first in the popular Sandhamn Murder Series from bestselling Swedish author, Viveca Sten.

What secrets does the idyllic island of Sandhamn hide?

On a hot July morning on Sweden’s starkly beautiful vacation island of Sandhamn, a man takes his dog for a walk and makes a gruesome discovery: a body has washed ashore, tangled in a fishing net. As residents reel from the news, Police Detective Thomas Andreasson turns to his childhood friend, local lawyer Nora Linde, for help. Together, they attempt to unravel the riddles left behind with two additional deaths on the island. While investigating, they are both trying to make sense of the difficult twists their own lives have taken since the shared summer days of their youth.



The lovable, dim-witted Scandinavian couple of Ole & Lena have come alive in the comedic stylings of the internationally known husband and wife team of Michael and Julie Bateson. They perform in theatres across Minnesota, Wisconsin, South Dakota & Iowa. Between theatre performances, Mike and Julie entertain congregations, fundraisers, private groups and corporate meetings. The homespun humor of Ole and Lena strikes a chord with a wide variety of audiences of all ages.

Ole and Lena will appear at the Scandinavian Viking Festival on March 28<sup>th</sup> at 2 PM, Scottsdale United Methodist Church, 4140 N Miller Rd. Tickets are \$10 each plus fees, or \$15 at the door. Information and the link to ticketing can be found on our web site: <https://desertfjord.org/festival-2020>.

It's time to take a break from the seriousness of this election year and enjoy this performance of "***Ole Runs for Office***".

It's time again when Muskrat Lodge 3412 elects officers and Ole has decided to throw his hat in the ring and run against longtime nemesis, Knut Knutson, lodge president for the past 20 years. Proprietor of Knutson's Heating, Air Conditioning and Live Bait Shop, Knutson is one of Potsdam's "shakers and movers" and has been a thorn in Ole's side since they were kids in school.

Ole and Sven have already decided that they need to put together a sneaky, tough, and no holds barred campaign if Ole is ever going to have a chance of winning.

Lena says Ole spends far too much time at that smelly old lodge already and thinks this is one of the most hair-brained ideas Ole has ever had.

Will Lena talk Ole out of the political limelight or cave to the glamor of being "first lady of the lodge"? Can Ole and Sven make it through the election without causing an international Muskrat lodge investigation looking into dirty campaign tricks? Be a part of all of the craziness yourself when you, the audience, determine the outcome in this laugh riot "***Ole Runs for Office***"!

March 28, 2020

# Scandinavian Viking Festival

## The Saga Continues

Featuring *Ole and Lena Live* in a performance of:  
**"Ole Runs for Office"**  
A two-act musical within a comedy.

### Celebrate and explore your Viking roots!

Experience the sights, sounds, skills, dance and tastes of Scandinavia. Scandinavian Dancers, Viking Cruises, Blacksmith, Music, Rosemaling, Genealogist, Children's Crafts, Cookies, Lefse, Gift Boutiques, Vendors and more. Free and open to the public.

### Ole and Lena Live!

The lovable, dim-witted Scandinavian couple of Ole & Lena have come to life in the comedic stylings of the internationally known husband and wife team of Michael and Julie Bateson. General admission performance begins at 2:00 pm. Tickets are \$10 each plus fees. Visit our web site listed below for ticketing information.



### Desert Fjord Sons of Norway

Scottsdale United Methodist Church 4140 N Miller Rd

Saturday, March 28, 2020 - 10 am to 3 pm

[www.desertfjord.org](http://www.desertfjord.org)

Find us on Facebook @desertfjord

## 2020 Desert Fjord Scholarships

Education Committee: Nina Poe, Chair

Our lodge supports both arts and science education for grandchildren of Desert Fjord lodge members. In addition, our Lodge can award grants to our members for participating in cultural and educational events.

Last year Nicholas Bergo, grandson of Phyllis and Ed Bergo, received a merit-based scholarship of \$1000, to support his junior year at UC Santa Barbara. Nick is majoring in Pharmacology with a goal to be a medical doctor.

Jackson Loomis, grandson of Jan and Sherry Loomis, received a grant that went towards the expenses of Camp Trollfjell at Camp Norge last summer. Cultural Co-Chair Jana Peterson received a grant to attend Camp Oldfjell 's "Folkehogskule for Voksne" last September.



*Agnes Stieler*  
*Born: 18 March 1907*  
*Died: 20 Feb 2003*

The awards are provided by the Agnes Stieler Endowment Fund. Agnes was a charter member of Desert Fjord and a strong supporter of education and a strong believer in the preservation of our Norwegian culture. We are thankful to her for remembering our lodge and all members.

We recently have included the possibility of awarding grants for any member, young and old alike, for Scandinavian culture education that will benefit our lodge. We believe that Agnes Stieler would have wanted us to do that.

