

The Posten

March

2022

In this Issue:

- 2 Lodge Meeting
- 3 Membership Matters;
Health Issues
- 4 Library Corner; SON
Book Club
- 5 Business Meeting
Minutes
- 6 2022 Scholarships from
Desert Fjord
- 7 From Len Carlson, our
Sons of Norway Insur-
ance Specialist
- 8 Sons of Norway District
Six and AZ Lodges Info;
March Birthdays
- 9 Nordic Wisdom; Desert
Fjord Information

Desert Fjord Lodge 6-133

P O Box 561

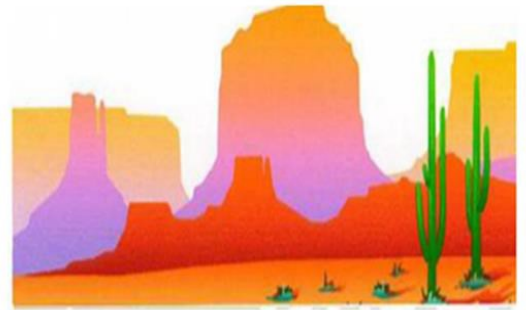
Scottsdale, AZ 85252



SONS OF NORWAY

Desert Fjord Lodge

Established 1984



President's Column

There's a strong historical bond between Ireland and Norway, with Vikings originating from Scandinavia founding many of the most important cities in Ireland such as Dublin, Cork and Waterford. The milestone international study has revealed that Irish Vikings derive much of their genetic ancestry from Norway. Therefore, it seems we should observe St Patrick's Day along with them.



This month we have a special meeting with our Sons of Norway District 6 President coming to visit us. She has helped us conduct our lodge survey and now will help us find new direction for our lodge. Erik Ringnes will also be with us, bringing a program about an outdoor sport in which he competes, orienteering. Please come ready to learn something new about our lodge and also about this sport! Equally special, this month instead of a meal we're serving lefse along with a taste of Aquavit. Please use the link on the next page to register for our meeting! Come and join us and bring a friend!

Please find information again about Desert Fjord's scholarship this year. The deadline to apply for one of our scholarships is the end of the month.

We just learned about the death of Janet Lendle, one of our longtime members. She served overseas as a registered nurse and also taught nursing at ASU. We remember her for the contribution she made as a member of Desert Fjord lodge. *(read more on page 3)*

May the raindrops fall lightly on your brow

May the soft winds freshen your spirit

May the sunshine brighten your heart

May the burdens of this day rest lightly upon you

And may God enfold you in the mantle of His Love. Amen. ~ Traditional Irish Blessing

Velkommen

Heritage and Cultural Meeting

March 13th at 2 PM

Masonic Lodge, 2531 N Scottsdale Rd, Scottsdale, AZ

Program: **Navigation Topics and Curiosities**

by

Erik Ringnes

March 13th, 2022

Scottsdale, Arizona



Venus Passing—a photo by Erik Ringnes

- **Lefse will be served**
- **You'll be offered a sip of Aquavit**
- **Coffee and bottled water will be available**

Cost: \$7.00

- Please click [here](#) to register for the event **by March 11th** or RSVP to Lynn Solie (612) 250-6997.

Membership Matters by Lois Ripley, Membership Secretary

You never know what interesting and delightful people you'll meet when you come to Sons of Norway!



Janet serving food at a lodge gathering.

Recently we lost a dear, longtime member of the lodge who I met when I first joined almost fifteen years ago. Janet Lendle and I both lived in Tempe. As we got to know each other we'd ride together to meetings. She fought multiple myeloma for a number of years and, as she became more ill, she stopped going out.

She was on my calling list, so I talked to her every month. Janet lived close by in Friendship Village and I'd go meet her there for coffee and an occasional meal.

The last word from Janet was a message she left on my phone, asking if I wanted lefse from Wisconsin. A true Norwegian to the end!