*Applications are now open for 2020 Desert Fjord scholarships and grants. Information and forms are available on our website [www.desertfjord.org](http://www.desertfjord.org). Contact the education committee or any lodge officer for assistance on how to apply. **Please note that the deadline for Scholarship and Grant applications is March 31<sup>st</sup>, 2020. The applications can be emailed directly to Nina Poe, Committee Chair at [npoe@rpoe.com](mailto:npoe@rpoe.com).***

**Desert Fjord Business Meeting**  
**4140 N Miller Road, Scottsdale, AZ**  
**February 9, 2020**

**Meeting:** The meeting was called to order by Jonathan Walters at 3:56 pm.

**Attendees:** Jonathan Walters, Janis Johnson, Jan Loomis, Phyllis and Ed Bergo, Lynn and Donald Solie, Berit Miltun, Jana Peterson, Ali Berg, and Nina Poe.

**Secretary's Report:** Minutes of the January meeting were approved – a motion by Jan and seconded by Janis. Motion carried.

**Treasurer's Report:** As of Feb. 1st we have \$1,084.00 in checking, \$50.00 in savings, and \$1702 in the convention fund. Janis presented the budget for 2020. Last year we finished \$66.00 in the black. Jan moved to accept the budget and Ed seconded. Motion carried.

**Cultural Report:** Jana Peterson reported that the April 19<sup>th</sup> (not April 12<sup>th</sup>) meeting will be Max Stevenson from Norway House, presenting a program on Contemporary Art in Norway. (Our usual meeting would fall on Easter Sunday.) A 50/50 raffle will help offset the cost of the \$500 airfare for our speaker.

**Membership:** we have as of today two new affiliate members.

**Social Report:** Berit announced the food for the April meeting will be Smørrebrød (open-faced sandwiches).

**Scandinavian Viking Festival:** March 28 will be our Viking festival held at the Scottsdale United Methodist church on Miller Rd. Jan Loomis has spent \$50 on a Facebook ad. We need more flyers and ads in newspapers and local RV parks. We need email distribution to our members as well as having our members share our Facebook page. The \$10 admission is for the Ole and Lena show which is separate from the vendors and food suppliers. Jonathan is in charge of the Vendor registration. It was recommended by Nina that we have food vendors where people could eat something onsite. We could ask Shannon to have a food for sale table. Jana reported that rømmegrøt sold for \$3 per cup at another event.

**District Six Convention:** The convention dates were announced; June 18-21 at the Sheraton Wrigleyville Hotel in Mesa, AZ. Desert Fjord's approved list of delegates and alternates must be submitted by April 15. Jan Loomis will be a delegate as well as parliamentarian for the event. Janis Johnson and Jonathan agreed to be delegates. Phyllis Bergo agreed to be an alternate and will find someone to fill the fourth delegate needed as well as additional alternates.

**New Business:**

- Our Syttende Mai parade and picnic may need to be held at another location due to the lack of space at the Railroad Park. Jonathan will work with the Norwegians Worldwide organization.
- Jan Loomis will remove our disconnected phone number from the website.
- We'll maintain our Sunday meetings at the present time and location and not change to a Saturday.

The meeting was adjourned at 4:37 pm with a motion by Jan and seconded by Janis.

Respectfully submitted,  
Phyllis Bergo, Secretary



*A Recipe for you to try:*

*Drengsuppe* a traditional Sámi stew

(reindeer, other game meat or beef with root vegetables and oatmeal)

\* \* \* \* \*

**Kjøttsuppe med havregryn**

(Meat Stew with Oatmeal)

Ingredients:

3 strips bacon, cut into 1-inch pieces

2 lbs. beef chuck or venison, cut into 2-inch chunks

1 large onion, chopped

3 carrots, peeled and chopped

2 small celery root, peeled and chopped

6 cups beef stock or water

2-3 medium russet potatoes

½ cup rolled oats

1 cup frozen green peas

A few hours before cooking, cut the meat into 2-inch chunks and season generously with salt, and refrigerate. About 30 minutes before cooking, set out meat at room temperature to warm up a bit.

In a 5-quart pot or Dutch oven, cook bacon until the fat renders and the bacon becomes crispy. Remove the bacon to a paper-towel lined plate and leave the bacon fat in the pot (add vegetable oil if you need more fat).

In two or three batches, sear the beef cubes until browned on all sides. Set aside. Sauté the onion, carrots, and celery root until the onions turn translucent. Add the beef chunks back into the pot, and add 6 cups of beef stock or water. Cover, bring to a boil, and reduce to simmer. Cook for 1.5 hours or so. Add the potatoes and oatmeal, and cook for another 20 minutes or so, until the potatoes are fork-tender, and the meat is fully cooked.