Here's something Ross Berg contributed about her:

Janet Marie Lendle

September 27, 1939 - December 7, 2021

Janet served for four years as Desert Fjord's Cultural Director, bringing many interesting programs to our lodge meetings. She put in countless hours helping at our lutefisk dinners and lefse classes. Janet had a keen interest in family history and participated actively in our Norwegian Genealogy Group where she studiously researched her Norwegian and German heritage. Her work will be contributed to St. Olaf College in Northfield, Minnesota. Desert Fjord will make a memorial donation to **Doctors Without Borders**, one of Janet's favorite charitable organizations.

* * *

If your contact information

changes, please let me know. Your current phone

number and your email address are how we stay connected. I can be reached at: (480) 838-5548; my email address is: lcripley@gmail.com. (You can also speak with me at one of our lodge meetings.)



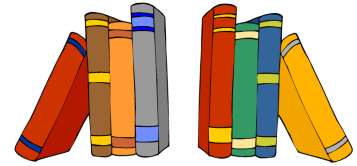
Health Issues

Ole went to the doctor complaining of severe pain. "Where does it hurt?" asked the Doc. Ole poked his head and said, "It hurts HERE." Then he poked his ribs and said, "It hurts HERE." Then, poking his upper leg, he again said, "It hurts HERE." Finally, he put his finger in his ear, saying, "And it hurts HERE." The doctor started to laugh. He said, "For goodness sake, Ole, you got a broken finger!"

LIBRARY CORNER

A Book Review by Jan Johnson

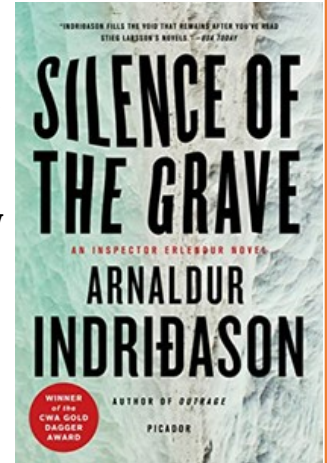
(highlighting one of the books soon available in our great Library)



Silence of the Grave

Inspector Erlendur returns in this gripping Icelandic thriller. When a skeleton is discovered half-buried in a construction site outside of Reykjavík, Inspector Erlendur finds himself knee-deep in both a crime scene and an archeological dig. Bone by bone, the body is unearthed, and the brutalizing history of a family who lived near the building site comes to light along with it. Was the skeleton a man or a woman, a victim or a killer, and is this a simple case of murder or a long-concealed act of justice? As Erlendur tries to crack this cold case, he must also save his drug-addicted daughter from self destruction and somehow glue his hopelessly fractured family back together.

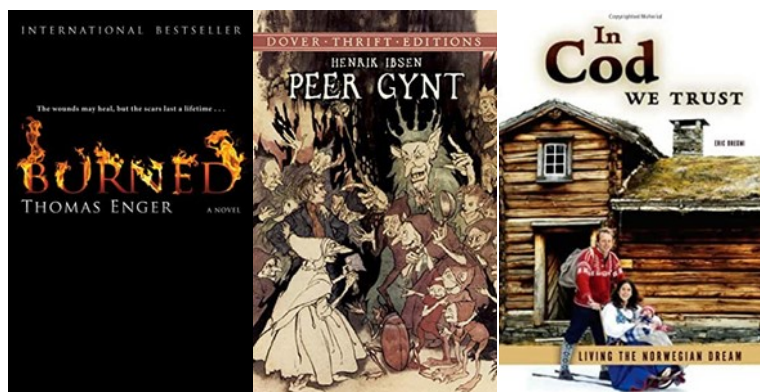
Like the chilly Nordic mysteries of Henning Mankell and Karen Fossum, Arnaldur Indriðason delivers a stark police procedural full of humanity and pathos, a classic noir from a very cold place.



Report on the Sons of Norway National Book Club:

This national book group conducts meetings by Zoom on the last Thursday of each month. Bill Browning of District 3 (Georgia) organized this group beginning last October for those Sons of Norway members who love to read Scandinavian authors. With the increased interest, two sessions are provided—7-9 pm EST and 7:30-9:30 MST. One mystery and one non-fiction book are picked to discuss every month. If you are interested in participating, please contact Bill at: SonsofNorwayBookClub@gmail.com.