Garnish with reserved bacon and green peas for a bit of color. Serve with flatbread or lefse, if desired.

Like all good things, this stew tastes even better with a day of rest in the fridge.

*(this recipe was borrowed from the Norwegian American's*

Christy Olsen Field

Taste of Norway Editor

*... who adapted it for them)*

## Ceremonial Order Circa 1984

*(Re-printed from the first issue of the first newsletter for Desert Fjord Lodge, November 1984.)*

At our first meeting you may have wondered what was that all about? Well, as with most fraternal societies, Sons of Norway observes certain procedures as proper contact during the lodge meetings. The purpose of these procedures is to provide order and dignity to the meetings and ceremonies. Careful observance of these procedures is encouraged.

1. To gain admittance to the lodge room after the meeting has started, the member raps lightly on the inner door. The guard will open the door and the member gives the guard the password. The member will then be permitted to enter the lodge room whereupon he advances to the back center of the room and salutes the president with the sign of the order. The president answers with the same and then the member may be seated.
2. When any member visits another lodge and arrives after the opening of the meeting, he follows the same procedures except he informs the guard of his name and the name and number of his lodge.
3. In the event a member arrives after the opening of the meeting and has forgotten the password, the guard upon the order of the lodge president shall inform a member of the password after the member has presented satisfactory proof of membership.
4. If a member wishes to retire from the lodge room during the meeting, he advances before the Vice President and salutes with a sign of the order. If there is no objection to the member leaving the room the Vice President will answer with the same sign.
5. If the member wishes to cross from one side of the hall to the other during the meeting, he must first obtain permission of the President by advancing and saluting. When the President returns the salute, the member may proceed.
6. Out of respect for the office of the President no one shall pass between the center table and the President, except when necessary during ceremonial activities.
7. If a member wishes to gain recognition to speak, he rises, salutes the President with a sign of the order, and says "Brother (Sister) President." When the President recognizes the member, he may then speak.
8. Officers and members should address each other as sister and brothers during meetings and closed ceremonies of the lodge.

The above excerpt was read at Desert Fjord's Heritage and Cultural meeting last November when we celebrated the lodge's 35th Anniversary. One of our members requested that we include this in the newsletter and we think that's a good idea. This gives you some sense of how far we've come over this time. We have some order and ceremony today, but nothing at all like this! It's shared for your enjoyment but also for your appreciation of our lodge's history.

### SCANDINAVIAN FESTIVAL

SATURDAY, MARCH 14 | 9 am to 3 pm

St. Peter's Lutheran Church, 1844 E. Dana Ave, Mesa  
\*\*1 block south of Main St. & 1 block west of Gilbert Rd.\*\*

Norway, Sweden, Finland, Denmark & Iceland

Vendors, artists, specialty foods, bake sale, children's activities, live music & dancers.

**\$3.00 ADMISSION adults FREE for children**

Bring cash for admission, bake sale, food, & most vendors



APUSW002404-01



**District Six President: Luella Grangaard**

District Six is made up of the following states:

Arizona, Colorado, Nevada, New Mexico, Utah and Hawaii  
- Website: [www.sofn6.org](http://www.sofn6.org)

Facebook:

<https://www.facebook.com/groups/377019032437840/>

**Zone Seven Director: Benny Jo Hinchey**

Zone Seven is made up of lodges in the following states:

**Arizona:** Scottsdale #133-Desert Fjord; Sun City #134-Sol Byer; Mesa #153-Overtro Fjell; Flagstaff #167- Nordic Pines; and Yuma #168-Sola

**Utah:** Salt Lake City #83-Leif Erikson

**OTHER SONS OF NORWAY LODGES IN ARIZONA**

**Nordic Pines 6-167** - 3rd Sunday, Family

Resource Ctr., Flagstaff, AZ

**Overtro Fjell 6-153** - 3rd Saturday

at 11:00 am, St Peter Lutheran Church,

1844 E Dana Ave, Mesa, AZ

**Sola 6-168** - 3rd Tuesday at 7:00 pm,

Faith Lutheran Church,

2215 S. 8th Ave., Yuma, AZ

**Sol Byer 6-134** - 3rd Saturday at

11:00 am, Elks Lodge, 10760 Union

Hills Dr., Sun City, AZ

**LODGES IN OTHER STATES**

Go to: <https://members.sofn.com/lodgeDirectory/>

Most post their monthly newsletter

on their lodge website.

**OTHER CONTACTS**

Honorary Norwegian Consul:

Alex Boemark



# March Birthdays

Gordon T Troan	1st
Lars VanderBeischel *	2nd
Donna Guhse	3rd
Diane L Berger	11th
Allan D Solheim	11th
Berit Miltun	13th
Leif G Hollman *	14th



Mary P Westby *	17th
Annette R Hegland	22nd
Lynn Rudser Solie	22nd
Ruth E Monson	26th
Laurie Jean Peterson	26th
Natalie A Clunk	28th

*Gratulerer Med Dagen – Happy Birthday !!*

\* Heritage Member

A boy broke a priceless antique vase at a rich uncle's house.