Picks for March are:



Bonus book

Desert Fjord Business Meeting

Denny's Restaurant, 7605 E McDowell Rd, Scottsdale, AZ

6 March 2022

At 2 pm a brief business meeting was held at a Denny's restaurant in Scottsdale

In attendance: Jonathan Walters, Janis Johnson, Lois Ripley, Ed and Phyllis Bergo

The Treasurer's Report was given by Janis Johnson. There will be money available for scholarships as well as sending delegates to the District 6 convention. The D-17 financial form as well as the IRS forms will be sent in on time.

The Ramada at McCormick-Stillman Railroad Park has been reserved for the Syttende Mai picnic in May. Jonathan will contact AZ Norseman to see if this event is going to take place.

Lois helped us discuss about lodge members. We looked at the obituary of Janet Lendle who died in December; \$25.00 will be sent in her memory to Doctors Without Borders. Membership remains steady in spite of the Covid problems.

New Leadership is needed for our lodge and we are eagerly awaiting a presentation of the survey results by Louella Grangaard, District 6 President, at our March meeting. We will also have a program on orienteering by Erik Rignes.

We have four persons willing to be delegates to the convention in June and now need some alternates in case a delegate cannot attend. A request will be made at the March Meeting. Forms need to be submitted by the end of the month.

The Family Lodge of the Year form was filled out and the meeting was adjourned.

Respectfully submitted,

Phyllis Bergo, Secretary

2022 Desert Fjord Scholarships



Education Committee: Nina Poe, Chair

Our lodge supports both arts and science education for grandchildren of Desert Fjord lodge members. In addition, our lodge can award grants to our members for participating in cultural and educational events.

Last year Hannah Bergo, granddaughter of Phyllis and Ed Bergo, received a merit-based scholarship of \$1,000 for her junior year at UC Santa Barbara where she's working toward a nursing degree. Carl Miltun, Berit Miltun's grandson, was awarded a merit-based scholarship of \$1,000 last year as he studies mechanical engineering at Cal State Chico. And Hiro Cummings, son of Desert Fjord member Brian Cummings, was awarded a \$500 grant to attend Camp Trofjell at Camp Norge in Alta, CA.

The awards are provided by the Agnes Stieler Endowment Fund. Agnes was a charter member of Desert Fjord and a strong supporter of education and a strong believer in the preservation of our Norwegian culture. We are thankful to her for remembering our lodge and all members.

We recently have included the possibility of awarding grants for any member, young and old alike, for Scandinavian culture education that will benefit our lodge. We believe that Agnes Stieler would have wanted us to do that.

*Applications are now open for 2022 Desert Fjord scholarships and grants. Information and forms are available on our website www.desertfjord.org. Contact the education committee or any lodge officer for assistance on how to apply. **Please note that the deadline for Scholarship and Grant applications is March 31st, 2022. The applications can be emailed directly to Nina Poe, Committee Chair at npoe@rpoe.com.***

Agnes Stieler

Born: 18 March 1907

Died: 20 February 2003



Review of what Annuities offer



Hello Sons of Norway members,

I thought I would do a quick review of what Sons of Norway's Annuities offer in this month's article. Here you go:

- Protect your principle and gains during market volatility
- Avoid poor market timing in case you retire in a down year or negative market cycle
- Keep pace with inflation
- Have access to penalty free withdrawals
- Take advantage of tax-deferred growth potential
- Secure a steady and predictable stream of income
- Receive guaranteed income for life

Please contact me to find out more about Sons of Norway's annuities or any of our other Life products,

Len Carlson

(651) 253-1943

or by email at:

len.carlson253@gmail.com

District Six President: Luella Grangaard

District Six is made up of the following states:

Arizona, California, Colorado, Nevada, New Mexico, Utah and Hawaii - Website: www.sofn6.org

Facebook:

<https://www.facebook.com/groups/377019032437840/>

Zone Seven Director: Benny Jo Hinchey

Zone Seven is made up of lodges in the following states:

Arizona: Scottsdale #133-Desert Fjord; Sun City #134-Sol Byer; Mesa #153-Overtro Fjell; Flagstaff #167- Nordic Pines; and Yuma #168-Sola

Utah: Salt Lake City #83-Leif Erikson

OTHER SONS OF NORWAY LODGES IN ARIZONA

Nordic Pines 6-167 - 3rd Sunday, Family

Resource Ctr., Flagstaff, AZ

Overtro Fjell 6-153 - 3rd Saturday

at 11:00 am, Mesa, AZ

Sola 6-168 - 3rd Tuesday at 7:00 pm,

Faith Lutheran Church,

2215 S. 8th Ave., Yuma, AZ

Sol Byer 6-134 - 3rd Saturday at

11:00 am, Elks Lodge, 10760 Union

Hills Dr., Sun City, AZ

LODGES IN OTHER STATES

Go to: <https://members.sofn.com/lodgeDirectory/>

Most post their monthly newsletter

on their lodge website.

OTHER CONTACTS

Honorary Norwegian Consul:

Alex Boemark



“Like” us on Facebook to receive interesting Desert Fjord Lodge and Sons of Norway, District Six news-feeds.

Control+ Left Click on this link:

<https://www.facebook.com/Desert-Fjord-Lodge-6-133-Sons-of-Norway-563052183744742/>

March Birthdays

Gordon T Troan	1st
Lars VanderBeischel*	2nd
Diane L Berger	11th
Allan D Solheim	11th
Berit Miltun	13th
James D Torgerson	15th
Mary P Westby*	17th



Leif G Hollmann	18th
William Gregg	22nd
Annette R Hegland	22nd
Lynn R Solie	22nd
Laurie J Peterson	26th
Natalie A Clunk	28th

* Heritage Member

Gratulerer Med Dagen – Happy Birthday !!

NORDIC WISDOM

Ole says, "If it wasn't for marriage, men would go through life tinking dey had no faults at all."

Lena says the two biggest liars in the world are: the guest who keeps saying, "I must be going," and the hostess who asks, "What's your hurry?"

Andersen, the old village blacksmith was breaking in Ole as a new apprentice. He instructed Ole, "Now, I'll take this hot horseshoe out of the forge, and when I nod my head, hit it." Ole is now the new village blacksmith.

Another quote from Ole: "I bought a chair for my mother-in-law ... but they won't let me plug it in."

Officers of Desert Fjord Lodge

President: Jonathan Walters—(347) 801-3345

Vice President:

Secretary: Phyllis Bergo (480) 812-9762

Treasurer: Janis Johnson—janisjoan41@gmail.com

Membership Secretary: Lois Ripley (480) 838-5548

Auditors: Dirk Walter

Counselor: Ed Bergo

Co-Cultural Directors: Jana Peterson, Nina Poe

Desert Fjord Boutique: Ali Berg-Anderson

Distribution: Janis Johnson

Education Committee (Scholarships & Grants): Nina Poe, Paul Lindbloom, Gordon Peterson

Foundation Directors: Gordon Peterson, Paul Lindbloom

Greeters: Georgiann Crouse, Norman Jenson, Jr

Librarian:

Marshals: Knut Haldorsen and Peter Flanders

Posten Editor: Jonathan Walters

Publicity Director/Public Relations: Janis Johnson

Reservations: Lynn Solie (612) 250-6997

Social Directors: Berit Miltun— (480) 966-2009, Nellie Lokken

Sunshine: Dawn Walter— (480) 860-9192

Trustees: (1yr) K Haldorsen; (2yr) P Flanders; (3yr) Norm Jenson

Webmaster: Jan Loomis

Mission Statement:

To promote and to preserve the heritage and culture of Norway; to celebrate our relationship with other Nordic Countries; and to provide quality insurance and financial products for our members.

FROM:

Desert Fjord Lodge, Sons of Norway

P.O. Box 561

Scottsdale AZ 85252

STAMP

TO:

Please return to sender

If not deliverable



Sons of Norway International Headquarters Website:

<https://www.sofn.com/>



<http://www.boxtops4education.com/participating-products>