The uncle got extremely angry and yelled: "That vase was from the 17th century!"

The boy sagged in relief: "Oh, thank goodness; I was afraid it was new."



## Officers of Desert Fjord Lodge

**Co-President:** Jan Loomis— (602) 617-7542

**Co-President:** Jonathan Walters— (347) 801-3345

**Secretary:** Phyllis Bergo (480) 812-9762

**Treasurer:** Janis Johnson— janisjoan41@gmail.com

**Auditors:** Dirk Walter and Floyd Downs

**Counselor:** Ed Bergo

**Co-Cultural Directors:** Jana Peterson, Nina Poe

**Desert Fjord Boutique:** Ali Berg-Anderson

**Distribution:** Janis Johnson

**Education Committee (Scholarships & Grants):** Nina Poe, Paul Lindbloom, Gordon Peterson

**Foundation Directors:** Gordon Peterson, Paul Lindbloom

**Greeters:** Georgiann Crouse, Norman Jenson, Jr

**Librarian:** Nancy Zine

**Marshals:** Knut Haldorsen and Peter Flanders

**Membership Secretary:** Sherrie Loomis—(480) 786-4232

**Posten Editor:** Jonathan Walters

**Publicity Director/Public Relations:** Janis Johnson

**Reservations:** Lynn Solie (612) 250-6997

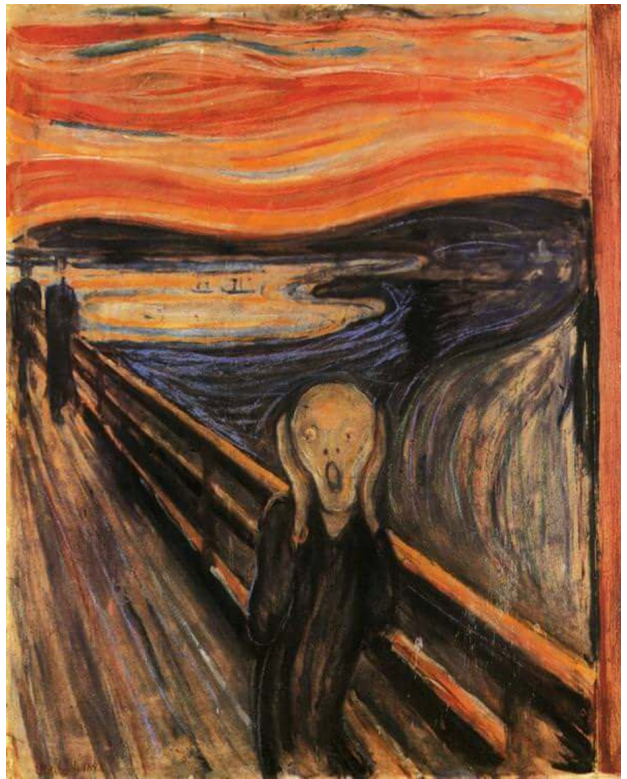
**Social Directors:** Berit Miltun— (480) 966-2009, Nellie Lokken

**Sunshine:** Dawn Walter— (480) 860-9192

**Trustees:** (1yr) K Haldorsen; (2yr) P Flanders; (3yr) Norm Jenson

**Tubfrim:** Lois Ripley and Lois Saakas

**Webmaster:** Jan Loomis



Edvard Munch's "The Scream" (coming in April)



**"Like" us on Facebook to receive interesting Desert Fjord Lodge and Sons of Norway, District Six newsfeeds.**

Control+ Left Click on this link:

<https://www.facebook.com/Desert-Fjord-Lodge-6-133-Sons-of-Norway-563052183744742/>

## Mission Statement:

**To promote and to preserve the heritage and culture of Norway; to celebrate our relationship with other Nordic Countries; and to provide quality insurance and financial products for our members.**

FROM:

Desert Fjord Lodge, Sons of Norway

P.O. Box 1716

Scottsdale AZ 85252-1716

STAMP

TO:

Please return to sender

If not deliverable

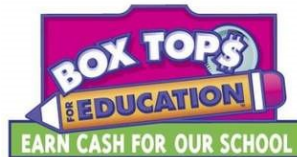
\*\*\*\*\*



Sons of Norway International Headquarters Website:

<https://www.sofn.com/>

**Tubfrim - a Norwegian program that collects and sells cancelled postage stamps to raise funds to aid individuals who are handicapped. Just bring to any of our regular meetings; put your name on the bag or box so your name gets put into the drawing.**



<http://www.boxtops4education.com/participating-products>